



BAD INFRASTRUCTURE

Threat to Economy

Power Outages may slow Economy in 2015

MANILA, Philippines – Manila’s creaking train network means a miserable three-hour work commute for salesman Gerard Galang – just one example of major infrastructure woes that analysts say threaten to cool the Philippines’ red-hot economy.

Peak-hour hell comes in many forms in the city of 12 million people, with commuters experiencing a sweaty, stinky crush on dilapidated trains and giant queues to buy tickets.

“I pity myself and my fellow commuters but I don’t have any other option than the train,” said Galang, 29, who inhales antiseptic rubbed on to his hands to help negate the stench on the train. “It gets so crowded our faces get pressed against each other and on doors and windows.”

Galang spends three hours commuting to work every day, half of which is spent in queues.

For other commuters on buses or in cars, daily gridlock worsens to a complete standstill that can trap people for hours when even small rain storms trigger flash floods.

The Philippine economy has in recent years shed its reputation as one of Asia’s laggards, with growth of 6.4 percent in the second quarter maintaining its status as the region’s best performing after China.

The country also recently gained its first investment grade scores from the big three global credit rating agencies.

Urban decay

Infrastructure development, however, hasn’t moved at the same pace, and economists warn the creaking systems that are of so much frustration to millions of people will also have a growing impact on economic growth.

“Our facilities are not built for an economy that is growing at seven percent every year,”

INFRA TO SLOW ECONOMY
continued on page 21



NAIA Worst
Airport Again



Designer
Fall & Rise



Cold Shower
Good For You



Confession
Picache killer

Killed Toronto Nanny giving FULL SERVICE part time

THE MURDER OF EVELYN BUMATAY-CASTILLO

Page 9

Will Aquino run as VP to Roxas in 2016?

Is Roxas the Liberal Party’s choice?

MANILA - House Speaker Feliciano Belmonte Jr. dismissed as “very unlikely” at 2016 presidential ticket featuring Interior Secretary Manuel Roxas II and President Benigno Aquino III, as suggested by Caloocan Rep. Edgar Erice.

“I have never heard of Roxas-Aquino or vice versa for 2016,” said Belmonte, vice chairman of the Liberal Party.

Belmonte also urged rabid supporters of the President to refrain from resurrecting the possibility of a term extension for Aquino through amendments to the Constitution. Belmonte added that Aquino has already had his turn to serve the country.

AQUINO AS VP IN 2016
continued on page 22

Pope assassination planned

Islamist extremists determined to kill pope

MANILA - The arrest of a leader of the extremist Abu Sayyaf last June has not deterred groups sympathetic to the Islamic State of Iraq and Syria (ISIS) from their plot to assassinate Pope Francis during his visit to the country in January, a reliable source from the Philippine National Police (PNP) said.

The source, who asked not to be named because he is not authorized to speak on the matter, said the Islamist groups are pushing through with the plot against the Pope despite the arrest of Khair Mundos last June.

The source earlier provided information on the efforts of the Jemaah Islamiyah

(JI) to recruit young Filipino Muslims for ISIS.

The JI, Abu Sayyaf, Rajah Solaiman Movement (RSM) and the Bangsamoro Islamic Freedom Fighters (BIFF) are among the groups that have pledged allegiance to the jihadist ISIS.

Mundos was nabbed in his hideout in Parañaque City by a team from the PNP Criminal Investigation and Detection Group (CIDG) with the assistance of military intelligence units.

“Mundos was checking out the Pope’s

POPE ASSASSINATION
continued on page 23

Is there a Filipino doctor in the House?

As in, the House of Commons in Ottawa? Dr. Solon Guzman, a popular community leader based in Mississauga was asked if he would consider running as MP or MPP. Why not? I wonder what the good doctor is thinking. Here he talks with Conservative Senator Dennis Patterson of Nunavut (RIGHT).



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Andi Eigenmann And Bret Jackson split -

James Reid

James Reid revealed that his best-friend Bret Jackson is hurting over Andi Eigenmann. The two are no longer dating.

James and Bret are both products of "Pinoy Big Brother," with James the eventual big winner.



It was too early anyway to say that you love someone, James said.

Andi and Bret only knew each other for two months and that time, Andi was going through a tough time with Jake Ejercito. Andi and Bret were seen together in Cosmo Bachelor Bash last September 25. However, there were rumors lately that Andi and Jake are back together. Although Bret did not say specifically how he was feeling about what happened, James said he is sure he's hurting. "I know if he's feeling good or he's feeling bad. Even if he doesn't say it." The two took a short vacation together. Bret initially went to Dumaguete and then met James in Cebu. They stayed in Movenpick Hotel in Mactan and they hang out and just relaxed. James, however, said no one should be blamed in what happened because love is a complicated thing. He said Andi is a nice girl, and he knew she never intended to hurt anyone. It's difficult to be in love because you don't listen to anyone else but yourself.

When it comes to Bret, James is sure his bestfriend knows what he's doing.

NAIA, one of world's worst airports in a different list



NAIA cited anew as 'one of world's worst airports.'

MANILA - According to a list compiled by US website, The Cheat Sheet, NAIA is among the 10 worst airports in the world because of its poor facilities and long queues.

The Cheat Sheet also cited the airport's "impolite" staff, despite Filipinos being known around the world for their warmth.

"Travelers complained about the airport's rundown facilities, impolite staff and officials, and long wait times," the article said.

The article also mentioned the airport's overcapacity, which has resulted to long lines that begin outside the terminal.

"This Manila-based airport struggles with the 32 million passengers who use its facility each year. That shouldn't come as a shock, though, considering it only has the capacity for 6 million passengers, according to CNBC," it said.

However, the airport dropped to fourth place on the list, by review website The Guide to Sleeping in Airports which named it the worse in 2013.

According to the site, the survey still showed the same travelers' complaints over the NAIA-Terminal 1, such as "overcrowding,

lengthy queues, limited seating, unfriendly immigration/customs officers and smelly toilets."

However, The Cheat Sheet noted that "good news" are in store for NAIA with upgrades and renovations already in progress.

The Department of Transportation and Communications earlier appealed for the public's understanding while renovation works are ongoing.

Renovation is expected to be completed by April 2015.

Also making the list of worst airports are the following:

- Charles De Gaulle in Paris
- Los Angeles International
- Italy's Bergamo Orio al Serio Airport
- New York's LaGuardia Airport;
- Zurich International in Switzerland
- Chad's N'Djamena International Airport
- Russia's Moscow Sheremetyevo Airport
- Bill and Hillary Clinton National Airport in Arkansas
- India's Calcutta Netaji Subhash Chandra Bose International Airport

A Dangerous epidemic is sweeping Canada

Some folks have come up with a possible cure.

It's an epidemic that might turn into a catastrophe if not stopped now. Plenty of Canadians are doing it — some without even realizing that they're putting their lives at risk.

We're talking about TaW: Texting and Walking, people. Or, as it's now called, "wexting." Yes, it's a cringe-worthy word, but it's become a part of your everyday life — we know, we're guilty of it too. And while China's solution to helping cell phone addicts is to "award" them with their very own traffic lane (use at your own risk), people guilty of TaW in one Canadian city are getting stopped right in their tracks.

If you're crossing select intersections in Vancouver and Victoria with your eyes glued to your cellular device, you'll receive a banner ad on your phone that says, "If you're texting while walking, have a word with yourself." It's embarrassing, but it seems like it'd be pretty effective.

So, whose brilliant idea was this? A group called Community Against Preventable Injuries (CAPI). They're testing "geofencing" technology in an attempt to reduce the number of injuries suffered by people who are "wexting," according to CTV News.

The organization says that in B.C. alone, more than 2,700 pedestrians are injured each year. Forty per cent are due to distractions or ignoring traffic signals. Oy!

The moral of this story? That text can wait until you've crossed the street safely.





CONGRATULATIONS

Gary Tanauan re-elected as Ward 12 Toronto Catholic District School Board Trustee



Luz Del Rosario for winning as Mississauga Trustee - English Separate School W6,11

Jen Camacho offers entertainment to home buyers

Acquiring Property from Jenifer Camacho will get you a free “Sing Along “entertainment at your House Blessing Day !!!! Jenifer Camacho shared Merle Dela Cruz Pagcaliwangan’s video. Naku Jen, this is a bad idea. Not because you are a bad singer. In fact, you are a very good singer. One is, what if you get overlooked. The other is potential competition from other realtors - male or female - who have other, ehem, sexier talents like being part time strippers or sex-trade worker like the nanny who was murdered. Not that I know any realtors who have those part time jobs. But what if people in those professions decide to be realtors? Hmmm, they can throw in their current talents to anyone who will buy a house from them. The Competition Bureau might have to get involved to regulate what can be offered by realtors to buyers or not. Ehe sus Guinoo, ano ba itong naisip ko?

Manila Flooding Solved

The Metro Manila Development Authority (MMDA) reported on its official Twitter account knee-deep floods along España, Avenue in Manila. Apparently, twitter is the solution to the flooding. They will inform you what areas are flooded so you can avoid it. And they can twit it in short sentences, even one-word sentence. In fact, this the Twit.
FLOOD ALERT: Everywhere. Direct to the point.

It was only a Matter of Time

I can't believe that a 43 yr-old Filipina Caregiver who came to Canada recently in 2013 was moonlighting as a Prostitute or working as a sex trade worker. I am calling the attention of all my friends in media and other organizations to check this out and let the truth be heard. Most caregivers work so hard to help their families for a better life. It is not LOGICAL, It is not a typical FILIPINA caregiver, and I am sure it is SO UNTRUE!!! - Eugene Deocareza

I knew it was only a matter of time before somebody gets “shocked.” As Captain Renault in the movie Casablanca says, “I am shocked, shocked that there is gambling in this club,” then a waiter comes to him and hands him his winnings at the gambling table. Contrary to what everyone who believes in our self-made image which has become a self-perpetuating myth, we are not a noble race of caregivers, domestic helpers, and nurses. It’s not as if we came from the promised land and were chosen as disciples sent forth to convert the world.

