# En Confidential

# Philippines named Least Safe Country

Philippines ranks last in Global Finance List of 134 safest countries

Of 134 countries, the Philippines ranked at the bottom of an international business magazine's list of the world's safest countries this 2021.

In Global Finance's ranking of the world's safest countries, the Philippines again was at the bottom of its list just like in the magazine's 2019 list which then evaluated 128 nations.

The magazine said it took into

account three fundamental factors to determine the countries' safety scores — war and peace, personal security, and natural disaster risk, including factors stemming from the COVID-19.

"Countries with serious

civil conflict that have high risks from a natural disaster such as the Philippines, Nigeria, Yemen, and El Salvador all reported relatively low death tolls from

LEAST SAFE continued on page 20





#### How to Cook Lechon, etc...

Filipinos react to Standardardized Cooking Plan

Netizens slam move to 'standardize' PH dishes

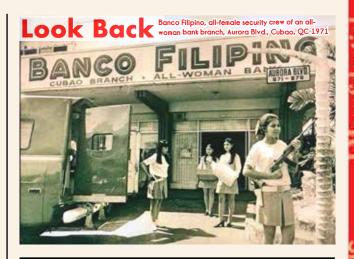
Filipinos online were quick to criticize the Department of Trade and Industry's (DTI) proposal to "standardize" local cuisines such as adobo, sinigang, sisig, and lechon.

In a statement on July 9,

the department said a technical committee on Filipino dishes began working on adobo standards in May, as they seek to develop a guide on how to cook the popular Filipino dish.

The proposal also involved documenting the "common

HOW TO COOK continued on page 4



#### Don't throw your masks yet

They could still save your life

Even when the pandemic is over, you shouldn't shove your face coverings to the back of the drawer.

But will we go on wearing masks when the immediate threat of the coronavirus has receded? I suspect not unless COVID-19 rears its ugly head again. This is a shame, because I suspect we will see a lot more flu around in six months' time (last winter saw remarkably few cases) and wearing a mask could make a difference.

One of the clear differences between countries that controlled the initial spread of the virus, like China, South Korea and Taiwan, and countries that didn't was the fact that in the former people were actively encouraged to wear masks outdoors and were happy to do so.

To reduce the spread of COVID-19 or other respiratory viruses, the masks don't even have to be that sophisticated. Last year, Prof Trish Greenhalgh, of the Nuffield Department of Primary Care, and research scientist Jeremy Howard, carried out a comprehensive

review on face masks and concluded that "masks are

simple, cheap and potentially effective". Simple

Simple masks protect the wearer and also dramatically reduce the amount of droplets an infected person sprays around.

Viruses possess is the ability to infect your nose and throat and then jump to other people whenever you sneeze or cough. What wearing a mask does is dramatically reduce the risk of that happening. Greenhalgh and Howard say, "If you have COVID-19 and cough on someone from eight inches away, wearing a cotton mask will reduce the amount of virus you transmit to that person by 36 times."

Researchers from Cambridge University exposed people to controlled amounts of harmless droplets while they were wearing different sorts of masks

Impressively, even homemade cloth masks

MASKS continued on page 4

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#### Julia Montes to join in 'FPJ's Ang Probinsyano'

The most awaited reunion on television is finally happening as Julia Montes joins "FPJ's Ang Probinsyano" to be Coco Martin's new leading lady in the sixth year of the country's longest-running action-drama series.

Dreamscape Entertainment confirmed the news on Friday (July 30) after it released on social media photos of the actress attending the show's story conference and pictorial at ABS-CBN.

Julia and Coco's TV reunion comes after years of clamor from fans to get them back together after their first pairing in the phenomenal TV drama "Walang Hanggan" in 2012.

Aside from Julia, "FPJ's Ang Probinsyano" will also introduce new characters to be played by

Tommy Abuel, Rosanna Roces, Vangie Labalan, Michael Flores, Chai Fonacier, Marela Torre, Elora Españo, and Joseph Marco.

As the series goes into its sixth year this September, viewers can look forward to more of Cardo's gripping adventures with Task Force Agila and their relentless crusade to protect the country.

"FPJ's Ang Probinsyano" and Filipinos have marked many milestones together over the

years, from when it became the country's most watched TV show until it pivoted to digital last

### WHO UNFOLLOWED WHO? Alleged rift between Daniel Padilla, Dominic Roque surfaces

"Nguya" brothers Daniel Padilla and Dominic Roque are reportedly not in good terms.

In a recent vlog, comedian-talent manager Ogie Diaz tackled how the two stars supposedly "unfollowed" each other on Instagram.

His vlog co-host Mama Loi said:

"Nay, may chika. Parang falling out din 'tong dalawang magkaibigan na si DJ at Dominic Roque."

"Nag unfollow sila sa isat't-isa... Eh nabalitaan lang namin, pwede naman nila i-confirm or i-deny, na (ang rason daw ay dahil) tungkol dun sa relasyon ni Dominic Roque at Bea Alonzo," he continued.



"Gusto ko malaman sa kanila kung bakit sila nag unfollow-han nu'ng naging si Bea at tsaka si Dominic."

Feigning shock, Ogie said:
"Yan eh malalaman din natin
kung ano ang kanilang rason."
Note that prior to Dominic and

Bea seemingly making sweet music, the former used to join Daniel and his girlfriend Kathryn Bernardo on their dates, receiving the moniker the "forever third wheel."

He greeted Daniel during his birthday last

Three months later, Dominic hinted at his budding romance with Bea.





## Actor's mom goes ballistic after

show shelved

Ogie Diaz tackled the controversial network transfer of Bea Alonzo and her alleged burning bridge with ABS-

There, Ogie revealed some details about Bea's network jump.

According to him, Bea's supposed project "Kahit Minsan Lang" will continue.

Ogie said the pilot week of the upcoming series which has been shot with Bea in General Santos with leading men Richard Gutierrez and Rafael Rosell will be reshot with a new actress.

In the said posts, Ethel pointed out that there's nothing wrong with people finding better opportunities, but they should also make sure that all is



well with people they would leave.

One of the actor's moms went ballistic when she learned that the series has been shelved.

Ogie's co-host, Mama Loi, asked him about the mother.

"I think ito ay si Tita Annabelle Rama para kay Richard Gutierrez," he answered.

During Bea's press conference on GMA, she cleared that the "discontinuation" of her TV series was a "mutual decision."

In 2019, Bea and Richard worked together via the film "Unbreakable" along with Angelica Panganiban.

#### Philippines' debt soars to US\$224.8 billion in May

MANILA: The Philippines' total outstanding debt soared to 11.07 trillion pesos (US\$224.8 billion) as of end-May as the government borrowed local and external financing to fund its ballooning Covid-19-related expenses, the Bureau of Treasury said.

The national government's total debt slightly increased by 79.81 billion pesos (US\$.6 billion), or 0.73 per cent, from its end-April level with the strong peso tempering further increases. Of the total debt, the bureau



percent was sourced externally, while 71.5 per cent are

borrowings.

The Philippines has been waging a costly battle against Covid-19 since the disease emerged in January 2020.

The highly infectious viral disease has since infected over 1.4 million people, including 25, 192 deaths.

#### Grab PH statement on fraudulent delivery bookings for Kris Bernal

Grab Philippines said on July 5, that it is closely working with actress Kris Bernal who was victimized by fraudulent delivery food bookings over the weekend.

Denise Albero, of Greenbulb Communications, the communications agency of Grab Philippines, also said that Grab Philippines will not tolerate fraudulent activities.

"Someone has recently used our platform to place multiple orders - causing undue stress to Ms Kris Bernal and our driver-partners.

"Grab has a zero-tolerance policy on fraudulent activities. Upon learning of this incident, we have immediately conducted our investigation and we have blocked the mobile phone IMEI of

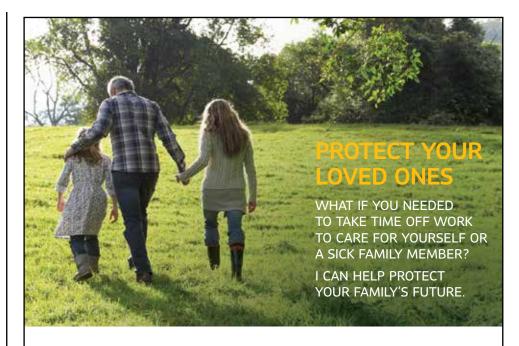
the fraudster to avoid similar incidents from happening in the future. We are also working closely with Ms. Kris Bernal on the matter, and we have reimbursed our delivery-partners who have fallen prey to this fraudster.

"Grab Philippines will continue to extend its cooperation with the local authorities in their investigation," Albero said.

> Bernal said on social media that she received more than 40 food deliveries, which she did not order. She has reported the matter to the National Bureau of Investigation.

So far, no more fake Grab bookings. Though, two fake bookings (No longer from Grab) by the same culprit came again.

"Hindi niya pa rin ako tinigilan," said Kris.



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#### Aljur Abrenica, Cindy Miranda sizzle in 'Nerisa'

Get ready to be seduced and get wet by "Nerisa."

VIVA Films brings you one of this year's sexiest and most daring movies, "Nerisa," starring Cindy Miranda (Adan) and Aljur Abrenica.

When Obet saves Nerisa, a beautiful maiden floating in the sea, strange things and misfortunes befall on the island. Since then, Nerisa has been blamed for everything and she's even suspected to be a mermaid because of her beauty and mystery.

Lusted by men and envied by women, "Nerisa" doesn't care about all the issues thrown at her. The only one that matters is Obet, her savior and now her husband. So, when Obet went missing after an accident at sea, she committed herself to do and give everything – including her body, to find him.

Cindy Miranda and Aljur Abrenica are joined by veteran actors Elizabeth Oropesa and Bembol Roco, and other great

artists such as Sexy Bombshell Sheree Bautista, Vivamax Sexy Princess AJ Raval, and star of "Anak ng Macho Dancer" Sean De Guz-

Cindy is excited with her role in this movie, and she is ready to prove that she doesn't only have the beauty, but she also

has the acting talent. "Nerisa's" director Lawrence Fajardo also enjoys the creative freedom Viva gave to him in making the movie. The screenplay is written by the multi-awarded and critically acclaimed scriptwriter Ricky Lee. This is the firsttime director Fajardo works with Ricky Lee which makes director Fajardo more excited about the movie.





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## Arrested for Cooking Wrong & 👄



The Department of Trade and Industry got a lot of Filipinos hot and bothered when they announced standards on how to cook adobo, lechon, sisig sinigang and other Filipino dishes. In the middle of the excitement, the DTI tried to cool the topic by saying it is only for international promotion.

Dito sa Canada at sa US, pinagtatalunan pa nga ang piña sa pizza. And Canada's Prime Minister is not so thrilled about Jollibee spaghetti which includes sliced hotdogs. And what about piña sa hamburger which is also in the menu.

Well, we will reserve judgement if standardizing cooking of Filipino dishes is beneficial or not.

#### **CONTRACEPTION TO GOOGLE SEARCH**

According to google, in the middle of the pandemic since it started in 2020, the top search topic in the Philippines is contraceptives. It is nice to know na kahit hirap tayo, we can still think of sex. It's better in the Philippines. We will not let a little thing like a virus get in the way of sex. ®

#### **VACCINATE 70M BY NOVEMBER**

Hindi yata mangyayari. Lockdown uli sa capital region. Sa ibang provinces, may iba-ibang klase ng lockdown. May ECQ, GCQ, MECQ, BBQ, GQ, ehe, este, ano ba ito? Let us remember, September is

just around the corner. That is already the sign na PASQ na. Mr. Christmas, Jose Mari Chan, take it away. Start singing. ⊜

#### Nerisa gimmick?

Cindy Miranda, Erin Ocampo and Maika Rivera have been dragged into the Aljur Abrenica-Kylie Padilla marital breakup. Si, JM de Guzman, was dragged in also. Just because Kylie's dad Robin Padilla said na may 3rd party, it does not mean it is true. It's also possible na gimmick lang to get people interested in the Aljur-Cindy movie Nerisa. It's the oldest trick in movie marketing. Start a gossip, get people talking about the movie.

#### **Vaccinating 70M people by November in doubt as lock**down reissued in capital region to stem virus spike



MANILA, Philippines — Vaccine czar Carlito Galvez Jr. said that "realistically speaking," the Philippines may attain the first dose vaccination of 70 million people against COVID-19 by November. That statement was made beginning of July.

Things changed at the end of

The Philippines will place its capital region under a strict lockdown from Aug. 6 to Aug. 20 and implement additional movement restrictions in the interim to stem the spread of the coronavirus' delta variant. Stocks fell the most.

The Manila capital region, which accounts for about a third of the economy, will shift to the strictest restriction called enhanced community quarantine to avoid overwhelming hospitals, presidential spokesman Harry Roque said. Most businesses will be shut, and only essential shops like supermarkets and pharmacies can fully operate while restaurants will

only be open for take out and deliveries.

Each week of the strictest lockdown in Metro Manila will cost the economy 105 billion pesos (\$2.1 billion) and jack up the number of unemployed individuals by 444,000, Economic Planning Secretary Karl Chua said. The economic impact will be reversed if the time on lockdown is used to accelerate vaccination, he said.

#### Draconian

The last time the capital region was under enhanced quarantine was in April after cases rose to a record.

"This move looks more draconian and goes straight to the most stringent measures and hence is a bit of a surprise," said Euben Paracuelles, chief Asean economist at Nomura Holdings Inc. in Singapore. "This is consistent with our view that the recovery will lag far behind the region as vaccination is among the slowest and hence

leaving the country susceptible to rolling Covid-19 waves and recurring lockdowns," he said.

Among Asia's worst outbreaks, the Philippines has recently seen an uptrend in infections in most cities in the capital after weeks of decrease, prompting local government leaders to push for a lockdown. Half of the capital's ICU beds are utilized and 59% for the entire Philippines, according to health department.

The Philippines' benchmark stock index plunged. Companies that stand to gain more from further opening of the economy led declines with San Miguel Corp. and Ayala Land Inc. slumped 8% and 7% respectively.

"This lockdown is necessary," said Claire Alviar, an analyst at Philstocks Financial Inc. "It's best to impose a lockdown now rather when the situation has worsened. But it's negative for stocks because it would mean more revenue loss."

> if it's not the truth. And people don't even bother knowing the truth from lies. Pathetic," one wrote.

> > suggested that the actress should just let them have it. "People nowadays are so quick to judge. Shame on these people."

#### Paulo Avelino back acting

The pandemic has been challenging to everyone, including actor Paulo Avelino. But despite the challenges, he has a lot to be thankful for. Paulo has won four backto back acting trophies in the past few months.

Last December, he has won Best Actor in the Metro Manila Film Festival Awards for his portrayal of a dysfunctional and troubled version of himself in the film "Fan Girl", which received critical acclaim, but was one of the top films in the said festival, and a top trending film in Netflix on the month that it became available.

