PHL to lose sea dispute with China in Oil Pact

China Poised to Win Major Victory in Sea Dispute With Help of Philippine Resources Deal

An oil-and-gas pact with Manila would signal acceptance of Beijing's refusal to respect international tribunal's ruling on South China Sea claims

MANILA—Philippine President Rodrigo Duterte is negotiating an agreement with China to share oil and natural-gas resources in the disputed waters of the South China Sea, a deal that would be a major policy victory for Beijing.

It would open the door for China to push for similar arrangements with other Southeast Asian nations that have challenged its expansive claims and potentially lock Western oil companies out of the resource-rich region.

Mr. Duterte's opponents and legal experts say joint development—which Beijing has long advocated—legitimizes China's assertion that it has historic rights over almost the entire South China Sea, undermining a 2016 international tribunal ruling that invalidated those claims. It would also fortify Beijing's control over the strategic waters, where tensions between the U.S. and China have surged.

The 2016 ruling held that the Philippines has exclusive rights over Reed Bank but China has refused to comply with the decision. After a visit to Beijing in late August, Philippine Foreign Secretary Alan Peter Cayetano said both sides would "set aside the issue of our claims" in order to break the logjam.

Philippine officials said the two governments are working on a legal framework with an eye toward an expected visit by Chinese President Xi Jinping in November. China's foreign ministry said in a faxed statement that the leaders of both sides "have reached an important consensus on properly handling the South China Sea issue, including commitment to pragmatic cooperation and joint development," adding that such cooperation wouldn't affect either side's legal position on the dispute.

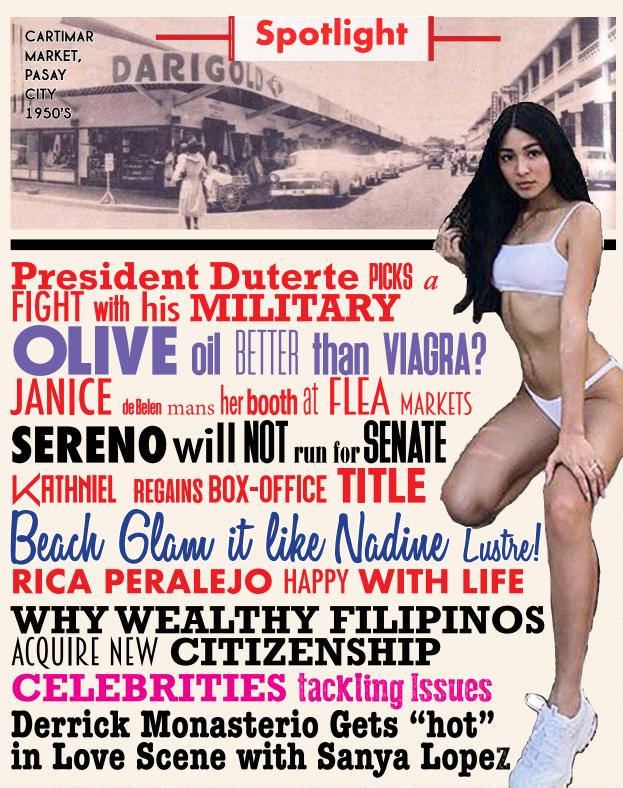
Arguments over the proposed pact capture the dilemma smaller countries in the region face as China asserts its military, diplomatic and economic clout, with U.S. policies falling short. Officials in Manila say they see few alternatives to working with China, even if that means entrenching Beijing's influence.

"We just have to make a good situation out of a bad situation by dealing with China," Philippine Defense Minister Delfin Lorenzana said in an interview in June. On the tribunal decision, he said: "Should we wave it in the face of Xi Jinping and say, 'Follow this?' There is a giant there that will not honor the ruling. What can you do?"

Mr. Lorenzana said China had the power to punish the Philippines by restricting trade and tourism, sealing off fishing grounds used by Filipinos and harassing military resupply vessels. The Philippine military wasn't equipped to deter Chinese encroachment, he said, adding: "Now it's too late in the game. They're

PHILIPPINE LOSES continued on page 10







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Absence of Filipino nurses in US series pointed out by **Emmy hosts** as diversity issue

Despite being an awarding ceremony, social and political issues weren't absent in the 70th Primetime Emmy Awards last Sept. 18, as spearheaded by hosts Michael Che and Colin Jost of "Saturday Night Live".

The two are known for tackling serious issues on their sketch and fictional news program "Weekend Update" in "Saturday Night Live", so it wasn't surprising that they didn't veer away from topics such as racism and diversity during the Emmys.

During their opening monologue, Che acknowledged that television in general has always had a diversity problem. He cited ER, the medical-drama TV series that ended its 15-year run last 2009, for its lack of Filipino nurses in the cast.

"Things are getting better, but as we all

know, TV has always had a diversity problem," Che said. "Can you believe they did 15 seasons of ER without one Filipino nurse?"

His co-host, Jost, quipped in disbelief, "That's crazy, that's just crazy."

"Have you been to a hospital?" added Che. Che has a valid point, as Filipinos take up a considerable number of the registered nurses in California alone.

In 2014, it was reported that 20 percent of the registered nurses in California are Filipinos, a notably large percentage as there are only 2.3 million (officially 1.2 million) Filipinos out of the 38 million in the state.

Filipino are also still the "most persistent" job-seekers when it comes to nursing in the United States. It was reported last May that around 7,700 Filipino nurses took the U.S. license examination in 2017 from the 6,300 in 2016, with the figures up by 23 percent.

Apart from calling out Hollywood for the absence of Filipino nurses in "ER", Che also did the same when it came to black people

"Can you believe they did 15 seasons of ER without one Filipino nurse?"

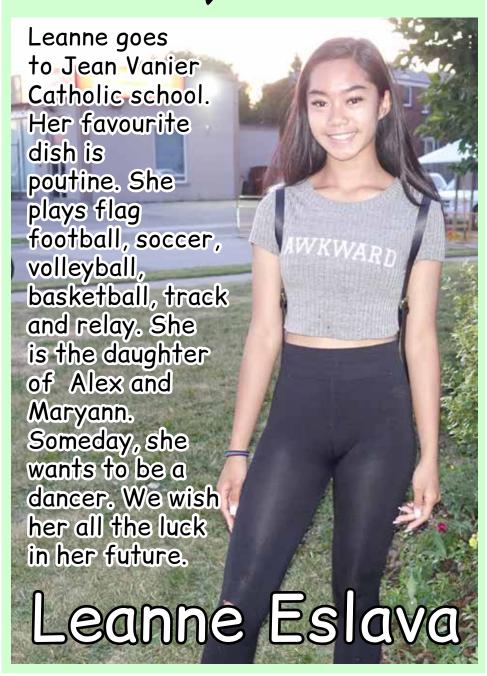
in "Cheers". Che is black himself, and found it hard to believe that there weren't any black characters in "Cheers" despite the story being set in 1980s Boston.

Che remarked, "Even on a great show like 'Cheers'. I love 'Cheers' but you're telling me they made a show about an all-white sports bar in 1980s Boston and not one black dude walked in, saw everybody and walked out immediately? I would've."

Despite these gaps, Che acknowledged that television has still come a long way.

"Well, it's not perfect, it's not perfect, but TV has come a long way in the past 70 years."

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Bicol Canada Fluvial Parade by Earl Francis Dacara, President, Bicol Canada Community Association









Viva la Virgen!

The Bicol Canada Community Association (BCCA) celebrates the Feast of our Lady of Peñafrancia with the annual traditional fluvial procession with 12 boats parading by the lake at Bluffers Park Marina, Scarborough, Ontario. Bicolanos, friends and devotees all over Ontario joined the celebration and enjoyed a salo-salo picnic of variety of Bicolano dishes shared by everyone at Bluffers Park. In the evening,

there was a procession around the Our Lady of Assumption parish followed by the celebration of the holy mass by fellow Bicolano priest, Msgr. Ed Pan. Everyone enjoyed the food and refreshment at the parish hall. A short program followed, with the song number from the BCCA Board of Directors with their rendition of the traditional song "Sarong Banggi", dance and song numbers from friends, and the fun games with prizes.

The celebration this year was blessed, so far having the largest number of boats (12 boats) joining the fluvial procession and the support of the Bluffers Park Yacht Club. Thanks to all our generous sponsors, volunteers, friends and devotees who came to celebrate this significant Bicolano Festival with us. To the hardworking Officers and Directors of the BCCA, the novena sponsors and volunteers, and the dedicated and committed Bicolanos and friends, our

heartfelt thanks for your invaluable participation and support.

As the BCCA aims to bring closer if not together Bicolanos in Canada, we will work hard to continue to create activities that will continue to unify Bicolanos through meaningful activites - "tanganing kita gabos magkasararo!"

DIOS MABALOS! Mabuhay kita gabos!

WHAT'S MISSING SHARON?

TELESERYE ACTING: When are the likes of Aga Muhlach and Sharon Cuneta going to act in nightly Kapamilya teleseryes?

The question bugs as TV dramas these days cast even the biggest stars then and now. Well, most everyone, except Sharon and Aga, not together but separately.

It becomes even more relevant now as Sharon is entering her 40th year in entertainment.

She has done most everything, singing, acting, dancing, hosting, recording, the works.

OPENING UP: Sharon's return to ABS-CBN has been limited thus far to

being judge in network's reality contests. She has been on "Your Face Sounds Familiar" and "The Voice Of The Philippines."

Thank God Star Cinema assigned her "Unexpectedly Yours," a monster hit where she was one of four major attractions.

So, is Sharon acting in an ABS-CBN teleserye soon? Her personal life is a goldmine for a TV drama series.

Sharon herself has been opening up of late (too much, some say), revealing even the most intimate of her private romances. The last I saw her, she kept laughing all over the place on the set of "Gandang Gabi, Vice," where she guested recently.

HER OWN NETWORK: The megastar recently launched, in line with the year-long celebration of her

SharonCunetaNetwork, a platform that officially synergizes her online presence via Facebook, Twitter, Instagram, and YouTube.

The network provides exclusive and original content on everything about the veteran singer-actress.

It integrates her film, television, music, live performances, and endorsements.

Not to forget peeks into her life as a mother, wife, sister, and friend.

On Facebook, her newest official handle is Sharon-CunetaNetwork; on Twitter it's @SharonCunetaNet; on Instagram it's @SharonCunetaNetwork; and on YouTube it's Sharon Cuneta Network.

Angel, bag designer na

"I really wished for this." Ito ang tinuran ni Angel Locsin sa paglulunsad ng kanyang tatlong idinesenyong bag para sa Avon Fashions X Angel Locsin launch, na ginanap kamakailan sa Marquis Events Place.

Masayang-masaya si Angel sa experience na ito lalo't 14 taon na siya sa Avon.

"I'm very humbled and grateful kasi first time ko makagawa ng collaboration with them and I'm very excited kasi we wanted talaga na ipakita kung ano talaga 'yung gagamitin ko. Kung sino si Angel Locsin, ano ire-represent natin. Kagaya ko at ng Avon, ang advocacy namin is women empowerment so we designed bags para sa mga modern Filipina na laging on the go, busy, and very practical. So ganoon 'yung bags na ibibigay ko sa kanila," paliwanag ni Angel.

Kung ating matatandaan, kumuha ng short course si Angel noong 2007 sa London College of Fashion sa UK at ito ang nakatulong sa kanya para makapag-disenyo ng kanyang unang koleksiyon sa Avon.

"Isa ito sa mga wish ko before pero hindi ko naman in-expect, kasi bihira lang naman mabigyan ng opportunity that's why I'm very grateful," sambit pa ng aktres.

Yung short course ko sa London on designing kaya kahit paano na-incorporate ko 'yung napag-aralan ko," dagdag pa ni Angel na posibleng masundan pa ang unang tatlong idinesenyong bag.

Sinabi pa ni Angel na dahil sa nagawang collection ng bags, open siya sa pag-expand sa iba pang lines at paggawa ng sariling

"I'm not sure kung 'yun ang direction kong tatahakin, pero right now I'm just very happy to do a collaboration with Avon and kung ano man 'yung next updates abangan niyo na lang 'yung website nila," paliwanag pa ng aktres.

Ang tatlong bag ay inspired sa distinct facets ni Angel-Angel, the She-EO; Angel, the Screen Icon; at Angel, the Renaissance

Ang Avon Fashion x Angel Locsin collection ay available na ngayong Oktubre sa lahat ng Avon Representative at AvonShop.

Daniel, Kathryn reclaim Box Office King and Queen title



ABS-CBN Star Magic artists Kathryn Bernardo and **Daniel Padilla have once** again proven that they are the country's phenomenal and premier love team as their film The Hows of Us is set to become the highest grossing local film to date.

Kathryn and Daniel broke their personal box office record as The Hows of Us (THOU) has earned P601 million as of September 12.

No doubt KathNiel would be receiving another Box Office King and Queen title this year, after bagging their first one last year for Barcelona: A Love Untold, which earned P321 million in local and international ticket

THOU is KathNiel's sixth romance-themed film which topped off their highest grossing 2015 film Crazy Beautiful You that raked in P322

THOU also had a strong opening

Sunshine not ready to marry BF yet after

SUNSHINE Cruz has long been waiting for the annulment of her marriage to Cesar Montano. Now, finally, after years in court, the annulment of their marriage has been granted. She and Cesar lived as

husband and wife for 13 years and they have three daughters. "When

my lawyer informed me that the court has granted the petition for annulment of our marriage, naiyak talaga ako sa tuwa," she says.

annulment of marriage with Cesar

day box office sales amounting to almost P36 million million, the biggest first day record of the tandem, thereby topping off their 2017 film Can't Help Falling In Love with a record of P33 million opening day receipt.

The film then earned PHP70,755,735.11 on August 30, just a day after it opened and easily breached the P100 million mark after three days as it earned P116.9 million by September 1.

The film then made it big on its first weekend as soldout cinemas and full house block screenings took front and center, which eventually caused THOU's ticket sales to balloon to

Created by master director Cathy Garcia-Molina THOU is KathNiel's most mature film to date as it broke down the beginning and the end of the seven-year romance of aspiring doctor George (Kathryn) and musician wannabe Primo (Daniel).

Apart from the moviegoers and netizens, celebrities and artists also praised how much KathNiel have grown as actors, as their artistry and depth elevated on the film. Their performance would definitely earn Daniel and Kathryn another Best Actor and Actress recognition.

The Hows of Us starring Kathryn and Daniel together with Ria Atayde, Juan Miguel Severo and Darren Espanto is currently screening in Papua New Guinea, Brunei, Middle East, Malaysia, Saipan, US, Canada, Thailand, Australia, New Zealand and UK, as well as in Denmark, Spain, Malta and Italy.

S confidentia

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Jose "Joey" Baking



CORRESPONDENTS





Froilan Baking



Raymond Santos Jojo Taduran



Now that their marriage has been annulled, she is now free to marry her current BF, Macky Mathay, and there are speculations that they're already engaged because she is seen wearing a new

and expensive ring. "No, we're not engaged as it's not an engagement ring po," she says.

"We're not in a hurry. As of now, mas mabuti 'yung chill-chill lang. No need to rush. I'm busy with my current soap, 'Kapag Nahati ang Puso', which is doing well in the ratings. An I'm also busy raising three daughters as a single parent. My boyfriend understands this and he supports me. As of now, inspiration lang kami sa isa't isa and I am grateful that there is someone like him in my life right

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Nena Gumapac

KATRINA HALILI, NO TIME FOR LOVELIFE

MAY chance pang mapanood hanggang bukas ang pelikulang Mga Anak ng Kamote na tinatampukan ni Katrina Halili with Alex Medina, Kiko Matos, Carl Guevarra, sa pamamahala ni Direk Carlo Enciso Catu.

Ito ay isang futuristic film na ang setting ay taong 2048, na ang kamote ay ipinagbabawal na tulad ng droga. Gumaganap dito si Katrina bilang babaeng naninirahan sa bundok na

napilitang bumaba sa lungsod upang hanapin ang nawawalang asawa, na napagbintangang nagbebenta na kamote.

Extended ang ToFarm Film Festival 2018 kaya napapanood sa Gateway, Greenbelt 1, at Trinoma hanggang October 2 ang apat na entries dito. Bukod sa movie ni Katrina, extended din ang Tanabata's Wife, SOL Searching, at Alimuom.

Ano ang challenge na na-feel niya habang ginagawa itong movie? "Mas mahirap pala iyong internal struggle kasi super close up pa, kailangan tama iyong lumalabas na emotions, hindi gaya kapag may ibang movement, mas madaling magalit o masaktan," esplika ni Kat<u>rina.</u>

Ipinahayag niyang masaya siya sa kinalabasan ng kanilang pelikula. "Yes, happy po ako sa movie. At least, iba naman po sa nakasanayan kong gawin. Kasi, puyat at pagod 'yun, two weeks na two hours lang ang tulog ko. Nakatutuwa na may mga naka-appreciate sa ginawa namin, especially sa pagganap ko bilang si Iyong," nakangiting saad ni Kat na napapanood ngayon sa afternoon primetime series ng GMA-7 na The Step Daughters.

Ayon kay Kat, gusto niyang mas maging active pa sa paggawa ng pelikula. "Yes, gusto kong gumawa ng ibang character, happy nga ako everytime na may guesting ako na iba naman ang ginagawa ko. Gusto kong gumawa ako ulit ng movie, para makapag-explore naman," aniya.

Pagdating sa kanyang love life, wala raw time rito sa ngayon ang aktres dahil mas nakatutok siya sa kanyang career. "Wala po. Wala, anak ko lang. Wala. No dating, wala. Busy rin po, e."

Pero inilinaw ni Kat na ayaw naman niyang umandang dalaga. "Pero, ayaw kong tumandang dalaga. Kung sakaling mayroon na, siya na. Kapag mayroon naman dumating, open naman ako. Pero wala pa rin," saad ng magandang Kapuso actress.

Kris Aquino leaves for medical treatment, directs legal action on asset protection

Sinabi ni Kris Aquino na kinailangan niyang pumunta sa Singapore dahil sa medical

treatments na di kayang gawin dito sa bansa.



Sa press statement na ibinigay ng abogado ni Kris Aquino na si Atty. Sig Fortun ng Fortun Narvasa and Divina Law Office ay sinabi nito ang

latest status ng health condition ni Kris pagkatapos niyang matuklasan ang tungkol sa "financial abuse and betrayal" ng dati niyang kasamahan sa KCAP.

Ipinauubaya na rin ng Queen of All Media sa kanyang mga abogado ang lahat ng legal actions para makuha ang hustisya.

Narito ang laman ng official statement ni Atty. Fortun:

"Kris Aquino has advised her lawyers of her need to fly to Singapore tomorrow to obtain appropriate medical assessment in the coming days.

"Medical tests she took locally on September 21 and 26 require a more comprehensive set of tests that are currently not available in the country. She has been transparent in sharing with the public the health issues she has battles even as she currently takes maintenance medicine of hypertension, sever allergies, and migraine.

"Her recent weight loss prompted her to proactively have some tests done and she was advised by two Philippine physicians to consult with an expert in this field of medicine to have the best knowledge and care to protect her health with all needed medication and

"During meetings with her lawyers over the past days, she has given specific and strict instructions on the manner by which she intends to safeguard assets she had acquired and investments she had made.

"As one of the country's consistently top taxpayer, she prefers that nothing will be left to chance to protect those she had set aside and those she had proposed to acquire for the future of her sons, Josh and Bimby.

"I only ask that you do all the needs to be

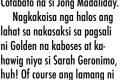
done to assure my sons that my hard-earned saving and investments for their future and well-being are protected."

"Kris also made clear that no legal remedies should be left untapped to ensure that her instructions are c arried out by her lawyers.

"Kris will be back in the country after completing her medical evaluation and she expects to fulfill all her work commitments at the soonest possible time."

Winner ng 'The Clash' kaboses at kahawig ni Sarah Geronimo

GRAND champion si Golden Canedo, ang Golden Voice ng Cebu, sa GMA7 singing competition na The Clash last Sunday. Tinalo ng 16-year-old ang Trending R& Star ng North Cotabato na si Jong Madaliday.



Golden kay SG, eh, mas bata ito sa kanya, huh!

Kahit natalo, hindi pa tapos ang career ng ibang grand finalists na sina Mirriam Manalo, Anthony Rosaldo, Barrett Golden at Josh Adornado.

Magiging bahagi sila ng bagong musical-variety na Studio 7. Pero bago umere ito next week, ang balita namin ay magkakaroon ng The Clash Special ngayong weekend.

Kuna hinahanagan ang nakuhana contestants sa The Clash umani rin ng papuri ang creative group ng GMA dahil sa pagiging innovative nito sa konsepto ng The Clash. Kumbaga, hindi nila kinailangang kumuha ng shows mula sa abroad para tutukan ng publiko ang palabas, huh!

Anyway, next year ay maakakaroon na season 2 ana singing search pero hindi na si Regine Velasquez-Alcasid ang host nito. Balita namin, ikinalungkot ito ni Songbird nang kanyang malaman, eh, dahil goodye Kapuso na siya, papalitan na lang siya ng iba.

Due to Filipino community clamor, Pia gets 'twin' figure at Madame Tussauds Hong Kong next year

MISS Universe 2015 Pia Wurtzbach is really a Filipina we could all be proud of. Aside from being UNAIDS ambassador who has since used her the spotlight to bring awareness to HIV/AIDS issues, she will be the first Filipino to have a wax figure displayed at Madame Tussauds in Hong Kong.

The tourist drawer museum at The Peak will have

Pia's wax figure displayed along with those of Taylor Swift, Jackie Chan and Choi Siwon in 2019.

The beauty queen-actress has gone through measurement process for her 'twin' figure with a team from London and she



got a look at the different elements used in wax figure making and even goofed around with eyeballs and different hair colors.

Madame Tussauds general manager Jenny You said the decision to add Pia to their roster of famous personalities was due to the clamor of the Philippine community living and visiting Hong Kong.

"Our Filipino guests have always been very important to us and we've always believed we should have a Filipino wax figure, so we're very pleased to have Ms. Pia Wurtzbach mark this milestone with us... With Pia's sweet, positive and fun personality, we really could not have imagined having anyone but her to represent the Philippines in this way," she said.

More than being a queen, she has all the makings of an icon and we're proud to be able to house her wax figure." she added.

It sounds bigger than the importance given to a Filipino community abroad at this year's Emmys during the opening monologue by hosts Colin Jost and Michael Che, when the latter questioned how the popular television show ER could go on for 15 seasons without a single Filipino nurse.

TV has always had a diversity problem I mean, can you believe they did 15 seasons of ER without one Filipino nurse? Have you been to a hospital?" Che asked.



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Senate bill seen to solve rice woes



MANILA - As the inflation rate in August hit a nine-year high of 6.4 percent, Senator Aquilino Pimentel III, head of the Senate's trade and commerce committee, said the rice tarrification bill pending in the Senate was a "long-term solution" to the rice supply problems that had contributed much to the rising inflation rates.

But Senator Francis Pangilinan said rice tarification was not simple and not enough to address the rice crisis.

He said the government must ensure that the tariffs would really be paid to the government for rice to enter the country, and the proceeds should be used to strengthen local farmers.

Pangilinan told dzBB radio that the first thing to do to empower the farmers was to organize them.

"We have the program Sagip Saka, a partnership of the government and the private sector. I think its really just a matter of focusing," Pangilinan said.

Earlier, central bank Governor Nestor Espenilla Jr. said rice was one of the culprits behind the rising inflation.

"The confluence of cost-push factors continued to drive consumer price inflation in August beyond the acceptable target range," Espenilla said.

"Much of it has to do with food supply shocks. Rice in particular. These warrant more decisive non-monetary measures to fully address."