Why she does what she does

Put yourself in her shoes. In a span of one year,

nasanay iyong nasa Pilipinas ng hingi na lang ng hingi. Then, she realized, she is already 40 and she has to keep some money for herself. She probably thought, that if this keeps up, she will not be able to save money for herself. It’s the usual reaction of the newly-arrived workers or immigrants to Canada to send big money at once to show that they are ok. Big Mistake. Send small money and keep it that way. Otherwise, the ones in the Philippines will get used to it and you will have none left for yourself. If you stop it or reduce it after years of sending, then, you will look like the bad person. Sound familiar?

Human nature is not logical

John Wayne Gacy was a successful businessman and a community leader. But he was a serial killer of children. Google his name and you’ll see who he is. Humans are different from machines. Machines are made by us so they do what we program them to do. You turn the ignition in a car and it starts, unless it is broken. Humans are ruled by a combination of emotions and intellect. Yet, there are those who try to make a science out of it like FBI profilers. But they can only try to figure why a person did something but never what a person will do.

She is not one of us

Sadly, there has been an unusual silence in the community about her murder. Nobody is shouting justice for her. Is it because she was an alleged part-time prostitute and not a nanny that we can fit into the myth we have built for ourselves as a selfless workers who have to leave our families behind to earn a living? That’s just too sad.

Remember

Berting Labra

In the shadow of Da King



Berting Labra (April 17, 1933 – February 10, 2009), born Roberto Labra, was a Filipino child star and veteran actor equally adept in comedy and drama, in action flicks and musicals.

Labra starred in Apat Na Taga in 1953. He was a child star who shared screen with Fernando Poe, Sr. in several hits, including “Palaboy ng Tadhana,” “Sagur,” “Kanto Boy,” and “Alimudin.”

He was only six years old when he made his stage debut. He was discovered by Poe Sr when he was looking for a child actor who could sing for the movie.

Labra also witnessed the murder of his father, Francisco Labra, former bantamweight and featherweight champion of the Orient, in the hands of Japanese soldiers. “He was tortured,” Labra told the Inquirer in 2005 interview.

The elder Poe became the 10-year-old’s foster father. Five years after the elder Poe’s death, Labra, then a teenage, teamed up with Fernando “Da King” Poe Jr. in the 1965 box-office hit “Lo’ Waist Gang,” a film that spawned a string of other movies and a lifelong friendship with Da King.

In 1969, Labra and fellow action star The Late Eddie Fernandez were jailed for murder.[1] Labra spent 13 years in Muntinlupa, only to be exonerated by the Supreme Court.

Labra appeared in the 1991 action film “Manong Gang” with actor now Senator ramon “Bong” revilla Jr Alongside Dina Bonevie as Bong Revilla’s Leading Lady, and the late Actors Paquito Diaz and Max Alvarado. Labra’s last film, the 2007 comedy “M.O.N.A.Y ni Mr. Shooli,” co-starred actor Leo Martinez.

He appeared in supporting roles in soap operas and indie films in the Philippines.

Labra died last February 10, 2009 due to emphysema. He was 75 years old. Labra’s remains were buried in the Garden of Memories in Pateros.

ABS Wins \$10 M Judgment vs Internet Pirate

PORTLAND, OREGON- ABS-CBN received a judgment from the U.S. Federal District Court in Oregon against Jeffrey Ashby for damages of \$10 million resulting from his infringing the copyrights and well-known trademarks of ABS-CBN by rebroadcasting ABS-CBN’s popular TV shows and movies on his pirate websites. Among the many pirate sites that Ashby owned were watchfilipinotv.com, watchfilipinomovies.com and pinoytalaga.com.

Jeffrey Ashby made a statement about the \$10 million judgment against him:

“I wish to warn anyone who may be copying and/or publishing content owned by ABS-CBN without their permission, to stop immediately. Continuing without authorization can and will lead to very serious consequences.”

“Jeff Ashby is the first of many pirates that we are pursuing,” said Elisha Lawrence, Associate Vice President of Global Anti-Piracy for ABS-CBN International,

“We have begun a relentless campaign to enforce against all pirate websites due to the numerous reports that these sites contain dangerous malware which cause substantial harm including identify theft of financial information and phishing attacks.”

ABS-CBN has recently partnered with Crime Stoppers USA. Please call 1-800-222-TIPS (8477) or text TIPLA plus your tip to 274637 if you have any information on a pirate website, and you could be eligible for a reward if your information leads to the conviction of the pirates involved.

ABS-CBN is represented in Oregon by Matt Levin of Markowitz Herbold PC, in New York by Tony Onorato of Steptoe & Johnson and in Florida by Stephen Gaffigan. (Karie Trujillo)

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HOWARD COSELL

Nadine Lustre Admits Crush On James Reid

Nadine Lustre admitted that she is physically attracted to on-screen partner James Reid, who was recently named as the Top 12 Hottest Males in Showbiz by YES! magazine.

Aside from his six-packs, Nadine also admired James for his dedication to fitness and health. She said James worked hard for his body. Nadine knows it takes a lot of effort for someone to be healthy and fit because she's always finding it hard to diet and go to the gym. She's proud of James for having that discipline.

Nadine and James will be doing the movie "Para Sa Hopeless Romantic," the third movie they will be starring in after "Talk Back and You're Dead" and "Diary Ng Panget."

They are together almost every day, especially when they were doing their "Wansapanataym" series.



Honey Shot



Bettina is a PIDC Ms. Spirit awardee. Her favorite food is a red velvet cake. Someday, she wants to be a international English Teacher. We wish her all the luck in her endeavour.

Bettina Ysabelle Carlos

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NATALIE JAMES

More jobs in Asean Free Trade

However, some jobs will be “vulnerable”



MANILA, Philippines – The upcoming integration of Association of Southeast Asian Nations members in 2015 stands to contribute 3.1 million more jobs in the Philippines, according to a joint study by the International Labor Organization (ILO) and the Asian Development Bank (ADB).

About 38% of the expected jobs could be in vulnerable employment, while women are seen to account for only 1.1 million of the estimated job gains, said the study.

The report said the country needs to boost skills training and social protection now in order to make the most of the single common market, or else risk worsening poverty.

“If decisive policy action is taken, AEC (ASEAN economic community) has the potential to ensure sustained economic growth centred on decent and productive

work thus, help the Philippines achieve its goal of inclusive growth that creates jobs and reduces poverty,” ILO Philippines country office director Lawrence Jeff Johnson said.

By end of 2015, the ASEAN economic community (AEC), a common market and production base, will take shape in 10 ASEAN member states, including the Philippines.

Fully adopting the AEC trade measures could expand the country’s gross domestic product (GDP) by 7.5% by 2025, versus a baseline scenario without deeper integration, the study added.

From classroom to workplace

With the integration, freer flow of goods, services, investment, and skilled labor will impact the region’s economy, including jobs, skills, wages, and labor mobility.

If the benefits of AEC are unevenly distributed and poorly managed, integration could add to existing challenges in the areas of poverty, inequality, vulnerability, and poor job quality, the study said.

The demand for high-skilled employment such as managers, professionals, technicians, and associate professionals could also increase by nearly 60%.

Meanwhile, medium-skilled jobs could grow by around 25% and low-skilled work could also rise significantly by more than 60%.

Improving the quality and relevance of education for the Filipino youth to smoothly transition from the classroom to the workplace is needed.

Labor migration to climb

With the Philippines’ integration into AEC, it is also expected that labor migration will continue to climb for medium and low-skilled workers, the study said and requires collective regional action to safeguard the rights of migrant workers, it added.

Other priority areas for action in the Philippines include the creation of better jobs, enhancing social protection programs, upgrading skills to meet shifting demand, and improving protection for migrant workers, among others, the joint ILO-ADB study said.



Ynna Asistio Hasn’t Moved On From Mark Herras

Although Ynna Asistio and Mark Herras are now casual friends after their almost six-year relationship, Ynna admitted it’s not easy to get over him.

They saw each other recently when she went to his dad’s wake, and also in some events since then. They are both okay, as well as Mark and her mother, Nadia Montenegro.

Nadia often sees Mark in GMA Network. Ynna is now with ABS-CBN.

Ynna said Mark will always be a part of her life, and it’s unfortunate their relationship has to end that way. Mark and Ynna broke up after she found out he had an affair. Eventually, Mark admitted to fathering a child with the same girl.

The actress believed that she and Mark are for forever, but that’s not what the Lord planned for her. Maybe she will meet someone better, Ynna said.

For now, Ynna is single. She tried dating before but she also got hurt. She sees no point in trying to use somebody to move on from her pain.

Although she doesn’t want to close all doors, Ynna said she doesn’t see herself going back to Mark now. If she ever enters into another relationship, she wants it to be with a non-showbiz guy.

It wasn’t that she was traumatized by what happened with them. Ynna said she learned a lot from their relationship, but he doesn’t want to force herself to fall in love again.

“Alam ko naman na hindi pa ko ganoon ka-over kay Mark ‘tapos maghahanap ako ng iba.”

Ynna is now focused on her school, work and Church.

Asked if she can accept that Mark has a child with another girl, Ynna said she’s not ready to accept that. She is not completely over him yet. She has been with him from when she was 16 years old to 22 years old.

She doesn’t want to lie and say she’s moved on from him already. She spent almost six years with him.

Ynna saw Mark’s daughter already during the wake of his father. She didn’t feel nervous to see Ada, but she saw her mother.