Paulo then bagged another Best Actor trophy at the 4th EDDYS Awards (Entertainment Editors' Choice).

In June, he was honored with two Best Actor awards at the 23rd Gawad Pasado Awards: Best Actor for Film for his performance in "Fan Girl", and Best Actor for

#### wins back-toawards

Television for his work in the ABS-CBN Kapamilya drama "Walang Hanggang Paalam".

All these victories inspire him to do even better work for his upcoming projects. Right now, Paulo is hard at work on a new teleserye. It's his first TV pairing with new ABS-CBN leading lady and award-winning actress Janine Gutierrez.

Aside from acting work, Paulo is turning his passion for online gaming into a business. He has partnered with young businessmen to run Lupon WxC, a company that broadcasts online games and events to the growing number of gamers. He also helps run and manage Execration, an E-sports team.

Business has been doing well, especially now that more people have more time to pursue online gaming at home. Indeed, a lot of busy days are in store for Paulo.

#### Alfred has some advice to actors eyeing politics

Alfred revealed next year, saying he's taking a break from public office and resume full-time his showbiz career.

Meanwhile, Alfred has some advice to people from showbiz who are looking to throw their hat into the political ring in the 2022 national elections.

"I'm always happy everytime I hear of actors or people from the world of showbiz who want to do public service. Because for me, as long as you're Filipino and you

want to serve, that's your right. You have every right, okay? But it has to be 100 percent. 99 percent sure will not cut it out. You must be 100-percent sure that you really want it. Otherwise, it's going to be difficult.

"Dedication and commitment have to be there. Bilib ako kasi maraming artista ang magaling na public servants, di ba? Sila Vilma Santos, Mayor Isko (Moreno), madami, sina Sen. Bong Revilla. Naniniwala ako at nagtitiwala ako sa kayahan ng artista namumuno (I believe and trust in the capability of artists to lead)."

#### **John Lloyd Cruz**

ctor John Lloyd Cruz reiterated that he only left ABS-CBN and not acting during his hiatus.

ng sine," he said.

"Merong nagsabi, dinagdagan niya ng 'bumalik na sa showbiz.' 'Yun medyo, oo nga naman. Bumalik ako sa showbiz pero hindi ako umalis sa paggawa

"Hindi ako umalis sa harap ng camera. Kasi kahit naman tumigil ako noon with my usual work in showbiz, in films and TV, nagtuloy pa rin naman ako but much, much smaller production," he added.

John Lloyd said he chose to do films in smaller production because it is too crowded on mainstream.

"Medyo crowded doon sa isang daan," he said.

"It's vital. Sa trabaho namin, napaka-vital nung

#### never left acting

cisions? Are you making the right choices? Are you behaving the way you want to? Kasi talagang binabago tayo ng industriya in

many ways na pwede

are you making the right de-

mong ma-imagine. Akala mo you had it all figured out pero biglang may mangyayari sa 'yo and you realize na, 'Hindi na ako iyon ah.' And then you take a step back. 'Yung pag-step back ko, medyo lumayo lang," he added.

John Lloyd also said that he got tired of "fighting for the content that I want to see on a more commercial platform."

"I felt na we owe it to our audiences, 'yung we make sure na hindi naman kayo pauulit-ulitin. As much as nagma-mature kami or we are growing as performers, siyempre you want to take your audience with you," he said.

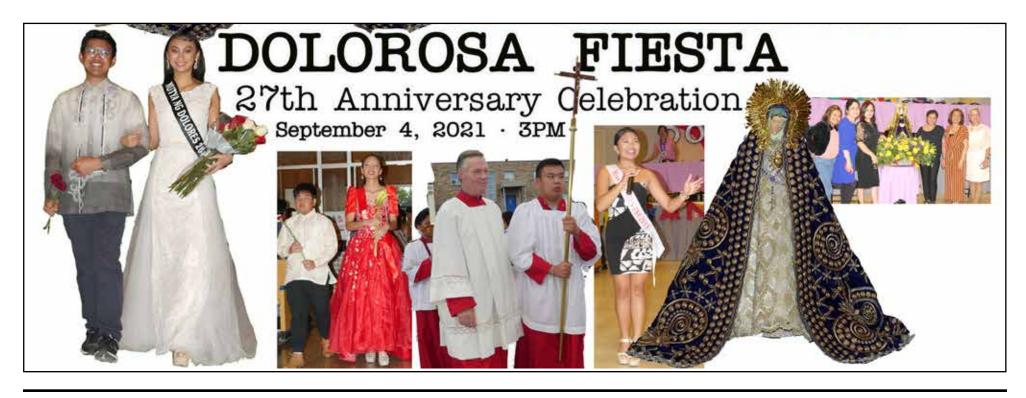
#### **Barbie Forteza reacts to** rumors of her supposed split from Jak Roberto

News about Barbie Forteza and Jak Roberto's split has been circulating online. According to the viral post, the two Kapuso stars have called it quits "because the actor forgot that it was actually their

Anyway, Barbie's post quickly garnered different reactions.

'I don't believe Barbie and Jak has that shallow relationship... People these days keep on believing something that isn't even true... Sad reality in today's society... Just goin' with the flow even

Some online users



#### **Piolo Pascual shuts** down network transfer rumors

Kapamilya actor Piolo Pascual shut down rumors that he is transferring to another network.

In his interview with Cinema One, Piolo said he will remain a Kapamilya.

"At the end of the day, I never left," Piolo said.

"I'm a Kapamilya through and through, I don't have to reiterate that. I'll be back home for sure, pagkatapos ng mga meetings for sure," he added.

Piolo also said that he had a meeting with ABS-CBN president Carlo Katig-

Piolo's recent virtual appearance on



"ASAP Natin 'To" trended online as he vowed to see his Kapamilyas soon.

Piolo was one of the actors who thanked viewers for continuously supporting the network, as the network marked the first anniversary of

the House of Representatives' junking of ABS-CBN's franchise.

"Kapamilya, thank you for continuing to let us into your homes through all the different available platforms. As we face a lot of hardships and difficulties this last year, your support and your trust will always be an inspiration for us to continue to be in the service of the Filipino," Piolo

"Maraming salamat po, I'll see you soon," he added.

#### Donita Rose talks about going the extra mile as chef in the U.S.: "Ako naglalabas ng basura."

Donita Rose, 46, is a research and development chef in California, U.S.A. of Island Pacific Supermarket, a Filipino chain of supermarkets owned by Filipino businessman Niño Jefferson Lim, husband of former actress Krista Ranillo.

Suwerte raw si Donita na output-based ang kanyang trabaho at walang oras.

"Sa totoo lang, wala namang... boss ako ng sarili ko. I can do whatever I want

"I can work from home. Just deliver what I need to deliver," sabi niya kina LJ Moreno at Rufa Mae Quinto.

Suwerte rin daw si Donita sa kanyana immediate boss na pinapayagan siyang gawin ang lahat ng gusto niyang gawin.

"Minsan sabihin ko, Miss Maricel [Aguilar], 'Puwede bang mag-off ako bukas magpi-pictorial ako with Rufa?' ganyan.' Sagot daw ng boss niya, "Do whatever you want, basta

give me your deliverables." Pero paglilinaw ni Donita, hindi siya nagpapabaya sa kanyang trabaho.

"I work really hard. I work so hard," diin niya.

#### **Sharon Cuneta has breast** reduction procedure in the US

The Megastar mentioned the detail during a press conference for her movie "Revirginized" because her bra strap couldn't stop falling during the online event.

"I went to America, right? I gained a bit of weight, but something's smaller," she said in a mix of

English and Filipino. "I had my chest reduced." "I gained so much weight and then I breastfed

Miel. After gaining and losing, a lot of it was skin and fats." she added. "It was all natural but it's all skin and fats so I had it reduced."

The report said the actress also admitted to undergoing a breast lift procedure.

The singer-actress later revealed that she was supposed to take part in a Hollywood film, but had to let go of the opportunity after she received a "false positive" COVID-19 test result.



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#### Pacquiao reveals more corruption

MANILA, Philippines — Sen. Manny Pacquiao claimed that he was in possession of documents baring billions lost due to corruption across government agencies and said he would refer them all to the Senate Blue Ribbon Committee.

Duterte again lashed out against him in public, daring him to substantiate and investigate his allegations of corruption against government officials and agencies. Pacquiao presented piles of documents that he claimed contained proof of "corruption in every branch of our government."

He accused the Department of Social Welfare Department specifically of failing to distribute P10.4 billion in pandemic aid. Pacquiao alleged that P14 billion worth of social amelioration program funds were allocated by the DSWD to 1.8 million beneficiaries to be transferred through the e-wallet app Starpay. "This is the problem, Mr. President, why of the 1.8 million [people] given SAP through Starpay, only 500,000 people have downloaded the

app?" Pacquiao said in a presentation delivered in Filipino.

"For those who don't know, you cannot receive or withdraw any amount [of money] without downloading the Starpay app," he added.

A total of P50 billion of SAP funds, he noted, was allocated to be paid through the app which he said "had a buildup capital of only P60,000."

"This is only one of the things I have discovered. This is only the third day since I have accepted your challenge to prove [my allegations]," he said, addressing Duterte.

While he insisted again that he is not trying to attack Duterte, who sits as chairman of the ruling PDP-Laban, Pacquiao, who is the party's president, has been locked in a public conflict with the chief executive for weeks.

Responding to a call from PDP-Laban's vice-chairman, Energy Secretary Alfonso Cusi, for him to step down as president, Pacquiao said he had signatures of thousands of members of the party who support him as its president.

#### Luis Manzano on the power of optimism and kindness

There is much to be said about Luis Manzano - that he is one of the best hosts in the industry hence the moniker "Pambansang Host"; that he can also hold his own in the acting department as seen in his filmography; and that he is lucky, not because that is his pet-name, but because he's been allowed to reach out to others through the industry where he shines the most.

Through his God-given talent, Manzano recognizes that he is not just entertaining people from all walks of life. He also gives them a momentary escape from the sometimes, if not all the time, harsh realities that people are so desperate to get away from.

By simply being himself, Luis Manzano gives his audience a reason to get up and look at the brighter side of life.

By simply being himself, Luis Manzano gives his audience a reason to get up and look at the brighter side of life. "You know, sometimes when we talk about being able to help someone, ang iniisip agad ng mga tao is monetary. Pero

> hindi naman. Sometimes a simple picture or a wave. People have no idea that goes such a long way," shares Manzano

"Eto 'yung philosophy ko diyan, when you meet people or when you meet your fans and they come up to you and they ask for a picture and you

oblige, or you simply wave from afar, kung ano man yung pinagdaraanan ng tao na yun for that day - whether it be problems with the family, problems at work, financial problems, health problems - instantly, you made them forget their problems even just for a bit."



#### Duterte keeps VFA after 'clarity' on US commitment to defense

The Philippines' military alliance with the United States remained intact after President Duterte reconsidered an earlier decision to scrap the visiting forces agreement (VFA) on the final year of his presidency.

Presidential spokesman Harry Roque explained that the President's decision to keep the VFA was reached after getting the US commitment to regard the Philippines as a "sovereign equal" and reaffirm its obligation under the 1951 Mutual Defense Treaty (MDT).

"PRRD's decision to recall the abrogation of VFA is based on upholding PH strategic core interests, the clear definition of PH-US alliance as one between sovereign equals, and clarity of US position on its obligations and commitments under MDT," Roque said in a statement Friday, July 30.

Under the MDT, the Philippines and United States agreed to come to each other's aid in case of an armed attack in the Pacific Area.

#### Sanya set to explore off-beat roles

Sanya Lopez has definitely what it takes to be a leading lady. Her recent romantic-comedy and fantasy-drama shows performed well in the ratings game.

Sanya seems to view herself a work in progress. She is in learning mode. This sense of humility will be her secret weapon to scoring more engaging projects and eventually acing them.

What can fans look forward to?

"What I know is there is a movie, (although) pinag-uusapan pa lang, and there will be more surprises," said she. "May paniniwala ako na hangga't hindi pa nangyayari, hindi ako talaga magkukwento. I'm so excited at what (these projects) are and I also want to know (the details)."

Since she now has a better grasp of the kilig, feel-good genre, Sanya wouldn't mind starring in another rom-com series.

"I just want to explore rom-com kasi ngayon lang ako nakagawa nang rom-com talaga," said she.

#### Lovi Poe as insecure, jealous spouse in 'The Other Wife'

Poe explained the method she adopted to portray Janis: 'I had to criticize myself every morning... all my insecurities and then look at Rhen (Escaño) and compare myself to her. Lovi Poe says she looked

down on herself to the point of feeling worthless — to be credible in her role as an insecure person in The Other Wife. The 32-year-old actor pointed out that the tempestuous nature of the movie's story did not necessarily mean it's all about temporal affairs.

She plays Janis, whose marriage to Ronnie (Joem Bascon) needs mending, and so they take a vacation in a seaside town. They run into Ronnie's childhood friend, Luisa (Rhen Escaño), and that's when the conflict starts as Janis suspects the two are rekindling a romantic relationship.

Poe explained the method she adopted to portray Janis: "I had to criticize myself every morning... all my insecurities and then look at Rhen... and compare myself to her.

Everyone, Poe said, has his or her own insecurities. She turned to herself and magnified her own anxieties and worries when she was on the set.

She admitted having a fear of falling short of expectations of her abilities.

"Sometimes we struggle and think [whether or not we] are good enough... I think insecurities are fine. It makes us human. We don't overcome them completely but we get by," she said.

Hers was a role that completely drew her attention to the movie. She hinted at an unusual twist in the plot "that's very different. It's something that we've never seen before."

Escaño added: "It's not just a sexy movie. It has sense and intention. When I read the script, I did not think twice because it was really good and unique."

# Dr. Guillerme de Villa MEMORIAL CUP 17TH Invitational CO22 HOPING IT'S A PANDEMIC-FREE YEAR

Granite Ridge Golf Club, 9503 Dublin Line, Milton, Ontario.







Actress AJ Raval revealed that she's not intimidated by bashers and body-shamers. During the press conference of her upcoming movie "Taya", AJ was asked how she handles body-shamers especially that she chose to be sexy in movies.

"Wala naman akong pakialam sa kanila eh. Masaya naman po ako sa ginagawa ko," AJ said.

"Sa body shaming, ako po kasi never nag-body shame eh. Alam ko pong tignan ang mga babae. For me, wala lang, kung may stretch marks, dark areas, ganoon po ako mag-isip," she added.

The "Bagong Pantasya ng Bayan" said that instead of being affected to bashers, she will just focus on her works and to the people who love and support her.