Pimentel said replacing the quantitative restrictions on rice importation with tariffs and allowing the private sector to import rice would prevent the rice supply fluctuations the Philippines was suffering.

He attributed the rice shortage to the missteps by the government-run National Food Authority and the manipulation by rice traders and smugglers who take advantage of supply issues to influence rice prices.

"Right now, we depend on the judgment of several government officials who are tasked to determine how much rice we should import, and when we should import it, Pimentel said.

He was referring to the NFA Council,

which is composed of the NFA Administrator and representatives from government agencies and institutions like the National Economic Development Authority, the central bank and the Office of the President.

"The mandate appears simple enough, but so many factors prevent them from fulfilling their mandate properly, Pimentel said.

"When they have disagreements and cannot get along, crucial policy decisions are delayed, and when this happens, it is the consumers who pay the price—who literally pay higher prices for an important food staple like rice."

Pimentel said the belated action of the NFA Council to import rice to supply rice to the areas with shortages in Mindanao and its failure to increase the buying price of unmilled rice were examples of "policy paralysis that had rendered the body ineffective.

"With the private sector involved in rice importation, businessmen will bring in rice when the market requires it, and will not when there is an abundant supply in the market. They will try to find the best prices so they can sell their product at competitive rates while ensuring profits for themselves," Pimentel said.

In his State of the Nation Address in July, President Rodrigo Duterte said rice tarrification was among the long-term solutions that the government was working on to lower inflation, to provide farmers with additional resources and to reduce rice prices by up to P7 a kilo.

Knights of Rizal Canada Region Commanders" Ball is slated on November 2, 2018 at JC's Banquet Hall

By Romeo Ayson Zetazate & Manuel Papa

TORONTO, Ontario, Canada - The Knights of Rizal Canada Region Regional Commander Sir Joe Damasco, KGOR, and Deputy Regional Commander Mario Alpuerto, KGOR, confirmed the holding of the 18th

Commanders' Ball which is set on November 2, 2018, at the famous JC's Banquet Hall which is located at 1686 Ellesmere Road, Scarborough which is now a part of Toronto.

Damasco and Alpuerto said

that the event will be attended by officers and members of the Knights of Rizal in the whole Canada. At the same time, they are calling Filipino businessmen and officers of the different Filipino organizations to attend the said Commanders' Ball as Regional Commander Sir Joe Damasco, KGOR as he handled the circultions of several Filipino newspapers in Toronto including his membership in the production group of the famous radio program," Talakayan" which is being produced by another member of the Knights of Rizal Sir Jess Cabrias, KGOR. Damas was a former secretary of the Philippine Press Club of Ontario (PPCO). In fact, he was one of the founders of the PPCO. On the other, Deputy Regional Commander Alpuerto, is also officers of several Filipino orgnizations in Toronto.

Many Filipinos who know them that both are dynamic workers as far as volunter works are concerned in Toronto's community evens are concerned.

The Knights of Riza Canada Regionl Commanders' Ball is strongly supported by the different Filipino organizations not only in Ontario but also in other provinces of Canada.

The different Rizal Chapters and members are working hard in supporting the leaderships of the tandem of Damasco and Alpuerto to propel the promotion of the vision and ideal of dr. Jose P. Rizal, the Philippine's national hero by way of reforms through peaceful means.

As Dr. Rizal said that "the youth is the hope of the fatherland" thus both of them are encouraging the young Filipinos join the youth council of the Knights of Rizal not only in Canada but also in other parts of the world.

The senior advisers of the Knights of Rizal Canada Region include Sir George R. Poblete, KGCR; Sir Lapulapu Cana, KGCR; Sir Dr. Tom Virey, KGOR; Sir Jaime T. Marasigan, and Sir Eduardo C. Prillo.

For more information, kindly get in touch with Sir Joe Damasco, KGOR, jdamasco@gmail.com, tel. (647) 717-3461; and Sir Mario Alpuerto, KGOR, almarioni@gmail.com, Tel. (416) 732 - 4751 or any region andchapter officers or members of the Knights of Rizal Canada Region. (St. Jamestown News Service)

12 Filipino Canadian Students Vie for Filipino Centre Toronto's Top Graduate Awards By: Tony A. San Juan, OCT.

As a Canadian educator and philosopher, Harold Taylor once wrote: "The roots of true achievement lie in the will to become the best that you can become". This means that one's will and becoming the best are the true roots of achieving success. Yes. After years of great determination and exemplary hard work engaging in all facets of school work such as studying, reading, writing, analyzing, experimenting, demonstrating, reviewing, and writing essays, tests and examinations, 12

student- graduates from publicly- supported

educational institutions, Catholic and public

schools in the Greater Toronto Area have applied to the annual competition to receive deserving recognition and accolades .

The public competition and search, announced by FilCan newspapers in April, May and June, 2018, is being undertaken by the Filipino Centre Toronto - FCT through its established "Outstanding Students Awards"

program. Started in 2005, the yearly initiative

is conducted as a collective process of identi-

fying, nominating and selecting outstanding

and top- performing students in order to honour them . The program is also a means to provide incentives by encouraging and challenging students in the elementary, high school and post secondary levels to perform productively and to achieve academic & school success.

This year, 12 graduates will go through a selection process to be conducted by the FCT Outstanding Students Awards committee. The outstanding honourees are to be determined by applying the evaluative criteria of: academic average (50%), co-curricular & extra-curricular activities (15%), community - related projects & engagements (15%) and interview performance (20%). The Awards Committee will determine 3 Outstanding Graduates in the three categories and the other candidates will be accorded with special honours too. On one hand, Post-secondary graduates are recognized also when completing a degree or diploma program and having received aptly a "Distinction or Academic Honours" citations in their respective disciplines.

Currently, the OSA Committee is composed of: Fermer Santos, Vice Principal of Malvern Collegiate Institute; John Pasia, Principal of St. Columba Catholic School; Karlo Cabrera, Principal of HA. Halbert Public School; Jodelyn Huang, Community Relations Officer of TCDSB; Mary Ann Salcedo- San Juan, President & CEO of Filipino Centre Toronto; Marisa Roque, journalist - reporter of Inquirer. net; Rose Tijam, President of Philippine Press Club of Ontario; Edmundo Birondo, former member of the FCT Board of Directors; and Tony A. San Juan, a retired Toronto educator and ex- President of Philippine Teachers Association of Canada, as Committee Chairman.

All the FCT awardees and other honourees will receive cash prizes, plaques & certificates donated by the Filipino Centre Toronto and other generous benefactors during the "Awarding Day" Program on October 28, 2018, Sunday, 2:00 pm. at the new offices of the FCT- Filipino Centre Toronto, 4395 Sheppard Avenue East, Scarborough, Toronto, Ontario .(Tony A. San Juan)









FIRST, Ronnie Dela Gana (far right) and Jovito Laungayan Favila (far left) pose with Golden balangay nominees PA Dayz Arielle Fina Abrazaldo and Peyton Garcia. SECOND, Lilac Cana and Emil Zarris entertain the guests at the Golden Balangay dinner. THIRD, TFC'S Rosary Escano and Pinoy-TV's Rosemer Enverga attend the 1 year anniversary of Seafood City. PCCF's Rosemer Enverga, PIDC's Norma Carpio and Josie de Leon enjoy the night at the Golden Balangay awards.

AUDIO JUNKIE: When going indie is not enough





Yam Cconcepcion, Jericho Rosales and Sam MilbyYam Cconcep(-Clockwise): Janine Teñoso, John Roa and Ex Battalion

In the age of digital do-it-yourself (DIY), creating and recording music is a snap. From music recording softwares such as Garage band, Fruity Loops (to name just two of the myriad brands in the world of Digital Audio Workstation or DAW) to the more advanced industry standard Pro Tools, everything you need to get your music on virtual tape is literally right at your fingertips. Couple that with the fact that one doesn't necessarily need to have their music laid on CD anymore to get it out there is telling. Indeed, that ship has sailed. Doing Ditto (which is here in Manila) is the way to go to get your music out on Spotify and other similar platforms.

Which is what local indie acts have been doing. Recording their own music and eventually getting it on the popular streaming platforms, artists such as Autotelic, Ben & Ben, Keiko Necesario, Leanne & Naara, or on the mainstream side, acts like IV Of Spades, Ex Battalion and John Roa all went the DIY route to become selfmade music artists.

Until they eventually signed with the labels. For all the supposed horror stories that go upon signing with those "greedy, corporate soul suckers," you'd think acts similar to those aforementioned would avoid it like the plague. But the truth is, it's not as bad as some cynics would have you believe. In fact, if you know what you want, signing with a record label at a critical point in one's music career could be the best move a recording/performing artist can ever make.

Distribution

While some subscriber services like Ditto, Distrokid, and CD Baby have made putting music on platforms a cinch, going with a record label has add-ons. Look, labels have a closer relationship with the actual streaming platforms musicians want to be in. They are directly in contact with the likes of Spotify, Apple Music, and YouTube (to name a few) that these outfits actually ask the labels who their priorities are. And believe us that being on a label's list of recommendations is enough of a push to have one's song on a popular playlist. And we all know how good that can be for a track.

Traditional media

We've met some unsigned acts who were relatively doing well on their own in the past year and had asked them what aspect of their being an indie artist they would like to improve. Well, almost all were unanimous in saying that a little push on traditional media would give them a leg up in getting them more gigs and, of course, their name out there. For the indie artist, it's still a big hoot to hear their song on radio. Or to see their album featured on a respected broadsheet like Manila Bulletin (natch!), or to get their band seen as a guest on TV or the music channels. Record labels have established ties and a long, good relationship with traditional media, and it's almost a given that labels can make these happen for a newly signed artist. Social media is great, but having it with traditional media still makes for a complete picture.

Other opportunities

No doubt, a respectable level of achievement can be had by an indie artist under their own steam. But an established label or management's connection go beyond the usual gig venue, or streaming platform. A good label or management can get one's music right smack in the middle of pop culture.

For example, connections to a film company can get music onto the movies which does wonders for a song. Check out Janine Teñoso's version of "Di Na Muli" which figured prominently in

the movie "Sid & Aya (Not A Love Story)," or Marion Aunor's "Akala" from "The Day After Valentine's." Great song and good label connection equal big hit for the talented. By the way, check out Janine's new single entitled "Ang Awit Natin" which was digitally released last week. It's from the same songwriting team of Jazz Nicolas and Wally Alcola, and of course, their interpreter of choice.

In sum, going the independent route is admirable, brave and it gives artists firsthand knowledge of the business their in, and a sense of professional fulfillment. If you're one of the hundreds, if not thousands of aspiring indie artists striking it out on your own, we tip

our proverbial hats to you.

But at the end of the day taking the main

But at the end of the day, taking the major route still makes a huge difference.

Marco Gumabao 'shocked' by sis Michele's transformation into a beauty queen

Actor Marco Gumabao said he never thought he would see his sister Michele—a volleybelle—sashaying on the pageant stage, much less bag a national crown.

But now that he can call himself a beauty queen's brother, the Kapamilya hunk said he is completely supportive of his sister's quest for international recognition.

Michele—one of the celebrity housemates for

"Pinoy Big Brother" in 2014, along with Jane Oineza, Alex Gonzaga and Daniel Matsunaga-will compete in the Miss Globe pageant in Albania on Oct. 21 (Oct. 22 in Manila).



since we were kids, my sister and I have been into sports. I knew then that she was going to be an athlete, but I never thought she would be a beauty queen," Marco told Inquirer Entertainment on the sidelines of his sister's sendoff press conference at the Novotel Manila Araneta Center in Quezon City recently.

Marco said he was surprised when he learned that Michele signed up for Binibining Pilipinas earlier this year.

"I knew then that she would make it. I know she can do anything she puts her mind into. I was surprised, yes, but I'm also proud to have a beauty queen for a sister," he said.

Marco said he had noticed his sister's drastic weight loss when she decided to pursue a crown. Still strong, competitive

"She lost not only fat, but also muscles, for the competition. Before, she was 'ripped' with muscles for volleyball. I was shocked with how much she has transformed, given the short period of time," he said.

"The good thing is, she's still a strong volleyball player. She lost weight, but maintained her strength," he continued.

Michelle acknowledged these changes since bagging her Binibining Pilipinas crown, but maintained that "I'm still the same competitive girl. I'm still the same girl balancing everything in her life, wanting to do her best in everything that she does."

But she added: "I have a different mindset, now that I have a different goal, which is to win a crown for the Philippines. This is not just for me, my camp, or my family, but for the Philippines—and that's a bigger calling. I have to step up big-time."

Marco said that what made him even more proud of his sister was the fact that "she has touched a lot of lives, and inspired a lot of people."





Why wealthy Filipinos acquire new citizenship

Jurg Steffen has recently met a wealthy Filipino couple who wants to acquire another citizenship, one that will allow their children to go to a European school or travel anywhere without applying for a visa. Steffen says this is now a normal thing among the rich, with thousands of them around the world acquiring a new passport.

Steffen, a former banker in Switzerland, is the managing partner at the Singapore office of Henley & Partners, a market leader in residence and citizenship planning. The company has 20 offices around the world that help thousands of wealthy individuals and their families acquire second residence or citizenship.

"Our clients are wealthy families who just want to look at their options. It is just a normal thing," Steffen says in a news briefing at Fairmont Hotel in Makati City.

"There are a lot of entrepreneurs here in the Philippines who want to travel more easily who do not want to get a visa all the time and they make a donation or real estate investment between \$200,000 and \$400,000 and then they don't need a visa anymore. They can travel with St. Kitts [Caribbean] passport visa-free even to Schengen countries," he says.

Steffen says Filipinos also have the option for the European citizenship program, where in one and a half years, they can have the Cyprus or Malta citizenships.

Steffen has had a lot of dealings with the world's richest families, having established and developed a private bank operation for one of the leading banks in Switzerland. He was also a director in the cross-border wealth planning department of UBS in Zurich, advising high-net worth individuals and key clients regarding financial, residence and citizenship planning.

Before joining Henley & Partners, he was a personal advisor for the members of one of

the wealthiest families in Europe and a member of the management board and head of the wealth planning department of a leading private bank in Austria.

He has been leading the Singapore office of Henley & Partners since April 2013, where he met some Filipino families looking at their options. "The [residence and citizenship] market in general is growing. There are now more Filipinos, there are more people in the region who do this, but we cannot say why they are doing it. Every situation is different. I just met a wealthy family here in the Philippines, and they said you have to advise us. Show us to Antigua, St. Kitts, Malta or Cyprus. They said it is good for our children to have more than one passport," Steffen says.

"If you have Filipino passport, you can't travel to many countries. If you are wealthy, you want the best for your children. Why not get another citizenship?' he says.

A Filipino passport holder can travel to only 60 countries visa-free, while a Caribbean citizen can go to more than 130 countries without applying for a visa. A European citizen can travel to over 160 countries.

Steffen says Henley & Partners helps rich individuals or families, with good reputation, to acquire residence or citizenships in Caribbean countries such as St. Kitts and Nevis as well as Antigua and Barbuda. It also offers European citizenship programs through Malta and Cyprus.

What is clear is that these Filipinos are among the richest in the country, or those with a net worth of at least US\$3 million to US\$4 million for the Caribbean program applicants and 20 million euros for the Cyprus citizenship program.

"There are wealthy Filipinos and if they can afford, why not. We also see that it is an educational thing. When your friends said it is okay, why should I not do it? It is like you

have a Porsche, and suddenly your friends also want their own Porsche," he says.

Steffen says the Philippines is a new market for citizenship. "But it is a good market, because Filipinos are very open. They speak very well English and they travel a lot. A good passport is an important plus for them, because they can travel easily," he says.

Steffen says while other Southeast Asian countries have good investor programs for other nationals, the Philippines is not on the radar of foreign retirees.

"The Philippines does not have a real investor program, where you can invest money and get residence permit. Malaysia is a good example... It is now an interesting option for wealthy people," he says. "We don't have a lot of inquiries regarding the Philippines."

Steffen says applicants need to prove their wealth in order to qualify for Caribbean or European citizenships. "For the citizenship program, the cheapest starts with \$300,000 all inclusive for donation and for investment, around \$500,000. If a family or a single applicant decides to do that, they should have, let us say at least \$3 million to \$4 million. They have to spend \$300,000 to \$500,000 for new citizenship," he says.

Steffen says wealthy Filipinos usually apply for residence or citizenship programs for the education of their children. "Usually, it is easy for education. But Filipinos usually, they do not move together with their children to the UK or to Canada. Their children go there, but their families stay here," he says.

Steffen says even with a new citizenship, wealthy Filipinos choose to stay in the Philippines.

"What we see in the end, if they lived here their whole life, they don't want to move to another country," he says.



Julie Anne San Jose on Regine Velasquez's rumored network transfer: "I really don't know what to say. First of all, I didn't know if the rumors are true. But if ever they are or if ever they're not true, I think, si Ate Reg na po siguro ang makakasagot nun."

Julie Anne San Jose clueless about Regine Velasquez's rumored network transfer

Maingay na nga ang balitang posibleng lumipat na ng network ang Asia's Songbird na si Regine Velasquez.

Mula sa pagiging longtime Kapuso niya, balita na susundan na rin niya ang kanyang mister na si Ogie Alcasid sa Kapamilya network.

Nahingan ng opinyon ng PEP.ph (Philippine Entertainment Portal) si Julie Anne San Jose na kilalang idolo si Regine.
Pag-amin niya, "I really don't know what

to say.

"First of all, I didn't know if the rumors are true.

"But if ever they are or if ever they're not true, I think, si Ate Reg na po siguro ang makakasagot nun.

"Kami naman, nandito lang kami for her.

"And we support her sa lahat ng desisyon niva."

Nakausap ng PEP.ph si Julie Anne nang magkaroon ng presscon para sa GMA Pinoy TV show nila nina Marian Rivera, Christian Bautista kasama ang mga komedyanteng sina Donita Nose at Super Tekla na Kapusong Pinoy: Paskuhan at Kantawa-

LONG-TIME IDOL

nan sa Anaheim sa October 7.

Sabi nga ni Julie Anne, bata pa lang daw siya, idolo na niya ang Asia's Songbird.

Lahad niya, "Siya talaga ang nilu-lookup ko.

"At saka yun, ate, ate kasi namin siyang lahat.

"And if ever na lumipat siya, siyempre malungkot, kasi hindi na kami makakanta together, sobrang bihira na lang po.

But as long as she's happy."

HEIR TO REGINE'S KAPUSO THRONE?

Kung mawawala na nga raw si Regine bilang isang Kapuso, may pressure ba siyang mararamdaman na parang isa na siya sa tatayong poste ng network pagdating sa mga singers?

Lahad niya, "Hindi ko naman po iniisip yun.

"Wala po sa isip ko yun.

"Ang gusto ko lang naman po ay kumana.

"I just want to make people happy."
Pero kung sakali na sa kanya ibigay
ang responsibilidad na yun, masasabi ba
niyang handa siya?

"Of course, if ever na bigyan po ako ng ganung klaseng responsibility, may weight po sa shoulders ko na wala na si Ate Reg.

"But I'm not expecting anything naman," pahabol niya.



LEFT, Birthday celebrant Jojo taduran (3rd standing from right) was joind by family and friends on his birthday.

RIGHT, More friends joined Jojo Taduran on his birthday.



Joyce Pring on Regine: "I think any Filipina na lumaki wanting to be a singer, talagang idol si Ate Regs."

Joyce Pring sees herself more a fan of Regine Velasquez than co-host of their show The Clash: "Nagpa-picture pa rin ako sa kanya. Hindi ko pa rin alam kung paano siya i-approach, kahit napakabait niya, nahihiya pa rin ako sa kanya."

Marami raw ang nagsasabi kay Joyce Pring na suwerte siya dahil katrabaho niya si Regine Velasquez, ang Asia's Songbird at isa sa mga reyna ng industriya.

Magkasama sila sa The Clash, ang talent search show ng GMA-7 kung saan si Regine ang main host.

"I'm so blessed," sambit ng radio jock at biglang humirit, "Totoo ba yan?"

Tulad nang marami ay hindi rin makapaniwala si Joyce sa tsismis na lilipat na ng Kapamilya network si Regine at ang The Clash na raw ang huling proyekto nito sa Kapuso.

"If that were true I'd be so honored na

nakasama ako dito, the fact na nakasama ko si Ate Reg sa show honored na ako.

"Alam niya 'to, umpisa pa lang, first day pa lang ng show, pinadalhan ko siya ng flowers.

"Sobrang surreal sa .kin na makakasama ko siya sa isang project, and hindi pa rin siya nagsi-sink in sa akin.

"Siguro mga after months of working with Ate Regs, mga four months na, nagpa-picture pa rin ako sa kanya.

"Hindi ko pa rin alam kung paano siya i-approach, kahit napakabait niya, nahihiya pa rin ako sa kanya.

"I've always been a fan, and I think any Filipina na lumaki wanting to be a singer, talagang idol si Ate Regs." Hindi raw makakalimutan ni Joyce ang

mga bonding moments nila ni Regine. Kuwento niya, "Pag mga lull times sa back-

stage nakakapag-usap kami." Kabilang rin sa show ang Kapuso stars na

sina Christian Bautista, Lani Misalucha, at Ai-Ai delas Alas bilang mga judges.

Maituturing raw ni Joyce Pring na pina-

MOST CHALLENGING JOB



ka-challenging hosting job niya ang The Clash.

Pahayag ni Joyce, "Pinaka-exciting na project na nagawa ko ever kasi sobrang music lover ako at frustrated singer ako.

"Yan ang pangarap ko mag-banda, kumanta.

"So, being a part of something na paborito ko, hosting ang singing, talagang I'm super blessed.

"Mas mahirap itong sa TV ang talent show kasi sa radyo, ako lang yun, e.

"Kailangan mo lang maging ikaw every day, maging honest ka lang sa listeners mo. "You just continuously talk, yun lang siya.

Pero with The Clash ang daming parts, e.

"Bukod sa paghu-host, kami yung suma-

salo sa kanila pag natalo sila sa round, pag umiiyak. "Pag may nahihimatay, may nasasaktan, nandun kami palagi so may emotional part

Sabi pa niya sa huli, 'Plus, kailangang maganda ka.' Hindi naman ako ganito nagigis-

"Itsura ko hindi ganito... Hindi naman ako ganito palagi."

Rayver Cruz turns over a new leaf but as Kapuso talent

A new soap is waiting in the wings for Rayver Cruz only this time, it's under a new home.

t's the Kapuso Afternoon Prime series "Mag-asa-



wa, Magkaribal" on which he plays

Gavin.
Two women fight for his heart and the actresses are Kris Bernal and Thea Tolentino. It's the first

time the three are working together.

He admitted that deciding to turn Kapuso wasn't easy. He was already comfortable with his former network having been with them for 18 years.

Still, when it's time to go, you do that. And so Rayver jumped.

"I am what I am because of them, (former network)" he said. "But this is a fresh start."

And out of his comfort zone. It's exactly what Rayver wants as he wants to reinvent himself as actor who does adult roles.

"We're not getting any younger so as much as possible I wanted to do more challenging work," he pointed out.

Actually, the transfer to GMA is Rayver "coming home." His earlier shows with Kapuso were "Best Friends," "5 And Up" and "Kiss Muna."

He feels nostalgic seeing familiar faces.

"I'm really happy to start my new venture here," he said.

And that's that.

Angelica Panganiban to ex-boyfriend John Lloyd Cruz: "Gusto mo ba akong maging ninang?"

Angelica Panganiban's message for ex-boyfriend



John Lloyd
Cruz: "Sana
yung hiniling
niya, nakuha
niya talaga.
Totoo. Kailangan, importante
yun, dapat mas-

aya siya. Silang lahat."