She cannot be irritated, however, because it’s the wake of Mark’s father. She just didn’t expect to see her. Reports said Ada’s mother is a GMA handler.

Ynna revealed she knew the girl, but she doesn’t want to talk about her anymore. She worked in GMA before.

If she falls in love again in the future, Ynna wants someone who loves the Lord more than her. That’s something she didn’t see when she was dating before.

It’s not to say that Mark is not like that, but Ynna wants someone who has the same faith as hers.

Philippines

NEWS

Shortage Fear

MANILA – As the holiday season nears, supermarket owners fear of limited supply of goods due to the port congestion. The owners are worried that suppliers might deliver goods only to big supermarkets. Some owners explain they might be forced to augment their limited stock by getting goods from big grocery chains, which will push prices up.

Meanwhile, the Department of Agriculture assures enough supply of chicken and pork for the holidays and will also be going around markets to ensure the suggested retail prices (SRP) for these goods are followed. he suggested retail price for chicken is P135 per kilo while the SRP for pork is P185/kilo.

Mall in Boracay

MANILA - CityMall Commercial Centers Inc. (CMCCI), said that it is planning to build a CityMall on Boracay Island. CMCCI said that the CityMall will be the first mall to have a supermarket that sells a wide selection of grocery items, fresh meats, and vegetables. CityMall-Boracay will not only benefit tourists, but the local restaurants and resorts as well.

“CityMall-Boracay is seen to promote the local economy through the creation of additional local employment and by encouraging budding entrepreneurs to locate their businesses in the CityMall,” the firm said.

Lower Tax Rate

TOKYO - Finance Secretary Cesar Purisima said he is open to cutting some taxes but wants to work with Congress to improve the government’s ability to collect tax revenue.

There are bills in Congress that seek to reduce income tax rates and increase exemptions on bonuses, which have raised concerns that a loss in revenue could hurt the country’s credit rating and its ability to spend on infrastructure.

“We don’t mind fine-tuning these proposals to have more competitive tax rates and better collection,” Purisima said at a news conference.

Rising household risks SE Asia

PH seen among most vulnerable

The continued rise in the levels of household debt held by Southeast Asian banks, which are now under pressure due to rising interest rates, may lead to a deterioration in consumer confidence that could lead to slower growth in the region.

The Philippines, in particular, was among the most vulnerable in the region, Moody’s Investor Service said. Although the level of household debt in the country

was one of the lowest in the region, the contribution of consumer spending to the real economy was the highest.

As interest rates rise due to the Federal Reserve’s taper, consumers would see higher interest rates for household loans, putting pressure on their ability to repay obligations. The result, Moody’s said, would be a depreciation of real estate prices.

“Such a development would undermine

consumer confidence and, by potentially reducing collateral values, further restrict the availability of credit,” Moody’s said.

Fiscal authorities in the region also have enough room to hike spending to compensate for slower private sector demand.

The general government debt averaged 39 percent across Southeast Asian economies in 2014, versus a global average of near 50 percent.

Camarines Norte Association-Ontario Celebrates 7th Foundation Anniversary

By: Tony A. San Juan, OCT

Remarkably joined in by more than 200 guests, friends and family members, the officers and members of Camarines Norte Association Canada-Ontario (CNAC-O) celebrated successfully their foundation anniversary with a masquerade-themed gala on October 18, 2014 at Rembrandt Banquet Halls in Scarborough, Ontario. The meaningful fundraising occasion is in support of the organization's scholarship project and outreach assistance initiative in Camarines Norte, Philippines.

One of the event's highlights was the formal induction of the 2014-2016 term executive officers and directors of the Tagalog-Bikol mix speaking organization. Led by Susan SJ. Llanera, as president, the other officers sworn in by the official representative of the Philippine Consul General-Toronto, (are) were : Merle Canlas, 1st vice-president & acting secretary, Pong Ostonal, 2nd vice-president, Nely Lopriego, treasurer, Jocelyn San Juan, auditor, Carlito Cruz, public relations officer and Directors Elizabeth SJ. Cruz, Sonia SJ. Dela Cruz, Diego Kalaw Linan, Eva SJ. San Andres, Andrea A. San Juan, Marie A. San Juan, Virgie G. San Juan, Minda Sayoc, Rey Senis and Faye Silvio,

Also inducted were 8 Town Repre-



sentatives Shey Silvio (Basud), Randy Fermo (Capalonga), Shirley SJ. Rosales (Daet), Manuel Ching (Jose Pangniban), Sylvia SJ. Leaver (Mercedes), Vic Ricafrente (San Lorenzo Ruiz), Angie A. San Juan (Sta. Elena) and Salvador San Juan, Jr. (Vinzons).

Ablly hosted by community broadcast pioneer Kuya Roman Carretas and co-emcee Karen Pascual-Binaday, the enjoyable program kicked off with the Canadian and Philippine national anthems' renditions by Scott Dion Brown and Cheryll Samson, followed with soul-stirring invocation and grace-before-meals by director Elizabeth SJ. Cruz, CNAC-O president Susan Llanera's welcome-cum-inaugural address, and the superb song-and-dance performances by Nicole Samantha Huff and Martha Joy.

CNAC-O, moreover, proudly honoured 10 notable leaders and personalities

for their exemplary contributions and services to the Filipino Canadian community. Among those presented with certificates of recognition were : philanthropist Dr. Victoria Santiago, PIDC president Norma Carpio, FCT president Rosalinda Javier, business leader Rafael Nebres, community advocate Alberto Rodil, financial service guru Agnes Miranda, singing diva Martha Joy, TV actor & singer Nicole Samantha Huff, songwriter & singer Scott Dion Brown, singer-entrepreneur Chyrell Samson, and party hostess Maria Geroche.

Tony A. San Juan, CNAC-O co-founder and adviser, endorsed and introduced five Filipino Canadians who are running for City of Toronto elective positions, namely: Randy Bucar (Councillor-York Centre) and TCDSB trustee-candidates Joey Abrenilla (Ward 5), Manuel Ching (Ward 9), Paulina

Corpuz (Ward 12), reelectionist Garry Tanuan (Ward 8) and Scarborough Southwest Liberal MP Nomination Candidate Michelle Serrano. The fundraiser-silent auction was productively organized and managed by officer-sisters Marie San Juan, Sylvia Leaver and financial advisor Ted Celis. Andrea San Juan handled the exquisite hall decorations.

Collectively working on a precision-like performance, all the Association officers and members together with their spouses, partners and family members were noted and praised for their purposeful coordination and co-operation in achieving a delightful and memorable evening which was truly a milestone celebration. (T. San Juan).

Tony A. San Juan, OCT
tnysanjuan@yahoo.ca



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Leaders want K-12



MANILA - Business leaders have sealed an alliance with educators to fight possible moves to delay the shift to K-12 schooling.

Senator Antonio Trillanes IV earlier called for the suspension of the K-12 program, saying the government and schools aren't ready and provisions hadn't been made for tens of thousands of college teachers who will lose their jobs.

Ayala Corp. Chairman Jaime Augusto Zobel de Ayala said, while there are

challenges, the country can no longer delay the shift.

"K-12 is absolutely necessary. Problems are there to be solved but we have to align ourselves to the global standard. The standards are set, we are the only ones that are off," he said.

"This is vital to turning the country around and making it relevant to the future," he added.

K-12 will keep students in high school for 2 more years, meaning for 2 years there will be no students entering college.

State colleges and universities have the budget for their teachers who may do research or other work. More than 80,000 private college teachers may be affected.

While up to 40,000 may be able to find other work, especially teaching in the new senior high school levels, up to 35,000 could lose their jobs.

The National Industry Academe Council is led by business leaders like Zobel and Ramon del Rosario, and educators like Ateneo President Jett Villarin and UP's Alfredo Pascual.

Fears for Pacquiao

MANILA – Boxing analyst Teddy Atlas said Manny Pacquiao has been fighting for so long that it might hurt the Filipino superstar when he faces unbeaten Chris Algieri.



He believes that Pacquiao is battle-scarred with 63 fights under his belt and has been busy with several commitments outside boxing. Aside from being a boxer, a congressman, and a preacher, Pacquiao also became a playing coach for a PBA team. He's got a lot of distractions, had a lot of miles on the odometer," said Atlas.

Algieri, on the other hand, is focused on one task and that is to challenge Pacquiao for the WBO welterweight belt.

Atlas admitted that the 5'10" American may be lacking when it comes to experience, but he said Algieri has hunger and youth on his side.

"It could be a tougher fight for Pacquiao.



Jodi wants to be a doctor

Thirty two-year-old actress Jodi Sta. Maria is determined to finish college and become a doctor to serve as an inspiration to her son.

"I want to set a good example for my son. I don't want to be in a situation where I will force him to go to school, and then he will tell me, 'But you didn't even finish school,'" Jodi shares in "Tapatan Ni Tunying.

She pursued medical biology at De La Salle University-Dasmarias.

"I want to be a doctor. I went to college but haven't finished my course yet. I don't know how to divide my time. But, I will return to school eventually," she tells.

Will Jodi take a break from showbiz? Meanwhile, the "Maria Leonora Teresa" star once again dispels rumors that she has split from her boyfriend, Cavite Vice Gov. Jolo Revilla and insists that their relationship is going strong.

"We may have faced problems through the years, but those are part of the learning process. We've learned from our mistakes," Jodi says in the episode.

Don't miss "Tapatan ni Tunying" on ABS-CBN's Kapamilya Gold. For updates, follow @TNTunying on Twitter and Instagram, or like its Facebook page www.facebook.com/TNTunying.

Toni Gonzaga is female Luis Manzano

Alex Gonzaga is now being tagged as the female version of Luis Manzano because of her bubbly personality during the first season of "The Voice of the Philippines." And now that Luis is going to be a part of the second season of the hit singing contest, netizens are abuzz over how similar their personalities are. Alex said they are both aware of the observation as it was even Luis who texted her to tell her about it.