"Hindi ko po nilalagay yung sarili ko sa mga bashers. Kasi unang-una, wala silang pakialam sa ginagawa ko. Imbes na pansinin ko sila, magfo-focus na lang ako sa ginagawa ko at sa mga taong nagmamahal sa akin," she said.

AJ will star in the Vivamax's latest psychedelic erotic thriller original movie "Taya" along with Sean De Guzman.

In the film, journalism student Sixto (Sean De Guzman) discovered that the woman, who has been in his countless wet

dreams, is one of the prizes of an online "ending" game, and he did not hesitate to bet for her.

He won the bet, but because of his own gambling error, he did not realize that he played for another woman named Nanette (AJ Raval). After series of sexual encounters, Sixto becomes addicted to Nanette and promised to take her away from the syndicate who condemned her as an online ending prize.

Together with Jela Cuenca, Angeli Khang, Soliman Cruz, Mon Confiado, Pio Balbuena and Raul Morit, "Taya" is directed by Roman Perez Jr. and written by 2018 Cinemalaya Best Screenwriter John Carlo Pacala

"Taya" will be streamed on VivaMax starting on August 27.

#### Derek Ramsay, Ellen Adarna give update about their wedding; Derek wants to do pamamanhikan in Cebu

Tiniyak ng magkasintahang Derek Ramsay

at Ellen Adarna na tuloy ang kanilang kasal ngayong 2021.

"Dapat! Gusto namin this year. The plan is this year," bulalas ni Derek.

Pinaplano rin ni Derek na siya ay

mamanhikan sa pamilya ni Ellen sa Cebu kapag lumuwag na ang COVID-19 restrictions.

Pati mga magulang ni Derek ay excited na raw personal na makilala ang ina ni Ellen.

"Gusto nga ng mom at dad ko, kahit na-COVID sila, gusto talaga nilang lumipad ng Cebu para magpaalam at makilala yung mommy ni Ellen.

"Pupunta sana kami ng Cebu... Soon siguro makakapunta kami ng Cebu. Maybe next month," saad ng Kapuso actor.

Hindi pa raw nagkikita nang personal si Derek at ina ni Ellen. Sa ngayon ay pawang video call lang ang komunikasyon nila.

Kinukunan daw ni Ellen ng video kapag kinakausap ng mommy niya si Derek.

"Para akong bata, e," napangiting sabi ni Derek.

#### Raymond Gutierrez is gay

After coming out as gay, host-actor Raymond Gutierrez thanked his friends and family for giving him confidence to embrace himself.

In a lengthy Instagram post, Raymond said he never denied who he was and he just never shared his story to the public.

"I was never not out. I never denied who I was. I just never shared my story publicly until now. Growing up, it took a while for me to face my true identity, and figuring it out wasn't easy. I went through a long period of time hating myself because society taught me that being different wasn't the right path, especially for someone growing

up in the public eye. I went through a dark phase of self destruction creating unhealthy habits to have some sort of escape so I didn't have to face my reality. I

kept things to myself because I was scared to bring shame to my family, and didn't know how others

would treat me," he said.

"Sexuality shouldn't define who you are and it should never hinder your greatness. For me personally, being in touch with my masculine and feminine side allowed me to push boundaries creatively and create magic with the projects I do. So to those saying 'we knew,' you never knew my story and my struggles. And if you're reading this and you feel like you're alone, I want to let you know that I went through the same things - you will be loved, your feelings are valid, and those who truly love you will stick around," he said.



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# PHL IS WORSE FOR WORKERS

The Philippines once again landed on the top 10 list of worst countries for working people, according to the 2020 global rights index of the International Trade Union Confederation (ITUC).

The 10 countries in the dishonorable roll are: Bangladesh, Brazil, Colombia, Egypt, Honduras, India, Kazakhstan, Philippines, Turkey and Zimbabwe.

The ITUC said the situation in the Philippines where unionists are killed, subjected to violence, arrested, and where unions are busted systematically. "In the Philippines, union members were particularly at risk of violence, intimidation and murder," said the ITUC.

#### Hall of Shame

Labor group Nagkaisa Labor Coalition said that "for several years now," the Philippines has been on the "hall of shame" of labor rights rankings.

Nagkaisa chairperson, labor lawyer Sonny Matula, said that in 2019, labor leaders Dennis Sequeña and Reynaldo Malaborbor were killed and have yet to get justice.

Sequeña and Malaborbor are only 2 of the total 45 trade union and peasant leaders killed in the Duterte administration, said Matula.

The ITUC also took note of the establishment of the Joint Industrial Peace and Concern Offices (JIPCO), and said that this was used "to spy on trade unions and 'militant' labor actions in the name of combatting

communist infiltration of the labour force in industrial zones."

Matula also slammed the Department of Labor and Employment (DOLE) for not sending yet the requested invitation for a mission from the International Labor Organization (ILO) to go to the country and validate claims of abuse.

"Early this year, the DOLE merely issued a memorandum instructing its senior officials to prepare for the ILO High Level Mission," said Matula.

Matula said the state of workers' rights may just worsen if the anti-terror bill is passed, a proposed law feared to heavily crack down on activists.

"Things will certainly turn to worst should the Terror Bill becomes a law," said Matula, who called on President Rodrigo Duterte to veto the measure.

Malacañang has said that Duterte is "inclined" to pass it. The enrolled bill is now up for his signature.

#### Ruffa Gutierrez wants daughter Lorin to have her first boyfriend at 28

Actress-beauty queen Ruffa Gutierrez advised her daughter Lorin Gabriella to avoid having a boyfriend this

early and focus on her studies. This after Ruffa greeted her eldest daughter Lorin who turns 18

today, Aug. 3.
On Instagram, Ruffa wished her daughter would have her first boyfriend at 28.

She also encouraged her daughter to choose wisely when it comes to having a boyfriend. "Be with someone who respects you and is God-fearing. Don't just follow your heart Lorin, use your brain."

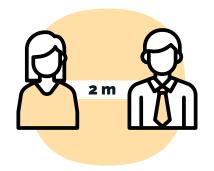
Her full post:

"To my firstborn, @loringabriella Today, you turn 18 years old. These are exciting times for you: just graduated from high school, going to college, starting your career with @vivaartistsagency, the opportunities coming your way are endless.

"Don't be in such a hurry to grow up. Savour your youth. Yes, you're officially an adult, but that definition means being responsible with all aspects of your life.

"Be a leader, not a follower. Chase your dreams, travel the world, pursue your goal of taking up law, be a good girl – HUWAG MUNA MAG BOYFRIEND (gosh, I sound like my mom). And if you decide to have one 10 years from now, CHOOSE WISELY. Be with someone who respects you and is GOD FEARING. Don't just follow your heart Lorin, use your brain.















# DR. GUILLERMO DE VILLA MEMORIAL CUP 19th Invitational Golf Tournament

2022? Hopefully!
Granite Ridge Golf Club,

Granite Ridge Golf Club, 9503 Dublin Line, Milton, Ontario.





#### Hidilyn Diaz gets unlimited Batchoy, Pancit Molo

Agaw-pansin sa mga netizens ang reward na ibinibigay ng isang mayor sa Iloilo City sa Pinoy pride na si Hidilyn Diaz.

Kaiba kasi ito sa mga naglalakihang gantimpala na ibinigay kay Hidilyn ng mga malalaking negosyante at mga private at public companies, matapos niyang masungkit ang kauna-unahang Olympic gold medal ng Pilipinas. Kaya naman agaw-eksena ang announcement ni Iloilo City Mayor Jerry Treñas na ginagawaran niya si Hidilyn ng lifetime free La Paz Batchoy at Pancit Molo

May kasali pang free lifetime accommodation sa Iloilo kapag napadako si Hidilyn sa siyudad para sa Dinagyang Festival, na idinaraos ng 4th Sunday ng January.

#### ILONGGOS REACT

Isang restaurant sa Iloilo ang sumagot at nagsabing magbibigay rin ito ng pa-



kain sa grupo ni Hidilyn "unlimited and FREE for a lifetime" sa tuwing bibisita sila sa Iloilo City.

Tanda raw ito ng pagkilala nila sa karangalang ibinigay ni Hidilyn sa bansa.

Sabi naman ng isa pa, baka hindi makakain ng La Paz Batchoy at Pancit Molo si Hidilyn dahil sa kanyang strict diet

May nagsabi rin na hindi mahalaga kung maliit ang tingin ng iba sa gantimpala ng Iloilo mayor kay Hidilyn.

Komento ng netizen (published as is): "Kahit gaano kaliit Ang ambag ni mayor Yan ay tanda ng pasasalamat ng mga Ilonggo sa pag bigay karangalan ni Hidilyn sa pilipinas [heart emojis]"

Dugtong naman ng isa pang netizen "it's also promoting Iloilo finest."

#### Zante leaves imprint in upscale Toronto downtown

Jason and mother Reza

His works focus on "the themes of everyday objects, Philippine culture, and ethereal landscapes"

Jason Zante's giant art installation dubbed "The Riviera" is now part of downtown T.O.'s artistic landscape in the tony Yorkville district. The work is eye-catching not only for its sheer dimensions but also because of its vibrant colours that the young Filiping-Ca-

vibrant colours that the young Filipino-Canadian multidisciplinary artist is noted for.

"The Riviera" evokes the images and smells of France's Mediterranean corner—the Cote D'Azur. The work has further lent character to D | Azur, the patio bar of the luxurious Four Seasons Hotel & Residences that takes pride in its signature French bistro fare.

Zante's works are known to focus on "the themes of everyday objects, Philippine culture, and ethereal landscapes".

A graduate of OCAD University, the erstwhile
Ontario College of Art & Design, Jason Zante had
done commissioned works for the likes of Justin
Bieber and Cadillac Fairview Toronto Eaton Centre,
to name some. His works had been featured in such
prestigious publications as Forbes Magazine and

Marchitectural Digest.

His mother Reza Zante recalls that Jason was already drawing at age 3. "He enjoyed drawing gowns and clothes of Barbie dolls. Even then, I could sense Jason was gifted with the creative arts. I enrolled him at the St. Anne Montessori School in Kalibo, Aklan for Senior Kindergarten through Grade 1 where he started joining art



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Life's brighter under the sun



contests and always won. By the way, Jason also won in singing competitions," she told Philippine Canadian News.Com (PCN.Com).

In Toronto, Jason went to St.Margaret Catholic School. His teachers readily recognized the child prodigy in him and convinced his mother Reza to enrol him at the Cardinal Carter Academy for the Arts, Toronto's prestigious school for gifted youth where Jason continued to reap awards through high school graduation.

It is perhaps to the credit of Jason's mother that the new toast of Toronto's artistic circles remains rooted in his Philippine origins. Reza adds with pride: "Jason and I would go home to Aklan every 3 years or so. Jason only has fond memories of these visits where he enjoyed exploring beaches and the surrounding mountains with his cousins. He particularly enjoyed seeing the Aklan River. "This explains the Philippine landscape motif in some of Jason's works.

Next time you see a giant mural gracing a famous Toronto edifice, look for the artist's signature. You might just read "Jason Zante".

He told Flawless Magazine magazine in an inter-

ZANTE continued oN page 11





# I'm better off not socializing. I make a better impression if I'm not around.

Christopher Walken

#### Where are the events, the parties?

I miss Filipino events. People. Sights. Sounds.

The Filipino community is still on a wait and see mode. It seems everyone is not planning any last-minute event for this year. Based on the stage 3 reopening guide, you can have indoor events with 50% capacity. If you hold a concert at the Toronto Pavilion, that would be a maximum of around 500-600 inside. But holding concert right now is going to take guts and money. So, for sure, nobody is going to hold a Filipino concert this 2021.

So far, the only public event that happened in person was the outdoor flag-raising, wreath-laying ceremony at the Bathurst-Wilson parkette last June 13 for Philippine heritage month and Independence day.

Then, there's Mel Galeon of FV doing dance numbers withe the Ageless dancers at the parking lot at his FV foods branch at Lawrence Avenue.

People are packing the parks.

"Filipinos are flocking to Earl Bales. South Asians are going to Thompson park," says Roadsport Honda's Harold Guarin.

So far, the Dolorosa Fiesta is still scheduled for September 4. There is no dinner the day

before and no picnic the day after for this year.

Here's hoping that the restrictions will be gone by September.

The Filipino Centre Toronto has not resumed their public activities yet. My brother in law cannot wait to join the Wednesday painting class.

Slowly, we will be back to normal. Let's pray we do not have another lockdown.

'Hindi naging kami': John 🌄

Actor John Lloyd Cruz revealed that he and long-time on-screen partner Bea Alonzo never played sweet music together.

In podcast interview, John Lloyd described Bea as special in his life.

"Siyempre si Bea siya sa buhay ko. Special 'yun, so it

would be hard to change that," he said. When asked if they dated, John Lloyd replied: "Hindi naging kami."

"I don't know. Parang mahirap yatang sagutin 'yun... Kasi nga dahil nirerespeto ko 'yung tao, ayaw ko naman na ikakahon ko na lang sa isang walang kabuluhang sagot para lang maitawid na," he added.

In the end, John Lloyd said, "If anything, natatakot akong i-label kung ano man 'yung naging totoo between (me and Bea). Kahit ako sa sarili ko, I don't want it to reduce into something that it's not."

It will be recalled that Bea revealed last April that John Lloyd was her first heartbreak.

"I loved him. Parang hindi ko lang ma-define when exactly," Bea said.

"Syempre fan-ey lang ako di' ba? And when you're a fan, you love that Lloyd Cruz on relationship with Bea Alonzo

person. So from fan-ey ako
ng 'Tabing Ilog' to we
became a love team. At
that time, it was that and
then it has transitioned
to syempre a crush, and
then nagpapadala ka
sa mga holding hands.

First (cinematic and real) kiss ko siya and so parang ganon, and then of course he disappointed me. Hindi ko alam may girlfriend na pala siya," she added.

#### Gina Pareño recalls hardships prior to fame

Could you imagine award-winning actress Gina Pareño driving a tricycle? Well, she did.

She told "Tunay Na Buhay" recently how she had to do it to help her family earn extra income.

Born Geraldine Acthley, the 71-year-old would go on to sell fried bananas at the Sampaguita Pictures compound.

It was where she had a taste of showbiz, appearing as "extra" in a slew of films.

Her take home pay? P10.

Life changed for Gina when she won a dance contest on TV in 1964, going on to sign as contract star of Sampaguita Pictures.

Trouble would come to haunt Gina when she tried prohibited drugs.

"Yung akin naman na bisyo na 'yon actually hindi bisyo na adik-adik na akong ganun. 'Yung akin lang gusto kong tumikim. Eh nadali ako sa tikim," she recalled.

Hitting rock-bottom was an eye-opener for Gina.

"Naayos ako at mas lalo akong tumibay," she said.