Diretsahang nagbitiw ng salita si Angelica Panganiban tungkol sa pagkakaroon ng anak ng ex-boy-friend niyang si John Lloyd Cruz kay Ellen Adarna.

Ito ay matapos hingan si Angelica ng tanong kay John Lloyd sa "Tanong Mo, Mukha Mo!" segment ng ABS-CBN late-night variety show na Gandang Gabi Vice (GGV), Linggo ng gabi, September 23.

Gabi Vice (GGV), Linggo ng gabi, September 23.

Natatawang hirit ni Angelica patungkol kay John
Lloyd "Gusto mo ba akang maging pinang?

Lloyd, "Gusto mo ba akong maging ninang? "Kasi mabuti akong ninang. 'Nood kang Playhouse, magaling akong ninang doon."

Ang Playhouse ang pinagbibidahang daytime series ni Angelica, kunsaan gumaganap siyang ninang ng naulilang bata na ipinagkatiwala sa kanila ng mister niya sa serye na si Zanjoe Marudo.

Ayon pa kay Angelica, wala silang anumang komunikasyon ni John Lloyd.

Pero napatawad na niya ang ex-boyfriend sa kabila ng masalimuot nilang hiwalayan noon.

"Okey na yun. Napatawad ko na. Masaya na ako." Bagamat hindi pinangalanan ni Angelica si Ellen, nagparating ito ng sinserong mensahe sa pakikipagrelasyon ni John Lloyd dito.

"Masaya ako at wala akong ibang hinihiling kundi buong-buong happiness talaga nilang lahat.

"Yun lang ang gusto kong mangyari talaga. "Sana yung hiniling niya, nakuha niya talaga.

"Kailangan, importante yun, dapat masaya siya. Silang lahat."

BACK STORY

Hindi kaila sa publiko na early this year ay makailang-beses pinaringgan ni Angelica ang hindi niya pinangalanang ex-boyfriend na nanloko sa kanya.

Pati na rin ang hindi pinangalanang babae na nang-agaw umano ng boyfriend niya.

Natukoy ng netizens na sina John Lloyd at Ellen ang pinariringgan ni Angelica nang sabihin ng huli

na magkakaanak na ang tinutukoy niyang unnamed couple.

Angelica alludes to resentment towards new GF of her ex-BF

Angelica alludes to resentment towards new GF of her ex-BF On record, matatandaang naghiwalay sina Angel-

ica at John Lloyd noong January 2016.

Ngunit bandang October 2016 ay nanumbalik

ang pagkakaibigan ng dalawa.

Makailang-beses pang namataang magkasama

Makailang-beses pang namataang magkasama sina John Lloyd at Angelica hanggang sa magdiwang ang binata ng kaarawan noong June 2017.

BAD BREAKUP?

Hindi malinaw kung noong mga panahong iyon ay lihim na nagbalikan ang dalawa, ngunit sa kani-kanilang panayam sa entertainment press ay sinasabi nilang magkaibigan lang sila.

Hanggang sa noong September 2017, pumutok ang balitang nagkakamabutihan sina John Lloyd at Ellen na dalawang beses nagbakasyon sa Cebu at nasundan pa ng kanilang Euro trip noong October 2017.

November 2017 nang maiulat sa PEP.ph (Philippine Entertainment Portal) na buntis si Ellen at si John Lloyd ang ama.

Asia's Next Top Model 5 winner Maureen Wroblewitz officially joins Eat Bulaga!

Asia's Next Top Model 5 winner Maureen Wroblewitz is now a Dabarkad! She officially made her



debut on Eat Bulaga! today, September 24.

It's official: Maureen
Wrobelwitz is now part
of Eat Bulaga!

The Asia's Next Top Model 5 winner made her debut in the noontime show today, September 24.

She was introduced

as "Sis Madam" in the segment "Boss Madam," topbilled by Ryzza Mae Dizon.

Maureen Wroblewitz and Ryzza Mae Dizon for Eat Bulaga's Boss Madam segment

It has yet to be revealed if Maureen will officially sign a network contract with GMA-7.

How Enchong went from Chinito hunk to travel book author

First-time vacationers, "budgetarian" travelers, and wanderlust junkies get a step-by-step guide in touring the world on a budget from Kapamilya actor Enchong Dee in his book Basta Trip Mo by ABS-CBN Publishing.

In his book, 'Basta Trip Mo,' the athlete-turned-actor shares a few tips on how to travel smart.

"If you want to travel on a tight budget or if you're even scared to take the first step to finally travel, this book will help you finally fly," Enchong, a self-proclaimed budgetarian or frugal traveler, wrote in his book.

"For 30 thousand pesos, you'll get a basic but

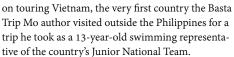
really fun vacation. No frills but no fillers. Just fun," he adds.

The Basta Trip Mo guidebook is divided into two parts and contains detailed steps in applying for a passport, booking a flight, finding good accommodations, and creating itinerary in the first portion. The actor also shared his travel essentials and expert packing tips and also gave a detailed checklist for reference.

The second half of the book, meanwhile, bares Enchong's travelogue—his favorite destinations in

Asia that readers can visit even with limited budget. These cities include Hong Kong, Taipei, Bali, Tokyo, Osaka, Beijing, and Seoul.

The athlete-turned-actor also included tips



Keren Pascual, PR maven and frequent traveler who wrote the book's foreword, hopes that Basta Trip Mo readers will be inspired to explore the world. He said, "As millennials value experience over assets, and traveling continues to be the world's biggest business, insights, and information from inveterate and irrepressible adventurers will become more and more invaluable. May Enchong's travels inspire more and more people to take the leap of faith and see the world."





Daphne Oseña-Paez on using one's celebrity for tackling issues:

I want a better life for my kids

Social media has made information — and celebrities — more accessible than ever. One can watch their favorite actor's gym workout or find out who their latest K-drama crush is, by just thumbing through their social media feeds.

More than their random thoughts of the day, some personalities have also been using their platform to voice their thoughts about social and political issues.

This isn't new to Daphne Oseña-Paez, who has been articulating her thoughts in a Livejournal blog since 2007.

"I was already blogging before it was even a thing," recalled the lifestyle TV host and entrepreneur. She notes that back then, bloggers even refused

ads because they saw the platform as their personal

In 2010, it was her blogs on breastfeeding which caught the attention of UNICEF, the United Nations agency which advocates for children and mothers in developing countries.

"When I got involved with UNICEF, there was no social media. It was just really me and my blog and we used that," she shared of her work as UNICEF's Special Advocate for Children in the country.

She would become immersed in the advocacy, which was then a target area of the Millennium Development Goals. "I didn't know that breastfeeding was a life-saving thing in the developing world," she admitted.

She explained breastfeeding's benefits: "It prevents [babies] from being exposed to potential danger through water. A poor woman in a place with dirty water, where's she gonna get clean water to feed her kid, right? To mix milk with?"

She also mentioned breastmilk's benefits of higher IQ levels and preventing diseases, which is crucial for a country whose children have a high rate of

"In the UN world, it seems that UNICEF is very special. Every policy in the world, it boils down to protecting children," she observed. "Why do you want to protect the environment? Why do you want to end poverty? The children."

Social media for social causes

Recently, she expressed support for increasing the age of sexual consent on Twitter.

"How can we progress as a nation when that very, very old law exists?" she says about the present law, which denotes 12 years old as the age of sexual consent in the country, the lowest in Southeast Asia. The Committee on the Rights of the Child (CRC) considers 13 years to be "very low."

PHILIPPINES LOSES continued from page 1

already there."

Under Mr. Xi's leadership, China constructed fortified artificial islands close to the Philippines. This year, it deployed antiship cruise missiles, surface-to-air missiles and jamming equipment on them.

At the same time, Beijing has offered billions of dollars in infrastructure investment to the Philippines, effectively muting one of the strongest voices against its assertive stance. Mr. Duterte has played down maritime disputes with the country, while pulling away from the U.S. and moving slowly on implementing a 2014 defense pact. Lawmakers, officials and analysts in Manila said the Philippines can't rely on Washington, its longtime military ally, when faced with Chinese pressure. They pointed to Washington's refusal to clarify whether the countries' Mutual Defense Treaty would apply to an attack on Philippine troops or vessels in the South China

U.S. officials have expressed commitment to the alliance, but stopped short of specific guarantees. Mr. Lorenzana said the

U.S.'s interest in the South China Sea appeared limited to maintaining freedom of navigation. The Philippines is running out of time. A third of the electricity supply for its main island of Luzon comes from the Malampaya gas field, which will run out within a decade. Exploration would need to begin now, experts say.

For China, Mr. Duterte's desire for closer economic ties presents a crucial deal-making window. Mr. Dutete must leave office in 2022 under term limits, and his successor may take a harder line.

Beijing has long recommended joint development. In 2011, a survey ship hired by Forum Energy PLC, a 70%-owned unit of Philippine company PXP Energy Corp., was chased out by Chinese marine-surveillance vessels.

PXP Energy, then called Philex Petroleum Corp., began negotiations with China National Offshore Oil Corp., but talks quickly broke down over a clause giving China the right to tax the venture, a person with knowledge of the matter said.

Western oil giants interested in Reed Bank ended discussions because of the dispute, a person involved said. Today, the risks for major international companies are higher

"How do you get into an area where there are built-up defense installations?" the person said. "China has positioned itself very strongly."

The Duterte administration is navigating tricky legal and political terrain. Justice Antonio T. Carpio, a senior Supreme Court judge and advocate for a tough China policy, said that for a joint project to comply with the constitution, it would have to be subject to Philippine laws and taxes.

The solution, Mr. Carpio said, was a deal that offered China roughly half the gas or proceeds from the gas, but no sovereign rights. In practical terms, he said, the Philippines would contract a Chinese state-owned company and split the output or profit.

China would then be able to apply this template to "extract concessions" across the South China Sea and block out Western oil companies like Exxon Mobil, he said.

"China is using the nine-dash line to bully us into giving up half of our resources," Mr. Carpio said. "They'll get what they want."

The issue has long frustrated and baffled her, to the point that she has asked friends in high places to amend the law.

"I've been saying to [friends in Congress], 'Can you do something about this law?' It was always 'not their department. It's not my committee.' I had no idea how to ask someone to sponsor a bill," she lamented.

"But how can a 12-year-old give consent, right? They can't vote. It doesn't match," she said. "Because the other laws are you have to be 18 to vote, to smoke, and then 12, pwede (you can [have sex])? With consent of parent? Ano yun (What's that)?"

While UNICEF does not recommend a specific age, its research notes 16 is the median age worldwide for consent and that studies have found that teens have consensual sex before 18.

"UNICEF cannot write laws, cannot lobby, but they provide information and research and all the things that are needed for those who want to champion those things," noted Oseña-Paez.

A petition about this in Change.org has nearly 43,000 signatures of the 50,000 target as of this writing.

Harnessing the power of celebrity

Would she want other celebrities to become vocal about social issues too?

"It would be nice but I can't dictate on them. First of all, they're way richer than me and probably protecting business which is a right to earn a living," she said.

"But everyone has a reason for being. If they're happy being famous and rich then that's great," she said. "But I have children and I'm here [in the Philippines] by choice so how can I not be involved when I have three opinionated young girls who are so strong?"

She is careful about the causes she champions, stating that because of her posts on social issues, she gets approached to endorse other non-profits. "Suddenly everyone thinks I'm ready to be Mother Teresa. I'm not. I'm just an average woman trying to make a better life for my children," she said.

"All of these groups that were coming to me with a project, it was PR," she recalled. "How does gift-giving make a difference? It's just charity which is great, but it's not for me"

Finally, she found her match with UNICEF. She recalled that the organization contacted her directly as she has no handler. "I saved myself for this," she mused.

"Among their stars, I'm probably the least... I don't know why they work with me but I appreciate it very much," she said self-deprecatingly, in awe to be among the likes of UNICEF ambassadors such as Audrey Hepburn.

The meaning of life

Having grown up in Canada, Os-

eña-Paez's love for Ontario is palpable. She raves about living in a city where even before prime minister Justin Trudeau, diversity was celebrated, gay marriage was legal and services for women's reproductive health are free

She could easily bask in first-world comforts rather than stay in the Philippines, so why does she still speak up on social issues in the country?

"Because that's the meaning of life for me," she replied without hesitation. "I can't ignore that where I live and the country of my birth has all these things happening and I'm actually in a position where I have a voice."

She added, "I don't have millions of dollars but [with] the little voice that I have, I was able to raise funds for UNICEF, able to affect change and I can't be here and just reap the benefits of being a celebrity and not make a difference."

Oseña-Paez talks about her three girls with deep admiration — like their mom, they have a creative, artistic streak, and sometimes their works get featured on her Instagram account. With dad, they bond over analyzing the news; she reminds him that they're not his staff, "but they love it."

She said, "I don't want to leave them a world that has fallen apart. I don't want them to think that I didn't do anything."



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Golden Balangay Awards 2018



GBA 2018 winners with co-founders Ronnie Dela Gana (far left) and Jovito Laungayan Favila (far right).

From left, Mike Cruz (Excellence Award in Sports & Fitness), Mel Galeon for Fv Foods (PCCT Business Excellence), Paulina Corpuz (Pinoy of the Year), Jane Manalang Paguio (Entrepreneur of the Year),

Ma. Eleanor Mescallado-Kalash (Excellence Award in Arts & Culture), Rosemer Albovias Enverga for the late Senator Tobias Jun Enverga (Posthumous Lifetime Achievement Award), Ethel Tungohan
(Educator of the Year), Ruth Dunn for the late Pet Cleto (Posthumous Lifetime Achievement Award), Loizza Adriene Aquino (iKM Young Leader of the Year), Alberto Rodil (Gluckstein Community Service),
and, brother and mother of Joshua Diamante (WFG Young Entrepreneur of the Year). Photo by Ramon Talusan of SIPAT (GBA Official Photographers). — at BMO Institute For Learning.

19 Fil-Cans receive Balangay Awards

By Ysh Cabana The Philippine Reporter

The winners for the nationwide search to honor outstanding Filipino Canadians were presented Saturday September 8, 2018 at the BMO Institute for Learning, Toronto.

Loizza Aquino, 18, received the Young Leader of the Year award for her advocacy on mental health. Philippines-native Aquino, 18, is a University of Toronto Scarborough student who started Peace of Mind to end the stigma of mental health issues for teens and advocate for more resources.

"This is a tribute to young women, to youth, the people of colour, and to immigrants, especially Filipinos to show and inspire the different minorities that make up who I am. That it should not hinder success, but instigate and inspire," writes Aquino in her social media post.

The annual Golden Balangay Awards (GBA) was created four years ago and began the first awards-giving ceremonies in 2017. Recipients hail from different Canadian cities and were recognized under 19 categories that include education, arts, music, business, career and community service among others.

The Award takes it name from the "balangay" or wooden watercraft excavated in Southeast Asia and believed to be used by early migrants who reached

the modern-day Philippines. GBA aims to celebrate and recognize the achievements and significant contributions of Filipinos across Canada.

Here is the full list of winners:

- Educational Excellence (Post Secondary Education): Marissa Bumanlag, University of Windsor
- Educator of the Year: Ethel Tungohan, York University
- Entrepreneur of the Year: Jane Manalang Paguiao, Estacio Filipino Food, Ajax ON
- Young Entrepreneur of the Year: Josh Diamante, Throne Barbershop, Toronto, ON
- Business Excellence Award: Mel Galeon, FV Foods
- Excellence in Sports and Fitness: Michael Roland Cruz, Crossover Sports Canada
- Excellence in Music and Entertainment: Thea Cruz, Pop/R&B singer from Montreal
- Excellence in Media: Judianne Jayme of Mabuhay TV and Culture Card, Winnipeg
- Excellence in Arts and Culture: Ma. Eleanor Mescallado-Kalash, artistic director and choreographer
- Most Influential Community Organization: Philippine Independence Day Council (PIDC) Toronto
- Young Leader of the Year: Loizza

Aquino, mental health advocate

- Manggagawang Pilipino of the Year: Janeth Valenciano, registered nurse
- Community Service Award: Alberto Rodil, immigrant seniors settlement worker
 - Pinoy of the Year: Paulina Corpuz

Former Senator Tobias Enverga Jr., who died at age 61 on November 16 last year while on a parliamentary trip to Colombia, was posthumously awarded the GBA Lifetime Achievement Award for his work in the Canadian Senate. He was the first Senator of Filipino descent to be appointed to the position as representative of the province of Ontario.

Ruth Dunn also received the GBA Lifetime Achievement Award on behalf of her sister Pet Cleto, 72, who was a human rights activist, woman rights advocate, journalist, editor, writer, organizer and long-time community broadcaster. Cleto passed away on January 11 due to complications related to multiple organ failure.

A highlight of the event was the symbolic turnover of "sagwan" by founders Ronnie Dela Gana and Jovito Favila to delegates from Winnipeg where the gala will be held next year.

Filipino TV held broadcasted the awards night ceremonies on Friday, September 14.



Mikee denies rivalry between her and Kate

NEW Kapuso actresses Kate Valdez and Mikee Quintos are thankful to be part of the hit primetime drama, "Onanay". "Noong magsisimula pa lang ang taping, we were both intimidated kasi puro magagaling ang co-stars namin like Nora Aunor, Cherie Gil and with Gina Alajar directing us," says Kate. "Paano kung lamunin na lang kami sa eksena?"

"But it turned out puro sila mababait," adds Mikee. "Talagang tinutulungan kami para makaarte kami nang tama sa bawat eksena."

What do they think is the reason why "Onanay" clicked with the viewers? "Kasi hindi siya 'yung usual soap na puro bangayan, may catfight," says Mikee. "'Onanay' is a truly engaging family drama talaga."

"It's all about a different kind of love," says Kate. "Kasi ang mother namin ditong si Onay has achondroplasia, a bone growth disorder kaya hindi siya tumangkad and becomes the object of ridicule by some cruel people. Pero hindi siya nagpatalo. Kaming dalawa ang naging anak niya at ipaglalaban niya talaga ang mother's love niya for us. It remains pure and unconditional."

Kate actually appears more like a contravida in "Onanay" as Natalie because she refused to recognize Onay (Jo Berry) as her mom since her mind was poisoned by her paternal grandma, Cherie Gil as Helena.

"Alam kong maraming naiinis sa'kin dahil sa mga kamalditahang ginagawa ko sa story, but okay lang kasi it means I'm effective ako sa acting ko bilang inggiterang si Natalie," she says. "As Ms. Cherie Gil says, okay ang ginagawa ko and I'm doing my job well. Sa ngayon, I'm staying with my mom Onay and with Mikee as Maila at siyempre, hirap na hirap akong mag-adjust kasi nasanay ako sa marangyang buhay with my grandma Helena. Abangan nyo kung saan ako makakatagal sa ganitong setup."

Both Mikee and Kate deny reports that they have a rivalry as the two younger actresses in the show. "Wala, wala pong ganun," says Mikee. "Suportahan kaming lahat para sa ikagaganda ng show."

"Mikee and I are good friends noon pa mang 'Encantadia' days namin na siya si Lira at ako si Mira," says Kate. "Happy nga kaming nagkasama kami uli sa isang show dito sa 'Onanay' na sana, magtagal sa ere."

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Sereno won't be seeking Senate seat

MANILA -- Ousted Chief Justice Maria Lourdes Sereno is not running for the Senate next year.

Sereno, who the Liberal Party earlier said was welcome to join its May 2019 senatorial slate, made the decision after consulting her family, a source from her camp said.

This was confirmed by lawyer Jojo Lacanilao, Sereno's friend who served as her spokesperson during the impeachment trial.

"It's true. She's not running," Lacanilao said.

The source said Sereno "feels she will be more useful outside the Senate halls" and that she would like to focus on "nurturing the people's movement for justice and political rights, protection of our constitution and institution, defense of the powerless, and long-term people-centered transformation."

Sereno, who has become a vocal administration critic since her removal from the high court in May, earlier said she was open to running for public office.

In an interview on ANC in June, Sereno said seeking an elected post was "an option I'm considering" but added "my gut tells me I need more time."

Sereno was not among possible senatorial candidates included in a recent Pulse Asia Survey that listed down 66 personalities. Women topped the roster of those likely to win the midterm polls, led by Senators Grace Poe and Cynthia Villar, Taguig Rep. Pia Cayetano, Senator Nancy Binay, and Davao City Mayor Sara Duterte-Carpio.

Sereno has been speaking out against the administration, even challenging President Rodrigo Duterte days after her ouster to make good on his repeated statements that he wanted to resign.

She later called on the military to remain guided by the Constitution and look beyond Duterte's term, saying: "Remember that the Constitution is its north star, that they are, by the terms of the Constitution, the protector of the people,'

She said this in a press briefing on September 12 after visiting Senator Antonio Trillanes IV, who has been holed up in his office since Duterte nullified his 2011 amnesty over uprisings against government more than a decade ago.

In his proclamation voiding Trillanes' amnesty, Duterte had ordered the military and the police to take the former Navy official into custody. He later said Trillanes would not be arrested until a court issues a warrant.

Tweak 'Lupang Hinirang'? Vice Ganda proposes to revise other songs instead



Piolo Pascual rejoices he will now see his son Iñigo Pascual more often. His ex-partner Donna Lazaro and Iñigo (photo, left) as guests in Magandang Buhay where both talked about their decision to live permanently in the Philippines.

Piolo Pascual happy son Iñigo decides to stay in Manila for good

Tuwang-tuwa si Piolo Pascual sa desisyon ng anak na si Iñigo Pascual na permanente nang manirahan sa Pilipinas kasama ang ina nitong si Donna Lazaro, ang ex-girlfriend ng aktor.

Sa Amerika lumaki si Iñigo sa piling ni Donna at umuwi lamang ito sa bansa may ilang taon na ang nakararaan at sinundan ang yapak

Kuwento ni Piolo, "I guess so. You know Iñigo has a good career to begin with and, yes, very...

"He's a hardworker, he's a hardworking dude, so I guess yun naman ang importante, e.

"He's been training a lot, acting and singing." Dagdag pa niya, "If it was up to me, of course I want him around so I can be with him physically any given time that we're both free.

"Like yesterday magkasama kami, kahit maaga yung call time niya today, bago siya umuwi.'

Sa unang guest appearance naman ni Donna sa Magandang Buhay ng ABS-CBN noong Lunes, September 24 sinabi niya, "Dito na talaga kaming dalawa kasi gusto niya dito, e.

"Kasi from the start, lahat ng ginagawa niya, sinu-support ko, go ako.

"I'm here, Iñigo, para i-cheer ka.

"So, ganun pa rin alam mo na nandiyan pa rin lagi si Mommy, kahit 21 ka na."

Tugon ni Iñigo, "Thank you for supporting me in all the things I want to do, my dreams.

"I would not be able to reach any of these without any of you guys, my parents, my

'You guys keep me grounded wala naman akong makakamit sa buhay kung wala ang support niyo.

"I love you. mom, I will always be here. You know that."

Senate President Tito Sotto drew flak for his suggestion to replace the last line of the national anthem. ABS-CBN News

A folk tune that encourages "human trafficking," a song about a worthless policeman, and a nursery rhyme that should have ended with the positive message of promoting "second chances."

Vice Ganda listed down on "It's Showtime" some songs that should have its lyrics changed, the TV host's apparent shot at Senate President Vicente Sotto III's proposal to replace the last line of the national anthem.

The comedian began by saying that the "ang mamatay nang dahil sa iyo" line is "beautiful" because it shows that Filipinos "are willing to fight and die for our country."

Instead of changing that, he quipped that the Senate should look at old folk tunes such as "Sitsiritsit Alibangbang," which bafflingly suggest that trading a kid for a doll and bagoong is OK.