Philippines NEWS

PHL Slowest Net

MANILA - The Philippines still has one of the slowest average connection speeds in Asia Pacific, according to Akamai.

The Philippines 2.5 Megabits per second (Mbps) was far behind South Korea, which topped the list, with average speed of 24.6 Mbps.

"At 430%, the Philippines' year-over-year increase was particularly strong, as was its 150% quarter-over-quarter increase. However, with such a low high broadband adoption rate and fewer than 25,000 unique IP addresses connecting to Akamai at speeds over 10 Mbps in the second quarter, these large changes do not necessarily represent significant improvements to connectivity within the country," Akamai said.

Earlier this year, the Senate opened an investigation into why Internet providers don't seem to be delivering speedy connections at fair prices.

PAL Fly NY Again

QUEZON CITY - A proposed ordinance has been filed before the Quezon City Council that would restructPhilippine Airlines will start flying to New York City on March 15, 2015, marking the carrier's much-awaited network expansion to the US east coast.

"This auspicious start of regular flights to New York will coincide with PAL's 74th founding anniversary," said PAL chairman and chief executive officer Dr. Lucio C. Tan.

The Manila-Vancouver-New York flights will operate at Terminal 1 of New York's JFK International Airport. The New York route will bring to five PAL's US destinations -- Los Angeles, San Francisco, Honolulu and Guam.

PAL's return has been keenly anticipated by the Filipino-American communities along the U.S. eastern seaboard since the carrier's pull out in 1997.

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"It could be a tougher fight for Pacquiao.

Jolina Magdangal returns to Kapamilya in new TV drama, ‘Flordeliza’

MANILA, Philippines – Actress-singer Jolina Magdangal is a “kapamilya” again.

According to a report on ABS-CBN, the actress-singer reported for her first shooting day for the drama Flordeliza, Monday, October 27. The drama will reunite her with on-screen partner Marvin Agustin.

The actress said she is excited to work again with ABS-CBN.

"I'm so happy. Kakaibang (It's a different) feeling," she said. "Hanggang ngayon, parang di pa rin ako makapaniwala." (Up to now, I still can't believe it.)

Magdangal said her role in the drama is something she has never tried.

"Lahat nung mga 'di ko nagagawa dati, parang ipagagawa sa akin ni Direk dito, eh!" she said. "First time ko talaga siya gagawin. Hinanda ko talaga sarili ko. Na-kailang beses ako ng basa ng script!"

(All the things that I have not yet done, I think Direk will make me do. It's really my first time to take on such a role. I really prepared for it. I read the script so many times.)

Flordeliza will be directed by Wenn Deramas who worked with Marvin and Jolina in the 2002 movie Kung Ikaw Ay Isang Panag-inip.

When asked what the fans of the

Marvin-Jolina can look forward to in the drama, the director said: "Dahil nga sa Marvin-Jolina 'to, hindi puwedeng basta kakawalain na lang natin ang nakasanayan at kung saan sila gustong panoorin."

(Because its a Marvin-Jolina, we cannot just let go of what we had gotten used to and what we want to watch.)

"Magkaka-light moments, siyempre. Marvin-Jolina 'yan, eh. Kahit magkatalikod 'yan, alam na nila kung ano ang gagawin nila."

(There will still be light moments, for sure. It's Marvin-Jolina. Even if they're back-to-back, they know what to do.)



Nanny slain in hotel was moonlighting as prostitute



MISSISSAUGA - A 43-year-old nanny found slain in a burning Mississauga hotel room on Thanksgiving weekend was moonlighting as a prostitute when she was killed by one of her clients, Peel Regional Police allege.

An arrest was made in Evelyn Bumatay-Castillo's death, police said. "Our investigation did reveal that Miss Castillo, in addition to being employed as a caregiver, was also working as a sex trade worker," homicide Insp. George Koekoek said, after revealing the arrest in the grisly case. "This was the nature of the (alleged) relationship between her and the accused."

Bumatay-Castillo, originally from the Philippines, moved to Canada early last year and was caring for a Thornhill couple's kids. But investigators only learned of her nanny job after determining she was performing sex acts for money, Koekoek said.

Police do not believe she was employed by an escort agency but she did advertise her services online, he said.

It's alleged her killer met up with Bumatay-Castillo for a date last weekend at a Quality Inn on Brit-

tania Rd. E., just east of Hurontario St.

Emergency crews responded to a fire call at the hotel and found a second-floor room engulfed in flames on Saturday, shortly after 6:30 p.m.

Once the fire was out, they discovered Bumatay-Castillo unconscious in the room. She was pronounced dead in hospital soon after.

"Post-mortem results revealed that the victim had died as a result of injuries received prior to the fire being set," Koekoek said. "This confirmed to investigators ... that this was indeed a case of homicide."

The cause of death has not yet been revealed. The investigation is ongoing and police are appealing for witnesses in the region's fifth murder of the year.

Koekoek said there is concern others may have been victimized by the accused.

Niran Vade "Nick" Murray, 32, of Toronto, was arrested Wednesday and charged with first-degree murder.

"While we certainly have no evidence that Murray was involved in other homicides, nor are we suggesting that, we do have reason to believe that he may have assaulted other women in the past, specifically sex trade workers," he said.

Koekoek said investigators learned he is currently before the courts for assault and mischief charges stemming from an alleged incident in July in York Region.

"The victim in that case was also a sex trade worker and the offences are alleged to have occurred in a hotel as well," he said.

Anyone with information regarding the murder, or those who believe they are also victims, should call the homicide bureau at 905-453-2121, ext. 3205, or Crime Stoppers at 1-800-222-TIPS (8477).

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Vic Sotto serious With Pauleen Luna

Pauleen Luna is not going to be Vic Sotto's leading lady in the Sirena episode of "My Big Bossing," an entry into the 2014 Metro Manila Film Festival (MMFF). Vic explained it's more than just a small role because there are complications to it since Pauleen needs to put on prosthetics. This is the third project that the couple worked in together, but Pauleen has yet to play Vic's leading lady in the movies. But for the premiere comedian, what's important is that Pauleen will be a part of the movie because she seems to be his lucky charm. The TV host-actress sees no need for her to be Vic's leading lady because they have different career paths and she is his leading lady in real life, anyway.

Vic said that they understand each other, and they know what they want in the future. Although there are a lot of people asking what his plans for Pauleen are, Vic said he doesn't mind these because it might just affect their relationship. Whatever their decisions are, the public will know about it in the future.

At his age, Vic is not about to play games with his relationships anymore. He just wants to have privacy in his relationship with Pauleen.

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LAUGH RESORT

On wedding night, man asks wife: Akala ko ba first boyfriend mo ko? Bakit hindi ka na virgin?
Wife: Ikaw talaga ang first boyfriend ko. Yung iba, customers ko lang. Peks man!

Ang ama si Ambo, si Jana 15 yr old ang nag iisang anak ang ina nasa ibang bansa. minsan katatapos lang maligo ang ama,pag labas sa banyo nakita ang anak na nakataas ang paa sa lamesita... nanonood ng tv, lumapit ang ama at..
Ama: Jana anak tuamayo ka dyan at hubarin mo ang pang ibaba mong suot(mataas ang boses)
Jana: Itay bakit poooh
Ama: sabi ko hubarin mo dali.
Jana: Itay maawa ka sa akong ayoko poooh, marami pa akong pangarap wag po ninyong sirain ang kinabukasan ko....

Ama: Gaga ka talaga,wla lng ang ina mo ganyan ka na, ano ang isusuot ko eh suot mo kansulsilyo ko... hala mag palit ka doon.

Notice at Church: Do not leave your mobiles, purses, wallets, handbags, girl-friends UN-ATTENDED. Others may think it is an answer to their prayers.

RICH VAMPIRE: Oorder ako ng fresh blood.
ORDINARY VAMPIRE: Sa akin isang order na dinuguan.
POOR VAMPIRE: Hot water na lang sa akin.
WAITER: Bakit hot water lang po.?
POOR VAMPIRE: Nakapulot kasi ako ng sanitary napkin sa kanto. Mag-tsa tsaa na lang ako... Hahaha!

NOVEMBER 2014

L. M. Confidential

9

**PH, US deal
protecting
Fil-Am
workers’
rights**

MANILA, Philippines—The Philippines and the United States have signed an agreement strengthening bilateral efforts to protect the rights of Filipino workers in the United States by raising their and their employers’ awareness of their labor rights and responsibilities.

A partnership between the Department of Foreign Affairs and the US National Labor Relations Board (NLRB) has been formalized through the signing of a memorandum of understanding (MOU) on Oct. 22, a statement from the Philippine Embassy in Washington, D.C., said.

“We welcome the opportunity to enter into worker-related bilateral agreements such as this MOU as a step forward in the fulfillment of our mandate to protect worker rights,” Philippine Ambassador to the US Jose Cuisia Jr. said at the signing ceremony in Washington.

The deal, he said, was aimed at reaching out and educating members of the Filipino-American community about their rights and responsibilities as employees and employers.

Cuisia and NLRB General Counsel Richard Griffin led the signing of the agreement, which states that Filipino workers, their employers and Filipino business owners in the United States will be provided with “information guidance and access to education regarding their rights and responsibilities under the National Labor Relations Act.”

At the ceremony, Cuisia expressed gratitude to the US government for strengthening its collaborations with the Philippines and other countries that have large worker populations in the United States.

CHINESE DREAM

Filipino Entertainers in-demand in China

SANYA, China—Despite the difficulties brought about by the tensions between the Philippines and China, Filipino singers are making their mark in this seaside city, regaling guests of hotels and resorts with their style of entertaining they call harana.