In 2006, she gained international recognition for her role in "Kubrador," winning Best Actress for the same at the Osian Cinefan Festival of Asian and Arab Cinema and at the Brussels International Independent Film Festival.

Gina also won the Metro Manila Film Festival Best Supporting Actress plum for her role in the hit "Kasal, Kasali, Kasalo," repeating the feat at

FAMAS and the Film Academy of the Philippines Awards the same year.

She would go on to earned several recognition including a

# Sharon Cuneta breaks silence over joining Kiko Pangilinan in politics

Actress Sharon Cuneta hoped she will continue to receive projects so she can help more people but clarified that she has no intention to run for public office.

Sharon said politics is in her blood but will not run because she can help others using her ow platform.

"Sana marami pa kong projects, para marami pa kong magawa. Hindi naman kailangang tumakbo ko, wala akong balak tumakbo ha. Alam ko nasa dugo ko, pinakasalan ko pa. Pero ako mismo, personally, now, I can do so much in my platform. I

can reach out to more people with my platform but I can only do so much unfortunately," Sharon said.

The "Megastar" also defended celebrities who are getting bashed for being outspoken about politics.

"Marami kami mga artista na nila-lang lang ng marami pero hindi nila alam na kami 'yung lumalabas at marami kaming blessings. Marami rin na hindi artista na nakakaangat sa iba na tumutulong din. Hindi lang napaguusapan. Kami na ang gumagawa ng paraan dahil kapwa tao natin 'yon at kababayan. So ang dinadasal ko, gumanda ang Pilipinas. Kasi kahit immigrant ako sa America, I can't imagine not retiring in the Philippines," she said.

She also hoped for an administration that really wants to help the poor and to move the country forward.

"Wala namang dumaang administrasyong perpekto eh. But I just pray na every administration that's leading the nation na sincere in truly helping the country move forward and for the poor to level up naman. And we're able to do that with education or at least 'yung mga vocational schools kasi a skill is something you can learn on. You don't need to have a college degree, pagkakakitaan mo eh. Kung meron lang sana makakapagbigay ng trabaho," she said.

Best Actress award for her performance in "Serbis."

Gina is not retiring any time soon.

"Ayaw ko. Basta ako, go nang go. Gusto ko umarte nang umarte," she said.

She just finished three projects last month and is looking forward to do more movies.

For now she keeps busy with TikTok, where she has over 1.7 million followers.

#### MH Productions Picnic |

MH (Marky Hugh)
Productions had
their picnic at Guild
Park. They had a
dance workshop,
games and a fundraising raffle for the
WCOPA trip to Las
Vegas in November.
Parents and children
pose for a group
picture.





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#### AJ Raval is confident to bare her talent



her father when she expressed her desire to go the sexy route.

'90s, did not initially

have the blessing of

To start with, AJ immediately embarked on a sexy image and went daring in the film, Paglaki Ko, Gusto Kong Maging Pornstar, a comedy-drama megged by Jowable director Darryl Yap.

"At first, entirely against ang dad ko sa pagiging sexy ko," AJ discloses. "But natatanggap na niya pakonti-konti. Artista din naman siya at nai-intindihan naman niya ginagawa ko."

> **AJ RAVAL** continued on page 17

#### **Juancho Trivino reveals short-lived stint at BPO**

During the height of the pandemic last year, Juancho Trivino went out of his comfort zone and got a job in the BPO industry.

Kapuso actor Juancho Trivino revealed about working in a BPO company during the height

of the pandemic last year on Instagram yesterday, August 1.

The 28-year-old TV host wrote, "A lot of you might not know, but last year during the pandemic last year when we had no work (tapings, digital stuff, and businesses) I got a job in a BPO company."

"They got me as a project manager (praise the Lord)"

Aside from the financial aid of a regular payslip, Juancho also shared that he learned valuable experience despite his short stay in a BPO company.

The Kapuso actor-host's wife Joyce Pring expressed her love and support for her better half and wrote, "You work

hard for our family, my love. So proud of you always."

Actress-entrepreneur Kris Bernal also left a message and commented, "Proud of you Kuya Bruth, malayo na thalagaa narathing moohh.."

In the comments section, other local celebrities and personalities such as Boobay,

Dianne Medina, and Almira Muhlach also praised Juancho for his hard work.

As of this writing, the Unang Hirit host's post has over 6,000 likes on Instagram.

Recently, the Kapuso actor-TV host was inoculated with the COVID-19 vaccine and documented his vaccination experience on his YouTube channel.

#### Willie Revillame to run in 2022?

Anytime soon, Willie Revillame is expected to break the biggest, if not the most shocking,

news on his daily show, "Wowowin: Tutok to Win."

Early on, the TV host hinted that it would be the most crucial decision in life he'd ever make, asking his audience to accord him respect and understand-

With nothing else in mind, it sure has a lot to do with having finally made up his mind to run for senator in the forthcoming elections.

It happened immediately after the TV host-philanthropist received a surprise phone call.

While Willie made no disclosure what the scrumptious dinner (which consisted of steamed rice, fried tilapia and fried talong, food-wise) was all about word spread fast that PRRD - well aware of his good deeds - was egging him on to run for senator under the administration ticket.

Reportedly, Willie took it half-seriously, until we gathered from a reliable source: "Inaaraw-araw siya, kinukulit talaga siyang tumakbo ng kampo ni Digong!"

#### **ZANTE** continued from page 9

view that it was in 2016-2017 that he started to "embrace the qualities that used to make me insecure, such as my sexuality."

" Accepting myself as a gay individual has made me more comfortable with who I am and encouraged me to be

everything that has come into my life," adding that he doesn't believe " in dreading over what I don't have, but rather embracing everything I have to offer the world."

1. ason Zante's "The Riviera" graces The Four Seasons Hotel and Residences in downtown Toronto. (Photo: Ricardo Caluen)
2. The artist in front of The Eaton Centre, another location of his work.
3. Limited edition of "The Jungle" ( 24" x 52" Archival Giclee Canvas Print) sells for \$1,350.



Kung good deal ang hinahanap ninyo, Harold Guarin ang tawagan n'yo...



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#### confidential Entertainment SHANAIA GOMEZ, The Rise Of Star Magic Talent "My dream is to help fulfill nation," said Star Magic head and the dreams of our artists. To ABS-CBN entertainment producattain their highest potention head Laurenti M. Dyogi at the rising actors, singers, danctial in their chosen craft recent "Star Magic Black Pen Day" and be responsible memcontract signing event. bers of the entertainment At the said historic event, the community and of this country's premier talent agency

welcomed over 40 artists, ranging from established and ers, and hosts. Star Magic is gearing up to foster and train local showbiz's next big stars through content

that, Direk Lauren promises, "will entertain, inform, and educate our audience locally and globally."

Half-Filipina Shanaia Gomez was born in Ireland, but she, her mother, and her sister moved to Canada when she was still a kid. They would visit the Philippines every so often, and every time she'd go on vacation here, she'd audition for commercials and, one time, even for a project in ABS-CBN.

"After a few months of not hearing back, I went back to

**SHANAIA GOMEZ** continued on page 22







#### Cindy Miranda cries foul over "kabit, p\*kp\*k, bobo" comments amid Aljur-Kylie breakup

Nanindigan si Cindy Miranda na walang katotohanang may kinalaman siya sa hiwalayan ng magasawang Aljur Abrenica at Kylie Padilla.

Kaya aminado ang sexy actress na nasaktan siya sa pro-Kylie netizens na pinaratangan siyang "kabit," "pokpok," at "bobo" gayong wala namang sapat na basehan ang mga ito.

Si Aljur ang leading man ni Cindy sa Nerisa, ang sexy drama movie ng Viva Films. Lahad ni Cindy: "Parang lahat ng masama, naibigay sa akin. Pokpok, kabit, bobo...

"Pati nga po bobo, hindi ko po naintindihan [anong basehan nila]. "Alam mo yung masyadong sinukat yung pagkatao mo na hindi ka nila kinilala? Masakit lang kahit ayaw mong maapektuhan.

"Sa sobrang dami po talaga, may time na talagang nakatutok ako sa

Instagram ko because I delete the comments." Sa halip na patulan ang bashers, minabuti raw ni Cindy na alisin na lang ang nega vibes sa kanyang Instagram feed.

Paliwanag niya: "Ayoko talaga. Hindi sila dapat welcome. Hindi po ako ma-social media na tao. I don't really post that much.

'Pangit naman na makita ng ibang tao na 'Oh my God, ano ba itong mga naka-comment dito.'

"I just delete. Ayoko siyang patulan kasi sa totoo lang, hindi ko talaga alam kung ano ba yung nasa isip nila."



#### Suzy Llanera receives 2 awards

TORONTO - Barely a month ago, Suzy was given due recognition by two reputable entities in Canada. The first recognition was presented by the "Konsulado Heneral ng Pilipinas sa Toronto" and Sentro Rizal for fostering unity among the Filipino community and support to the Philippine Consulate General in Toronto on the occasion of the 123rd Anniversary of Phil-

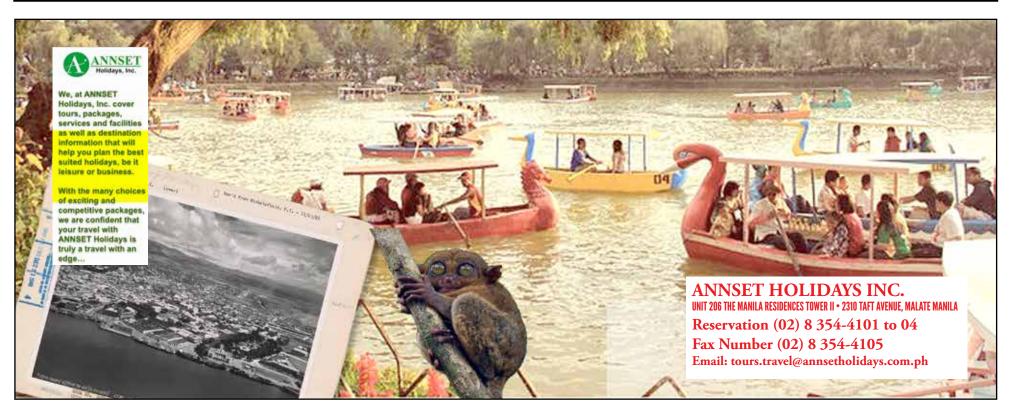
ippine Independence and "Filipino Heritage Month, and the Quincentennial Commemorations in the Philippines" on June 12, 2021, as President of Camarines Norte Association Canada-Ontario (CNAC-O). The citation was handed to her by Philippine Consul General Orontes V. Castro on June 22, 2021, at the Philippine Consulate.

Likewise, on July 25, 2021, S. Llanera was personally invited by Liberal Member of Parliament for Don Valley West Robert Oliphant to receive a "Certificate of Congratulations". The Certificate states the award "for organizing the 1st Don Valley West Virtual Filipino Heritage Month Celebration"

Presently, she is the incumbent Executive Secretary of the Philippine Independence Day Council (PIDC) and has served too in various official capacities with several community associations. At PIDC, for many wonderful years,

she served on its beauty pageants, festivals, fashion shows, parades, processions, sports tournaments, gala, fundraising events, and social functions as a committee chair, co-chair, emcee, participant, lead organizer, "punong abala", and other challenging roles.

Happily married to Jess Llanera whom she met in Toronto, the couple has 3 children, namely Richard Joseph (RJ), Elizabeth Anne (Liezl), and Rachel Mary Ann.



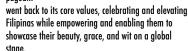
#### Hannah Arnold crowned Binibining Pilipinas International 2021

asbate's pride Hannah Arnold walked home bagged the coveted Binibining Pilipinas International 2021 title at the Binibining Pilipinas pageant held live at the Smart-Araneta Coliseum on Sunday night.

Arnold, 24, is a Filipino-Australian model who has a degree in Applied Science in Forensic Studies. She will represent the Philippines at this year's edition of Miss International happening in Japan in November.

Masbate's Hannah Arnold, 24, is a model who graduated from the University of Canberra with a degree in Applied Science in Forensic Studies.









CELEBRATIONS

1. Jemilie Cunanan Adajar celebrates her birthday with daughter Kassandra and husband Ronnie; 2. Liezel
Castillo and husband Poncho celebrate their 14th wedding anniversary; 3. Juliei Tarac Cayetano (right)
celebrates her birthday; 4. Arbin Mariano graduates from high school; 5. Britney Waito celebrates her
birthday with family. In photo with her is her brother Cody.







Vice Ganda draws wedding joke from delays in 'Darna': 'Parang every year, papalitan ka'

Vice Ganda has drawn a punchline from ABS-CBN's upcoming series "Mars Ravelo's Darna: The TV Series" after the project had been pushed back for years.

The comedian brought up the subject while talking to a contestant about her wedding plans, during the "Reina ng Tahanan" segment of the noontime variety program "It's Showtime" yesterday, July 31. He suggested the contestant should have a "Darna"-themed wedding, but immediately took back his suggestion thinking it was not the best idea. "Naka-panty ka 'pag kinasal! (You'll only be



PHOTOSHOOT with Bing Mariano





6.Model KC Zulueta and photographer Bing Mariano pose together during break;
7.Model Shaylene Kaye Alogbate photobombs Bing and her mom Angelie dela
Cruz; 8.Models Shaylene Kaye Alogbate and KC Zulueta pose for Bing Mariano.

in your panties when you get married)," Vice's co-host Chiu quipped. While agreeing with the actress' punchline, he added that it was unlikely for a "Darna"-themed wedding to push through.

"Naka-panty ka kapag kinasal at saka parang every year, papalitan ka tapos ang tagal matuloy!" he joked, making his co-hosts laugh. (You'll only be in your panties when you get married and it's like every year, you'll get replaced and it takes a long time for your wedding to happen.)

"Bakit naging ganu'n 'yung Darna, ang tagal matuloy? Bad trip, sinabi sa 'yo ng asawa mo, 'Ang theme natin, Darna.' 'Ah, talaga? Kailan?' 'Ah, hindi pa sure. Darna 'yan, e.'" he added in jest. (Why is "Darna" like that? It's been a long time. Bummer, your partner tells you, "Our theme will be 'Darna." "Really, when will we get married?'

"Ah, we're not sure. It's 'Darna.")
Production for "Darna" has been delayed for several reasons, even before the COVID-19 pandemic. Actress Angel Locsin was supposed to reprise her superhero role for a film back in 2014, but had to back out



Kim

due to a back injury and health reasons in 2015. ABS-CBN then got Liza Soberano, but the actress exited the project in 2019 after suffering from a finger

Director Erik Matti, meanwhile, was first tapped to direct the "Darna" film but he decided to part ways with Star Cinema due to creative differences. He was replaced by Jerrold Tarog, who also left the project last January, this time due to scheduling conflicts.

The project has since been turned from a movie into a television series. ABS-CBN is yet to announce the show's new director as of this writing.