"Wala na ba kayong pagpapahalaga

sa buhay ng kabataan? Buhay iyon eh, magiting ng ina."

sa bagoong? Iyon ang palitan ninyo, huwag iyong 'ang mamatay nang dahil sa

He added that the final part of "Leron Leron Sinta" should be changed to better reflect the message of not giving up, and called for the firing of the worthless cop in "May Pulis sa Ilalim ng Tulay."

Vice Ganda also said that the Senate should focus on more pressing issues such as rising prices of basic goods and traffic, rather than on trivial matters.

It was last September 26 when Sotto said that he wants to tweak the original final lyrics of "Lupang Hinirang" with what he says is a less defeatist line, "ang

posal after hearing the negative feedback, writing on Twitter a day after: "Maraming mahina intindi-miento. Ayaw niyo?

He maintained, however, that he supports Joey Ayala's version of the national anthem, which featured a different last

sa'yo," instead of "ang mamatay nang dahil

regalo mula sa langit," he joked. "Dinala sa sinapupunan ng siyam ng buwan ng isang

"Paglabas ng sanggol, ipagpapalit ninyo

ipaglaban kalayaan mo." He did appear to reel back in his pro-

Ayala sang "ang magmahal ng dahil

Luigi Revilla in the episode, "Amats". 'Yes, may pagka-cougar 'yung role ko at bad influence rin ako rito kay Luigi," she says. "Actually, ginagamit ko siya at ginagamit din niya ako kasi

ductions' action trilogy, "Tres", with her hilarious self deprecating quips about her role as an older woman who seduces

Assunta steals scene at presscon

ASSUNTA De Rossi effortlessly stole the presscon of the Imus Pro-

he's down and out after his parents died at tinulungan ko siyang makabangon. Naging lovers kami at tinuruan ko siyang mag-drugs. Naku, first shooting day pa lang namin, pinag-love scene na agad kami ni Direk Dondon Santos. Luigi was so nervous kasi first time niya so I told him to just relax and be comfortable para maitawid namin ang eksena. Ginalingan ko na agad para take one lang at di na ipaulit. I'm just doing my job. Biro mo, halos 20 years ago, ka-love scene koʻyung dad niya (Sen. Bong Revilla) saʻKilabot at Kembot', at ngayon, 'yung anak naman. Puwedeng sa susunod 'yung lolo naman? Tinanong naman muna ako ni Direk Dondon kung okay lang sa'kin gumawa ng love scene. E, artista ko, so sige, kahit matagal na akong di nakakagawa ng ganung scene, go. Pero sana, huwag naman 'yun lang ang abangan ng audience. It's not the main plot so it's not really a big deal. Kung gusto nyong manood ng grabeng love scene, di just watch porn on the internet. Ako pa maghahanap para sa inyo. E, maraming ibang matutuhan ang tao sa movie namin, like sa character ko, huwag kang maging predator sa people who are weak and vulnerable."

So why was she chosen for the role? "Kasi matagal na siguro nila akong hindi nakikita at na-surprised sila. Ay, ba't puro bilbil na? Hindi na ito ang Assunta noong araw, a."

When told that she doesn't look it, she says: "Makapag-gym nga bukas. But honey, magaling lang talaga ako magtago pero, I'm 35 years old na. Of course, my body is not in the right place anymore. I'm just being honest and realistic. Mabuti na 'yung laitin ko ang sarili ko kaysa laitin pa ako ng ibang tao, di uunahan ko na. Pakibabaan po ang expectations kasi I'm super super old na, as in. I swear! Ang mga cellulite kasi, e. Marami nang naging pagbabago since the time I did films like 'Hubog', 'Sisid' and 'Red Diaries'. Pero I think, bagay naman sa description ng character ko rito sa 'Amats' na mas matanda talaga kay Luigi. I'm just thankful na naisip pa nila ako for this role. That means I still have it. Chos! Buti na lang talaga, tanggap ako ng family ko as I am now at hindi ako pressured na nasa derma araw-araw. Wala akong time magmukhang bisugo, 'yung puro botox, saka puro fillers. Kasi nga tanggap nila ako."

It's good her husband Jules Ledesma doesn't get jealous when she does love scenes? "Hindi. Kung ganoon siya kababaw at sobrang seloso, siyempre, hindi ako tatanggap ng ganitong projects. E, ito, okay naman ang treatment ni Direk Dondon. Maingat naman siya, so okay lang. Maganda raw talaga lumabas ang buong movie so I will attend the premiere night this coming Sunday. Bale last project ko na muna itong 'Tres' kasi by next year, I want to get pregnant so kailangan, walang stress, walang pressure sa trabaho, para magbuntis na nga ako.".

Nora, suportado ang pagabalik sa recording ni John Rendez

Nagbabalik sa recording scene ang magaling na hip hop at rap artist na si John Rendez. Huling album na nagawa niya ay noong 2012, ang Metal Dog: There Can Only Be One under PolyEast

Naging maganda ang resulta ng album niyang ito kung saan na-nominate ito bilang Rap Album at nanalo siya bilang Rap Arist of the Year sa Star Awards for Music noong 2013.

Ang kompanya ng Star Music ang magbibigay buhay muli sa recording career ng singer kung saan ginagawa na ngayon at masusing pinag-aaralan ang kanyang magiging single. Kakaiba ito sa mga nagawa na dati na siguradong marami ang magugulat.

Kamakailan lang ay pumirma na siya ng kontrata sa Star Music at kasama pa niya ang tumatayong business manager na si Nora Aunor. Todo-suporta talaga si Mama Guy sa career ni John, huh!

Excited si John dito dahil gustung-gusto niya talaga ang kumanta. Kung magiging maayos ang lahat, malamang ay ngayong taong ito mari-release ang kaniyang single.

Ngayon palang ay ramdam na ang kanyang kasiyahan dahil anim na taon din siyana hindi naka- paarecord na kanta

Magiging busy ang susunod na taon sa ma-galing na singer dahil bukod sa pagpo-promote ng kanyang single ay pinaplano rin ang pagbuo niya ng isang album. Mag-kakaroon din siya ng series of shows.

Pagdating talaga sa pagkanta ay mahusay si John. Isa sa mga kinilala sa kaniyang mga awitin ay ang Everybody Sayaw, na tunog foreign kung saan isa ito sa mga most requested na kanta sa mga radio station nang ito ay ini-release.

Derrick tinablan kay Sanya

MATINDI ang sex appeal ni Derrick Monasterio sa pelikulang "Wild and Free" ng Regal Entertainment ni Mother Lily. Sa totoo lang, pwede siyang tawaging "young Derek Ramsay" at walang aangal, lalo na ang inyong lingkod na matinding tagahanga ng nag-iisang "Sexiest King" of Philippine movies.

Batambata pa si Derrick, pinagpapantasyahan na siya ng mga babae (young and old) at lalo na ng mga miyembro ng

Natatawa ang binatilyong anak ng dating sexy star ding si Tina Monasterio sa nangyayari sa kanya ngayon.

"Handa na po ako ngayon sa magiging kapalaran ko sa showbiz," aniya na muling natawa dahil sa palakpakan mula sa movie press. "But it doesn't mean na lalayo na ako sa pagiging wholesome. Malaking challenge talaga ang haharapin dahil sa sexy movie ko ngayon."

"Buti na lang at si Sanya (Lopez) ang kapareha ko dahil close friend ko talaga siya," sabi ni Derrick.

Hindi naman niya itinanggi na may naramdaman siya habana ainagawa nila ana maa maiinit na eksena. "Imagine. NBSB (no boyfriend since birth) pa siya, pero pumayag siya sa mga eksena namin," ani Derrick.

Hindi maitatago ni Derrick na nanggigigil siya habang tinitingnan si Sanya kapag naghuhubad ito sa mga eksena.

"Matinding pagpipigil talaga ang ginawa ko para mairaos ko ang bawa't seksing eksena namin ni Sanya," natatawa niyang wika.







LEFT, Alyssa Datu, Martha Joy, Maria Panaligan and Philip Beloso promote Golden Voices conert at taste of Manila. ABOVE, Jojo Taduran celebrates his 77th birthday with family and friends. BELOW LEFT & RIGHT, More friends join Jojo Taduran at his birthday.





Maja Salvador on being dragged into breakup of Angelica-Carlo in the past: "Hindi ako third party..."

Maja Salvador reacts to those tagging her as the third party in the breakup of Angelica Panganiban and Carlo Aquino in the past. "Hindi ako third party kasi bago manligaw sa akin si Carlo, ang dami pang girls nun bago pa siya nanligaw sa akin," said Maja.

Maja Salvador defended herself against those branding her as the third party in the breakup of Angelica Panganiban and Carlo Aquino in the past.

In the September 23 episode of Gandang Gabi Vice, Angelica revealed that Maja was the reason Carlo broke up with her before.

But the Playhouse actress made it clear that it was already over between her and Carlo before he and Maja became together.

Angelica said, "Hindi siya nagloko. Pinutol niya yung sa akin bago siya nagsimula."

Where did the "third party" come from?

When Vice Ganda's late-night show promoted the episode, it highlighted those two words.

On Thursday, September 27, Maja, posted on Instagram a photo of her wearing an orange dress, and wrote in the caption, "Things I Sway: My Hips and Your Opinion."

Was the cryptic post related to the revelation made by Angelica?

Maja clarified that the post had nothing to do with Angelica's statement.

'Wala. Nakita niyo naman ang dress na na-sway kong ganun. Nasakto lang siya that Sunday.

> **MAJA SALVADOR** continued on page 20

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ARE loveteams back to, once more, dominate the box-office?

It looks like it is, since isa ring box-office hit ang currently showing movie nina Angelica Panganiban at Carlo Aquino na Exes Baggage rected by Dan Villegas.

This, despite na in exhibition pa ang The Hows of Us movie ng reel-and-real-life

loveteam nina Kathryn Bernardo at Daniel Padilla.

Considered the biggest grossing film to hit local showbiz, The Hows of Us, is directed and produced by Cathy Garcia Molina at Star Cinema, respectively.

Black Sheep Productions produced naman Exes Baggage.

To date, ang kinu-consider na most successful loveteams in local showbiz are the tandem nina Nora Aunor at Tirso Cruz III and Vilma Santos (now Recto) at Edgar Mortiz.

Except for Ate Vi, na dahil busy with her current position as Lipa City Representative, active pa rin sa showbiz sina Guy (Nora), Pip (Tirso) at Bot (Edgar).

Maine busy kahit wala si Alden

EVERYTHING is coming up roses sa other half of the phenomenal pair ng

AlDub na si Maine Mendoza dahil sunud-sunod din ang mga solo project nito without her partner, Alden Richards. Bukod sa "Eat Bulaga" kung saan siya kasama sa Sugod-Bahay, ang "Juan for All, All for One" segment, pinagkakaabalahan din ngayon ni Maine ang MMFF



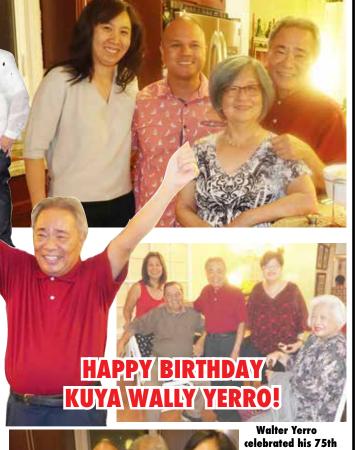
Coco Martin, ang "Jack Em Popoy: Pulis Credibles," ang shoots para sa kanyang mga product endorsements, other personal appearances at paghahanda ng kanyang upcoming debut album under Universal Records.

Since magkasama sila ng Kapuso primetime king na si Coco Martin sa MMFF movie, hindi rin maiaalis na ma-link ang dalawa sa iso't isa. May mga nagsasabi ring baka mag-



guest si Maine sa top-rating at long-running action-drama TV series ni Coco sa ABS-CBN, ang "FPJ's ang Probinsyano" bilang bahagi ng promo ng movie nila sa darating na Christmas holidays. Si Maine ay hindi exclusive contract star ng GMA kaya may posibilidad na mangyari ito. Ganundin naman si Bossing (Vic) kaya malamang na pati si Bossing ay mag-guest sa "FPJ's Ang Probinsyano" at hindi rin kami magtataka kung pati si Coco ay mapanood sa "Eat Bulaga" at maging sa upcoming sitcom nina Bossing at Maine sa GMA, ang "Daddy's Gurl".

Sina Coco at Bossing ay magka-sosyo sa "Jack Em Popoy" along with APT Entertainment and TAPE big boss na si G. Tony Tuviera. ABOVE, Agatha Ro wins Best Designe Long Gown Award the Mutya ng Pilip 2018 pageant. Th gown was desinge Paolo Ballesteros.



birthday with family and friends. Here are some photos of that wonderful milestone, on a cozy, cool first night of autumn.

May God Bless you with more milestones Kuya Wally!

Beach glam it like Nadine Lustre!



With her 'cool girl' attitude and always on-point OOTD's and Instagram posts, we've been spoiled by having an icon that we could always get inspiration from.

But getting to the confident and empowered Nadine Lustre didn't happen

> **NADINE** continued on page 23





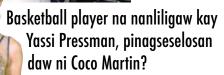
ABOVE, Ellian Marie Layos ties the knot to Marc Adique at St. Michael's Cathedral Basilica last August 18. BELOW, FV Foods Mel Galeon poses with Sar





Parents Julian and Leah flank the priest as he holds Julian after baptism. INSET,Julian is carried by her mom Leah as he gets baptized at Precious Blood Parish as father Julian looks on.

RIGHT, Nathaniel Gumapac and Nanay Rose (WITH CAPS) celebrated their birthdays with family and



Nilinaw ni Yassi Pressman ang namamagitan sa kanila ng co-star na si Coco Martin, na tulad din ito ng namamagitan sa mga karakter nilang si Cardo at Alyana sa seryeng FPJ's Ang Probinsyano.

"Yung care para sa isa't isa. Si Coco po kasi yung tipong inaalagaan niya lahat, sinisigurado niyang maayos ang lahat, nakakain na lahat..." unang kwento ni Yassi.

Dagdag pa niya, "Ako rin naman po I like showing people that they're important to me.

Umapoy ang balita na may namamagitan kina Coco at Yassi nang mag-viral ang isang

video clip kung saan nakitang "naghahalikan" ang dalawa. Tinanong



rin siya kung totoo na nagseselos si Coco sa isang basketball player na nanliligaw kay Yassi. Tumawa lang ang aktres at sinabing, "Unang-una Tito Boy, hindi po siya basketball player and yung tao pong yun is part of our marketing team. Kasi nagbi-build po kami ngayon ng website, we're putting out a book also."

Kinumpirma ni Yassi na magkaibigan lang sila ng lalaking tinutukoy at malapit din daw ang lalaki sa pamilya niya.

"Close din naman po. Matagal na po. As in bago pa ako mag-showbiz," paglilinaw ni Yassi.

Pinagmalaki din ng Fil-British actress na isa siya sa mga nabigyan ng break ni Coco sa showbiz, na direktor na rin ngayon ng Ang Probinsyano.

"Isa po ako sa mga tao na nabigyan niya ng bagong buhay, kasi nabigyan niya ako ng opportunity,"









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RIGHT, TFC's Rosary Escano poses with Peyton Garcia and Arielle Fina Abrazaldo at the TIKIM fun run. BELOW, FV Foods wait for runners to reach their station. BELOW RIGHT, Runnersindulge in FV Foods puto and nilupak dessert because it was the last stop of the Tikim 5k fun run.







ABOVE LEFT, Miss PIDC Melanie Lazaro, Denniel Corcega, Miss Teen Grand Continental Queen Canada Melissa Saldua Ventocilla and Dennedy Corcega walk the procession at the Dolorosa Fiesta. ABOVE, Maria Panaligan poses with Flora Saldua. LEFT, Toronto Mayor John Tory walsk the Dolorosa procession.

Reunion movie nina Nora Aunor at Vilma Santos, matutuloy pa ba?

Nanatiling bukas sa posibilidad ang Superstar na si Nora Aunor sa mga nilulutong movie project kasama ang Star For All Seasons na si Vilma Santos. Kuwento ni Nora, kasalukuyang may kumakausap sa kanila para sa pagsasama sa isang proyekto.

"May mga kumakausap sa amin na gumawa ng pelikula, pero ang nagiging problema nga lang ay 'yung scheduling. Baka hindi magtugma ang scheduling," sabi ni Nora.

"Pero malay natin, dumating ang panahon magkakasama rin kami," dagdag pa ng Superstar.

Matatandaan na ilang pelikula na din non ang pinagsamahan ng Superstar at Star For All Season sa pelikula gaya ng T Bird at Ako at Ikaw Ay Akin.

Samantala, todo suporta din si Nora bilang business manager sa naging contract sigining ng kanyang talent na si John Rendez sa Star Music At bilang isang business manager, aminado si Nora na namiss niya

"Opo siyempre, kasi unang-una ang pagiging mang-aawit talaga, dyan ako nag umpisa. And sa tagal ng panahon na hindi ako naka-kanta, na mi-miss ko talaga ang pag kanta," sabi pa ni Ate Guy.

ang muling maging aktibo sa larangan ng pagkanta.

"At sa hindi pa ako maka-kanta sa ngayon, siyempre gusto ko maibigay sa katulad ni John na hindi din nakakpagpatuloy ng kanyang singing career, so umaasa ako na dito sa Star Music, ay mabibigyang buhay ulit ang kanyang talent na ibinigay ng nasa Itaas," pahayag pa

Klea Pineda, binigyan ng payo ng Beauty Queen Maker na si Jonas Gaffud

Nasa cloud nine pa rin si Klea Pineda nang makilala niya ang Beauty Queen Maker na si Jonas Gaffud.

Sa eksklusibong panayam sa Ika-5 Utos star, ibinahagi ni Klea ang mga naganap sa gabing nagpunta siya sa isang drag queen show kung saan nakilala niya si Jonas.

Aniya, "That night sa O Bar, I was with my cousins and titas. Hindi ko naman alam na nandoon siya, actually tapos na 'yung show noon ng O Bar, nag-stay na lang kami."

"Paglingon ko sa likod ko, nakita ko si Sir Jonas, nanigas ako, sabi ko 'Tita, nandiyan si Jonas!' Sabi niya, 'Mag-ayos ka, mag-ayos ka!' Inayusan ako ng tita ko tapos tumayo ako ng maayos

"May nakakita sa 'kin na kasama niya sa table, nagkaroon bigla ng aisle sa gitna ng table namin at table nila. Nag-catwalk 'yung friend nila papunta sa 'min

mapan-

friend

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🍃 mga tao

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alik-balik, hinahamon ako na rumampa.
"Pinatulan ko, go naman ako para
sin niya hanggang sa umakyat kami ng
niya sa stage."

Nang magkausap daw sila ni Jonas binigyan daw siya ng Beauty Queen Maker ng mahalagang payo.

"Nakausap ko siya, actually kilala pala niya ako! Sobrang happy ako na naiiyak, to think na 5 AM or 6 AM na 'yon.

"Kinakausap niya ako and sinasabi niya na 'Huwag mong madaliin, huwag ka mag-rush.'

"Akala niya kasi hindi ako interested sa beauty pageants pero nakikita naman daw niya sa social media accounts ko na interested ako.

"In-invite niya ako at binigyan niya ako ng calling card.

"Masaya, super happy 'yung morning na 'yon." Ngayong inanyayahan na si Klea na

train under Jonas Gaffud, malapit na siyang sumabak sa mga beauty pageants? "Since sabi naman niya sa 'kin na huwag

magmadali, since sa kaniya na nanggaling hindi ko naman talaga minamadali rin.

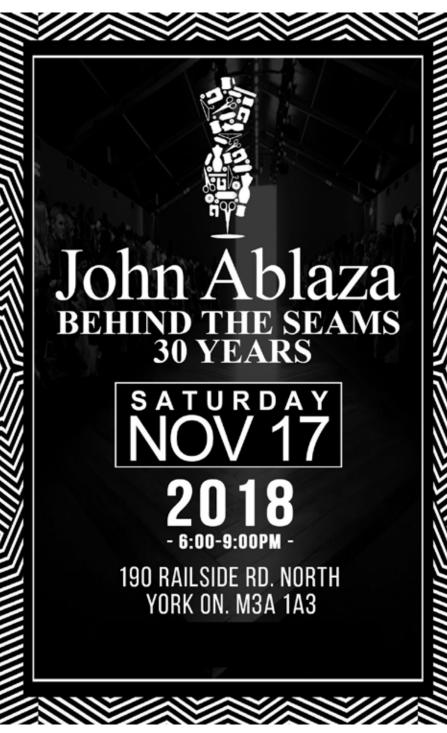
"Kahit nakaka-pressure 'yung sinasabi ng na 'Sumali ka na kahit bata ka pa.'

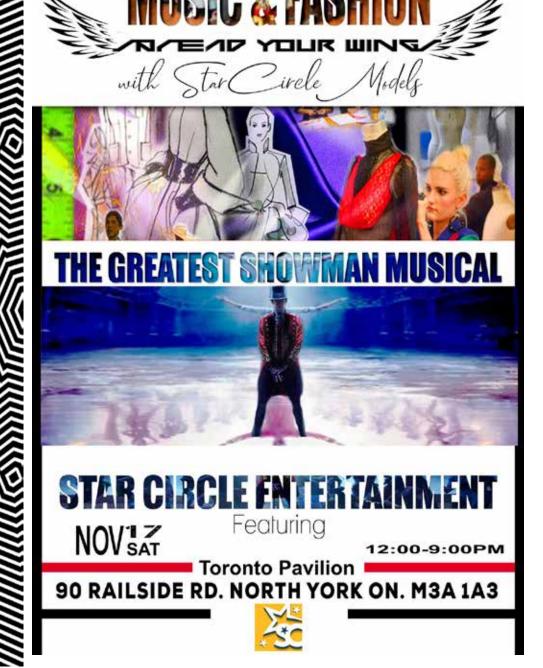
"Ayoko pa talaga, gusto ko sa 'kin manggaling na 'Kaya ko na.' Ako na ang de-decide kung kailan ako sasali."











Duterte picks a fight with his military

Filipino leader drops a daring gauntlet in provoking his armed forces to overthrow his elected government, widely perceived as abusive

Days after his return from a historic trip to the Middle East, Philippine President Rodrigo Duterte also arguably made history at home in a national address that vented his exasperation with the armed forces.

In an hour-long têtê-a-têtê televised interview this month with his chief legal counsel Salvador Panelo, Duterte lamented how he had "reached the limit" of "my persona" – a rare public admission of the tough-talking leader's diminishing ability to steer policy.

At the heart of the president's protestations was his patent inability to command soldiers to execute a warrantless arrest order and launch court martial proceedings against his chief opposition critic, Senator Antonio Trillanes.

Trillanes, an ex-naval officer with ties to top military officers, has flexed those connections in the ongoing stand-off, where he has resisted arrest through his parliamentary immunity while pillorying the president in press interviews for his alleged abuse of power.

Duterte lashed out at the military in his televised address for disrespecting his democratic mandate and being ungrateful for the significant boost he has administered to armed forces' salaries and benefits.

"I'm not trying to win you over. It's because I was elected president. Now you have the mandate to protect the people and preserve the nation. You want to destroy that? That's okay," he complained in the address referring to the armed forces.

Since winning elected power in mid-2016, Duterte has sought to tightly control the police and armed forces, lavishing them with praise, attention and resources.

While he has largely succeeded with the Philippine National police (PNP), the force at the forefront of his lethally controversial drug war, the military has remained largely aloof and professional, passively aggressively emphasizing the need to uphold the rule of law and constitutional procedures.

In response, the military has lobbied hard to maintain robust defense relations with America, opposed peace negotiations with communist rebels, and stiffened its stance on the nation's South China Sea disputes with China, at times seemingly independent of Duterte's own pro-China engagement policy.