Cherry Navajas, 33, and Percival Golla, 39, have been working as entertainers in China for more than a decade.

“We entered China on a tourist visa, which was later converted to a working visa. It was easier back then,” said Navajas, who first arrived in Beijing in 2003. “Today, it’s a bit more difficult to get a working visa,” she said.

According to Golla, the killing of Hong Kong tourists during the Quirino Grandstand hostage-taking incident in August 2010 and the disputes over territories in the South China Sea may have somewhat contributed to this difficulty. “Sometimes, we also encounter guests who associate us with these issues because we’re Filipinos,” he said, recounting an experience she had with one of the guards at a resort. “He told me, ‘You Filipinos better stop claiming our islands!’” she recalled, laughing. “I stood my ground and said I had nothing to do with the issue,” she said.

“Some Chinese employees also defended me and asked him to stop harassing me,” she said.

Navajas originally wanted to be a flight attendant. After applying at an airline, she was told it would take time before she could be hired. “Some friends asked me if I wanted to tag along with them to sing in Beijing. I have been in China ever since.”

“My uncles invited me to work here because the pay and benefits are good,” said Golla, a father of two from Baras town, Rizal province.

Performers like Navajas and Golla can earn anywhere from P50,000 to P90,000 in a month. With other hotel employees, they are housed in a dormitory 30 minutes away

from the hotel. “Everything is provided for. We spend only if we want to cook something other than what is served in the canteen,” Navajas said.

Though they have been friends for years, Golla and Navajas are a fairly new musical team. Navajas’ original guitarist was her longtime partner Alan, who died of a brain tumor earlier this year.

“He was a good man. Today is actually his birthday, that’s why we are wearing green, his favorite color,” Navajas said. Alan’s brain tumor was diagnosed just last year. “He just stopped playing in the middle of our set,” Navajas said. “I asked him what was wrong, but he couldn’t answer me. He just blanked out. He couldn’t move his hands.”

She took him back to the Philippines, where he underwent an operation to remove the tumor. By December 2013, he was back playing in Sanya. “It was a busy season. It must have tired him out,” Navajas said. A few months later, Alan had a seizure. By March, he was dead. “It was a difficult time,” said Navajas. “I thought I was going crazy with sadness.” She took three months off work. Golla filled in for the couple, performing for the hotel guests.

By last June, Navajas was back at work, with Golla by her side. “The Chinese guests really like Filipino singers because we are good at singing foreign language songs,” he explained. “We’re really good at studying accents.”

They call their style of entertaining and singing harana, after the traditional Filipino lyrical song often used in courtship rituals.

Today, there may be an estimated 100 Filipinos working on Hainan Island, of which Sanya is one of the major cities. “Almost all the hotels here have Filipinos on their staff,” Navajas said.

To those who want to work as entertainers in China, she has only one tip: “Just have patience. Lots and lots of patience.”

Pinay heads a US Naval Command

GUAM – One of the few females holding a high-ranking position in the United States Navy is a Filipino.

Born in Hawaii to Filipino parents, US Navy Rear Admiral Bette Bolivar was raised in a traditional Filipino family.

“Ang tatay ko ay taga Bicol at ang nanay ko ay taga Pangasinan (My father is from

Bicol and my mother hails from Pangasinan),” Bolivar said.

The first woman to assume the position of Commander Joint Region Marianas, Bolivar also holds the distinction of being the first female commander of Navy Region Northwest.

**Stop being Diva -
Judy Ann Santos**

Many of the young actresses today say they want to follow the footsteps of Judy Ann Santos in terms of her career and her longevity in the industry.

If there’s one career advice Juday can tell them, it would be this: avoid being a diva because it gets you nowhere.

She’s happy that they look up to her, so she thinks she might have done something right in her career. She can only advise them to enjoy the ride and not to step on anyone’s toes.

“Iyon naman ang importante dun kasi, ‘di bale nang may masabi ka sa kanila, huwag lang sila ang may masabi sa iyo.”

It’s nice to work in the industry if you don’t have enemies. She wants people who worked with her to want to work with her again because it has been easy to be with her. She doesn’t want them to look back and regret the moments they spent together on the set. Being a diva doesn’t help any celebrity, Juday said. It doesn’t add to one’s status in the industry. In terms of her career and personal life, Juday said she’s fulfilled and happy.

Meanwhile, Juday explained why she decided to take on the role in the horror film “T’yanak” even if she’s already hosting two shows—“Bet On Your Baby” and “I Do.”

Acting is her first love. She’s really passionate about it. Hosting just entered her life in the last three or four years.

She’s a very competent host, though, although this was something that Juday never thought she’ll do well. She’s naturally talkative but never to a point that she can entertain people with her wit.

Her husband, Ryan Agoncillo, has been a host since he entered showbiz. Juday said she always takes advices from him such as preventing to say words like “okay” and alright.”

Ryan advised her to be casual with her hosting stint, and to just enjoy the show.



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Hacienderos try to stop me -VP

Trillanes said that Binay’s “kulay-mahirap [color of the poor]” and “asal-mahirap [manner of the poor]” backfires



MANILA - Describing his detractors as elitist and anti-poor, Vice President Jejomar Binay lashed back at his foes on Sunday and scored them for suggesting that his dark skin makes him unfit to become President and lead the nation for the benefit of the poor.

Citing the supposed “Operation Plan Stop Nognog 2016,” the 5-foot-1 Binay said the derogatory word “nognog,” a slur for small, dark-skinned people, could only have been chosen by “wealthy

hacienderos,” or landed gentry, to destroy his chances of winning the presidency in 2016.

“Surely those who thought of that word are wealthy hacienderos because nognog is a slur against those who are dark-skinned,” Binay said, a day after he criticized the Aquino administration for failing to solve the country’s long-standing problems.

While he did not name the “wealthy hacienderos,” Binay said he would not be surprised if Interior and Local Government Secretary Manuel Roxas II is one of the brains behind Oplan SN16.

“He is one of the leaders behind Oplan Stop Nognog 2016. I won’t be surprised because first of all the word nognog is derogatory, your dark complexion is taken against you,” Binay said.

Binay also lashed back at Senator Antonio Trillanes IV, who had publicly announced his presidential ambition and admitted that he was leading the Senate investigation against Binay because the Vice President was not fit to become president because of his supposed

corruption.

In his latest tirade against Binay, Trillanes said in a television interview that Binay’s “kulay-mahirap [color of the poor]” and “asal-mahirap [manner of the poor]” was inconsistent with the luxurious Batangas property that is being linked to Binay.

But Trillanes’ metaphor backfired over the weekend with Twitter users lashing at the senator for associating skin color with social standing or manners.

Binay advised his political rivals to direct their attention toward measures for economic progress and inclusive growth so they can get the same praise from the President.

“Many plausible strategies for the attainment of these goals can be drawn from what many call the Makati miracle. The progress achieved in my home city in over two and half decades is demonstrable proof of competent and compassionate governance,” he said.



Angelica Panganiban says there’s no pressure for John Lloyd Cruz to propose

A week before she turns 28, Angelica Panganiban takes back what she previously said about settling down and even sets a new ideal marrying age.

The Beauty In A Bottle star was quoted in reports last year that she would be ready to get married with boyfriend John Lloyd Cruz once she reaches 28 which happens on November 4.

Angelica, during her appearance on The Buzz on Sunday clarified that what she said isn’t something that’s already set in stone.

“Hoy anuba, hindi. Pwede naman pong 29. Pwede ring 30. Madali pong magbago ang isip ko,” she said, “Wag kang mag-alala Lloydie. ‘Wag kang ma-pressure. ‘Wag kang makinig sa kanila. Chismis lang ito.”

Meanwhile, the feisty actress has been noticed to have gained some weight, which in turn earned her some bashers online.

Apparently Angelica did this for her upcoming film together with Angeline Quinto and Assunta de Rossi. Yet even if she did it on purpose, Angelica confessed that she was initially hurt by the criticisms hurled at her.

What made her decide to be picky in her projects?

“Ever since naman. Gusto ko talaga kapag may tinatanggap akong project, bago ‘yun. Ayaw kong sayangin ang pera ng mga tao. Ayokong sayangin ‘yung mga panahon at oras nila na papanoorin nila ako sa TV o sa pelikula na ‘Ay nakit ko na ito eh’ o ‘Ay napanood ko na ito eh!’ Gusto ko ‘pag pinapanood nila ako, ‘pag nagbibigay sila ng oras sa kin, sulit ‘yon. ‘Ay sulit ang pera ko kasi natuwa kami kay Angelica ngayon,’” she explained.

Philippines NEWS

Fugitive Protected

MANILA - Ja Hoon Ku was one of the contractors involved in the construction of the Iglesia Ni Cristo’s (I N C) Philippine Arena, the world’s largest domed arena.

He is also wanted for stealing around \$200 million from his company in Korea. Ja was arrested by the Bureau of Immigration (BI) and was supposed to be deported to Korea.

However, he was granted temporary freedom due to an order signed by Executive Secretary Paquito Ochoa.

According to the order, Ja will be free as he waits for the court’s decision on his appeal on his deportation case.

He was released from detention and was entrusted to members of the INC.

The Palace has yet to release a statement regarding its decision to stop the deportation of Ja.



Picache killer talks

MANILA - Michael Flores, in a confession duly sworn and assisted by a lawyer from the Integrated Bar of the Philippines (IBP), confessed to killing 75-year-old Zenaida Sison, mother of actress Cherry Pie Picache, inside her residence in Quezon City last September 19. Flores was formally charged with robbery with homicide and qualified trespass to dwelling by Picache and the Philippine National Police (PNP) Criminal Intelligence and Detection Unit (CIDU) before the Department of Justice (DOJ).

Flores, Sison’s stay-out househelp for six months, said he took shabu before proceeding to Sison’s house at 3 a.m. on the said date.