#### Cindy Miranda hindi nahigitan ang daring scenes nina AJ Raval at Sheree sa Neri<mark>s</mark>a

Natandaan naming sinabi ni Cindy Miranda sa July 28 virtual media conference ng Nerisa na hindi siya naghubad sa pinagbibidahang pelikula.

Dalawang beses inulit ni Cindy na hindi siya naghubad sa remake ng 1985 bold movie na Isla, na pinagbidahan ng kanyang fellow beauty queen na si Bb. Pilipinas-Universe 1982 Maria Isabel Lopez.

Disclaimer noon ng Bb. Pilipinas-Tourism 2013 titleholder: "Hindi po ako naghubad sa movie na 'to. I don't think kailangan kong maghubad para maging sexy ka sa movie.

"Hindi po ako naghubad so I think mas grabe pa yung nakita niyo sa Adan [2019]. But then, iba po yung karakter ni Nerisa.

"Let's see po kung paano ko ipapakita na sana seksi

pa rin ako kahit nakadamit po ako."

Nagsimula ngayong Biyernes, July 30, ang streaming ng Nerisa sa VivaMax.

Kapapanood pa lang namin ng Nerisa kaya napatunayan naming hindi tumpak ang mga salitang binitiwan ni Cindy.

Totoo ang sinabi niyang hindi siya naghubad sa pelikula niya, dahil siya ang hinubaran ng kanyang leading man na si Aljur Abrenica at ng mga kalalakihan sa "climax scene."

May mga breast exposure scene si Cindy, pero hindi niya napantayan o nahigitan ang ginawa nina AJ Raval at ng former Viva Hot Babes member na si Sheree Rautista

Si Cindy ang title role sa Nerisa, si AJ ang narrator,

at si Sheree ang gumanap na bayarang babae sa isla na tinitirhan nila.

SHEREE'S MOST DARING SCENE

Si Sheree ang may pinakagrabeng eksena sa pelikula.

Ginawa ni Sheree sa Nerisa ang sexy scene na hindi niya nasubukang gawin noong dalaga at miyembro pa siya ng Viva Hot Babes.

Dahil sa kanyang bulgar at hayok na eksena, itinanong namin kay Sheree ang mga dahilan kaya napapayag siya ng direktor na si Lawrence Faiardo.

"First time ko pong gawin ang ganoong sexy scene



Sino ang todo sa pagpapakita ng katawan kina AJ Raval (kaliwa), Cindy Miranda (gitna), at Sheree (kanan) sa sexy film na Nerisa?

sa movie. Nagustuhan ko kasi ang story and I trusted Direk Law Fajardo na magiging tasteful ang eksena.

"Saka the story calls for it. Maganda po yung role kaya napapayag ako para sa ikagaganda ng movie," sabi ni Sheree.





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# JOSE Baking PHOTOGRAPHY

#### Does Ivana Alawi consider herself a 'bold star?'

Some fans are eager to label Ivana Alawi a "bold star." All because she has been posting photos and videos of her almost naked self in social media. How does Ivana feel about it?

> Does she consider herself a "bold



brates his birthday with son Aidan Kathryn with wife Josie photo). 2. Basil goes out on 1. Basil Rodricks cele-

and daughter (taking the birthday

It was sunsets that taught me that beauty only last for a couple of moments. It was sunrise that showed me that all it takes is patience to experience it all again." KINCHI

star?" According to the 24-year-old,

> naghubad ka talaga, or nag-bold ka,

tsuk. Yun ang bold star sa akin. Kung ang pagsu-swimsuit ko ay bold star sa iyo e, di bold star."

She added, "Nagpapakita lang ako ng puwet tsaka ng bra. Naka-panty at bra ako. Hindi ako naghuhubad na panty at bra. Masaya lang ako magbikini."

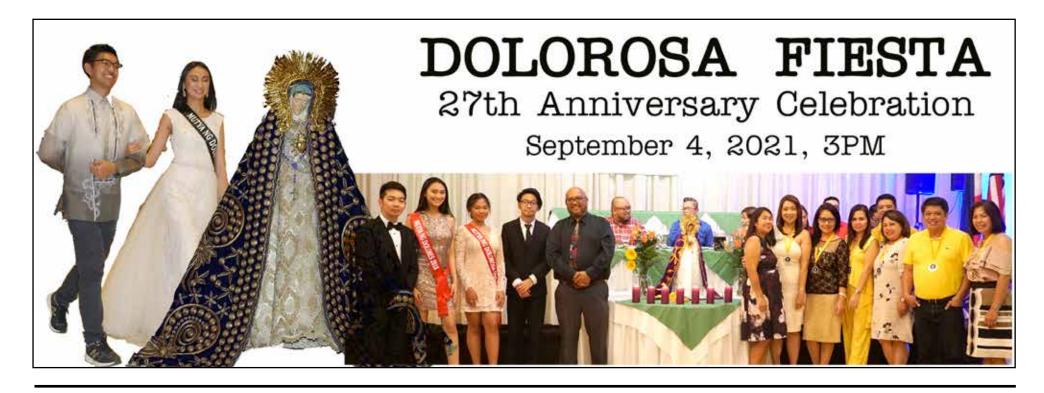
yung

or nagpakita ng

"Mahal kaya ng damit. Ang hirap kaya bumili at maglalaba pa ko..."

Makes sense.





#### Why Daniel Padilla is not keen on using social media

He has millions following his every move on Instagram, Facebook, Twitter.

Still, Daniel Padilla is not too eager to use these platforms as much.

whole

What gives?
Well, according to
the actor-singer, the
thing still feels unnatfor him.

"It's not natural. Hindi ko kaya, nahihirapan ako," he told Boy Abunda in a recent interview.

He also abhors the seeming negativity prevalent

lent on social media.

"Ayokong maging negative person. Sana lang maging responsible tayo," he said.

The there's the idea of getting "likes."
"Sa 'likes,' sinabi 'yan ni Kobe Paras,
ang galing ni Kobe Paras... Sinabi niya
na sana sa Instagram o anumang social
media platforms, sana alisin na yung
bilang ng likes. Pangalawa, the count
of your followers. Kapag inalis mo kasi
'yon, magbabago rin ang tema ng lahat.
Mag-iiba..."

Maybe. Maybe not.

In any case, Daniel tries his utmost to update his page from time to time — if only for the fans.

He said, "I just post sa Instagram just to update (fans). Minsan napapatagal, pero I post siyempre. Nakakahiya rin naman sa kanila."

#### Manny Pacquiao gears up for two fights: Duterte and Spence



Philippine boxer and senator Manny Pacquiao at a news conference in Los Angeles.

Emmanuel "Manny" Pacquiao — global boxing legend, Philippine senator, presidential hopeful and key ally of President Rodrigo Duterte — is in the United States preparing to fight Errol Spence Jr. in Las Vegas next month, even while embroiled in mounting political skirmishes at home.

nown in the ring as "the destroyer," Pacquiao has long been in lockstep with Duterte, known as "the punisher," for the brutal drug war that has left thousands dead since he took office.

But space is starting to open between Pacquiao and Duterte ahead of next year's presidential election. Pacquiao, who has supported the war on drugs, was voted out of his role as party leader after criticizing Duterte's record on government corruption and lack of assertiveness toward China.

Energy Secretary Alfonso Cusi, who called the vote, was installed as party president.

But on the day of the political tumult, Pacquiao had other priorities to balance. More than 7,000 miles away, he was cooling down after what he described to reporters as his "longest run ever," 6.2 miles, at Los Angeles' Griffith Park, hanging out with cheerleaders and a mariachi band, showcasing his preparations for the fight.

Many in the Philippines, including other top politicians, defend Pacquiao's focus on boxing. Rufus

Rodriguez, the deputy speaker of the Philippine House of Representatives, called for a "cease-fire" on political "attacks" against Pacquiao so that he can focus on his fight.

During the past months, tensions between Pacquaio and the president flared publicly for the first time. Pacquaio has supported some of Duterte's most controversial moves.

In 2016, Duterte asked his supporters to rally behind Pacquiao in his senatorial bid. The president has not taken well to Pacquiao's newfound criticisms.

"I will hound you every day. I will expose you as a liar," Duterte said in televised remarks. "You didn't tell me anything all these years, you're all praises and praises for me and now you'll say corrupt."

"When you are a champion in boxing, it does not mean to say that you are a champion in politics," Duterte said in an early July.

PDP-Laban is pushing for Duterte to run again, this time as vice president. Duterte has not disavowed the idea, saying the move could give him immunity from lawsuits after his six-year term ends. Pacquiao's name has been floated as a possible candidate, although it would be hard for the two to share a ticket without resolving their differences.

In Duterte's goal to hold power, Pacquiao is "clearly the spoiler," Philippine commentator Joey Salgado wrote in a column for Rappler.

#### Arci Munoz shrugs off

"walang ginagawa ang reservist" **comment of bashers** 

Six months na nag-training

Muñoz para maging
ippine Air Force
Kuwento
Arci, "Ako,
nag-train
ako actually
during the pandemic
nag-start ako ng mga,
of course, the marksmanship training,
lahat ng puwede
kong gawin muna sa Manila.

"Usually it takes talaga the training kapag mga reservist, a few months, siguro mga one to two, mine took six. So it took me six months to finish and to graduate as a sergeant."

Maraming kasamahan si Arci sa showbiz na reservist din. Nariyan sina JM Guzman, Rocco Nacino, Winwyn Marquez, Ronnie Liang, to name a few.

Ano ang masasabi ni Arci sa social-media bashing na natatanggap nilang mga celebrity reservists? lang Ilang netizens kasi ang nagsasabi ng, "Walang ginagawa ang reservist" para makapaglingkod sa bayan.

Sagot ni Arci, "People have different opinions about this, and for me, ito lang sa akin, yung nakikita niyo, ito na yun.

"So ginagawa ko lang kung ano yung iniatas sa akin na responsibilidad bilang isang Air Force Reservist, wala akong masasabi sa ngayon sa mga...

"I think we are all doing our part. Siguro hindi lang sila masyadong nag-o-open up about it..."

Bilang artista, alam niya na may magagawa siya para mahikayat ang iba na maging reservist din.

Aniya, "Alam niyo, yun pa lang bilang isang influencer, kasi that's what we call ourselves somehow, we influence people, yun pa lang pagsali nila bilang isang reservist, undergoing that training, malaking bagay na yun, malaking tulong na rin yun.

# Piolo Pascual's appearance on 'ASAP Natin 'To,' goes viral for ABS-CBN comeback

ctor Piolo Pascual's virtual appearance on "ASAP Natin 'To" trended online as he vowed to see his Kapamilyas soon.

Piolo was one of the actors who thanked viewers for continuously supporting the network, as the network marked the first anniversary of the House of Representatives' junking of ABS-CBN's franchise.

"Kapamilya, thank you for continuing to let us into your homes through all the different available platforms. As we face a lot of hardships and diffi-

culties this last year, your support and your trust will always be an inspiration for us to continue to be in the service of the Filipino," Piolo said.

"Maraming salamat po, I'll see you soon," he added.

Social media users posted their excitement on Piolo's return to the network as well as in the Sunday noontime show.

Piolo stopped appearing on "ASAP Natin 'To" when he hosted the "Sunday Noontime Live" on TV5 with Miss Universe 2018 Catriona Gray and Maja Salvador, among others.

#### Shaira Diaz marks

If not because of the pandemic, actress
Shaira Diaz would have been
juggling numerous projects. In
fact, while in a lock-in taping for
Lolong, opposite actor Ruru Madrid, her team is also working
on a cameo for an independent film to be exhibited
internationally.

"We're still working on it.
I do hope that this project pushes through because right now we can't commit to numerous projects due to some protocols and restrictions. Unlike before, we can accept numerous projects, now we can only focus on one project at a time since the taping is lock-in,"

"While we're still in the middle of uncertainties, I feel fortunate that GMA renewed my contract. It really means a lot to me knowing that I'd be working with

#### another career milestone

my network for many more years. I'm just grateful,"
Shaira enthused. The 26-year-old actress became
a Kapuso in 2018 when she signed up with GMA
Artist Center. "I feel that GMA is entrusting me
with projects, as long as they are giving me
projects, I'd just go for it. Though I love what
I'm doing, I'm currently studying so that,
when the time comes that I will no longer be
acting, I would have something to make

myself busy in a very productive way. And I think it's a good idea to pursue my studies," Shaira, who is celebrating her fourth year in GMA, shared.

This year alone, Shaira had been a part of two programs: I Can See You: On My Way To You (GMA) and The Lost Recipe (GTV). And she could only thank her mother studio enough for believing in her talent.

At the moment, Shaira is in a lock-in taping for Lolong, an action series considered as one of the biggest projects of GMA this 2021.

15 LM confidential 15

Shaira said.

#### **Bad form? Olivia Rodrigo comparisons** reignite pop plagiarism debate

Longpigs' Crispin Hunt says Rodrigo should not be chastised for taking inspiration from musical forebears

When Elvis Costello jumped to the defence of the Filipino-American singer Olivia Rodrigo this week, he inadvertently exposed the faultlines in the debate over what constitutes pop plagiarism.

Rodrigo's album Sour has dominated the mid-year best of lists with its lyrics about Gen-Z apathy, acrimonious breakups and "cathartic rage", but she has also faced criticism.

Courtney Love accused her of "bad form" because artwork used to promote Rodrigo's Sour Prom concert film looked very similar to the cover of Live Through This by Love's band Hole.

Costello, meanwhile, said similarities between Rodrigo's song Brutal and his 1978 hit Pump It Up were "fine by me".

"It's how rock and roll works. You take the broken pieces of another thrill and make a brand new toy. That's what I did," Costello wrote on Twitter, referencing his own musical touchstones, Bob Dylan's Subterranean Homesick Blues and Chuck Berry's Too Much Monkey Business.

The comparisons have reignited the perennial discussion about where inspiration stops and brazen imitation begins. Crispin Hunt, the former frontman of the Longpigs and director of the Ivor Novello awards, says Rodrigo should not be chastised for taking inspiration from her musical forebears.

"Part of the evolution of music is taking other ideas, it's a communal

experience. It's essential, so I think Elvis Costello's stance is very grown up and very honest, whereas Courtney Love's point here is a bit childish," he says.

Hunt says attitudes toward those who draw from music history have shifted recently, with the Robin Thicke Blurred Lines legal battle with the Marvin Gaye estate acting as a turning point. That case, says Hunt, was about a groove rather than a melody or a lyric, which he believes set a precedent. "Up until then it had always been a melody," he says. 'You couldn't really copyright riffs or grooves."

Thicke and Pharrell Williams were ordered to pay a total of nearly \$5m to Gaye's estate after a jury decided their song Blurred Lines copied Gaye's track Got to Give It Up. Since then, Led Zeppelin and Katy Perry have fought high-profile copyright cases, which went in their favour, but Hunt says the legacy of Blurred Lines remains.