The televised one-on-one exchange with Panelo was supposed to cover a wide array of national issues, ranging from surging inflation to rice shortages to international relations.

But Duterte's presentation zeroed in on the unwillingness of what he called "my soldiers" to imprison Trillanes and place him under a court-martial. A former navy officer, Trillanes launched two failed coups, in 2003 and 2007, against then president and now House of Representatives Speaker Gloria Macapagal-Arroyo, a top Duterte ally.

Though Trillanes spent more than seven years in jail on the mutiny charges, he garnered significant public sympathy for his stand against Arroyo's alleged corruption, enough to win election to the Senate from prison. He later earned a political amnesty under the previous Beningo Aquino administration.

"Duterte overreached and miscalculated," Trillanes, who is still holed up inside the Senate to avoid arrest, said in a media briefing earlier this month. "He wanted to push the boundaries of his executive power, but the brazenness of the manner in which he did it forced the institutions to push back."

Duterte has cause to want to silence Trillanes. The outspoken senator has launched investigations into Duterte's personal finances, spearheaded a Senate probe into his family's alleged drug trade links, and lodged a drug war-related complaint against him at the ICC.

Duterte has sought to place the outspoken senator back in prison through the nullification of his amnesty.

In an August 31 proclamation, Duterte tried to nullify the validity of Trillanes' executive amnesty and ordered his military to carry out

his arrest. Instead, the AFP leaked documents to the media that showed the validity of Trillanes' amnesty, while dragging its feet in implementing the warrantless arrest order.

Many of Trillanes' classmates at the prestigious Philippine Military Academy (PMA) are now battalion commanders and firmly perched at the upper echelons of military power.

Political observers believe those same officers were likely instrumental in rejecting Duterte's order to nab Trillanes, opting instead to emphasize the AFP's constitutional duty as "protector of the people and the state."

"I have stated my clear stand on the matter. If the AFP thinks I am not competent, that I am not qualified to be sitting. It's up to you," Duterte exclaimed, accusing the military of siding with Trillanes and taunting them to "go to [Trillanes] and stage a mutiny or revolution or whatever."

"You are free to do that. As a matter of fact, I am encouraging you to do that, so it ends here," he dared.

Sanya goes 'wild and free' with Derrick

SANYA Lopez and Derrick Monasterio are Kapuso stars being launched by Regal Entertainment in the daring sexy romance, "Wild and Free", directed by Connie Macatuno. Didn't Sanya have any hesitation about shedding her clothes before the camera?

"Siyempre, pinag-isipan ko munang mabuti kung kaya ko bang gumawa ng sexy romance," she says. "Kasi, as the title suggests, dapat maging 'Wild and Free' talaga ako sa pelikula. E, mas kilala ako having a wholesome image in shows I did, like 'Encantadia' and 'Haplos', so malaking pagbabago para sa akin itong 'Wild and Free'. And I realized this is such a big challenge and also a step higher to a new level for my career, so I accepted it. And once I did, I put all my heart into it. Inihanda ko 'yung sarili kasi gusto ko 'yung natututo ako at nagi-improve sa craft ko as an actress."

What helped her in deciding to accept the project is the fact that it's Derrick Monasterio who's her leading man. "He's a friend so I can discuss muna with him kung paano namin gagawin ang love scenes namin. Matagal na kaming magkakilala pero mas nagkakilala pa kami while doing this movie. He's a real gentleman at pareho kaming naging 'Wild and Free' rito. We have to live up to our movie's title. Napanood na namin ang sexy scenes na ginawa namin sa car at ibabaw ng washing machine at okay naman siya. Maganda ang treatment ni Direk Connie Macatuno sa mga eksena, very hot and passionate, pero hindi siya basta kalaswaan lang kasi maganda rin ang kuwento niya about relationships."

Sanya's career is really going places. Aside from this new movie, she also has a new TV show on primetime, GMA-7's "Cain at Abel", where she will co-star with top Kapuso actors Dingdong Dantes and Dennis Trillo. "I really

can't complain," she beams. "Kaya kahit pagod ako lagi dahil sabay ang shoot ng movie at taping ng bagong show, okay lang. Lagi akong ganado and I can only thank the Lord for all the wonderful blessings He is giving to me everyday."



ABOVE, Actress Jamie Salenga poses with Derrick Monasterio and (BELOW) Barbie Forteza.





confidentia! to interest entert all ment

Kathryn Bernardo now a legit drama star

A more mature and versatile Kathryn Bernardo brought tears, broke expectations and blossomed into a full-fledged actress in her latest big screen offering "The Hows of Us" with perennial leading man Daniel Padilla.



Bernardo has been wowing moviegoers for her exemplary performance as the aspiring doctor George, who made huge sacrifices in her seven-year romance with aspiring musician Primo.

One of the most highly praised moments in the latest Cathy Garcia-Molina opus was the crucial jeepney and final scene where George had to choose between her dream and her love for Primo.

According to Direk Cathy, Bernardo winged that scene with just a single take. Netizens raved about how the film has elevated Bernardo's artistry and how it proved her doubters wrong about what she can offer this

business

Maturity certainly becomes Bernardo as the actress readily did scenes she is not known for, among them cracking expletives and showing her sultry side.

The latest Cathy Garcia-Molina blockbuster hit earned over P36 million on its opening day and almost P300 million on its opening weekend, the highest regular opening day ticket sales that the tandem has raked in out of the eight films that they have headlined to date. The whopping second and third day box office sales also saw a doubling of figures and sold out cinema screenings. The Hows of Us is still screening in over 435 cinemas as of press time

While their past films have focused mostly on bringing out kilig, The Hows of Us brought out Bernardo's depth and openness to take on roles that are more realistic and relatable.



Yassi Pressman deals with being broken hearted

YASSI Pressman laughs off the rumor that she and Coco Martin are now secretly going steady. The fans of "Ang Probinsyano" where she plays Alyana, the wife of Coco as Cardo, insinuate that their romance is not only on screen but also even off. "Yes, I'm aware of what they write in social media na parang may relasyon na raw talaga kami ni Coco even in real life," she says at the presscon of her new movie, "Para sa Broken Hearted". "I really can't blame them kasi si Coco, talagang maasikaso sa lahat, lalo sa mga babaeng nakakasama niya, maalaga talaga. Two years na kaming magkasama sa show at nakikita kong lagi niyang sinisigurado na everyone is okay and comfortable on the set, kaya naman mahal siya ng lahat ng cast and crew."

It's said that Coco's real life squeeze, Julia Montes, even got jealous of her because of her closeness to Coco. "I'm not aware po, but wala namang dapat ipagselos kasi kami ni Coco, we're not at all romantically involved. Sa story lang 'yun kasi mag-asawa nga kami. But as friends, I'd say we're really close."

How did she feel when Coco chose Maine Mendoza to be his leading lady in the Metro Manila Filmfest entry he's now shooting, "Jack Em Popoy, The Pulis Credibles"? "Ay okay lang po 'yun. Walang issue sa akin. I think perfect si Maine as his leading lady for the movie."

She and Maine actually have something in common. When she was still with GMA-7, she went steady with comedian Sef Cadayona and she felt broken-hearted when they parted ways. After her, Maine was linked to Sef but the reaction of AlDub diehard fans was so violent that Sef eventually distanced himself from her. How does she feel about this?

"Naku, antagal na noon. What happened after that is no longer a concern of mine. Fan nga ako ng AlDub. Friend ako ni Alden Richards at noon, sa 'Eat Bulaga', sinabihan ko pa siyang ipakilala ako kay Maine."

How did she cope when she got broken-hearted then? "Mahirap talaga mag-move on but 'yung masaktan ka, maging broken hearted, part talaga 'yun ng buhay, e. I realized na kung kailangang umiyak ka, then do so. Don't deny the pain kasi mas mahihirapan ka, but after that, rise again and move forward ka na. And it's best na ma-experience 'yun ninuman kahit once in his or her lifetime. Nakatulong nga 'yun sa akin for my role as Shalee in our movie. Naka-identify ako sa character kahit, actually, magkaiba kami, but the bottom line, pareho lang kaming gustong maging happy. Dito, in love ako kay Sam Concepcion, but it turns out may kasosyo pala ako sa kanya, si Louise de los Reyes. How the situation is resolved, 'yun ang abangan nyo sa movie. We're so happy kasi ang dami ng nanood ng trailer namin sa Internet. We assure them na wala pa 'yung nakita nila sa trailer. The full movie is really every entertaining and satisfying kasi it's about different kinds of relationships that young people go through in life."



Mikael says Iceland an ideal place to propose to Megan

GMA'S afternoon show, 'The Stepdaughters' is ending this week. So what do its lead stars, Megan Young and Mikael Daez, plan after the show ends? "Balak naming bumisita sa Iceland," says Mikael. "We've got a lot of friends na nakapunta na roon at maganda raw talaga, so it's a dream destination for us."

So is that where he will officially propose to Megan? "Malay natin," he laughs. "Pero sa ganda ng lugar, ideal na pamproposal talaga siya. After all, eight years na rin kami together this September. We'll see. Alam mo naman, sa buhay, walang kasiguraduhan but anything is possible. Meantime, basta huwag kayong bibitaw dahil tiyak na masisiyahan kayo sa finale episode ng 'The Stepdaughters' na pasabog talaga. Maraming twists after si Megan as Mayumi ang masisi sa pagkamatay ni Edgar Allan Guzman as Froilan. Si Katrina is shocked to find out na buhay pa pala ang mother ni Mayumi na si Glydel Mercado, na akala niya'y napatay na niya. Hindi pa rin siya titigil hangga't hindi niya napapabagsak si Mayumi."

Rhian defends ex-bf: 'Nothing wrong with him'

RHIAN Ramos has yet to have a new TV soap after "The One That Got Away" but she doesn't really mind since she's currently in the cast of three new movies. She's the leading lady of Jolo Revilla in the "72 Hours" episode of the action trilogy of Imus Productions,

"Tres". She is also paired with newcomer Ian Ignacio in the martial arts flick, "The Trigonal: Fight for Justice", which was shot totally in Bacolod with Monsour del Rosario. And she's also doing a new romantic comedy with JM de Guzman, "Kung Paano Siya Nawala", for Tuko Productions, Buchi Boy and Articulo Uno or TBA.

"I enjoyed my role as a female cop in '72 Hours' of 'Tres," she says. "Nag-action ako rito kasi we're assigned ni Jolo Revilla to arrest a notorious drug lord played by Albert Martinez. Maraming shootouts, fight scenes. Sobrang dami ng pasabugan dito na pagdating mo pa lang sa set, makakaamoy ka na agad



ng gun powder, but kahit mahirap, I enjoyed shooting our film. Jolo himself taught me how to shoot. He's so nice to work with. Maasikaso sa lahat. Laging masarap

ang pagkain namin sa set and he always makes sure I'm comfortable. He's such a fine gentleman"

She's currently being linked to Jolo and also to Andre Paras, but she says she's not yet ready to get into another relationship after breaking up with her last one, racer Jason Choachuy, with whom she was on for three and a half years.

"I'm not even dating anyone right now," she says. "I'm just getting to know myself again after I got out of my last relationship. It's an emotional thing you go through."

Why did they break up? "I just want to make it clear that there's nothing wrong with him. He's a wonderful guy and I still do love him, but there's a lot that's going on in my life now, so many changes that I can't reveal to the public yet, and I feel I have to focus on myself first. I feel I need to grow more so I can be better not only for myself but also other people. Let's just say it's growing pains. So now, I'm so busy with work. Aside from the movies I'm doing, I still host the lifestyle show, "Taste Buddies' and I'm really okay by myself, for now."

Angelica, Carlo nagkabalikan na?

MARAMI ang naniniwala (including this writer) na nagkabalikan na ang excouple na sina Angelica Panganiban at Carlo Aquino. Ito'y mahahalata sa mga kilos ng dalawa na ang turingan ngayon ay higit pa sa magkaibigan lamang.

Sa iba't ibang panayam sa dalawa, hindi nila

ikinakaila na hindi pa rin umano nawawala ang kanilang pagmamahal at respeto para sa isa't isa kahit dumaan sila ng ilang taong paghihiwalay at naugnay na sa iba.

Parehong single ngayon sina Angelica at Carlo na lalong nagpalakas ng paniniwala ng marami na muling nagkabalikan ang dalawa laluna nang sila'y pagtambalin sa first movie nila together, ang "Exes Baggage" na dinirek ni Dan Villegas at dinudumog ngayon sa mga sinehan. Mapapasama rin si Carlo sa bagong simulang comedy-romance morning TV series nina Angelica at Zanjoe Marudo, ang "Playhouse".

Second year high school pa lamang noon sina Angelica at Carlo nang sila'y maging magkasintahan na umabot nung pareho na silang nasa college. Inamin ni Carlo na siya umano ang dahilan kung bakit nagkahiwalay sila ni Angelica. Inamin naman ni Angelica na si Maja Salvador umano ang ipinalit sa kanya ni Carlo.

Ngayong pareho nang nag-mature sina Angelica at Carlo, mas alam na siguro nilang alagaan ang kanilang relasyon kung sakasakali. Pareho na rin silang nasa marrying age. Thirty three na si Carlo at 31 naman si Angelica.

Marami ang humuhula na baka sa kasalan na mauwi ang relasyon nina Angelica at Carlo. Kaya?

Alden, laging absent sa 'Bulaga'

Kung hindi pa nag-report sa Eat Bulaga kaha-pon si Alden Richards, five days na siyang absent sa noontime show. After his concert last September 21, hindi pa siya napapanood sa Eat Bulaga at dahil ito sa taping ng Victor Magtanggol.

Kapag magre-report this Saturday si Alden, matutuwa ang kanyang fans na nami-miss na siya at sa Adrenaline Rush concert pa siya last time napanood. Sa Victor Magtanggol na lang siya napapanood na hindi naman live.

Pagkatapos mag-guest ang mga Sanggre ng Encantadia sa Victor Magtanggol, inaabangan ng viewers kung sino ang susunod na maggiguest sa show.

Siguradong matutuwa ang fans ni Alden kung matutuloy ang plano na i-tour ang Adrenaline Rush lalo na 'yung hindi nakapanood sa KIA Theater. Ang hindi namin nalinaw ay kung sa Pilipinas lang itu-tour ang concert o kung dadalhin sa ibang bansa.

Samantala, looking forward na si Alden sa Christmas vacation nila ng kanyang pamilya sa Christmas season. Ten days ang European vacation nila na kung saan, pupunta sila sa London at Paris.









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Stand-Up Comedians AJ Tamiza & Le Chazz in Toronto in 2019

Maja inisnab daw sa pa-anniversary special ng 'Ang Probinsyano' sa **ASAP**

Hindi man nagpaparamdam, lagi namang nasasali ang name ni Maja Salvador sa mga showbiz items.

Nauna na nga ang pagbanggit sa kanya among the ex of Carlo Aquino na siyang naging rason ng break-up noon ng binata at ni Angelica Panganiban.

Pero ang mas nakakaintrigang chika na dinedepensa ng kanyang fans ay ang pangdededma sa aktres ng Ang Probinsyano production noong mag-celebrate sa ASAP ng kanilang third anniversary ang serye ni Coco Martin.

May nagtsika pang naroon lang daw si Maja sa ASAP backstage pero bakit mukhang ni hindi man lang daw ito tinimbrehan na makasama sa selebrasyon at pa-tribute ng show gayung isa siya sa original cast member ng

May tsismis pang "nagparamdam" si Maja by greeting most of the cast members na naroon that day, pero hindi pa rin umano ito naimbita to join them.

Iyan ang nagkakaisang sentimyento at reklamo ng supporters ni Maja. Anyare ba talaga?

The Dazzlers Entertainment, together with JJavier Digital Media and JVF Productions, will be pro-

AJ and Le Chazz

ducing a stand-up comedy show at the Toronto **Pavilion** (located at 190 Railside Road, Toronto) on January 12th, 2019, Saturday.

The show will feature exciting comedian/

singer tandem of AJ Tamiza and Le Chazz, regular performers at Allan K's Klownz Comedy Bar locations in Quezon City. Also to be featured is Shanaia Gomez, an up and coming artist and TV commercial endorser in the Philippines, who is from Toronto.

Amongst those providing musical

numbers during the shows front act are: the beautiful and talented singer Audrey Lyn Bushell, the teen singing group



Audrey Lyn Bushell

CHARMS and the young charmer Aidan Rodricks. Choreographer and Dancer Chollo Lagdameo and his group also be featured, as well as, dancers Jasmin Flores, Aysu and Arel and Christal.

Tickets will soon be available through Ticketmaster and other outlets.

For the first time in 23 years, a Filipino-American model will walk the Victoria's Secret fashion show, an annual lavish fashion event that features models in lingerie and sleepwear brand with elaborate costumes.

"I'm freaking out. Somebody wake me up from the best dream ever," says Fil-Am fashion model

Kelsey Merritt on Twitter.

Congratulatory messages flooded social media as soon as Merritt confirmed on Instagram that she will walk the runway for the Victoria's Secret fashion show later this year.



Merritt, 21,



who hails from Pampanga, is a communication arts graduate of Ateneo de Manila University in Quezon City. Later, she moved to the US to pursue her modeling career.

An interview for Preview Magazine says that Merritt has a sweet tooth. In school, she usually wears sneakers, denim jeans and t-shirt. She loves volleyball and Broadway musicals.

Merritt also describes herself as a homebody. "I don't like going out. I cannot last out longer than 12 midnight. Plus, I don't drink and I can't dance, so what's the point?! Haha! I would rather stay at home and read a good book than stay out

late and get drunk," according to the magazine. Merritt says that the title of her thesis in college is "Be Brave Challenge: An HIV/AIDS Awareness Campaign Promoting Testing and Addressing Self-Stigma Among Filipino MSM University Students." She adds: I'm very excited because my thesis mates and I were nominated for best thesis!"

The annual fashion extravaganza has been a stepping stone for some of the biggest fashion models in the world. Some of the previous and present "VS" models include Adriana Lima, Tyra Banks, Alessandra Ambrosio, Gigi Hadid, Kendall Jenner, Miranda Kerr, Taylor Hill, Jasmine Tookes, Lily Aldridge and Liu Wen.

Nine of the models who appeared in the 2015 fashion show appeared on Forbes' list of the world's 20 highest-paid models in 2016. Aside from being a "VS" Angel, the models become ambassadors of popular brands in the world.

Merritt is expected to strut all the way to the bank with a six-figure salary.

In 2017, the highest-paid Victoria's Secret model was Brazilian Adriana Lima who earned \$10.5 million (roughly P525 million) in 2016.

In 2016, beauty queen-turned-fashion model Janine Tugonon auditioned for the Victoria's Secret Fashion Show but she has failed to make the final round of the popular lingerie runway extravaganza.

Tugonon then was one of the hundreds of models who auditioned for the fashion show which will be broadcast in December 2016. She made it to the second round of the callbacks with 29 other fashion

The Miss Universe 2012 first runner-up earlier made waves as a fashion model abroad when she became the first Filipino to be featured in a commercial for Victoria's Secret's Pink, which caters to female college students ages 13 to 22.

Tugonon had posed nude in her shoot when she won a modeling contact along with 11 other girls who will be featured in an art calendar. The photo shoot was done by noted fashion photographer David Belllemere in the Dominican Republic.

In 2017, the global net sales of Victoria's Secret amounted to about US\$7.39 billion.

Matteo, nagpasalamat sa suporta ni Sarah + other stories

Ang sweet ng pasasalamat ni Matteo Guidicelli sa girlfriend na si Sarah Geronimo sa pagsama nito sa kanya sa katatapos lamang na ABS-CBN Ball.

Nag-post si Matteo sa kanyang Instagram show account ng pasasalamat at aniya, si Sarah raw ang pinakamagandang babae sa ball. Sa

"My love, You make my whole world stop. Thank you for supporting me. I'm always here for you. You were the most beautiful woman last night at the ball!!" ang mensahe ni Matteo sa girlfriend.

Sobrang kinilig na naman tuloy ang mga AshMatt fans ng dalawa at komento nga nila, mukhang kasalan na raw ang kasunod nito.

Bukod kay Sarah, pinasalamatan din ni Matteo ang gumawa ng kasuotan nila ng girlfriend sa ball na si Mark Bumgarner pati na ang kanyang younger brother na si Paolo Guidicelli for being with them.

Sharon, nagmahal ngʻdi taga-showbiz

MAY mga nakarelasyon din pala si Sharon Cuneta na hindi tagashowbiz noong dalaga pa siya. Ang pagkakalam namin ay puro tagashowbiz ang naging boyfriends niya.

Sa guesting niya sa Gandang Gabi Vice noong Linggo, ini-reveal niya na may minahal nga rin siyang non-showbiz.

"Puppy love ko si Albert (Martinez). Pero hanggang phone lang kami noon. Kaya siya sana 'yung gusto kong maging leading man sa 'Dear Heart' (launching movie ni Sharon). Eh, busy siya. Gumawa siya ng 'Bata Pa si Sabel' (launching movie ni Snooky Serna)

"Hanggang sa maging sila na ni Sabel," natatawang pagbabaliktanaw ni Sharon.

Patuloy niya, "Ang nagsumbong sa akin, 'yung binilinan niya, 'Pare

pakialagaan lang habang wala ako,' dahil nasa Ilocos kasi siya.

"Ang binilinan niya, si Gabby (Concepcion), ayun. Tapos, gumawa na kami ni Gabby ng 'Dear Heart.' Tapos ayun, naging kami, afterwards, nag-split kami, si Direk Rowell (Santiago, ang sumunod).

"Tapos, nagkabalikan kami ni Gabby, tapos, naghiwalay kami ulit. Tapos, mayroon pang hindi taga-showbiz. Tapos, si Richard (Gomez).

"Alam ninyo, nakakahiya namang isa-isahin,ano ba naman, tama ba 'to? Alam ninyo na 'yun, from Richard to Robin (Padilla), o, tama na! Hanggang doon na lang ako, kasi mayroon pang hindi tagashowbiz, bago ako nag-asawa," ang natatawa ulit na sabi ni Sharon.

Marco, iniiwan ang career

kapag nai-in love

AY grabe! Sobrang tindi pala kung ma-in love ang isa sa lead stars ng Para sa Broken Hearted na si Marco Gumabao. Isa raw sa dahilan kung bakit nawala siya noon sa showbiz for almost two years ay dahil nag-focus siya sa lovelife at sa relasyon nila ng exgirlfriend na si Tippy Dos Santos.

"Basta 'yung time na 'yon, 'yung buong buhay ko kay Tippi," pag-amin niya. "So kumbaga, kaya nawala rin ako sa showbiz for like two years. Nag-aral din naman ako and 'yon nga, at the same time, na-focus ako sa kanya.

"Bihira akong ma-in love, eh, pero 'pag na-in love ako, todo, grabe," patuloy niyang pag-amin.

Eh, paano kung ma-in love siya ulit ngayon kung kung kailan umaangat na

ang kanyang career? Baka naman bigla ulit siyang mawala sa showbiz?

"Well, 'yon nga 'yung mahirap. Kaya ako, ngayon ang ginagawa ko, as much as possible, hindi ko muna pinopokus 'yung sarili ko sa mga babae.

"Siyempre, ako naman... tsaka wala pa naman akong nahahanap talaga, eh. At saka ang sabi rin sa akin ng daddy ko na, 'Magseryoso ka muna sa work and wag ka munang mag-qirlfriend.' Sabi niya, magpahabol ka muna.

"Sabi ko, 'Oo, sige Pa, susundin ko 'yung advice mo,'" natatawa niyang pahayag.