He said he forcefully entered Sison’s house and took jewelry, monies, and her cellular phone. Flores said Sison woke up, screamed, which led him to kill her.



End child hunger

MANILA, Philippines – Senator Grace Poe will tackle the prevailing problems of child hunger and malnutrition.

“No Filipino child should be left behind and remain undernourished. Development starts with making sure that we effectively look after and take care of our children,” the senator said.

Poe is the author of Senate Bill 79 or the Sustansya Para sa Batang Pilipino Act, which aims to provide meals for schoolchildren.

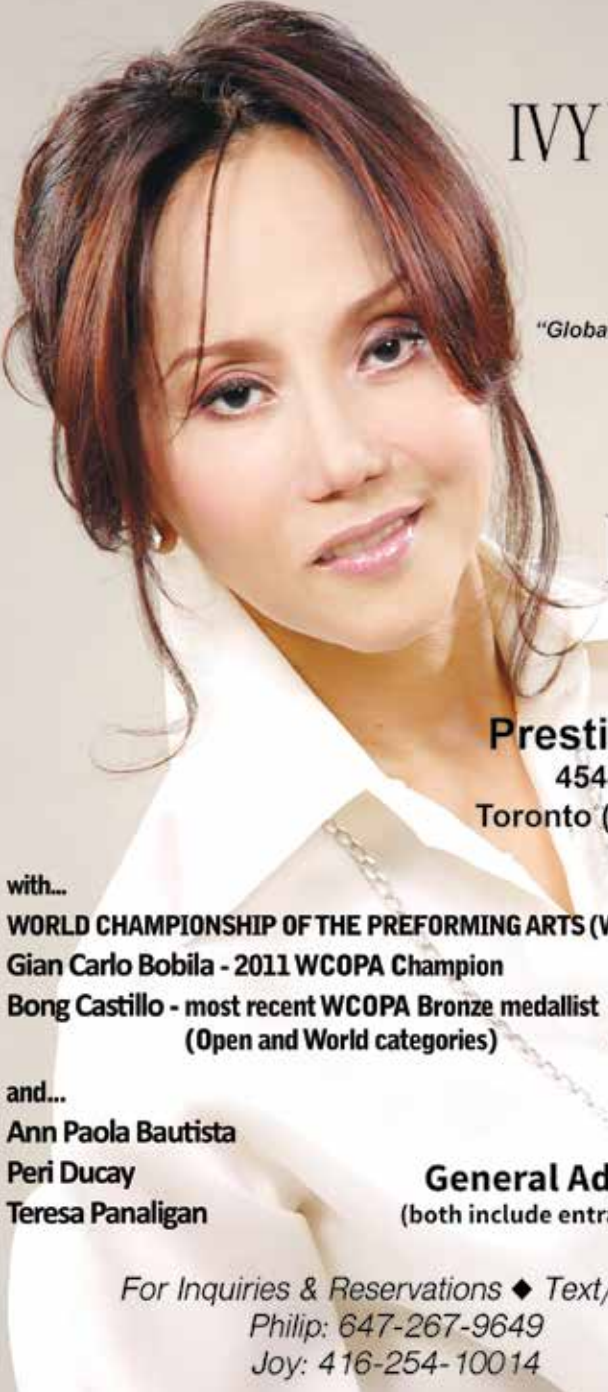
As one of the Philippine’s Millennium Development Goals (MDGs), the number of underweight children under 5 years old should be halved by 2015. But the country, with 19.8% underweight children under 5 in 2013, is nowhere near the 13.6% target.



Flor Martinez Birthday



Flor Martinez (LEFT ON FIRST PHOTO) celebrated her birthday and anniversary. Family and friends joined her in this happy occasion.



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Men and women regret differently after sex



AUSTIN, Texas - Men most often regret not having sex with more people while women frequently regret having sex with the wrong partner, according to a recently released study.

The study from researchers at the University of Texas and University of California-Los Angeles aimed to show that the feeling of regret is part of the evolutionary process when it comes to reproduction, the University of Texas said on Monday.

"For men throughout evolutionary history, every missed opportunity to have sex with a new partner is potentially a missed reproduce opportunity - a costly loss from an evolutionary perspective," said Martie Haselton, a UCLA social psychology professor who worked on the study.

The three main regrets for men: being too timid to approach a possible partner,

not being more sexually adventurous when young and not being more sexually adventurous in their single days.

The main regrets for women include losing their virginity to the wrong partner, cheating on a present or past partner and moving too fast sexually.

"The consequences of casual sex were so much higher for women than for men, and this is likely to have shaped emotional reactions to sexual liaisons even today," Haselton said in a statement.

More women than men included "having sex with a physically unattractive partner" as a top regret.

The report was based on three studies with a total of about 25,000 people and the findings were published in the current issue of the Archives of Sexual Behavior, an academic journal.

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Michelle Madrigal

Still wants to work with GMA7

TWENTY-six-year-old Michelle Madrigal has been in the industry for a decade now since she became part of ABS-CBN's Star Circle Quest in 2004. After being with ABS-CBN for two years, Michelle moved to GMA in 2007 with the help of her manager, Annabelle Rama. But her network contract with GMA has expired making her a free lancer now.

The actress was last seen in Kapuso's TV series "Adarna" topbilled by Kylie Padilla.

"My five-year stay with GMA was quite an experience and I hope I can still work with them kahit wala na akong kontrata sa kanila," she shares at the presscon of her launching flick, "Bacao" written and directed by veteran director Edgardo 'Boy' Vinarao produced by Oro de Siete Film Productions composed of seven neophyte film producers who are all successful businessmen and grade school classmates.

Michelle admits that she's still looking forward to having her next teleserye either with GMA or other TV networks.

"What's good now, I can work with any TV network na may project for me," she intimates.

The movie "Bacao" was very timely for Michelle who has more time now to help promote the movie.

"Bacao" also stars Arnold Reyes (Michelle's leading man in the movie), Alvin Anson, Leo Martinez, Marife Necesito, Menggie Cobarrubias and Irma Adlawan. The movie is one of the four entries to the Sineng Pambansa National Film Festival 2014 to be exhibited by the Film Development Council of the Philippines (FDCP) which will be shown in all branches of SM cinemas nationwide starting on October 29, 2014.

Kaye in open relationship with Paul Jake

The long wait paid off for actress Kaye Abad who made a mark in showbiz via the the now-defunct successful afternoon youth-oriented TV series of ABS-CBN, "Tabing Ilog" which also served as the starting point for other young actors then John Lloyd Cruz, Jodi Sta. Maria, Paolo Contis, Patrick Garcia, Desiree del Valle, Paula Peralejo, Baron Geisler, among others.

The popular characters of Eds (Kaye) and Rovic (John Lloyd Cruz) became household names in 1999 to early 2000's. Since then, everyone involved in the TV series moved on to their respective solo careers with John Lloyd and Jodi Sta. Maria now among the biggest names in the industry.

Except for Desiree and Paula who are both quiet with their showbiz careers lately, the rest of the "Tabing Ilog" cast are still very much around and continue to shine.

John Lloyd is hailed as one of the country's most bankable actors while Jodi Sta. Maria made a successful showbiz comeback when she starred (along with Richard Yap) in the long-running morning family TV series, "Be Careful with My Heart" on ABS-CBN which will eventually end on November 28, 2014.

Kaye, for her part, surprised the viewers when she portrayed the role of a contravida in the recently-concluded TV remake of "Anna Liza." Now, she's one of the leads in new primetime TV drama series, the local TV adaptation of the Korean telenovela "Two Wives" which she shares with Erich Gonzales and Jason Abalos.

Kaye is happily in a relationship with PBB alumnus Paul Jake Castillo.



Scenes in the City



LEFT, Unepians pose after their induction. CENTRE, New president Ester Carpenter addresses the audience. RIGHT, Pura Velasco, one of the owners of University of Northeastern Philippines gives an inspirational speech.

ILUSTRADO GMA7 launches Ilustrado with a get together at FV Foods.



Flor's Birthday

Flor Martinez (SEATED WITH BABY) celebrated her birthday and anniversary with with husband Ariel (SEATED ON THE FLOOR WITH STRIPED SHIRT) joined by family and friends.

Raymond Lauchengco in the City



LEFT, Action Honda's Rafael Nebres meets singer Raymond Lauchengco during the concert at Novotel Hotel. PHOTO BY RENE SEVILLA
RIGHT, Markus de Guzman, Aranas endorser Josie de Leon, Cheryl Cantorijos and Rafael Nebres of Action Honda enjoy the Raymond Lauchengco concert.

PINAKABAGONG HANDOG PARA SA INYO, MGA KAPUSO!



ILUSTRADO

A historical drama that follows Rizal's life from his young student days in the Philippines, the women he was involved with and his struggles while living in a foreign land.
Starring Alden Richards as Jose Rizal.



HIRAM *na Alaala*

A soldier suffering from memory loss assumes the life and identity of a fellow soldier. Starring Dennis Trillo, Rocco Nacino, Lauren Young and Kris Bernal.



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PROUD TO BE PINOY. PROUD TO BE KAPUSO.

Rocel Enverga's 25th Birthday

Rocel celebrated her 25th birthday surrounded by her family and friends. When she celebrated her debut her mom Rosemer told her that her next celebration is on her 25th birthday. Little did mom know that her girl will that promise 7 years later. The daughter of Filipino-Canadian senator Tobias Enverga and GMA-7's Rosemer, Rocel is a very intelligent, friendly and active in her school. She is a recipient of numerous awards. There were numerous entertainment numbers including song and dance numbers from Edward Jones, Little Miss Philippines Anjali Pathmanathan and the Canadian Idol winner Martha Joy.

Asked by host Val Yujuico, to describe her party in one word, she said Fantastic. And it was.