"The Marvin Gaye thing opened a whole new can of worms. If you're gonna

go down that route then Nile Rodgers could sue everyone in dance music because he was the first person to create that distinct disco sound," says Hunt.

This week Dave Grohl, who was in Nirvana with Love's late husband Kurt Cobain, illustrated just how incongruous some musical inspiration can be when he said he was inspired by disco drummers when creating the sound on their most celebrated work.

"If you listen to [Nirvana's 1991 album] Nevermind, I pulled so much stuff from the Gap Band and Cameo and [Chic's] Tony Thompson on every one of those songs," he told Pharrell Williams.

Hunt believes that in the future when artists and songwriters are inspired by previous work, the issue of songwriting credits - and royalties that they will incur – will become the main point of contention.

"If you look at what happened with Uptown Funk, they ended up with something like 15 writers on it, with all the members of the Gap Band," Hunt says. "I think that's going to be the norm: if you are going to kind of borrow directly from other people, you should treat it as a collaboration and credit those people."

**Hidilyn Diaz gets lots** of pledges; will she get all of them?

The

97-year

a gold

the

Philippines' wait for medal in Olympics is over after Hidilyn Diaz triumphed in women's 55-kilogram weightlifting at the

Tokyo Games.

The Philippines won silver again at Atlanta in 1996 (Mansueto Velasco in light flyweight boxing) and again at Rio in 2016 (Diaz in 53kg weightlifting).

Diaz will receive at least P43.5 million cash and other rewards after ending the country's 97-year Olympic gold medal drought.

GoNegosyo founder Joey Concepcion said that Diaz will definitely live a "comfortable" life with cumulative incentives that could reach up to P100 million from various brands, apart from "a long list of commercial endorsements."

However, Mansueto 'Onyok' Velasco, experienced this in his time as a national athlete as well, but he expressed hopes that Diaz will be able to receive all of pledges that were promised to her.

Velasco revealed that wasn't

the case for him as not all of the pledges reached him, including a P2.5 million cash pledge from Congress.

He shared that one businessman pledged a lifetime allowance of P10,000 a month that stopped after only one year. And he also did not receive a pledge from the Philippine Navy that would've granted scholarships to his two

He did receive a house and lot as one of the pledges, but he said he's still hoping to receive the title to the house as well.

"Ang inaano ko na lang sana, yung titulo lang mai-transfer na ba, kasi nakatira ako doon sa bahay, mamaya bigla akong palayasin doon."

But as for his own experie Onyok is just finding ways to laugh in spite of it.

"Joke joke namin lagi, pinganakuan ka na, gusto mo pa tuparin pa. Dapat matuwa ka na kasi pinangakuan ka na eh."



#### Yam Concepcion thanks husband's family for accepting her

ctress Yam Concepcion recently dedicated a sweet social media post to the family of her husband, Miguel

According to her, she will never forget the first time

"I was so nervous," Yam related. "Looking back now, I can't help but sigh in complete relief and happiness because I had absolutely nothing to worry about."

"While I often thank Miguel for all the amazing things he has done for me, I think it's just as important to take the time to thank the incredible family that he comes from," she added.

The 33-year-old sexy actress first thanked Miguel's mother for her "sweetness."

"Thank you for all the delicious home cooked meals you

make for us. You make the best lasgang and food for the gods! Thank you for taking great photos and capturing the simplest of moments. Most of all, Thank you for raising a son like Miguel (smiley face)."

Then, Yam declared how "very grateful" she is for the opportunity to know her husband's

"Thank you for accepting me into your family. Thank you for being a great example to Miguel and teaching him the importance of hard work. Thank you for all the dinners that come with the best and funniest stories from you. Thank you for always making us laugh without even trying. You are one of a kind and my favorite dad I never had," she said.

Yam grew up with her mother, a single

Of course, the Kapamilya star didn't forget to expressed gratitude to Miguel's siblings.

"Thank you for never resenting me for the amount of time your brother spends with me. Haha," she quipped.

"Thank you for being such a great sister and brother to Miguel. I love you both too. (heart emoji)."

Cassy Legaspi on ghosting: "Just apologize and say you're not interested and then make your exit."

Ipinagtataka ni Cassy Legaspi, 20, kung bakit may mga taong nanggu-ghost sa kanilang partner.

"Sabihin niyo lang na 'I'm sorry, I'm not interested." "Ganun-ganon ka lang, 'tas exit! Why do you have to exit na with explanation?

"Ang sakit nun," pahayag ni Cassy. Naitanong ito kay Cassy dahil papasok na ang Ghost Month, na magsisimula sa August 8 hanggang

September 6. Marami ang naniniwalang malas ang period ng Ghost Month. Pero ang isa raw klaseng "ghost" na ikinababahala ni Cassy ay ang ghosting.

Ang ghosting ay ang biglaang pangdi-deadma ng kapartner sa kanyang karelasyon, hindi pagsagot sa mga text or private messages, at maging sa pagtawag sa

Hindi pa naman daw ito nararanasan ni Cassy. Saad niya, "I've never experienced it. Buti na lang kasi, oh my gosh-I would not know how to handle ghosting. Why?

"Yun lang tanong ko sa mga ghosters diyan: 'Bakit?' Don't do that na." Navugnay ngayon si Cassy, sa Kapamilya singer na si

#### KC Concepcion to stay in the US for good?

Many believe KC Concepcion is not planning to go

The actress recently updated fans on social media that she is currently looking to rent an apartment in

Apparently, she appreciates the fact that everything seems normal there already.

KC shared that the US "seems to have ironically wise) in these challenging times."

try is able to bounce back from adversity," she said.

in the Philippines. But also grateful for whatever I have in front of me here."

"Things are back to 'normal' here, with precautions here & there. But being able to move around calmly + freely is something I'll never ever take for granted."

Darren Espanto.



back to the Philippines anytime soon.

West Hollywood, California.

emerged as one of the safest places to be (pandemic

"I have a refreshed admiration for the way this coun-

"Missing my home, Churro & Chica, fam and friends

In another post, KC marveled at how "mundane things can feel leisurely again" while doing her grocery.

'Going to the grocery here in America teels bittersweet because for so long throughout this pandemic, many of us avoided crowded areas, supermarkets, shops. Memories of panic buying keep flashing back!!! Thankful that mundane things can feel leisurely again, rather than a survival activity or life-or-death thing," she said.

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#### AJ RAVAL continued from page 11

AJ heeded what actress Rosanna Roces earlier told her when they worked together last year in Paglaki Ko, Gusto Kong Maging Pornstar.

"Sabi ni Mama Osang, 'Bago ka pumasok ng pagpapa-sexy, kailangan buong-buo ang loob mo. Kailangan wala kang paki-alam sa sasabihin ng ibang tao.' Lagi kong tinatandaan 'yun," AJ says.

"Ang feeling ko ang pagiging sexy ng babae, 'yun ang nag-empower sa kanila. At the same time, hindi naman ako perfect. Hindi ganu'ng kaganda ang skin ko at katawan ko. At least, na-boost ko ang loob ng ibang girls. Malakas ang loob ko na magpakita ng skin."

AJ is not too confident about baring her body in front of the camera, although she is not insecure about her height, skin color even her breasts.

AJ assured she's ready to show some skin in the psychedelic erotic film, Taya.

From the start, direk Roman asked his cast in Taya what they could give to their respective

roles and what they could not do. "Nagtitiwala naman kami kay direk," AJ grants.

She agreed to upper frontal nudity, but definitely not all out. That is no longer new for AJ. In Yam Laranas'
Death of A Girlfriend, shown early this year, she also agreed to do upper frontal nudity.

She was compelled to give her best in her acting.
She admitted she is ready with the inevitable scrutiny of other people that is often expected in any young career.

"Sobrang open ako when it comes to acting," AJ allows. "Magtatanong ako at marunong akong makinig para mag-improve ako. Mga hindi ko lang siguro gagawin. 'yung sobrang all out sa pagpapa-sexy.

"Alam ko na may sasabihing hindi maganda ang ibang tao. Pero kasi, pag nagpa-apekto ka sa kanila, ikaw pa rin ang talo. Tandaan mo, mayroon pa ring mga tao na gusto ka."

Finished back in 2019, the storyline of Taya was updated to make the narrative more Gen Z, online and digital. "Mas bata ang pakiramdam ng pelikula," offers direk Roman. "Lahat nilatag namin sa artista. No inhibitions na kaming lahat."

#### Cindy Miranda's message

espite the fact that Cindy Miranda has been tagged as one of the reasons for the marriage break-up of actors Aljur Abrenica and Kylie Padilla, the former Binibining Pilipinas queenturned-sexy actress has encouraging words for Kylie.

"Kung ano man ang problema,
I really wish maayos yan. Doon
sa mga issue ng mga babae ni
Aljur, hindi naman po natin alam
kung talagang totoo ang issue. For Kylie, please
stay strong, lahat ng bagay puwede ayusin lalo
na kung gusto natin ayusin. Sana hindi tayo maggive up sa mga bagay na mahal natin. Kung kaya
nating gawan ng paraan, gawan natin. At huwag
tayo magpatalo sa mga taong nakikisawsaw at
nakiki-issue lang kasi lalo lang pinapalala ang
situation. Sana huwag kang pa-apekto. Bilang
babae, society makes it appear we are weaker
than men, but no, I believe not. Pang-hawakan
mo kung ano pinaniniwalaan mo. Ilaban mo ang

#### 🔪 for Kylie Padilla, Aljur Abrenica

mga mahal mo sa buhay hanggang kaya mo."

When the trailer of Cindy and Aljur's movie
Nerissa came out, the love scenes of the actors were so steamy and looked so real that of course, the netizens and fans of Kylie who had no other information at hand why the marriage ended, just decided to blame it on Cindy. The lead actress of Nerissa's Instagram was suddenly bombarded with haters and bashers. "Tinawag nilang akong kabit at home wrecker. There were other meaner words that can break a person's soul, but

I knew the truth and I stand for the truth, so I fought back. I would answer back each and every basher that called me names. "

Cindy was thankful to her friends and family who messaged her telling her that they believed her and stands by her statement that she and Aljur never had an affair. "Kung malalaman po nila yung timeline, it was really before the film 'Nerissa' nangyari yan kasi na-kwento po sa akin ni Aljur pero di ko po talaga alam 'yong detalye."



#### Daniel Padilla confirms reunion series, movie with Kathryn Bernardo

MANILA, Philippines — Kapamilya actor Daniel Padilla confirmed that he and on- and off-screen partner Kathryn Bernardo will reunite in a series and a movie soon.

In Boy Abunda's "Purple Chair," Daniel said he and Kathryn have a meeting for a movie soon.

"Serye muna kami. May meeting kami very soon for a movie," he said.

Daniel also said that their movie "After Forever," first announced in February 2020 directed by Cathy Garcia-Molina, was already cancelled because of the COVID-19 pandemic.

"The last movie na dapat gagawin namin ni Kathryn, hindi natuloy," Daniel said.

"Biglang nagka-pandemic, bawal nang bumiyahe. The story was based para talaga sa America. Kung hindi mo siya gagawin doon, hindi puwede," he added.

The couple's last movie was the block-buster "The Hows of Us" in 2018.

Daniel is also set to star in the film



Kapamilya love team Kathryn Bernardo and Daniel Padilla star in the music video of OPM band Ben&Ben titled "Sa Susunod na Habang Buhay" music video.

"Kun Maupay Man It Panahon" with Charo Santos-Concio and newcomer Rans Rifol.

With the international title "Whether the Weather is Fine" directed by Carlo Francisco Manatad, the film will make its world premiere as a competing entry at the Locarno Film Festival in Switzerland on August 4. It will then premiere in North America via the Toronto International Film Festival on September 9.

"I'm very excited because it's different from the movies that I make. Kasi, 'di ba, siyempre, galing kaming Star Cinema with the romcoms, the dramas," Padilla said. "Ito, ibang-iba 'yung atake ng film. Iba 'yung feel," Daniel said.

'I have the best fans:' Liza Soberano thanks supporters for donating to fundraising project

Liza Soberano recently launched a fundraiser to help 530 families adjust to the new normal by giving them parenting and learning kits.

As of writing, she has already garnered half a million in donations.

Of course, she could only be grateful for it

Liza thanked supporters on Twitter.

"All because of you guys, I have the best fans with the best hearts," she said.

Note that P268,726 of the donations will benefit Save the Children Philippines.

Kylie Padilla denies JM de Guzman reason for breakup

with Aljur Abrenica

After Aljur Abrenica was incriminated

in alleged third party issues with past co-stars, his wife, actress Kylie Padilla, has also been dragged in cheating allegations.

Kylie denied the rumor that JM de Guzman was a third party. "Magkaibigan lang kami ni JM. This is not true," she replied on Instagram post.

Kylie's reply came after a fan, goes by the user name @sfb\_mryin, asked this question:
"Totoo po ba na kaya mo iniwan si Aljur dahil high maintenance ka po at di afford ni Aljur luho mo? Tapos po maraming mayayaman ang nanliligaw sa you pati mga artista at isa dun si @Imigueldeguzman. Yun po kasi ang Sabi ni Xian Gaza eh salamat po."

The Instagram user mentioned Gaza, a personality who got involved in several controversial issues with

other actors.

The issue of cheating broke out after Aljur's father-in-law, Robin Padilla, said that there's allegedly a third party in the couple's breakup.

Kylie said that she and Aljur are working on a "healthy co-parenting set-up" with their sons, Alas and Axl.



#### HOW TO COOK continued from page 1

way" to prepare the local dishes, as there are "various cooking methods published online by food writers, bloggers, and vloggers."

This move, however, left a bitter taste in netizens' mouths.

#### Respect variety of tastes

The flak came from netizens who said that the trade department must respect regional and cultural differences.

But the differences in taste do not only occur among regions. Twitter user @ is\_it\_right said even each household has its own version of the popular Filipino dish.

Is there really a "standard recipe" for each Filipino dish? Twitter user @Gu-choPRMaven asked rhetorically.

The department also took a hit for the ill-timed standardization. Netizens argued that there were more important issues the trade department should be focusing on, especially as the country continues to grapple with COVID-19 and the economy has yet to fully recover from the continuous lockdowns.

#### Finding the 'adobo czar'?

Being under the national government, the department was not spared from particular jabs on social media.

Do we now need an "adobo czar?" Netizen Ruben Malabuyo suggested that the department might be hiring czars for each ulam (viand) soon.

Maybe the DTI could help us end the longstanding confusion among Pinoy dishes mechado, afritada, and caldereta?

Some also suggested that Filipino dishes should not be the ones held to a higher standard – but the Philippine government.