"Basta sa akin, ano lang ako, true love waits. Para sa akin, ang love hindi minamadali, 'di ba?" huling hirit

Christian, clueless sa paglipat ni Regine sa ABS-CBN!

Tapos na ang The Clash na kung saan, isa si Christian Bautista sa judge at sabi nito nang makausap namin sa taping ng Pamilya Roces, makakapahinga na siya sa bashers. May mga nagagalit sa kanya dahil sa istilo nang pagdya-judge niya na very technical daw.

Hindi kinumpirma ni Christian kung may season 2 ang The Clash next year at lalong hindi kinumpirma kung si Regine Velasques pa rin ang host. Kunwari ay hindi alam ang balitang lilipat sa ABS-CBN si Songbird.

Anyway, kahit wala ng The Clash, may shows pa rin sa GMA-7 si Christian dahil guest siya sa Victor Magtanggol at nag-taping na.

Kasama rin siya sa cast ng dramedy na Pamilya Roces as Atty. Ralph Gomez, ang lawyer ng Roces family. First time gumanap na lawyer si Christian, enjoy siya at maraming natututunan. Kasama rin si Christian sa performers ng Studio 7, ang bagong musical-variety show ng network na sa Oct. 14 ang pilot. Excited si Christian na may musical show uli ang GMA-7 at magtutulung-tulong daw silang kasama sa show para maging successful ito.

Gabbi Garcia on Khalil Ramos: We're okay, happy' + other stories





While fans wait with bated breath for Gabbi Garcia and Khalil Ramos to confirm their relationship status, they must make do for now that the two "go out on dates."

"I never denied everything about us. Yes, Khalil and I are dating," she said.

Rumors linking them started when he joined her in Hong Kong last year to shoot the latter's music video for "All I Need."

The two also have common friends in showbiz, including Julia Barretto.

Prodded to reveal more, Gabbi just smiled. "All I can say is that we go out, we're okay. We're happy. We don't want to rush into things, so let's just leave it there," she noted.

'False rumors'

Months after the teamup with Ruru Madrid was put to rest, we asked Gabbi if she's comfortable now going solo or if she misses having a partner.

"I'd been in a love team for four years. Now that I have the chance to work with different persons, I really enjoy it," she said. "I think it's the same thing with Ruru. I can say that we're both successful outside of our loveteam."

The actress-model also lashed out at naysayers who blame her for what happened.

"Like what I said on Twitter, I became loyal to the loveteam until the end. So, it's very frustrating that they put the blame on me, wherein fact we just want to do other things. I'm sad because sometimes they say 'Si Gabbi, masama ang ugali

And will she switch sides?

"My contract with GMA is until 2020. That rumor is baseless."

Work here, there

We caught up with Gabbi on the set of dramedy "Pamilya Roces."

On playing Jade Roces, she shared, "Jade is often misinterpreted. She's strong, always has hugots."

She doesn't have a love team partner but she will get involved with network newcomers Manolo Pedroso and Jasmine Curtis-Smith.

"It's really nice to work with them, especially with Jasmine because we have a lot of things in common. Manolo is very humble, very hardworking. It's really nice," was how she put it.

The series, who has an all-star cast with the likes of Gloria Diaz, Roi Vinzon, Elizabeth Oropesa, Carla Abellana, Sophie Albert, Anna Roces, Christian Bautista, and Rocco Nacino, among others, is directed by Joel Lamangan.

"Pamilya Roces" starts airing on Oct. 8 on GMA Telebabad.

Gabbi is also part of GMA's newest musical variety show "Studio 7," due to air on Oct. 14.





Solenn Heussaff with Rhian Ramos, Isabelle Daza and Iya Villania

Why Solenn is 'happy sad' today

Solenn Heussaff credits her former "Taste Buddies" co-hosts Isabelle Daza, Iya Villania, and Rhian Ramos for making work more fun.

Isabelle was on the show from 2012 to 2014, then replaced by Iya until 2016. Rhian took over though it's her last episode today.

"I think after my first or two years on the show, I didn't really connect with people fully. But when they came, I started being more talkative and less reserved. Suddenly, work became more fun, more of a learning experience so it's sad to see them go," Solenn said.

Later she added: "In showbiz, you know, nothing lasts forever. But with me, I kinda got over that stage like you just need to be in the moment and appreciate everything that's here and not always think of what ifs."

Brightening up, Solenn said "Taste Buddies" will continue to promote local dishes.

"For me, I love everything whether it's love my own or whether love what's out there. I love to get to know different places; I love to get to know different types of people. So I got better appreciation but I've always known that we have so much to showcase in our country.

"I'm pro-Philippines. Even when I was studying Fashion Designing and Pattern Making in Paris, I made it a point that all of my collections are inspired by the Philippines."

What Pinoy exotic food has she tried? Well, these include frogs, snails, goat's brain, and raw cow's innards.

She's always been adventurous with food choices.

"I grew up with that. My parents never let me say no to anything. I mean I was raised to never reject food in front of you. Both my parents came from very poor family so whatever food is in the table, everything they offered me, I have to take it," she said.

Asked what then is challenging about being on the show, she said it's thinking of new ways to describe the show and "eating a lot." Solenn said that there are times they try food in up to eight restaurants in a day!

"Whenever I go home, I'm really filled to the brim," she shared with a smile.

Solenn spoke highly of Pinoy cuisine.

"Filipino food is one of the best foods that don't really get much attention in the international scene. But I think in the last two years it's been happening that people are really getting curious with Filipino cuisine. I think we're slowly getting there and Pinoy food can be as famous as Thai and Vietnamese food.

"Pinoy food is a mix of everything else in Asia. There's Malaysian in it, some Chinese in it – it's really melting pot."

MAJA SALVADOR continued from page 13

"Kung gusto ng bashers sa kanila but not with Angelica and Carlo kasi okay ako sa kanila."

Maja said she was not blaming Gandang Gabi Vice either.
"Kasi naba-bash ako ulit at si Angel naba-bash, kasi nga
unang nagamit, third party.

"Ako naiintindihan ko sa teaser na yun ang nakaka-attract sa audience, e. Yun yung pang-attract pero, at least, in fairness kay Angelica, in-explain naman niya na nag-end at saka nanligaw. Sabi ko, kaya ako na lang ang binanggit kasi magkaibigan kami ni Angelica at alam niya na hindi ako ma-issue na tao. "Kahit banggitin ang name ko, wala lang naman sa akin kasi kaibigan ko naman siya."

Maja then stressed, "Hindi ako third party kasi bago manligaw sa akin si Carlo, ang dami pang girls nun bago pa siya nanligaw sa akin."

She added that her friendship with Angelica was not

affected because of this incident.

"Saka kung ako ang third party, kilala natin si Angelica, di dapat dati pa lang inaaway-away niya ako. Very open siya, e. Nagsasalita naman yun palagi.

"Sabi ko nga, may mga interviews talaga na dire-diretso, hindi mo na maiisip ang sentence mo because of the question."

Maja then appealed to netizens to stop the bashing. "Walang dapat i-bash kasi napakatagal na panahon na yun. In fairness sa fans ko at fans ni Angelica, may ibang fans na sinasabi, 'please, ipagtanggol mo yung self mo.'

"Ako, hindi naman ako fan nung nagti-tweet o nag-iingay sa social media. Kasi for sure, iba nila babasahin yun. Iba magre-react ang mga tao."

She even joked, "Yung iba kasi baka iba nila basahin at inisip na Lily Cruz ko sinasabi."

Lily Cruz is the name of her feisty character in the now-defunct teleserye Wildflower.

(a Filipino word that means "to taste") is a one-of-a-kind 5K fun run or walk that celebrates Filipino

culture and the value of giving back through a 5K fun run course with a Filipino food tasting station at each kilometer of the way. Each station is a celebration of different Filipino flavors. Instead of water, runners indulge in a tasting menu of Filipino delicacies.

After the run, games and a movie followed.



Tikim was a delight.



The Filipino Channel (TFC), with PIDC were the promoters of Tikim.

1. Rhoda Ma and Gene Elamparo serve adobo chicken, salted egg carbonara, and adobo sinangag rice at the first stop by Kabalen restaurant. 2. Kanto by Tita Flips serves kinilaw and sinigang. 3. Mike Aprieto and wife eats chicken pyanggang and kandingga served by Rose Ami and Karen Binaday for Kabalen. 4. Mike Aprieto and wife indulge in puto and nilupak dessert by FV Foods at the last stop. 5. Suzy Llanera of PIDC tries to finish the balut (duck egg) in the eating contest.

Hooked on Teleseryes



(Clockwise): 'Ngayon At Kailanman' cast, 'Onanay,' 'Halik,' and 'Inday Will Always Love You'

TELESERYE HABIT: Every chance I get, which is as regularly as clockwork, I watch "Ngayon At Kailanman" weeknights on ABS-CBN. I look forward to open-ended evenings when I'm free from work or any commitment, comfortable in the thought that I am home with family, enjoying a few hours of relaxation before retiring completely.

I thank free TV for re-inventing the teleserye as a home movie by installment, today's primary source of entertainment (some consider it amusement) among night-time, homebound senior citizens like myself. And so it goes that right after the tabloid-cast newscast, which I avoid, I switch channels here and there, checking out poor-as-usual Nora Aunor in "Onanay," delighting in the unfolding of old, well-kept but predictable secrets in "Ngayon At Kailanman," even as I anticipate the face-slapping scenes between Sam Milby and Yen Santos, Jericho Rosales and Yam Concepcion (and vice-versa), the unfaithful partners in "Halik." Not to forget the crackling humor provided by "Inday Will Always Love You" that can send you happily to dreamland.

A friend, Pablo Tariman, who is from Virac, Catanduanes, shares my newfound, reinstated fascination with teleseryes. He says that you know you are hooked on a teleserye when you make sure that you are facing a TV set at 8 in the evening on weekdays, wherever you are on this planet.

Pablo says he allows himself a few hours of silliness each night after a hard day's work of serious thought and classical music concertizing. I can't seem to agree more, given the fact that both Pablo and I are typical provincianos reared on radio serials "Dear Tiya Dely," "Ilaw Ng Tahanan" and "Duelo Sa Sapang Bato" in our youth.

OLD STORY, NEW FACES: Of "Ngayon At Kailanman," it must be the cast that I like, who are uniformly good (Alice Dixson, Iza Calzado, Rio Locsin, Rosemarie Gil). Not to be outdone are other important aspects of production such as storytelling, design, pacing, cliffhanging, writing (such crisp dialog), over-all direction.

I ask myself, why am I watching this show whose story I have known and followed a hundred times before on the same channel or in movies directed by Elwood Perez and Laurice Guillen back then?

I think that's precisely the reason "Ngayon At Kailanman" is a hit in ratings. It tells the same story dressed up by a new cast.

I think Joshua Garcia is such a cool, gifted young actor. And his partner Julia Barreto is not only so beautiful and classy, she acts with such grace in one scene, and bravura the next.

Joshua and Julia impressed audiences earlier with hit movies "Vince and Kath and James;" "I Love You To The Stars And Back;"and "Unexpectedly Yours." They must be a bankable tandem, so to speak.

I think Julia is the best actress among the Barreto girls, with apologies to Gretchen, Claudine, and Marjorie, who were stars in their own right. And Joshua must be this generation's brightest acting

Sophie Albert still optimistic despite dad's 17year semi-comatose condition

Kinumusta namin kay Sophie Albert ang kundisyon ng kanyang ama na labingpitong taon nang bedridden.

Pahayag niya, "He's mild stuporous, that's

"It's parang a stage higher than comatose." Ayon sa Wikipedia, ang kondisyong ito ay "characterized by the lack of critical mental

function and a level of consciousness wherein a sufferer is almost entirely unresponsive and only responds to base stimuli such as pain. Those in a stuporous state are rigid, mute and only appear to be conscious, as the eyes are open and follow surrounding objects."

"May times na tulog siya, may times na hindi, parang tayo pa rin.

"He can't move on his own, he can't speak, but wala siyang life support, nothing, and he

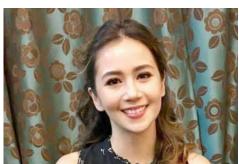
"And he feels pain, so yun yung situation niya," malungkot pa niyang kuwento.

Nagsimula raw ito sa isang stroke/heart

Lahad niya, "He was only forty-nine nung nangyari yun, and then ano, parang he was feeling bad for a long time.

"Kaso lang ano siya, takot siya sa doctor, so hindi siya nagpa-check until malala na.

"So on the way to the hospital nag-cardiac arrest siya sa car, so pagdating dun he was already unconscious."



Sophie Albert on her dad's 17-year old case of mild stupor: "Actually, it's a miracle in itself, kasi di ba usually like pag bedridden, nagkaka-bed sore? Siya wala. Nothing. As in kapag tingnan mo siya, mukha siyang healthy, yung face niya..."

Hindi ba puwedeng operahan ang ama niya? Aniya, "No e, kasi because of his heart attack and cardiac arrest.

"Nawalan siya ng oxygen sa brain.

"So his brain got damaged because of that.

"He has ano, parang mga supplementation medicines to balance his situation, but there's nothing really we can do for him.

"Actually, it's a miracle in itself, kasi di ba usually like pag bedridden, nagkaka-bed sore? Siya wala. Nothing.

"As in kapag tingnan mo siya, mukha siyang healthy, yung face niya...

"Kasi dati nung nasa Makati Med pa siya, in Makati Med kasi yung ICU niya pabilog siya, tapos makikita mo lahat ng mga patients.

"So pag matagal nang comatose, yung cheeks nagiging sunken na, pumapayat na.

"My dad hindi. Ano siya, healthy siya.

"Siyempre yung legs niya payat kasi hindi siya nakakalakad, pero his arms, his face, healthy, mapula-pula pa, yung ganun."

Kaya ang ama niya ay isang 17-year miracle. Saad niya, "I would consider it a miracle, kasi siyempre if he wants to go, he can go

Handa ba sila kung sakaling mangyari ito? Ani Sophie, "Well, it's been 17 years, you know? So every year is parang, 'O thank you, na he's still with us.'

"But for me, if he's tired and ano..." Kung anuman ang itadhana ng Diyos.

Pagsang-ayon niya, "Of course, yeah. "Oo, tsaka wala na yun sa hands namin, e. "So that's how we look at it, na it's a miracle."

Sa Pamilya Roces ay gaganap si Sophie bilang Amber Bolocboc.

WEDDING RUMORS NOT TRUE

Hindi raw totoong magpapakasal na sina Sophie Albert at ang boyfriend niyang si Vin

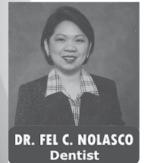
Sa isang interview kasi ay sinabi ni Vin na handa na siyang pakasalan si Sophie.

"Sabi yata niya ready siya, pero hindi pa

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"Pero anytime siguro," pagklaro niya.

Pero paano kapag biglang out-of-the-blue ay nag-propose si Vin?

Paninigurado niya, "Hindi, hindi niya gagawin yun.

"Napag-uusapan naman namin na, 'O, tayo

"Parang may ano na, may...

"Ako feeling ko lang din, siya na.

"Siya din, sinasabi niya na feeling niya ako na, so kung mag-propose siya, alam naman din namin na kami na.

"So ganun, pero hindi ngayon, alam niya din na hindi ngayon, hindi puwede."

Pareho raw silang career muna ang focus. Aniya, "Oo, mag-iipon-ipon muna."

Parehong galing sa TV5, ngayon ay nasa GMA si Sophie, at nasa ABS-CBN naman si

Hindi naman daw mahirap na magkaiba sila ng istasyong pinagtatrabahuhan.

Lahad ni Sophie, "Ako gusto ko siya, mas gusto ko na magkahiwalay kami.

"Kasi hindi masyadong nahahalo yung personal life namin sa work."

Ginagaya ba nila sina Aljur Abrenica (na kuya ni Vin na Kapamilya rin) at Kylie Padilla na Kapuso naman?

"Oo, actually," at tumawa si Sophie.

"Oo, kasi nung nasa TV5 kami parang wala na kaming ano, alam na namin lahat yung

"Pero ngayon kasi nakakapagkuwentuhan kami, nasasabi niya, 'Uy ganito kami dito,' ako rin naku-kuwento ko na, 'Ay, ganito kami dito.'

"'Tapos, naku-kuwento ko rin sa kanya yung mga nami-meet kong ibang artista.

"Siya din ganun. So parang mas interesting siya na magkahiwalay kami.

"Mas masaya siya, sa totoo lang.

"May pag-uusapan, may matututunan, kasi naku-compare namin yung mga trabaho namin, so mas gusto ko yun," lahad niya.



ABOVE, Anna Eusebio man the booth of UMAC, a sponsor of the Morisette concert. BELOW, Singer Shai Garrido pose with celebrant





ABOVE, June Javier, Gloria Rafanan, Beth Daliva and Fe taduran join birthday celebrant on his birthday. Photo of birthday celebrant Jojo taduran on other pages of this paper.

RICA PERALEJO AND her BLESSED and HAPPY LIFE



It's been years since Rica Peralejo gave up a long showbiz career to settle down and prioritize her family life.

Looking back, she said, making that decision was easy and she won't trade her life now for another shot at stardom.

"Everything is good. I'm enjoying my life as wife and mother. I think that's my foremost calling," Rica said when Bulletin Entertainment asked how satisfied she is with life outside showbiz.

Rica is vocal in acknowledging she made a lot of mistakes along

EXCEPT ME..."

the way. But while she is not

emerge a better person.

perfect, what counts is that she

"Showbiz is just work and

there are so many people who

the cameras. The thing is, I'm

a mother and no one can be a

mother to my son except me, the

same thing that I'm the only wife

of my husband. I prioritize them

because nobody can do that. And

Despite being inactive in

showbiz, Rica maintains a blog

and occasionally uploads web

episodes with her sister Paula.

Rica has over 400,000 followers

Mild launch recently as one of

Rica attended the Cheez Whiz

that's enough for me."

on Instagram.

can do what I do in front of

was able to rise from the fall and

"there are so many

people who can do what I

do in front of the camera

but NO ONE CAN BE A

MOTHGER TO MY SON

the social media influenc-

Rock-solid faith

Rica married Christian Pastor Joseph Bonifacio in 2010. Four years later, they were blessed with a son named Philip Nathaniel.

The former actress shared she has always wanted to be a mom.

"And now, I'm living the dream," she smiled.

Of course, like any mother, she gets tired too sometimes. But seeing her son growing up is priceless.

"Every day of my life with Philip is a cherished moment. Seeing him develop as a good man is more than enough to really like what I'm doing. Actually, I fear that soon enough, he will not need me anymore. I have limited time, so as much possible, I try to create good

memories of us all the time."

Being wife to a pastor helped further strengthen her faith in God. In fact, Rica was inspired to write a weekly devotional titled "Better

Than Jewels."

She shared she feels God's hand over her family all the time, blessing them from the moment they wake up.

"I always think that every day, He is with us.

Also, I'm getting older and the moment you encounter some health issues, you realize it is God's hand that wakes you up, who protects you every minute of your life," she said.

Rica said she introduces God to her son by being a living testimony of faith and goodness.

"I think the best way to be able to give faith to a child is to show him that 'This is a God,' and me as a mother, I have to model it," she said. "Like, when he sees the power of God in our lives, it will be a testimony that yes, He is with us."

Sexy Andrea Loveless: Not even dating

ANDREA Torres welcomes the entry of the four "Sa kabuuan, Sanggre sisters of "Encantadia" as special guests maganda ang in "Victor Magtanggol". These are Glaiza de Castro feedback sa as Pirena, Kylie Padilla as Amihan, Sanya Lopez paglabas nila as Danaya and Gabbi Garcia as Alena. Viewers are sa show kaya now wondering if they would share with Alden as magiging Hammerman some of their own special powers. exciting ang As the goddess Sif in the show, didn't Andrea feel developments threatened at all with these four lovely women joining the cast of their primetime telefantasya?

"Naku, not at all po," she says. "Matagal nang especially when she had a kissing scene napag-iisipan 'yung guesting nila and we all wel- with Alden. Do they still bash her? "Hindi come the idea. May sariling following ang 'Encan- na masyado. Mas happy na sila. Mas positadia' and we're sure marami nang nakaka-miss tive na ang comments nila sa social media. sa characters nila. So sigurado, makakatulong sila Talagang they want to support Alden in 'Vicpara mas maraming maging interesadong manoodtor Magtanggol' kaya nakakatuwa naman. ng 'Victor Magtanggol'. Happy ako kasi si Sanya, Siguro, they've realized that we're really friend koʻyan dahil lagi kaming nagkakasama sa just doing our jobs at walang personalan ang ginagawa namin sa show."

The four Sanggres were introduced in a special As far as her lovelife is concerned, it's episode this past week. Alden is shown heavily still zero. "Wala talaga, e. Dati nga, nakainjured and falls down wounded in the middle of a kapag-date pa ako. But now, wala talaga lonely road. Then the four Sanggres appear to helpkasi sobrang tutok lang ako sa work." him, take him to their place and nurse his wounds.

sa next few episodes," Andrea adds.

She used to be bashed by AlDub fans,

Ynez Veneracion happy for friend Sunshine Cruz's "victory"



Ynez Veneracion hopes best friend Sunshine Cruz will end up with boyfriend Macky Mathav: "Sobra talaga, kaya

talaga siya na. Pero sa nakikita ko siyang-siya na talaga."

Isa sa masaya sa pagkaka-grant ng annulment of marriage nina Sunshine Cruz at Cesar Montano ay ang best friend ng aktres na si Ynez Veneracion.

Inihayag nito ang nararamdaman tungkol sa bagong kabanata sa buhay ni Sunshine.

Saad niya, "Sobrang love ko iyan kasi napakabait niyang tao.

"Alam mo na kahit sikat na iyan, wala talagang kaere-ere, hindi mo siya makikitaan ng yabang.

"Yung iba kasi, nag-uumpisa pa lang, ang yabang na.

"Yung iba, nagkaroon lang ng konting pangalan, sumobra na ang yabang, wala nang kilala.

"Pero ito, from the very beginning na nakilala ko siya, mula noon hanggang ngayon, talagang Sunshine Cruz, may pangalan at magaling na aktres, hindi talaga nagbago.

"Alam mo yun, ang bait-bait talaga. "Kaya, I'm so happy for her. This is a

Naigawad kay Sunshine ang annulment papers ng kasal nila ni Cesar noong September 18, 2018 pagkatapos ng halos apat na taong pagdinig sa korte.

Ano ang wish ni Ynez para sa kanyang best friend?

Pabirong tugon niya, "Wish ko ikasal siya ulit, charot!"

Pero seryoso nang sabi ni Ynez, "E, di wish ko sa kanya more happiness, more blessings to come, more projects.

"And since ayan, since happy naman na siya, sana talagang forever na ang happiness niya.

"And ramdam ko talaga na forever na talaga kasi ang bait-bait ni Macky.

"Sabi ko nga, sobrang bait ni Macky. Grabe yung mga kinukuwento niya sa amin, kung gaano kabait yung tao.

"Sobra talaga kaya sabi ko, sana talaga siya na.

"Pero sa naikita ko siyang-siya na talaga."

Si Macky Mathay ang boyfriend ni Sunshine sa loob ng dalawang taon.

Ipinagdiwang nila ang kanilang second anniversary noong araw na naigawad ng korte sa aktres ang pagpapawalang-bisa ng kanilang kasal ni Cesar.

Regular daw na dumadalaw si Kris sa anak nilang si Katie.

'Yes, oo," sagot ni Katrina sa tanong namin kung nagbibigay ng sustento si Kris para kay Katie.