To Rocel, may God keep you and your family in his tender care. It's a line from the Donny and Marie's closing song of their TV show, but it applies to you. **HAPPY BIRTHDAY!**



Toronto Catholic District School Board Establishes Filipino Advisory Body

By: Tony A. San Juan, OCT



TORONTO - Good news and good tidings. Proudly and honoured, the Filipino Canadian community in Toronto has enviable reason to rejoice with great hope, enthusiasm and expectation regarding the critical decision made by the Toronto Catholic District School Board, the largest Catholic school system in North America, to establish and employ a Filipino Advisory Committee(F.A.C.) with Terms of Reference to meet its goals and mandate.

At a penultimate session of the incumbent Board of Trustees held on October 9, 2014 at the Catholic Education Centre the Trustees, after 3 hours of serious deliberations, gave the green light to the organization of the Advisory Body. This was realized after numerous representations and meetings, initiated and led by TCDSB Ward 8 Trustee Garry Tanuan and the charter officers of Filipino Canadian Parents Association in Catholic Education (FCPACE) with the school board's education director, superintendents and senior staff.

FCPACE, organized in November, 2013, played a vital role in reaching this important milestone in the FilCan Catholic community. The current officers are Chair Kit Galema, Vice-chair Marla Tanuan, Secretary Ruth Oliveros, Treasurer Randy Bucao, and Directors Paulina Corpuz, Manny & Gina Lim, Eugene & Jeng Guiyab and Tony San Juan. The members include: Joey Abrenilla, Myrna Alforte, Biel Andrada, Ronnie Dela Gana, Ernie Del Rosario, Susan Llanera, Joel Pine, Cheryll San Juan, Jocelyn San Juan, Helen Soares, Zeny Uy, and Emmanuel Yanga,

In support of the ratification before the historic vote, collective delegations and passionate presentations were made before the Board of Trustees. Among the 7 speakers were Francisco Galema, Christine Manrique and her son, Joshua, Jeffrey Oliveros, Maria Guiao, Liphayette Hilado and Tony San Juan. Those who provided moral support and solid encouragement with their presence were Joey Abrenilla , Manuel Mendoza Ching and Paulina Corpuz , Catholic school trustee candidates for Wards 5 , 9 and 12, respectively. Also in attendance were Benson Corpuz, Tina Galema, Dario Guiao, Gina & Manny Lim, Joseph Manrique and Sonny Paragas.

With almost one student of Filipino heritage out of 5 in all Catholic elementary and secondary schools in Toronto, it was just fitting and proper that the largest Catholic school board in terms of student population, is able to recognize the significance of having an advisory council of Filipino Canadians, contributing and working through purposeful engagements with Catholic parents, students, educators, church & community leaders and other stakeholders in propagating our cherished Catholic faith, values and principles. As well, the new advisory group aims and hopes to participate productively and collaborate professionally with the school board in achieving desirable student success, well-being and performance in Catholic education.(T.San Juan).

Tony A.San Juan,OCT
tnysanjuan@yahoo.ca

Filipino Renal Nurses



Filipino Renal Nurses Association of Ontario donated \$2,000.00 to Jose Querubin ,Vice President Gawad Kalinga for re-building the houses of Philippines Typhoon victims, community health and child development.

SECOND CHANCES

Disgraced Pinoy designer found redemption in US



CALIFORNIA - A Filipino designer who was once embroiled in fashion scandal is now making a comeback in the US.

The creations of Filipino fashion designer Puey Quinones took center stage at a recent episode of “America’s Next Top Model.”

“My concept was very Filipino. It’s very tribal. I used Philippine materials like abaca. It’s very overwhelming hearing my name as a designer and seeing my pieces,” Quinones said.

His recent success is just one of many in the short time that Quinones was working in the US.

He also shared how he ended up designing one of music superstar Katy Perry’s costumes. “When I went to LA, my first plan was just

to have a show. A friend of mine asked me to do a show in his gallery and a fashion representative saw my work and after that I got an offer, a gig doing one of Katy Perry’s costumes for the Dark Horse music video,” he said.

Early this year, he became the first Filipino designer to stage a show at One World Trade Center in New York.

Three years ago, he thought his career was over. Quinones lost money, friends and clients and his reputation as a successful designer, when it was revealed that he had

passed off a department store-bought suit as his own creation in order to make a deadline.

Even after making amends in public by apologizing, the scandal that ensued brought him and his business down.

After he failed to bounce back in the Philippine fashion world, he decided to come to America to start over.

He said he never thought the day would come that he would smile again.

Deeply shamed and humiliated after the scandal at his lowest point, he even thought of ending his life.

But through his faith and family, he found the determination to recover.

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*The supermodel do not come with the camera.

“GMA Network launches first Bayaniserye ‘ILUSTRADO’



“I die without seeing dawn’s light shining on my country... You, who will see it, welcome it for me... Don’t forget those who fell during the nighttime.”
- Jose Rizal, Noli Me Tangere

He is widely regarded as the country’s most beloved hero. This Monday, get to know the man behind the hero as GMA News and Public Affairs brings to life the untold stories of Jose Rizal with the world premiere of the first-ever Bayaniserye on primetime television, ILUSTRADO.

Ilustrado offers an educational and entertaining viewing experience as it features the life of Rizal as a young student in the Philippines to his travels in Europe as well as the major events and influences that shaped his mind and actions as a reformist. Through his letters to his family and friends, Ilustrado depicts Rizal’s struggles while living abroad. And through his love letters, the series tries to illustrate his relationship



with women and why he is considered a notorious lover boy.

Produced by the same creative team behind the highly-acclaimed historical drama Katipunan and mini-series Bayan Ko, Ilustrado boasts of an ensemble of topnotch artists led by award-winning actor and Kapuso homegrown star Alden Richards as Jose Rizal.

Joining him are Kylie Padilla as Leonor Rivera, who many historians believe was Rizal’s true love, and Solenn Heussaff as Nellie Boustead, the French woman Rizal almost married.

Portraying the role of Rizal’s beloved parents are this year’s Cinemalaya best actress Eula Valdez (Teodora Alonzo) and Ricardo Cepeda (Francisco Mercado). Freddie Webb gives life to Rizal’s uncle, Don Jose Alberto, while Rizal’s brother Paciano Mercado is played by Marco Alcaraz. Child star Jhiz Deocareza plays the young Rizal.

Also incorporated in the Bayaniserye are fictional characters representing

some of Rizal’s antagonists – mother and son Conchita and Venchito Monteverde (played by five-time Urian best actress Jaclyn Jose and Polo Ravales, respectively); Padre Amado (Lito Legaspi); and young Venchito (Sean Ross).

The cast also includes Max Collins as Consuela Ortiga, JC Tiuseco as Antonio Luna, Lucho Ayala as Jose Alejandrino, Bryan Benedict as Juan Luna, Jak Roberto as Maximo Viola, and Rhen Escano as Isidra Monteverde.

Under the direction of King Marc Baco, Ilustrado is filmed using the sophisticated Arri Alexa camera, along with equally high-end lenses provided by CMB Film Services Inc. GMA Post Production, using up-to-date 3D visual effects technology, has recreated the grandeur of the European cities where Rizal lived and completed his novels Noli Me Tangere and El Filibusterismo.

The series’ theme song is composed and performed by Gloc9 featuring Lirah Bermudez with additional arrangement by Simon Tan.

Ilustrado, the first Bayaniserye on Philippine primetime, airs beginning Monday, October 20, 9:30pm right after Hiram na Alaala.

It will also air simultaneously on GMA Pinoy TV. To learn more about Ilustrado’s airing schedule, visit GMA International’s website, www.gmanetwork.com/international, Facebook page, www.facebook.com/GMAPinoyTV, and follow GMA Pinoy TV on Twitter and Instagram via @gmapinoytv.

For more updates, join Ilustrado in Facebook (<https://www.facebook.com/ilustradosagma7>) or follow its Twitter account <https://twitter.com/ilustradosaGMA7>.

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Alex Gonzaga is female version of Luis Manzano



Alex Gonzaga is now being tagged as the female version of Luis Manzano because of her bubbly personality during the first

season of “The Voice of the Philippines.” And now that Luis is going to be a part of the second season of the hit singing contest, netizens are abuzz over how similar their personalities are. Alex said they are both aware of the observation as it was even Luis who texted her to tell her about it. She joked that people should’ve just called her with bad names. But seriously, Alex is

quite comfortable being compared with Luis because even she thinks they’re quite alike. They were friends even before Alex entered the industry. If she really thinks about it, Luis can be intimidating because his hosting abilities have been recognized by award-giving bodies.

Knights of *Rizal* at Kalayaan



Attendees pose at the Order of the Knight of Rizal’s 15th Commanders’ Ball held last October 18th, 2014 at Kalayaan Community Cultural Centre. They were inducted by Fil-Can senator Tobias Enverga.

GMA Pinoy TV

Bubble Gang turns 19

The laughter never stops as the country’s longest running comedy/gag show Bubble Gang (BG) celebrates its 19th anniversary. Keeping its comedy stronghold, Bubble Gang preps up for gags, spoofs and sketches featuring a bunch of celebrity personalities.

As the favorite Saturday night habit turns 19, the BG barkada becomes crazier as they are joined by Kapuso Royal Couple Dingdong Dantes and Marian Rivera. Brace yourselves as the dashing Kapuso Prime leading men also take part in the episode led by Dennis Trillo, Tom Rrodriguez, and Rocco Nacino. Celerbity Bluff hosts Eugene Domingo and Jose Manalo will definitely bring more fun in the episode together with Wynwyn Marquez and Yagit kids: Chlauri Malayao, Zymic Jaranilla, Judie Dela Cruz, and Jemwell Ventinilla.