Netizens also took a jab at the recent controversy by Labor Secretary Silvestre Bello III, who said the need for licensure exams for certain professions is no longer needed.

Med ACES

DOLE: Let's remove board and bar exams.

DTI: Let's standardize adobo and sinigang.

Yung may standard pa sila sa food kesa sa mga
magilingiaco sa tao. Kaya tayo nagkakadalache-leche
tayo eh.

D 18 O Copy in n 10 Tenet

#### AJ Raval on gambler ex-boyfriend's debt

MANILA, Philippines — Actress AJ revealed she had a boyfriend who too much debt because of gamwhich she had to pay.

During the press conference of her new film "Taya," AJ said she wanted to show her new film to him so he can learn his lesson.

"Meron akong naging boyfriend na nagsusugal hanggang sa ako na ang naistress magbayad sa mga utang n'ya. Dahil sa sugal, nagkabaon-baon s'ya sa utang. Ako ang nai-stress na magbayad," AJ said.

magaayaa, Au sala. "Kaya gusto kong ipapanuod 'tong 'Taya' para matutunan n'ya na wag maging sugapa sa lahat ng bagay. Dahil lahat ng sobra, masama," she added.

bagay. Dahii lahat ng sobra, masama," she added.

The sexy star, however, said she's willing to bet it all for love.

"Yes! Feeling ko naman lahat sumusugal sa pagibig," she said.

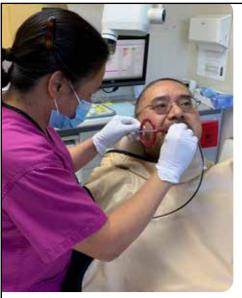
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#### After getting dragged into Aljur-Kylie split, Erin Ocampo introduces Nigerian boyfriend

Erin Ocampo introduced her Nigerian boyfriend after getting dragged into the controversial split of Aljur Abrenica and Kylie Padilla.

In an Instagram post, the 25-year-old actress penned a sweet message for her boyfriend named Henry Iloka who let her experience "moments of paradise" since she met him.

These words are not enough to let you know the immense feeling that I have for you. Ever since I have met you, I have experienced the moments of paradise. Everything is so magical," Erin wrote.

The young actress went on to express her gratitude to him for making her feel secure and for bringing happiness into



her life.

"In your company, I feel so blessed, secured and happy and I wish to spend every moment with you. I am grateful for everything that we have," she stated.

Having gone on a vacation with him recently, Erin added that she is looking forward to seeing her boyfriend soon.

"It's sad to say goodbye again after a week of vacation with you, but I know we'll see each other again soon. Thank you for being you Babe, I love you so much," she remarked.

Erin Ocampo has a son with singer Michael Pangilinan whom she had a relationship with in the past. She also entered into a relationship with Axel Torres.

Apart from Erin, other girls who have been accused of being the third party in the Aljur-Kylie breakup include actress and Aljur's Nerisa co-star Cindy Miranda and another former GirlTrends member, Maika

#### Bianca Umali bonds digitally with fans from the regions

Kapuso actress Bianca Umali got to virtually bond with her fans. In its first edition, Bianca thanked her fans for their continued support and shared the latest updates about her. And while the pandemic has kept her from visiting her fans in the regions, the star of the upcoming primetime series Legal Wives is grateful that with the help of technology, she gets to connect with her fans

"Nakakalungkot sa totoo lang, na ganito na po ang ating mga fanmeet ngayon. But I am still hoping and looking forward to better days. As of now, I'm still adjusting, and I hope everyone is adjusting as well. Di man po madali but I hope and pray that someday we will be back to our old normal," the Kapuso

actress shared in her interview with GMA Regional TV Live!'s Cecile Quibod-Castro.

She said that her fans here and abroad continue to be her inspiration and source of strength. "Isa sa mga top na nagpapangiti sa akin ay kayong mga sumusuporta sa akin. What scares me the most ay mawalan ng mga taong mahal ko at kasama na kayo doon," she added.

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# Ogie Alcasid

bids US-bound Jaya goodbye

Singer-songwrite Ogie Alcasid recently shared on social media a screen shot of him and wife Regine Velasquez bidding their good friend Jaya, farewell.

He wrote as caption, "Saying goodbye to you mare was so difficult. Too many memories of joy, laughter, tears, and of course, music. I trust the Lord that this is just for now as he has blessed us with a friendship filled with so much love and respect. God bless you, Gary and the entire fambam as you navigate through this new chapter in your life. We love you!"

Jaya replied, "Pare baon ko lahat ng memories natin. I'm so blessed because of you and Mare. God be with you as well and we will see you soon. I love you and the whole family."

Jaya shared with fans her plans to stay for good in the US, early this year, relating the hardships she and family continue to experience here due to the ongoing pandemic.

She and her two kids left the country, July 10.

In a post she said, Let's do this!!! Now it's time to see my dear husband @ garygotidoc and son @gavingotidoc and start this new journey God has planned all along..."

She then thanked fans and supporters noting, "Lahat po ng mga sinabi nyo ay nakakataba ng puso and I will always be grate-

#### 'Para pamarisan tayo ng iba':

Melai Cantiveros on helping Francine Diaz to pay electricity bill

MANILA, Philippines — Kapamilya host Melai Cantiveros pointed out the beauty of sharing and caring to others as she helped new actress Francine Diaz back then.

In an episode of "Magandang Buhay," guest host Robi Domingo revealed that Melai helped Francine to pay for their electricity when the young actress was starting in show business.

"Hindi naman yun ganoong ka-big deal. Nakiusap lang yung mama niya. Pero siyempre..." Melai said.

Co-host Karla Estrada why helping others is important to Melai.

"Kahit ano man yan, ang importante marunong kang tumulong. Bakit pinagpapatuloy mo ang pagtulong at pipasa mo yan sa iba. Why is it very important to you?" Karla asked Melai.

"Very important yan sa akin para pamarisan tayo ng iba. Binigyan tayo ng blessing para ibigay din yong blessing sa iba," Melai said.

"Kasi yung binigay na blessing na yon, hindi naman sa atin yon e, kay Lord naman yon. Yung pinahiram na blessing ni Lord gusto niya iikot lang din sa ating mga tao," she added.

#### Ynez Veneracion a mom again at 40

'Actress Ynez Veneracion has welcomed her new baby, Jianna Kyler, according to her social media account.

"A sweet beautiful angel has finally arrived. Welcome to the world my little

one," she said in the caption. She also shared photos of her eldest daughter Keilah with Jianna.

Veneracion surprised her fans when she announced her pregnancy at the age of 40, releasing photos from her maternity shoot. "I would like to thank our dear Lord for sending me this little Angel & also the people who supported me on this journey," Veneracion wrote in a post on her public Facebook page.

"Lastly, to my beloved daughter Princess Keilah, thank you my love for being such a sweet, understanding and lovable ate. I'm

so proud of you!" she said of her daughter from a previous relationship. Veneracion is known to be in a relationship with a non-showbiz partner, as seen in her past updates on social media.

#### Fil-Am Kataluna Enriquez makes US pageant history

Filipino-American 27-year-old Kataluna Enriquez made pageant history when she became the first-ever transgender woman to win Miss Nevada USA. The title earned her the right to represent the state in the Miss USA 2021 in November.

Fellow Filipino transgender woman Mela Franco Habijan, who was crowned Miss Trans Global 2020, also celebrated Enriquez's historic victory by sharing a photo of the new beauty queen.

Unbeknownst to many, she was also a candidate in the Eat Bulaga's Super Sireyna Worldwide 2018 where she also represented the U.S.

Should Enriquez win the Miss USA competition, she will be the second transgender woman to compete in the global pageantry stage after Spain's Angela Ponce from Miss Universe 2018.

#### Klea Pineda: Beauty gueen and pilot in the making

Television star Klea Pineda is on her way to ticking 'beauty queen' and 'pilot' off of her bucket list. The Magkaagaw actress opened up about her plans about entering the world of pageantry and pursuing a career in aviation taking up aeronautics in college. "Before entering showbiz, I had three specific goals: to be an actor, a beauty queen, and a pilot,"

Klea Pineda expresses her desire to one day wear the Philippine sash on the international pageant stage.

"Isang check na sa bucket list ko yung pag-aartista, I'm certain that becoming a beauty and a pilot will be next," she added.

#### **LEAST SAFE** continued from page 1

Covid-19, yet performed poorly in terms of safety overall," the publication said.

As of July 8, the Philippines' death toll due to COVID-19 is at 25,650.

Bosnia, Nigeria, Guatemala,

# PHILIPPINES IS WORLD'S EAST SAFE COUNTRY

and Colombia joins the Philippines at the bottom of the list.

Meanwhile, Iceland topped the list as the safest country with an index score of 3.9724.

It was followed by the United Arab Emirates, Qatar, Singapore, Finland, Mongolia, Norway, Denmark, Canada, and New Zealand.



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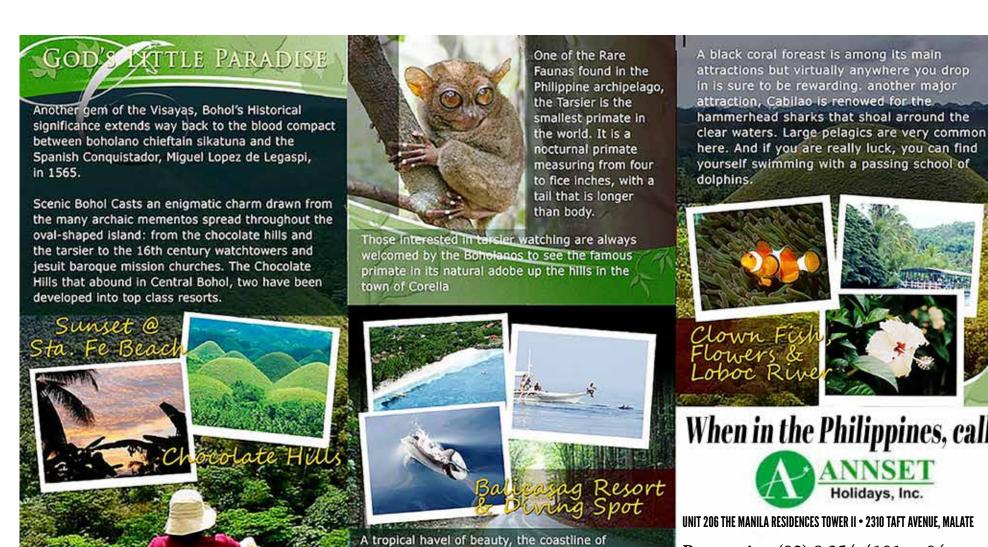
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Local stars comfort Nesthy Petecio. reiterate she doesn't need to apologize

Lea Salonga was among celebrities who sup-

for silver medal

ported boxer Nesthy

Petecio, who yielded to Japan's Sena Irie to settle for the silver medal in the women's featherweight (54-57kg) division at the Tokyo Olympics.

Recall that after the fight, Nesthy quickly apologized for not bringing home another gold medal.

"Pasensya na po kayo, silver lang nakayanan ko. Ginawa ko po lahat kanina sa taas ng ring. Salamat po ng marami sa dasal at supporta niyo. Higit sa lahat sa Diyos! At safe kami pareho ng kalaban ko. Babalik po tayo Mas Malakas," she wrote on Twitter. Lea reposted it and told the latter that she doesn't need to be sorry.

"Hindi dapat humingi pa ng paumanhin sa pagkapanalo ng medalyang pilak. Napakataas ng iyong nakamit. Mabuhay ka! #taketheNESTHYplunge #Tokyo2020 #Olympics," she said.

Alex Gonzaga also expressed support for Nesthy. "Aaaw. Nakakaiyak naman ito. You did your best Nesthy at kasama mo lahat ng PINOY icelebrate ang tagumpay mo!!! We are so proud of you!!!"

Note that Nesthy is the Philippines first female medalist in the said sport.

Bea Alonzo responds to

ABS-CBN ang home network ni Bea Alonzo sa loob ng dalawang dekada bago siya lumipat sa Kapuso Network nito lamang July 1, 2021.

Nagpasaring ang ABS-CBN director na si Erick Salud na lumipat ng network bagamat "may project siya na nasimulan at na promote na prior pandemic."

Kapamilya director Henry Quitain ay nagparinig din. Sa kabilang banda, ipinagtanggol naman si Bea ng dating Kapamilya director na si Frasco Mortiz. Ani Mortiz, "unfair" na sisihin si Bea sa pag-iwan sa teleserye dahil marami nang nangyari, gaya ng pandemya, at may mga pagbabagong ginawa sa teleserye.

Nasa bakuran na rin ng GMA ngayon si Mortiz.

BEA OPENS UP ABOUT LEAVING ABS-CBN Tinanong ni Jessica Soho si Bea kung bakit ito nag-"ober da bakod" sa GMA.

Sagot ng aktres, "Nung 2020, hindi naging madali para sa lahat because of the pandemic.

"But then, nung dumating yung offer ng GMA, it came at the right time and it just felt right.

Giit pa niya, may basbas na ABS-CBN bosses and kanyang pag-alis sa dating home network.

"I know na wala akong tinapakang tao.

#### **NEW BEGINNINGS**

Samantala, noong July 1 ay may YouTube video na

network transfer issues

inilabas si Bea bago siya pumirma ng kontrata sa GMA-7.

Dito, naging emosyonal si Bea nang pasalamatan ang ABS-CBN at ang malaking utang na loob niya sa istasyong nagpasikat sa kanya. "I have ABS-CBN to thank for all the opportunities they have given me.

Pinasalamatan din ni Bea ang mga production people doon na tumulong sa kanya.

#### BEA'S SUPPOSED ABS-CBN TELESERYE

Nasimulan na ang Kahit Minsan Lang noong 2019, at nakapag-taping na rin si Bea ng ilang eksena para

Kasama ni Bea sa cast sina Richard Gutierrez, Rafael Rosell, Jameson Blake, at Christian Bables.

Pero inabot ito ng pandemya, na-postpone, at nagkaroon na ng mga pagbabago.

September 2020, naglabas ng official statement ang Star Creatives, ang production unit ng ABS-CBN, na magpoprodyus dapat ng teleserye ni Bea.

Nakasaad dito na itutuloy pa rin ang proyekto pero hindi na si Bea ang bida.

Pagdating ng November 2020, kinumpirma ni Bea wala na siyang kontrata sa ABS-CBN.

Umalis na rin siya sa Star Magic, ang talent management arm ng Kapamilya Network.

Ang nagma-manage na ngayon sa career ni Bea ay ang batikang talent manager na si Shirley Kuan.

#### Matt Lozano suits up for 'Voltes V: Legacy'

Actor-musician Matt Lozano proves he is more than his weight as he bags his first major television role.