Katrina Halili says ex-BF Kris

with financial obligations to

Katrina Halili is thankful that despite her breakup with Kris Lawrence, the father of her daughter Katie. he

is never remiss with his financial obligations and other

Pinabulaanan ni Katrina Halili ang bali-balitang wala

Lawrence is never remiss

daughter Katie

na silang komunikasyon at

wala na silang pakialam

sa isa't isa ng dati niyang

"Grabe! Huy, okay

boyfriend na si Kris

kami," paglinaw ni

Lawrence.

Katrina.

paternal duties.

Kay Katrina raw ibinibigay ni Kris ang pera.

"Pero sa anak niya yun."

"Sapat lang," sagot ni Katrina sa tanong kung magkano ang inaabot sa kanya ni Kris.

May girlfriend na ba si Kris?

"Parang meron naman."

Hindi kaya posibleng sila rin ni Kris ang magkabalikan sa huli?

"Pag ayaw ko na, ayoko na.

"Mas ok kami as friends," diin niya.

Alam raw ni Katie ang buong sitwasyon sa pagitan ng kanyang mga magulang.

"Alam naman niya yung set-up kahit before pa." Six years old na si Katie.

Bida si Katrina sa Mga Anak ng Kamote kung saan kasama niya sina Alex Medina, Carl Guevara, Lui Manansala, at Kiko Matos.

Sa direksyon ni Carlo Catu at produced ni Dr. Milagros How, kasali ito sa TOFARM Film Festival 2018 na mapapanood sa mga sinehan sa extended run nito hanggang

Isa rin si Katrina sa mga bida sa The Stepdaughters wth Mikael Daez at Megan Young..

STILL LOOKING FRESH

Pinansin naman namin ang kaseksihan ngayon ni Katrina, na mas seksi pa siya ngayong may anak na siya kaysa noong dalaga siya.

'Siyempre, wala na nga akong dyowa, chaka pa ako? "Kaya kahit wala akong dyowa, fresh ako, ayoko naman mukhang loser.

"Wala na nga akong love life, tapos ang haggard ko

"Para kahit sabihin na wala akong lovelife, e ano ngayon? Fresh naman!"

Nakakontrata si Katrina sa GMA hanggang 2019, at wala raw siyang planong lumipat.

"Hindi naman ako pinapabayaan ng GMA, e!" pagpapasalamat niya.

NOT THREATENED BY KYLINE

Sa tanong kung hindi ba siya threatened sa mga bago at mas batang kontrabida sa GMA tulad ni Kyline Alcantara, sagot niya, "Ay hindi naman.

"Nakakatuwa nga yung bata, e. Magaling, talented, "Si Kyline, napapanood ko, okay naman siya."

Marami ang naniniwalang si Kyline ang magiging next

Saad niya, "Oh? Bakit naman ako mate-threaten sa kanya? Bata-bata pa niya, e."

Bata pa rin naman si Katrina.

'Baby tace lang," at tumawa si Katrina

"Hindi naman kami magkasing-age."

Dapat ay magsama sila ni Kyline sa isang project. "Puwede. Bet ko yun.

"Hindi ko naman siguro puwedeng awayin si ano... maging kontrabida ako ni Bianca Umali.

"Bigay na natin yun kay Kyline."

Alden, 'sexiest man' ng 'Pinas

May bago na namang award si Alden chards. Siva ana pinanaalanana Sexiest Ma in the Philippines 2018 at si Alden pa lang ang Kapuso star na nanalo sa 11 years na tumatakbo ang contest. Ang fans ng aktor ang nag-effort na manalo si Alden sa online poll.

Wala pang balita kung may awarding ang online poll na ito para sana mapa- salamatan ni Alden ana maa bumoto sa kanva.

Samantala, balik-Eat Bulaga si Alden last



Saturday na ikinatuwa ng kan-yang fans dahil din siyang absent after his concert dahil

nag-concentrate muna sa taping ng Victor Magtanggol.

May nag-isip tuloy na baka umalis siya sa EB na hindi nito gagawin dahil tumatanaw ng utang na loob sa show at kay Mr. Tony Tuviera.

FILIPINO CENTRE TORONTO UPDATES

The Filipino Centre, Toronto is now resuming all there programs, activities and events that were put on hold when the building on Parliament Street was sold last year.

LOCATION:

The new building is located at 4395 Sheppard Avenue East, Toronto (Scarborough) Ontario, M1S 1T9. Nearest Intersection is Brimley North and Sheppard Avenue East. Telephone Numbers are (416) 335-0485, (416) 335-0486 and Cell # (416) 928-9355.

FCT OFFICE HOURS:

The FCT office hours are 1:00 to 6:00 pm, Tuesday through Friday. Closed on Mondays. Saturday starting in October, 2018 is 9:30 am to 1:30 pm. Sundays will only be open if there is an event or function booked.

Currently, the Centre is looking for a Part-time Office Manager to man the office during the business hours. Interested Applicant, Please contact the FCT Office for more details of the position.

UPCOMING PROGRAMS AND EVENTS:

Free Filipino Language Class (for children, teens and adults) and Homework Club (Tutoring Class for Elementary and High School students) will start on Saturday, October 6, 2018 at 10:00 am to 11:00 am for Filipino Language and 11:00 to 12:00 noon for the Homework Club. Please call the Centre to register.

ANNUAL GENERAL MEETING:

By Wendy Arena

By order of the Board of Directors of FCT the Annual General Meeting of the Members of the Filipino Centre .Toronto is called and will be held on Wednesday. October 3, 2018 at the FCT Centre, 4395 Sheppard Ave. East, Toronto (Scarborough) at 6:30 pm.

If you have moved in the last year or so, please

contact these telephone numbers to register/indicate your attendance no later than Monday, October 1. 2018. (416)335-0485, (416) 335-0486 and Cell # (416) 928-9355,

OUTSTANDING STUDENT AWARDS:

Outstanding Student awards for Elementary, High School and Post-Secondary Graduates (2017 & 2018) will be awarded on Sunday, October 28, 2018 at 2:00







Diva2Diva concert was composed of singers Kuh ledesma, Zsa-Zsa Padilla and comedians Mitch Valdez and nanette Inventor. FIRST, Belinda Reyes and family pose with the Diva2Diva performers. SECOND, The family of Something Sweet pose with the Diva2Diva performers. THIRD, Producer Chiqui Pineda Azimi and family pose with Diva2Diva perfromers.



Filipino-Americans who made fake McDonald's poster make it to Ellen; receive \$25,000 each

Jevh Maravilla and Christian Toledo receive \$25,000 from fast food giant McDonald's, after a fake poster they made and hung in a McDonald's Texas branch went viral on social media. Jevh and Christian also appeared on Ellen and got interviewed by TV host and comedienne Ellen de Generes.

Natuwa ang American TV host and comedienne na si Ellen DeGeneres sa dalawang Fil-American students na sina Jevh Maravilla at Christian Toledo, na nag-viral sa social media dahil sa ginawa nilang fake McDonald's poster.

Nakakuha ang video nila ng higit 1 million likes at 259,000 retweets sa Twitter. Ang naturang poster ay ginawa ng dalawa at isinabit nila sa isang McDonald's store sa Pearland, Texas.

Umabot daw ng 51 days na nakasabit ang naturang poster sa store na iyon. Nalaman lang daw ng management na peke iyon nang mag-viral ang tweet ni Maravilla.

i noticed there was a blank wall at mcdonald's so i decided to make this fake poster of me and my friend. It's now been 51 days since i hung it up," tweet ni Jevh. Pinahanap ni Ellen ang dalawang Fil-Americans at naging guests sila sa Ellen show kamakailan. Dito ay ipinakuwento ni Ellen kung paano nila nagawang isabit ang poster nang walang pumipigil sa kanila. Ayon sa dalawa, bumili sila ng McDonald's uniform sa Goodwill at gumawa pa sila ng fake ID badges. Kunwari ay sila ang namamahala sa promotional posters ng naturang fastfood store.

Kaya wala raw nanita sa ginawa nilang pagsabit ng fake poster. "I know a great prank when I see one," sabi ni Ellen na sobrang

bumilib sa tiyaga ng dalawa. Nais lang daw ng dalawang Fil-Americans na i-promote ang diversity sa McDonald's store.

Napansin daw kasi nila na ang mga poster ng McDo ay puro Americans lang. Ito ay sa kabila ng iba't ibang lahi ang pumapasok at kumakain ng McDonald's store na iyon.

"We were eating McDonald's one day and we looked around and saw there were posters around that didn't have any Asians. They had other races but no Asians so we felt like it was our duty to put ourselves up there." diin ni Maravilla.

Na-inspire din daw kasi sila sa pelikulang Crazy Rich Asians.

"So we wanted to be like crazy middle class...or maybe lower middle class," biro pa ni Toledo.

Noong malaman ito ng management ng McDonald's store, sa halip na magalit sila at ipakulong ang dalawa for vandalism, kinuha pa sina Jevh at Christian para sa bagong marketing campaign ng store at binayaran sila ng tig-\$25,000.

Heto ang post ni Jevh sa Twitter: "I'm still trying to wake up from this dream! Catch @christiantoleds and me TODAY on the Ellen DeGeneres Show! (excuse my ugly reactions) #McDonalds #EllenDeGeneres"

Ayon sa McDonald's corporate office, natanggal na raw ang naturang poster noong mag-renovate ang store. Pero ipapa-auction daw ang poster at ang proceeds ay mapupunta sa Ronald McDonald House Houston charity.

Beach glam? Here's how to do it like Nadine Lustre! + other stories

continued from page 15

night. Starting young, she was a host of a kiddie show called 'Storyland' at the age of nine. In 2005, she was chosen out of the 400 applicants to represent our country in 'Disney Channel On Assignment' during the grand opening of Hongkong Disneyland.

She revealed in previous interviews that she has a lot of insecurities and flaws that she learned to overcome and accept. She got to the point where she wished she's a mestiza because they always get accepted during auditions. Nadine even tried different kinds of whitening products to achieve a fairer skin.

But that Nadine has long been gone. She is now more confident, empowered, strong, and unafraid of all the criticisms that are continuously thrown against her.

Meanwhile, Nadine will have an upcoming movie, 'Ulan,' with 'Sid & Aya: Not A Love Story' director Irene Villamor. She is currently in Macau to show support to her boyfriend, Multimedia Prince James Reid who performed at the Asia League Fest.

Recently, Nadine posted another sexy bikini photo on Instagram which already has more than 500,000 likes.

Angelica Panganiban reveals Carlo Aquino broke up with her because of Maja Salvador

Ito rin daw ang dahilan kung bakit sila nag-break ni Carlo sa pangalawang pagkakataon.

Nagtagal ng anim na taon ang relasyon nina Angelica at Carlo.

Sa panayam ng dalawa sa episode ng Gandang Gabi Vice nitong Linggo, September 23, tinanong ng host na si Vice Ganda kung ano ang dahilan ng paghihiwalay nila: wala nang pag-ibig o may third party?

Tugon ni Angelica, "Enough na siguro yung... pangalawang attempt na kasi yun, e.

"Naghiwalay na kami ng isang beses simula nung

Kinumpirma ng aktres na third party ang naging dahilan ng unang breakup nila.

Nagkaroon daw ng ibang girlfriend si Carlo.

Pero nagkabalikan sila at nagtagal sila ng higit sa Gaya ng unang beses, naghiwalay silang muli dahil

nagkaroon ulit ng ibang girlfriend si Carlo. Pilit inalam ni Vice kung sino ang babaeng naging girlfriend ng aktor kung kaya't naghiwalay sila sa

pangalawang pagkakataon. Sinabi ni Angelica na ang babae ay artista, walanc umeereng show ngayon, napapanood sa ABS-CBN

musical-variety show na ASAP, at nagsisimula sa letter M ang pangalan. Binanggit ni Vice ang pangalan ni Maja Salvador.

Kinumpirma naman ito ni Angelica. Per pakli ng aktres, "Pero yun, maayos." daw na nakipaghiwalay sa kanya si Carlo upang maging maayos ang relasyon nito kay Maja.



Sabi ni Angelica tungkol sa unang breakup nila ni Carlo, "Yung una kasi, nalaman ko lang na may ganun

"So siyempre, nakakaloka, ganun, nag-break kami." Inayos naman daw ni Carlo ang pangalawang hiwalayan nila.

"Tapos itong yung ano... siguro gusto niyang magstart talaga nang maayos, di ba?

"Kailangan niyang tapusin nang maayos sa 'kin. "Inamin naman niya. Hindi siya nagloko.

"Pinutol niya yung sa akin bago siya naqsimula." Inusisa ni Vice ni Angelica kung nagkaroon ba sila ng hidwaan ni Maja dahil dito.

"Hindi naman. Hindi kami nagkaroon ng problema,"

Sa isang punto ay may pakiusap si Angelica sa naging rebelasyon niya tungkol kay Maja.

"Huy, walang pamba-bash, a. Magkaibigan kami

Humingi naman ng sorry si Carlo kay Angelica tungkol sa kanilang nakaraan.

Sabi ng aktor, "Sorry. Siguro kasi napagod ka dahil kasalanan ko.

"Inaamin ko naman yun na nagkulang ako, nagkulang ako sa 'yo."

Bea Alonzo, Gerald Anderson proud of deeper relationship

Gerald Anderson and girlfriend Bea Alonzo are proud that their relationship has leveled-up. Gerald says, "Honestly, level up na ito, sobra. As a person, ang laki ng pagbabago ko rin. Maturity-wise, ang dami kong natutunan sa kanya. Kung paano ko pahalagahan ang isang tao at yung oras niya. Malaking level up yun para sa akin."

Larawan ng magkasintahang masaya at kuntento sa tinatakbo ng kanilang relasyon ang nakita ng lahat kina Bea Alonzo at Gerald Anderson na sabay dumating sa kauna-unahang ABS-CBN ball.

HONGKONG TRIP: "Ayos naman. First time naming mag-Hongkong.

"Para siyang tour guide, ang dami niyang

"Puro kami kain, puro pasyal kasama ang dad ko, kasama ang mga kaibigan ko na first time Hongkong.

GOING SOLO: Nagbakasyon din si Bea sa Dubai at Portugal pero dito ay solo lang siya.

"Kasi birthday ng mommy niya and nag-Thailand sila," paliwanag ng aktres.

"Saka di ko naman siya plus one lagi na kasa-

Pahayag naman ni Gerald, "Plus one ako dun, di lang ako puwede."

LEVEL-UP

Aminado ang dalawa na masasabi nilang nag-level up at mas lumalim ang relasyon nila

"Honestly, level up na ito, sobra.

"Level up. Yeah, life is good. Very happy," pagsang-ayon ni Bea.

JM, ipinalit ni Barbie kay Paul?

NAGKATAMPUHAN pala ang magkapareha sa seryeng Araw Gabi na sina Barbie Imperial at JM de Guzman, pero ngayon ay okey na sila. Naayos na nila ang kanilang tampuhan, na hindi sinabi ni JM kung ano ang pinag-ugatan.

Sa kanyang Instagram story noong Lunes, ibinahagi ni JM ang maigsing video na makikitang nagkukulitan sila ni Barbie. Bungad na pahayag ni JM, "Peace and all good." Sabay tanong ni JM kay Barbie, "Bati na tayo?" Balik-tanong ni Barbie, "Bati na

Sagot naman ni JM, "Bati na."

Nasundan pa ito ng hiwalay na Instagram story na isinulat niya ang "Start over again...this time we'll do it right."

Well, ano nga kaya ang dahilan ng naging tampuhan ng dalawa? At ano kaya ang ibig sabihin ni JM sa sinabi niyang this time, we'll do it right? Parang may something na nga sa dalawa, 'di ba? Si JM na nga kaya ang bagong lalaki sa buhay ni Barbie after nilang maghiwalay ni Paul Salas?

Nagka-developan kaya sila, dahil lagi silang nagkikita sa taping ng kanilang serye? Pakisagot nga Barbie at JM?

Barbie, gaganap na anak ni Kris

MAKAKASAMA ni Barbie Forteza sa isang horror film ang ini-impersonate niyang si Kris Aquino. Gaganap sila rito bilang mag-ina. Si Adolf Alix Jr. ang magiging direktor nito, at siya ang nag-alok kay Barbie para sa pelikula.

Sa tingin kasi nito, ay bagay silang magina ni Kris at dahil na rin sa ini-impersonate niya ang mommy ni Bimby. Dalawa ang regular shows ni Barbie sa GMA-7, kaya aayusin niya ang kanyang schedule para hindi magkaroon ng conflict sa shooting nila ni Kris.

Dolorosa Canada Annual Celebration









FROM LEFT, Martha Joy sings at the Dolorosa Fiesta; The Saldua and Lazaro family attend the Hermano & Hermana dinner; Dolorosa President Philip Beloso pray during the dinner; Dado Laguer enjoy the dinner night; and Toronto Mayor John Tory Dolorosa President Philip Beloso for the procession at the Folorosa Fiesta.

entertainment confidential entertainment

Carla back in GMA-7's 'Pamilya Roces' + other stories

CARLA ABELLANA's last soap was "I Heart Davao" about a year ago so she's glad to be taping a new soap on GMA-7, "Pamilya Roces", where she heads the star-studded cast. She plays Crystal, the eldest sister in the Roces' extended family. The dad is Roi Vinzon and he has three wives: Gloria Diaz, Elizabeth Oropesa and Ana Roces.



Carla is the daughter of Gloria and she will be in conflict with one of her sisters over Rocco Nacino. "Kakaiba yung role ko rito kasi it's so not me," says Carla. "Opposite ng totoong personality ko kasi masungit siya, mainitin ang ulo. Sa past soaps na ginawa ko, ako lagi yung inaapi, umiiyak, pero dito, ibang Carla ang mapapanood ng viewers kaya maraming masosorpresa."

Rocco Nacino is elated to work with Carla. "Noong sumali ako sa Starstruck, she's one of the hosts kaya nakakatuwa na ngayon, kapareha ko na siya," he says. "It's quite an achievement for me to be working with a fine and very professional actress like her, and with Direk Joel Lamangan

directing us."

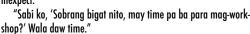
Co-star Shaira Diaz, says she's happy to be working with Carla in the show. "She's very accommodating kaya hindi ako nahirapang makipag-relate sa kanya," she says. "Para talagang Ate siya sa aming mga kasama niya. Madalas kaming nagkukuwentuhan in between takes. Pareho kaming mahilig sa aso, she shares tips about make up and about our careers. Masaya talaga kaming lahat sa set. Sana mag-click sa viewers ang aming show para maging mas matagal ang pagsasama naming lahat sa taping dahil we're getting to be a real big happy family kaya bagay talaga ang titulo ng show naming 'Pamilya Roces'. Kaya abangan nyo dahil malapit na itong umere."

Ejay Falcon in a role in Korean teledrama starring Chae Soo Bin of I Am Not a Robot fame

Kabilang si Ejay Falcon sa upcoming Korean drama na Where The Stars Land kung saan isang Pinoy OFW ang role na gagampanan niya.

Paano napili si Ejay na gumanap sa isang Korean telenovela?

"Actually, di ko talaga alam, bigla na lang ako tinawagan ang Star Magic, 'Ejay, pumunta ka ng Korea,' di ko inayagat



Nagkuwento si Ejay kung ano ang role niya at kung sinu-sino ang kasama at katrabaho niya sa naturang Korean drama series.

"Actually K-drama siya na episodic, ako yung napasama sa isang episode, isang Filipino na nakapunta ng Korea.

"Medyo action siya, dramatic, emotional yung mga eksena.
"Nung papunta pa lang ako sinabi ng mga tao dito, 'Wow!
makakatrabaho mo si Chae Soo Bin ng I am Not A Robot.'

"Siyempre nag-research naman ako, pati sa mga directors.
"Si Shin Woo Chul ang director ko, director ng Lovers In Paris,
yung famous na action director in Korea na director din ng GI Joe
ng Hollywood.

"Sila yung mga kasama ko, masaya, masarap silang mga katrabaho, nandun siyempre yung pagiging professional, sobrang bilis nilang gumalaw.

"Masyadong advanced din ang kanilang mga equipment kaya ang bilis ng galawan nila.

Robi, masaya sa 3 show sa Kapamilya

BONGGA si Robi Domingo, huh! Tatlo ang hino-host niyang show ngayon sa ABS-CBN 2, ang The Kids Choice na napapanood tuwing Sabado at Linggo ng gabi, "ASAP na napapanood naman tuwing Linggo ng tanghali, at Star Hunt na napapanood mula Lunes hangang Biyernes ng

Mahusay naman kasing host si Robi, kaya lagi siyang binibigyan ng hosting job ng Kapamilya Network.

Dati, sinabi ni Robi, na na-depress siya sa takbo ng kanyang career, dahil madalang siyang bigyan ng show ng Kapamilya. Ngayon, siguradong masaya na siya, hindi na siya desperado, dahil hindi lang isa, kundi tatlo ang kanyang show, 'di ba?

Indecent proposal, tinatanggihan ni Alma

SA pakikipag-usap namin sa dating beauty qeen turned actress na si Alma Concepcion, ini-reveal niya na noong dalaga pa siya ay nakatanggap siya ng indescent proposal mula sa mga married men. Ang mga inalok sa kanya ay bahay, lupa, at sasakyan. Pero ilan sa mga ito ay hindi niya tinanggap, tumanggi siya.

Katwiran niya, "Ayaw kong maging number 2."

Hindi naman harapan ang pagtanggi ni Alma. Sa tuwing aalukin siya ay bungisngis ang isinasagot niya. Na gusto niyang sabihin, ayaw niya.

Sa mga babaeng pumapatol sa indescent proposal, ay hindi niya hinuhusgahan ang mga ito. Choice nila 'yun, kaya nirerespeto na lang niya.

Samantala, ang nag-iisang anak ni Alma mula sa dating asawang si Cobie Puno ay lumipad papuntang America noong Linggo, para mag-aral ng Business Ad sa Hult University sa San Francisco, USA. Hindi napigilan ng dating beauty queen na umiyak sa pag-alis ni Cobie, dahil nasanay na siyang kasama ito sa loob ng '18 years. Katabi pa nga niya ito sa pagtulog.

Siguradong mami-miss niya ang kanyang pinakamamahal na anak. Ang daddy ni Cobie ang sumagot sa pag-aaral nito sa ibang bansa.

Paulina Corpuz for Councillor, Scarborough Southwest A CHANGE THAT MATTERS

By Elena Balisi-Grajo

Paulina Corpuz came to Canada in 1993 with her

11-month old child, reuniting with her husband. She is a mother of three, a community servant leader, social justice advocate, entrepreneur, and, a 25-year resident of Scarborough Southwest.

Born to a working family with 10 children, Paulina understood how a working poor family suffers and struggles to meet the basic necessities of life. As a mother, she experiences the challenges of taking care of three children in this uncertain time. She also understands the power of support from relatives, friends, neighbours and the community.

She took BA Psychology in University of the Philippines (UP). Always pursuing learning, she completed several Canadian professional certificates & designations: National Certificate in Voluntary & Non-Profit Sector Management from the Canadian Centre for Philanthropy, Business Analysis Certified Professional, Change Management Certified Professional, Internet and E-Commerce Certificate, Life Skills Coaching. Her work includes: administrative/executive assistant, settlement intake worker, organizer, business analyst, project coordinator, project evaluator, administrative/finance manager, consultant, CEO of an administration, accounting and bookkeeping company and a writer, producer and host of the Filipino TV program Workers Agenda.

She volunteers in numerous organizations: founding president, Philippine Advancement Through Arts and Culture; organizer, Filipino Workers Network; President, Filipino-Canadian Parents Association in Catholic Education; Director, Philippine Independence Day Council; Youth supervisor, St. Dunstan's Parish; and, a member of the Board of Directors of the Toronto Community Benefits Network, 2015-16.

She was recognized for her long years of service and distinguished work in the community: Outstanding volunteer by the Support Enhance Access Services (SEAS); Distinguished Alumni Award 2017 by the UP Alumni Association in Toronto; Outstanding Asian Canadian Award 2017 by Canadian Multicultural Council; and, 2018 Pinoy of the Year award from Golden Balangay.

Paulina
will address
relevant issues
to reduce poverty in Toronto
focusing on the
affordability,
accessibility,
safety and
well-being
of residents
specially
on housing,



transit, jobs, social programs and services. She will focus her energy to advocate programs and services for families, children, youth, people with disabilities and seniors as well as reducing red-tape and improve the system at City Hall for a better service to the residents and businesses.

She believes in the power of the people and the community. The complex issues that Toronto/Scarborough is facing needs an integrated solution and can only be done with a strong partnership of the government, the residents, community, private sector and business.

The City Council of Toronto will benefit from the diverse perspective and rich experience of a woman of colour, a social justice advocate, an administrative professional, an entrepreneur and most of all, a mother-who understand the basic needs of a family. Her life experiences would be a great contribution in developing solutions to the issues that face the City of Toronto.

She will work to make Scarborough a better place for everyone. A Scarborough that is revitalized, vibrant, healthy, safe, prosperous, accessible and affordable. On OCTOBER 22, 2018, please ELECT Paulina CORPUZ

to REPRESENT YOU in the Toronto City Council.
Advance voting dates: October 10-14, 2018, 10 am to

To learn more about Paulina Corpuz, visit www. paulinacorpuz.com Call: (647) 933-5660 | (647) 855-4082 | (416)

320-8703

The ma@votanguling.cornuz | contact@nguling.corn

 $\label{prop:computation} fb.me@votepaulinacorpuz \mid contact@paulinacorpuz. \\ com$

Carla Abellana ready to marry boyfriend Tom Rodriguez

Carla Abellana on her dream wedding: "Hindi naman po engrande, basta ano lang... romantic at very elegant." Handang-handa na raw lumagay sa tahimik si Carla Abellana kasama ang kanyang nobyong si Tom Rodriguez, ngunit may ilang bagay pa raw silang kailangang i prioritiza

Nakangiting kuwento ni Carla, "Opo, ready na po ako,

"Napag-uusapan naman po namin, pero only God knows kung kailan kami ikakasal.

"Napag-uusapan naman po, pero in terms of date o yung time, wala pa."

Dagdag pa ng Pamilya Roces star, ready na siyang magpakasal kay Tom, 30, ngayong apat na taon na rin ang kanilang relasyon.

Sabi pa niya, "Pero kasi nandun pa kami sa stage na... like ako, kaka-franchise ko lang po ng bagong business. "He's focusing on his arts.

"So, parang medyo ano pa ho, medyo may iba pang bagay na medyo kailangan bigyan pa ng time.

"Relationship-wise we are ready. Financially, kahit paano."

Eksklusibong nakapanayam ng PEP.ph (Philippine Entertainment Portal) si Carla noong nakaraang Huwebes, September 27, sa pagbisita niya sa PEP.ph office para i-promote ang bago nilang

serye sa Kapuso Network na Pamilya Roces.

Ipapalabas na ito sa darating na October 8, sa GMA Telebabad.

DREAM WEDDING

Dagdag pang kuwento ni Carla, ang Diyos lang daw ang nakakaalam kung kailan sila magpapakasal ng boyfriend.

Lahad niya, "Honestly, relationship-wise or financially, okay naman po kami, it's just that there are so many other things that we need to attend to.

"Sabi ko nga, only God knows.

"Kung ano na lang po ang mangyayari in God's time, kung kailan po ibigay, wala pong problema."

Katulad ng ibang babaeng ikakasal, meron din kaya siyang dream wedding?

Tugon nito, "Wala naman po.

"Basta lagi kong sinasabi na gusto ko ikasal sa simbahan, kasi I'm a Catholic.

"Basta simbahan.

"Basta as romantic and as intimate as possible, with our family and closest friends.

"Hindi naman po engrande, basta ano lang... romantic at very elegant."

LI ERON's BIRTHDAY









LEFT TO RIGHT, Jojo and Fe Taduran, Li Eron, Jose Baking; Judith Gonzales, Li, Merecyl Cauton; Merecyl Cauton, Marilynn Doc Narcisa; Samantha Gavin and mom Emely with Li; Kate Bella and mom Anabella Mohan with Li

JAKI PENALOSA: an International Fashion Icon by: Suzy Llanera

Summer festivities are almost over and we welcome the autumn breeze in the fall. With the Thanksgiving feast is just around the corner, it is but fitting to bring you a big surprise

but titting to bring you a big surpri by putting together a Fashion Show at its best.



Agnes Miranda of WFG and Mrs. Norma Carpio, President and CEO of Imperial World Inc. will be producing a one-of-a-kind runway show with the Internationally acclaimed Fashion Designer Icon, Jacqueline Alcantara

Penalosa, who hails from Iloilo City, Philippines.

Well known as Jaki Penalosa, she finished her Bachelor of Sciences in Medicine, Nursing and Biology degrees. Jaki, also achieved Master in Management in Business Administration.

Jaki Penalosa has successfully showcased her rare collections internationally from 1993 to the present, namely: Fashion Show held at the PIDC Mabuhay Philippines Festival 2016, featuring Bea Santiago, Miss International 2013; Expo Show in Rome and Milan, Italy; London Fashion Show in London, England; ASEA Week Fashion Show in Los Angeles, California; Oslo, Norway; Vienna, Austria; Silk Festival Fashion Show in Cambodia; Virginia, USA; Asian Canadian Fashion Week and Canadian National Exhibition in Toronto, Ontario; Vancouver & Calgary, Canada; and the latest is the Trade Mission Fashion/Jewelry Show, which was held in Washington, DC.

An accomplished fashion designer, Jaki uses different themes in her shows such as Allure; Sepia; Torque; Matrix Revolution; Charlie's Angels and Wall of Dolls. Some of her "One Woman Show" were Chinese New Year, Chamber of Commerce and Mutya ng Pilipinas. Held from 2003-2018, her acclaimed National Regional Shows were Miss Republic of the Philippines, Barbie Show and Philippine Fashion Week Show.

Casting calls held subsequently in Toronto was successful in selecting qualified models to strut their stuff on the runway. Jaki Penalosa will be showcasing her intricate designs featuring her specialties such as, hablon and other handwoven abaca, silk, pina, and cotton interwoven with other fibres.

Jaki is expected to arrive in Toronto on Wed., September 26th, all the way from the Philippines. Dubbed as: "Fashion Show with Jaki Penalosa", is going to be held on Saturday, October 13, 2018 at Novotel Hotel Toronto Mississauga, 3670 Hurontario Street, Mississauga, Ontario. Doors will be open at 6:00pm and the show starts promptly at 7:00pm.

For Sponsorship and ticket information, please contact Mrs. Norma Carpio at 905-257-1059 or email her at : imperialworldinc@gmail.com (ssl)

'CarGel' again in real life?

We can no longer count how many times former couple Angelica Panganiban and Carlo Aquino has made fans swoon over their sweetness in photos and videos posted online. No wonder many pray for them to rekindle romance. Could it be?

Carlo Aquino and Angelica Panganiban with direk Dan

"All I can say is that we're okay," Carlo said in Filipino.
"Right now, we don't think about, you know, romance and all. We just want to enjoy our friendship."

Angelica agreed.

"Actually, the more they (fans) urge us, the more we will not be together," she said. "But seriously, we want to take everything one step at a time. We don't want to rush into things, especially these matters of the heart."



Known to fans together as CarGel, a portmanteau of their first names, they were lovers for six years before calling it quits. In a previous interview, he even said Angelica could have been the one.

In that press conference attended by Bulletin Entertainment in line with promotions for their new movie "Exes Baggage," the actor explained why he visited Angelica with his parents recently that has got fans wishing on stars again.

It was purely coincidental, he said. His parents picked him up from the airport then he dropped by her place to retrieve his pet cat Sinta, which the actress cared for in his absence.

"Also my parents wanted to see Angelica's home since they hadn't been there before," he explained. "She really maintained a good relationship with my family despite our breakup and I'm very thankful about that."

Though romance between them is still unclear, Carlo said

Angelica will always have a special place in his heart.

"A lot of things changed when Angelica and I became good friends. I became more patient, I learned how to value even the little things. She's always a big part of me and I hope it remains like that in the next years to come."

Asked to give him a message, the actress said he deserves all the blessings coming his way.

"Carlo is a good person," she said.

The 'Exes'

From real to reel, they star in "Exes Baggage" about two heartbroken people who find solace in one another. Their onscreen chemistry is a no-brainer, said director Dan Villegas, adding they have "a natural closeness."

It turned out they didn't have to adhere to script. All the lines in the movie were "hugot" from personal experience.

"From the beginning, Carlo and I along with our director became very honest with each other. Like Direk Dan told us, 'We don't have a final script. Let's just see where this will take us.' He just wanted conversational dialogues," Angelica explained.

"Exes Baggage" may be rom-com movie, but it offers new insight on love and relationships.

"In rom-com movies, usually it's about two people who separated because the guy or the girl did something wrong. But what if nothing wrong happened (yet they still parted ways)? The challenge was how to balance the scale between two innocent people. It's up to the viewers to take sides," the director explained.

They are pressured over the box-office results of the film but they try to brush the feeling aside.

"We're really excited. Yes, we're a bit nervous but we're confident those who watch it will like it," she said.

Why Janice de Belen personally mans booth at bazaars

Aside from seeing her onscreen, we can also find Janice de Belen manning her Kitchen of Super Janice booth in bazaars around the metro. The actress-host remains hands-on with her growing business, and makes it a point to interact with her customers who love her baked goods.

Janice de Belen has turned her passion for cooking and baking into a growing business.

Now that her five children are all grown-up, the working mom is tending to her new baby, the Kitchen of Super Janice, which is now around three years old.

"Of course family will always come first, then work," she



said at the recent Globe Business Star Bazaar held at SM Megamall Event Center.

"Much as I would like this to be my first, the business, I have to weigh things, e. So siyempre mauuna yung pag-aartista. Then this one comes next. Anytime I have the time for this, I do this."

Because she still has acting projects, Janice has learned to practice saying no in order to manage her time better.

Even if bazaar opportunities come up, for example, she doesn't accept them if she cannot man her booth in person.

She explained, "Kasi people will go there to look for you. If you post it on Instagram, people will go there to look for you. If they don't find you, parang madi-disappoint sila."

We asked if turning her passion into a business has dampened her love for cooking and baking.

She said, "Hindi naman. Pag hindi talaga kaya ng time, kailangan humindi ka. Kailangan mag-sacrifice ka, kasi ganun talaga, e."

The Kitchen of Super Janice includes polvoron, cheese cupcakes, and cranberry oatmeal cookies among its bestsellers.

The actress-host also takes every opportunity to sharpen her cooking and baking skills.

Janice tries on new recipes, and doesn't stop until she's perfected them.

Janice, who finished culinary arts at Chef Gene Gonza-

lez's Center for Culinary Arts, still takes classes.
This year, she learned how to make breakfast sausages

from Chef Bruce Lim.

Even if she can easily take on catering events, Janice prefers to frequent bazaars for now.

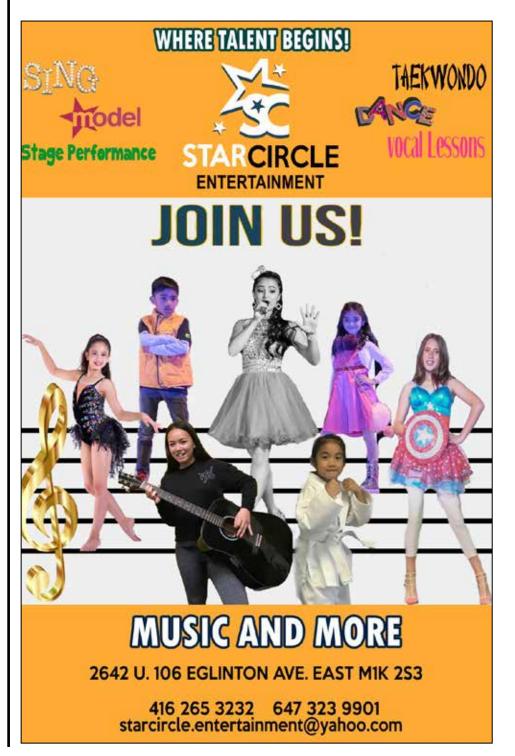
She also welcomes private orders.

What's important, she notes, is not taking on something she cannot deliver.

"Sometimes may nag-o-order sa 'kin online or sometimes my friends, 'O papaluto ako sa 'yo ng ganito.' Mga ganon. Pag kaya, kaya. Pag hindi, I have to say no."

Hunk Shot





Olive Oil May Be More **Effective For Erectile Dysfunction Than** Viagra

Olive oil is an eminently practical product thanks to its myriad uses: cooking, salad dressing, scalp conditioning, skin softening, helping your cat pass a hairball — olive oil may not do it all, but it's still one of the most versatile items in your pantry. That an olive oil-rich diet can reduce a person's risk of heart attack and stroke has been well documented, but did you also know it can improve a person's sexual response? According to a new study, adding at least nine tablespoons to your diet per week could prove as effective as — if not more effective than — Viagra in treating erectile dysfunction. Who would've guessed?!

The study, led by cardiologist Christina Chrysohoou at the University of Athens School of Medicine in Greece, looked at 660 men who averaged 67 years old. Some ate a Mediterranean diet — eating a robust amount of fish, nuts, fruits, vegetables, legumes, and of course, olive oil — and those who did reduced their incidence of ED by up to 40 percent. That nine tablespoons per day translated to elevated testosterone levels, which can help restore phallic functioning. But that's just part of olive oil's penis magic.

On top of testosterone, olive oil consumption appears to be heavily associated with improved vascular

This is a drug-free solution that searchsuspect allows men to keep their pants

that this cial fat particisexual function achieve

tain erections by encouraging the dilation of the blood vessels, allowing blood to flow into the penis and surrounding tissue.

What's more, olive oil's beneficial effects didn't fade hours after they consumed their daily spoonful. While Viagra boosts performance for a two-to-three hour window only and requires prescription holders pop a pill to achieve their desired erectile state, olive oil stuck it out for the long haul. I.e., you don't need to down a mini bottle one hour before you plan to get

"This is a drug-free solution that allows men to keep their sexual function. But [it is] also a long-term answer to protecting a man's ability to perform in the bedroom," Chrysohoou said, according to Medical Daily. "Viagra does not improve something long-term, it can only give some short effect in order to have sexual capacity."

Although the study's results are novel, the correlation between improved erectile function and olive oil consumption isn't anything new: A study of nearly 2,000 men, published in June in the Journal of the American Heart Association, found substantial overlap between predictors of cardiovascular disease and erectile dysfunction, including diabetes, obesity, smoking, and hypertension. Participants who reported ED also reported serious cardiac events, like heart attack and stroke, at nearly twice the rate their non-impotent peers did. Which is to say, ED might (in some circumstances) be a predictor of cardiac difficulties ahead.

"Because the blood vessels in the penis are so narrow, being unable to achieve or maintain an erection can be one of the first signs of atherosclerosis — the narrowing of arteries that can lead to a heart attack or stroke," Julie Ward, a senior cardiac nurse at the British Heart Foundation, told the Telegraph.

If olive oil does in fact improve heart health, then it stands to reason people with cardiac-related ED would also benefit from upping their EVOO intake.

"Long-term lifestyle habits on diet and exercise seems to have a major impact on not only our arteries but our quality of life, including sexual capacity from middle-age to elderly population," Chrysohoou said, according to Medical Daily. "Consuming olive oil and sticking to a [Mediterranean] diet keeps a man's bedroom chances high."

And "bedroom chances" aside, olive oil seems to do great things for our immune systems, cognitive function, and skin, regardless of our sex or gender. All olive oil everything from now on.



Yassi, Louise fight over Sam

and Digo has paid his dues before Boss Vic YASSI Pressman, Louise de los Reyes and Shy Carlos are cast all together for the first time in Viva Films' new romance flick, "Para sa Broken Hearted". Yassi and Louise have something in common. They both started with the Kapuso Network then they opted to be managed by Viva Artists who brought them over to ABS-CBN. Shy is a homegrown talent by Viva. So how is it working with each other?



"We all enjoyed each other's company," says Yassi. "The movie portrays three different kinds of women in love at maraming maka-

The movie is the directorial debut of Digo Ricio. Most writers at its presscon are asking: Zino ziya? Who's he?

Well, the lifeblood of the film industry lies in the discovery of new talented filmmakers

del Rosario of Viva gave him this big break in directing. A fine arts graduate from UP, he started in showbiz in 2005 as a production designer or PD.

"Si Direk Joyce Bernal ang kumuha at nag-train sa akin in 'Agent X44' with Vhong Navarro," he says. "Kasabay ko si Direk Irene Villamor na unang nabigyan ng break in directing 'Camp Sawi'. I became the PD of various commercials, TV shows and films. Then napagod na ako, burnout, and sabi ni Direk Ruel Bayani sa'kin, magdirek ka na rin. So I started directing episodes in 'Ipaglaban Mo', then I also helped in directing 'Wildflower', and 'One Song' for Digital Viva. Now, heto, movie na."

Was he the one who assembled the cast of "Para sa Broken Hearted"? "No, actually, nang kunin ako ni Boss Vic, nabuo na nila

ang lineup ng cast. And I'm glad that except for Louise, lahat sila, nakasama ko na before sa TV or sa movies. Nasulat na rin ni Rinca Romero ang script based sa novel ni Marcelo Santos. As the director, in-update ko na lang ang material kasi 1990s pa ang setting nito. Ginawa kong now. The novel is also told in a linear manner. Binago ko rito, I made it more playful and divided the film into three segments where the stories and characters intertwine."

The film is about three different kinds of love represented by the female stars. Bale lahat ng characters dito, naging brokenheart-

How did he find directing Yassi, Louise, Shy, Sam and Marco? "They're all very cooperative. I'm not the kind of director na ituturo sa kanila how to enact a scene. I just describe to them the emotions and ask them how they'll treat it. Kapag 'di ko gusto, 'di ulitin, but I also respect how they want to execute it and we meet halfway."

Here's hoping that Direk Digo will be as successful as other directors who started as production designers, like Peque Gallaga, Mel Chionglo, Jeffrey Jeturian and Brillante

Glaiza shares small details about **Irish suitor**

GLAIZA De Castro has just finished doing the afternoon soap, "Contessa", and now,



she'll be guesting in the primetime show, "Victor Magtanggol", reprising her role as the fiery Pirena in "Encantadia". She's also busy promoting her movie, "Liway", winner of the Audience Award in the

recent Cinemalaya.

She says the title role of "Liway" is one of her most challenging roles ever. "Liway is actually her name sa rebel movement," she says. "She's based on a real life person dahil mother siya ng writer-director ng aming movie, si Kip Oebanda.

She admits that, at first, she was nervous about accepting the role. "Baka hindi ko mabigyan ng justice, so Direk Kip arranged for me to meet some of the real people portrayed in the movie."

How does she and her other "Encantadia" sisters feel about joining Alden's primetime show? "Of course, we're all happy about it. Parang payback naman ito kay Alden kasi tinulungan din niya kami with his guest appearance sa simula ng 'Encantadia' in 2016.

I'm going to London sa end of the month to look for a music school where I can take up music production so sana, hindi magkaroon ng conflict sa schedules ko."

Someone quips she might just be meeting there her rumored boyfriend, an Irish guy named David Rainey who she's been dating

Basta as of now, he's enjoying na bumisita rito, magbakasyon, and yes, sasamahan daw niya ako sa London kasi may sisters siya roon and he'll stay with his sisters habang sinasamahan akong maghanap ng school."

Bea insinuates there's someone who secretly makes her happy

BEA Binene is thankful to those who remarked in social media that her acting has leveled up to those of her co-stars in the hit

morning soap, "Kapag Nahati ang Puso".

"It's flattering na sinasabi nilang nagagawa kong makipagsabayan sa aktingan, but I have to give credit to my more seasoned co-stars in the show, lalo na po sina Tita Sunshine Cruz and Bing Loyzaga," she says. "Kailangan ko lang talagang paghusayan ang trabaho ko dahil ang huhusay nila kapag kaeksena ko at kayangkaya nilang lamunin ako.

Actually, ang sarap nilang kaeksena kasi hindi sila maramot, they really guide me, from the tone of my voice in delivering my lines, pati sa pag-iyak ko, para raw hindi maging monotonous ang performance ko. Si Tito Zoren Legaspi naman, tinuturuan niya ako kapag action scenes ang kinukunan sa amin."

She's thankful to GMA-7 for giving her a realistic role this time. "Kasi po dati, usually, telefantasya ang ginagawa ko. Naging aso na nga ako sa 'Hanggang Makita Kang Muli' at ibon sa 'Mulawin vs. Ravena'. At least ngayon, as Claire, totoong tao ako na mayaman pa. E, dati poor girl lagi ang role ko. Actually, mas madali palang mag-portray ng mahirap kasi kahit ano lang, puwede mong isuot. Dito, as mayaman, kailangang magaganda lagi ang outfits ko lalo't parehong kilalang fashion designers ang dalawang mommies ko rito."

She's also glad that GMA News & Public Affairs is giving her the chance to substitute for Iya Villania every now and then in delivering the showbiz news in the Chika Minute portion of "24 Oras". "Nasama rin ako sa 'Good News' ng GMA News TV and I'm so grateful kasi dream ko rin talaga maging news anchor someday."

About her lovelife, her last ex-BF, Jake Vargas, is now going steady with Inah de Belen. How about her? "Okay naman po ako. Masaya po ako ngayon. May nagpapasaya."

In her social media posts, she alludes to having a mystery lover who sends her flowers every 9th day of the month. "Ayoko nang magsalita as I want it to remain private. Basta masaya po ako. At maging sa 'Kapag Nahati ang Puso', dalawang hunky guys ang nag-aagawan sa akin, sina Benjamin Alves at David Licauco. O di ba? Ang haba-haba ng hair ko.

Yasmien, nahirapang magbawas ng timbang

NOONG nakaharap/nakausap namin kamakailan si Yasmien Kurdi sa online show namin nina Rodel Fernando at Mildred Bacud na Showbiz Pamore kamakailan, napansin namin na pumayat ang aktres, na ayon sa kanya, talagang nagpapayat siya para sa role niya sa GMA 7, ang Hindi Ko Kayang Iwan Ka, na tungkol sa HIV awareness.

Sabi ni Yasmien, "Kasi ang nangyari sa 'Hindi Ko Kayang Iwan Ka,' parang..kung si Thea (pangalan ng role niya sa serye),magkakasakit, kunwari ang script..eh wala naman tayong parang.. 'di ba sa Philippine teleserye, hindi naman siya 'yung parang gagawin natin mga ahead siya ng a year, tapos naka-canned na siya, na pwede kang mag-prepare, na bigyan ninyo ako ng three months para mag-diet and all.

"So kilangan kong mag-trim down, para kunwari the next week, may sakit si Thea, kailangang lubog ang mata mo rito, kailangang lubog 'yung pisngi mo

"So ang hirap, kasi magti-taping pa ako, tapos kailangan kong mag-diet. Nakakanginig kasi, like nagpupuyat ka, tapos kailangan mo ngang mag-diet.Minsan sasabihin nila, okey naka-recover na si Thea,wala na siyang sakit. So kailangan ko na namang.. pero ang pinakamadali 'yung mag-recover, ang pinakamahirap 'yung mag-loose (ng weight), siyempre, ganoon," mahabang paliwanag ni Yasmien.



IPEN Beauty Jurice Encarnacion walks at the Mabuhay Fashion show wearing a creation by Renee Salud.



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