The multi-talented artist gushed about bagging the role of Robert "Big Bert" Armstrong in the highly-anticipated GMA series, Voltes V: Legacy.

"I was hesitant at first when I heard about the audition for Big Bert. Pero na-realize ko baka ito na pagkatataon na magamit ko katabaan ko kaya sinubukan ko. Thankfully, I got cast, " he said.

The actor felt grateful for portraying Big Bert's strong and serious character rather than a comical one which is what most plus-sized actors are commonly limited to do.

Matt is currently absorbed in preparing for his stunts under the training of an arnis grandmaster to fully equip himself for the role once lock-in shoots begin for the upcoming action-packed series.



#### 'Darna' to begin taping

What will happen now to "CarLia"? It's one of the questions of the fanbase of Cardo and Lia when news broke out that Jane De Leon is wrapping up her remaining scenes in the show "Ang Probinsyano."

De Leon is set to start taping for "Mars Ravelo's Darna: The TV Series" this September.

The show has been moved several times, with casting and director changes. Previous actresses tapped

**LM confidential** Enlerlainment for the role were Angel Locsin, who was the first choice to star in the

planned movie. She also played the role in the GMA show with the same name in 2005.

After Angel begged off due to health reasons, Liza Soberano was supposed to take over. Liza, however, also begged off due to health reasons.

Auditions were held until Jane was named in 2019 as the new Darna, the Filipino superheroine created by Mars Ravelo. Instead of a movie, the newest iteration will be a TV

to the US before Christ-

mas last year. Moving to

decision to make, especial-

ly during a pandemic, and

the US was not an easy

as someone living with

Type 2 diabetes. Howev-

er, I realized that I need

to choose hope over fear,

especially now that I have

reunited with my family,

and we believe na maka-

kaya namin ang mga pagsubok basta sama-sama," Jaya told The

She also recalled how she suf-

fered from the coronavirus disease

(COVID-19) in the US as early

as February last year. She experi-

enced such symptoms as intense

"Pero awa ng Diyos, it went

'Then I came home. A lot of

away," Jaya said and so she was

things happened. And then, of

course, years ko na rin gustong

(mag-move) 'coz I've always lived

here (in the US). I've always been

husband and children are all dual

a resident of the US, and my

(citizens)," she added.

able to do concerts after that.

coughing and body pains that

lasted for about three weeks.

STAR.

While waiting for the "Darna" production to start, Jane was introduced as a guest star in the long-running drama this year.

> Jane plays Capt. Lia Mante, a former member of Black Ops. Lia and the show's protagonist, Cardo, are at odds with each other as the former policeman blames the police for the death of his wife, Alyanna (Yassi Pressman).

The two, however, eventually found themselves understanding each other's circumstances. This has led to some fans believing that Lia and Cardo can have some future together as the show's new

main love interest.

## 'I'm OK with that': Sharon

Actress Sharon Cuneta revealed that she doesn't mind people calling her MILF, not the

At the press conference of her upcoming movie "Revirginized" earlier, Sharon said that she takes it as a compliment when people call her MILF (Mom I'd Like to F\*\*\*). The Cambride Dictionary defines an MILF as "a sexually attractive woman who is a mother." "Hindi naman lahat ng MILF ay hiwalay o magulo ang buhay or may problema. Minsan may napakadisenteng mommy na buo ang pamilya pero mukhang dalaga pa rin. Ako, hindi ako naiinsulto pag gano'n," Sharon said.

It's just the term that doesn't sound right, especially the last word. Actually, kung iisipin mo, flattering e. In other words, I think it's just mean you're desirable

"So ayon, hindi ako naiinsulto sa mga term na gano'n. May daughter Frankie called me 'Thicc.' Then I look at it in urban dictionary, it means pala na curvy in the right places. So, not bad. Even KC is thicc. I'm OK with that. It's just means desirable. Hindi ko sineseryoso 'yung panget na words do'n sa dulo ng MILF," she added.



Muslim organization.

"I take it as a compliment. Bakit ako maiinsulto? pa rin," she added.

The Megastar also revealed that her daughter Frankie called her "Thicc." "I'm 55 but I hope I look 10 years younger. Not much have changed, I just gain and lose weight. Now I'm more conscious on what I eat. I lost 10 pounds during 'Your Face Sounds Familiar' before I went to the States. I gained those 10 pounds back and started losing that again," she said.

#### Jaya will not quit showbiz despite moving to US

Jaya is not closing the door on showbusiness. She will still continue to sing and do concerts despite relocating to the US early July, after experiencing hardships during pandemic lockdowns.

"Hindi na po mawawala sa dugo ko yan (showbiz).

Ang nanay ko nga sa kahuli-hulihang hininga ay ang ginawa ang pag-awit, pag-papatawa at pag-e-entertain sa mga tao. So ako, hindi ko 'to tatalikuran," the Queen of Soul said during the launching of her latest endorsement Abbott's FreeStyle Libre System.

"Ang ginagawa ko lang ay simply to rest, and give myself a chance to be a wife, a mother, to serve our church here. I just wanna be normal for a bit. But I'm still going to sing. We're still going to do concerts," she added.

She plans to come back to the Philippines to work once the economy reopens but for now, the US will be her family's residence.

We've been planning to move

#### **SHANAIA GOMEZ** from page 13

Canada but, to our surprise, right when we landed, we got a call," this 19-yearold recalls. "They told us that I got a commercial with Mr. Ian Veneracion! I did not want to miss this opportunity, so we flew all the way back and did the commercial." This was back in 2016, and the experience of being in a set ignited her fascination in showbiz. The following year, she finally decided to move to the Philippines for good, to explore this

What further got Shanaia to stay in the country was her stint as a contestant on reality singing TV competition Idol Philippines in 2019. She may not have won there, but she sure had more wins after gaining experience from it. When the pandemic happened, though, and the entertainment industry suffered from its consequences, Shanaia thought it was best for her to return to Canada. But just when she thought that was the end of her showbiz journey, she got a call to audition for Rise Artists Studio. Once again, she tried her luck,

and luck was indeed on her side. She was launched as a Rise artist early this year. But that was just the start of new beginnings for her. Only about a couple of months after, a new opportunity came knocking at her door: she was tapped to join Star Magic! "This is all so crazy," Shanaia exclaims.

Shanaia Gomez for Metro.Style x Star Magic Black Pen Day

Dress by Patricia Pascual and earrings by Christopher Munar

"I want to become a very versatile artist, so I would be grateful for any project that would allow me to showcase how flexible I can be as an actress," Shanaia tells Metro. Style. "I love challenging myself and surprising the world (and even myself) with what I can achieve."

She's a talented singer, but she has a huge potential to be an actress as well. It is Shanaia's ultimate dream to work with Anne Curtis-Smith, Kathryn Bernardo, and Liza Soberano, all of whom she used to just watch abroad via TFC.

Shanaia shares that she's a big fan of mystery shows, like Sherlock Holmes and CSI. "I like trying to solve mysteries and studying human behavior; it's really interesting learning why people do what they do," she shares. "Besides mystery, I am also a

big Disney and Marvel fan! Something about Disney is just so comforting."

Disney! She says she likes staying in touch with that childlike wonder within her. That helps her maintain a positive outlook in life, something she hopes she influences others to have, given her new, bigger platform. She says, "I genuinely just want to spread love and positivity into the world. Sometimes all you need is a good laugh to make your day a little brighter."

#### Aljur Abrenica, Kylie Padilla split: Maika Rivera, Cindy Miranda not involved

party

yon.

Actress Maika Rivera that she is not the third in the recent breakup celebrity couple Abrenica and Kylie Padilla.

"To be honest, kung bakit ako ang natuturong third party, hindi ko po alam kung saan nanggagaling Ang naiisip ko

lang, nag-comment kasi ako sa isang post ni Kuya Aljur and Kapampangan pa po 'yung comment ko about sa earings niya, to translate in Tagalog, 'Kuya ang ganda ng tingga mo.' May mga nag-comment na, speculate then pumutok 'yung isyu. So ako po siguro 'yung nature," Maika said.

"But I can honestly say with my whole heart na hindi po ako 'yung third party," she added.

Maika also said that she didn't see herself destroying someone's relationship because she already experienced it.

"Nangyari na po sa akin 'yan, nangyari na rin po sa malapit sa akin and ayoko pong maging gano'n, hindi po ako 'yon. Malaki po at mataas ang respeto ko kay Ate Kylie. Napakaganda niya pong babae, napaka-strong niya po, so never ko pong gagawin 'yon," she said.

The young actress shared that she last saw and spoke with Aljur before the pandemic and he introduced Kylie to her.

"Nakapagwork lang po kami (Aljur) together sa 'Ipaglaban Mo' at 'Sandugo' but hindi naman po kami nakakapagusap, hindi po kami nagkikita. Ang last usap namin at kita ay before the pandemic. Nando'n din po si Ate Kylie, pinakilala niya po ako. Kaya wala po talangang malisya. Hindi po talaga ako," she said.

Aljur's Nerisa co-star Cindy Miranda denied third party romantic involvement withAliur also.

Robin Padilla recently revealed that her daughter Kylie and Aljur broke up because of infidelity.

#### **MASKS** continued fromn page 1

blocked out between 62.6 per cent and 87.1 per cent of fine particles. In fact, they were far more effective than most people believed. As the researchers pointed out, even if that means some viral particles get through, it means you are less likely to get a serious infection.

So keep those masks. Come next winter, when we get the annual flu outbreak, you might feel the need to use them again.



Model KC Zulueta and friend talks to photographer Bing Mariano before the start of the ditorial photoshoot at Thompson

#### Kathryn Bernardo's skin problem revealed

Kathryn Bernardo has been diagnosed with Pityriasis Alba.

According to doctor Aivee Teo, it's a common skin condition characterized by red, scaly patches.

"These patches resolve leaving areas of scalping hypo-pigmentation or lighter colorati

tation or lighter coloration," says Aivee. Kathryn asked if her skin could get better if she soaks under the sun.

"Hindi. Lalong magwa-white 'yung white. Magda-dark 'yung dark," Aivee related. "You know kids when they play sports, they have parang 'an-an' sa mukha? So, this is the same," she related. "What happens is when you get sunburned, the white patches become more prominent." There are instances when pityriasis alba goes away on its own,

Anyway, the doctor pledged to help the actress.

#### Mike Tuviera on reviving 'Wow Mali'

APT Entertainment Chief Executive Officer and president Mike Tuviera recently launched BuKo, Cignal's newest 24/7 comedy channel.

Among its fresh and new content are APT Entertainment shows, "#Maine-Goals" with Maine Mendoza and "Kusina ni Mamang" with Pokwang.

Tuviera said that a lot of the channel's current content are classic and old shows but they're open to bringing foreign comedy shows.

Their priority, however, are local shows because there is a wealth of titles they can choose from. They would also like to help creatives and talents who lost their jobs due to the pandemic.

"There's a lot of talent and really good comedic talent not just oncam but behind-the-scenes. Mga writers. We'll focus on the Filipino (talents) first and then later on we'll bring in some foreign comedy 'pag meron pang space," Tuviera explained.

"Wow Mali" is among TV5's most well-loved and enduring shows in 1996.

Are there plans to make a similar show or remake it for the nth time?

"All I can say is that we are huge fans of 'Wow Mali.' Let me just say that it would be absolutely one of our dreams to put together a new, revamped version of 'Wow Mali'," said Tuviera.



#### Geron Agsaulio

Geron was born on July 24, 2009 and the youngest among the 4 siblings. He loves to do dancing, modelling and singing. He started dancing at the age of 4 and developed singing when he came to Canada with his parent's encouragement. His mom, dad, siblings and relatives are his greatest supporters and inspirations. He always perform at MH events and shows & improved his talent through MH Group Workshops & one-on-one training including personal development with the CEO Marky Hugh. He was awarded as the Young Best Male Artist of the year 2020 because of his commitment & dedication. He also won Gold Medals at the World **Championship of Performing Arts** last year in modelling. He will continue to attend workshops and events to reach his greatest potential as talent of Marky Hugh Productions.

PHOTO BY BING MARIANO









said

MH PICNIC 1.MH had games; 2.Coach Jadienne teaches our MH Kids how to dance a song they've been working on; 3.They had dance workshops; 4.They had a fundrasing raffle for the WCOPA trip in November;

#### Barbie Imperial is a

Actress Barbie Imperial became a Barbie doll in a special photo shoot to mark her 23rd birthday.

On Sunday, August 1, the actress wowed her 6.4 million followers on Instagram as she shared a photo showing her channeling the iconic doll for her birthday pictorial, which was shot by celebrity photographer Shaira Luna.

"You can be anything! Be your own doll, be who you want to be, and live your dream. Let your colorful imagination blossom into a bouquet of playful possibilities,"

#### Barbie doll for birthday shoot

Barbie wrote in the caption.

Event planner La Belle Fete described the Barbie-inspired photos as the pinnacle of the actress' birthday shoot as it encapsulates the birthday of a Barbie doll.

"Barbie portraying Barbie, she is not only an effervescent memory of childhood but an icon of beauty, a symbol of glamour, and a role model," it said.

"Each set evokes empowerment - no matter the dresses Barbie wears or what role she portrays. 'You can be anything!' Barbie believes

that if you set your heart into something and work hard for it, the fantasy will become a reality; the lioness in you will roar with courage, and you will celebrate life to the fullest," it added.

Based on her social media updates, Barbie celebrated her 23rd birthday in Boracay together with her family and friends, including her boyfriend, actor Diego Loyzaga.

Barbie was one of the lead stars in the ABS-CBN afternoon drama Bagong Umaga, which concluded last April.

#### Hyun Bin wants to experience Filipinos' love

Crash Landing on You (CLOY) may be long over but fangirling over Hyun Bin is far from over.

Hyun Bin, who played a
North Korean army Captain Ri
Jeong Hyuk, revealed some
trivia about himself and shared
his life reflections. He was able
to interact with Filipino fans
virtually and answered some of
their questions. Fans were blown

away when the 38-year-old actor "mahal ko kayo" and flashed a Korean finger heart sign on screen.

Asked about the first thing he wants to do the Philippines when he comes for a visit, he replied, "It's to meet my fans. I'm curious. I'm more curious than excited. I would like to feel how much my fans in the Philippines support me and love me."

"It would have been nicer to meet you all in person, but thanks to Smart, I'm talking to you online today, and I'm so glad to meet you. I hope we have a great time together today. I suppose this is my first time meeting my fans this way," he said during the virtual gathering hosted by the telco giant while it still couldn't bring its Korean

celebrity endorsers to the Philippines due to the pandemic.

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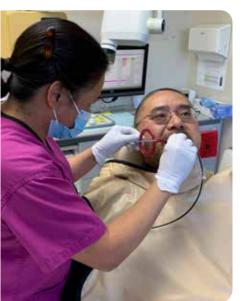
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