Saturday night will definitely be remarkable as BG welcomes acclaimed personalities headlined by Vic Sotto, Arnold Clavio, Herbert Bautista, Freddie Aguilar, Manilyn Reynes, Anjo Yllana, Gabby Eigenmann, and Ms. Gloria Romero. Making the all-time favorite gags and spoofs more entertaining, Bubble

Gang’s Istambay and Bubble Shakers visit the sets of Kapuso sitcoms Vampire Ang Daddy Ko and Pepito Manaloto: Ang Tunayna Kwento and primetime musicale Marian. Moreover, much-loved character sketches of BG get to meet the show’s guest personalities.

Thankful for the overwhelming response of viewers in the segment Ikaw at ang Ina, Sef Cadayona as Selphie gets to know her aunt to be portrayed by Gabby Eigenmann.

Kapuso ace comedian Michael V. as Mr. Matapobre, a sketch about a rich man who hates low-class mannerisms, crosses paths with his poor relatives, the Yagit kids.

Also on Saturday night, the intimidating villainess Antonietta (Betong Sumaya) does an exciting banter with the Original Queen of Philippine Movies, Ms. Gloria Romero.

Meanwhile, the old wise man Tata Lino gives interesting answers to questions from Freddie Aguilar, Arnold Clavio, Herbert Bautista, Rocco Nacino, and Dennis Trillo.

Don’t miss the anniversary special of the undisputed Kapuso comedy/gag show Bubble Gang Saturdays on GMA Pinoy TV.



Toni Gonzaga Talks About Sympathy Votes In “The Voice PH”

Toni Gonzaga said that Filipinos really tend to empathize with people who are less fortunate, that’s why most of the winners of reality shows are those with good “background stories.”

Toni is the host of at least two reality series/contests--“The Voice of the Philippines” Season 2 and “Pinoy Big Brother.”

During the latest season of “The Voice Kids PH,” many were wondering why second-placer Darren Espanto didn’t win the crown when he has been consistently trending every single performance night. Instead, the win went to Lyca Gairanod, a girl who makes a living from scavenging.

Toni said Darren is also her favorite, but she also didn’t question Lyca’s win because she has been so used with the voting system here in the Philippines. There is an emotional outpouring of support to contestants who need the prize money greatly like Lyca and her family. The people tend to offer their sympathies and empathies toward these kinds of contestants.

Even in “PBB,” there were times that they wanted someone different to win because he/she was the most deserving of all the housemates, but the public would end up voting for another housemate.

But the singer-TV host-actress said winning first or second will not determine how successful one will become in the future. She gave an example: in the “Little Big Star,” Sam Concepcion was named the winner while Charice Pempengco was only the third placer. In the end, Charice became an international singing sensation.

Toni also hosted the singing contest.

“Kasi wala naman yun sa position mo sa competition, nasa kung paano mo haharapin ang tunay na competition after the competition.”

Contests such as “The Voice PH” is merely a stepping stone for people who



want to enter showbiz. It will not be the end of their dreams, Toni said.

After the singing contest, the real competition in the industry begins--and it’s a tough one, indeed, Toni added. After “The Voice,” the winners (and even losers) would have to compete with the likes of Sarah Geronimo, Yeng Constantino, Angeline Quinto and many others.

As an artist, it is up to you to prove your worth in the entertainment scene.

Meanwhile, Toni will be back as “The Voice of the Philippines” Season 2’s host together with Luis Manzano, and Alex Gonzaga and Robi Domingo as V Reporters.

Luis said Toni will handle the blind auditions while he will tour around the country to invite potential contestants. It is necessary for Luis to be included in the show because there’s a new twist like the power for coaches to “steal” another group’s contestant.

Toni said there are different kinds of contestants in today’s season. There’s a police, a chemist and even the child of a senator. Luis added that there’s a bus vendor and a wakeboard instructor.

The contestants will come from all walks of life, Luis added.

On the other hand, Toni shared her experiences of working with her sister, Alex. She revealed that she sometimes find her annoying because she kept on talking even when she doesn’t make sense and when they have to memorize their script already.

Robi and Luis already know the time to joke around and the time to get serious, but Alex felt that she can talk to Toni anytime because they’re sisters.

Toni ended up shouting at Alex many times. As for Alex, she admitted that she gets intimidated by her older sister because Toni tends to be a perfectionist, so she always interferes into Alex’s spiel or scenes.

However, she understands that because her sister just wants to bring out the best in her, Alex said.

Marian Rivera thankful for the friends she has made in showbiz



In her third bridal shower, Marian Rivera was surprised to see several of her closest showbiz girlfriends all present in one venue.

The Kapuso Primetime Queen thanks Roxanne Barcelo for bringing her friends together.

“Na-surprise talaga ako kay Roxanne kasi hindi ko makakalimutan ‘yung araw na tinanong niya sa akin kung sino ba ang mga kaibigan na malapit sa puso ko. Na-gulat ako na napagsama-sama ni Roxanne ‘yan...” she said.

Marian is thankful that friends whom she got to work with were more than just colleagues but became lifetime friends as well.

“Ang sarap talaga ng pakiramdam na nakita ko ang mga dati kong kaibigan na

nakatrabaho ko rin,” she added.

The bride-to-be looks forward to the future because she is around people she loves and who love her back.

“Ang saya talaga na magkaroon ng mga ganitong mga kaibigan kaya sana hang-gang dulo, wala kaming iwanan dahil mahal ko ang mga ‘yan,” she declared.

Her third bridal shower attendees include Ai-Ai delas Alas, Roxanne Barcelo, Krystal Reyes, Diva Montelaba, Rita Avila, Katrina Halili, Sarah Lahbati, Bettinna Carlos, Andrea Torres, Glaiza de Castro, LJ Reyes, Diana Zubiri, Ayen Munji-Laurel, Rochelle Pangilinan, Luane Dy, John Lopus, Angelica Panganiban and Gigi Gonzales.

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What fate awaits TV5 stars Nora Aunor, Sharon Cuneta and Aga Muhlach? Some folks are speculating where Ate Guy would be transferring after her contract with TV5 expires next month. TV5 got her with high expectations that she would help their show rate better. If the shows that Ate Guy did with TV5 really rated high, we're sure even TV5 would insist that she should stay with them. But we all know that her "Sa Ngalan ng Ina" and "Never Say Goodbye" didn't exactly become topraters.

As of now, Ate Guy is still very active on the big screen with the indie films she's doing. "Hustisya" just won her another best actress award and it's being shown in filmfests abroad, but it has yet to have a commercial theatrical release locally. Her movie "Dementia" is now being in theatres but the box office take is dismal. Now, if this became a blockbuster, we can be assured that more producers would be interested in her. Where oh where are the rabid Noranians who were fighting tooth and nail to make her a National Artist? How come they didn't go watch her movie?

Right now, she's doing another prestige project for Director Dante Mendoza who helmed her in "Thy Womb" that also gave her more acting awards. Their new film is "Yolanda," currently being filmed in Tacloban about the fate of the residents there who suffered from last year's killer typhoon. This is being produced by Sen. Loren Legarda.

What happened to Ate Guy also holds true for Sharon Cuneta and Aga Muhlach, who were signed up by TV5 with very extravagant talent fees, pinning hopes on them that they will help TV5 to be a toprater? As we all know, this did not happen. The shows they did as a Kapatid also didn't translate into high ratings. Sharon didn't finish her contract anymore and asked to be released.

Aga's contract has expired. We heard he's willing to renew it, but he wants it on a guaranteed contract basis, meaning: He'd be paid whether he has a show or not. But TV5 didn't bite this time, so he was replaced by Ogie Alcasid in hosting "Let's Talk Pilipinas."

We all know there's truth in the saying "lahat ay lumilipas." Ate Guy, Ate Shawie and Aga should still somehow be thankful that they have relatively long shelf lives compared to other stars who quickly faded away, especially Aga who was even paired with much younger leading ladies in rom-coms, until recently. As to where their careers will go now depend on the network who'll be willing to gamble on them now that they're past their prime. Their best bets is to star in a TV series that will rate really high and successfully rekindle the public's interest in them. They can take a cue from Maricel Soriano, who successfully made a comeback via GMA7's hit "Ang Dalawang Mrs. Real."

The same goes for Richard Gutierrez with GMA Films. He still has a guaranteed contract with them and he has to be paid P5 million whether or not GMA would still do the movies he's contracted to do with them. The contract was signed when Richard's star was still shining brightly and he was doing hits like "Let the Love Begin" and "My Girlfriend's Best Friend." It's common knowledge that Chard's career is currently in the doldrums (look at what happened to his movie "Overtime") and his only exposure these days is in E Channel's "It Takes Gutz to be a Gutierrez." He really needs a good career plan and a network that will be willing to help put him back on top once more.

Let's face it, the lifeblood of showbiz is the introduction of new younger stars that the public will adore. The older stars will still be around, particularly if they have a prestigious reputation and prodigious talent. They will still be on their own pedestal, very much respected for past achievements, but it will forever be the younger stars who would be the main and present attraction.

The careers of stars whose lights have somewhat dimmed are really more dependent on TV these days. There's nothing like having a string of hit teleseryes. Movies are made few and far between and only Star Cinema succeeds in scoring a lot of hits since they have the entire ABS-CBN of TV trailers. GMA Films used to be very active but after suffering from a string of misses, they've since stopped producing new movies. We heard GMA Films would soon be revived with new people managing it, so let's see if they could come up with new hits to put the Kapuso Network's film arm back into serious contention once again.



Mark lead again

Mark Neumann is the only Artista Academy alumnus included by Yes Magazine in the annual list of 100 Most Beautiful Stars. Now, after starring with Alice Dixson in the telemovie "The Lady Next Door" and with Ogie Alcasid in "Confessions of a Torpe," he topbills the latest mini-series on TV5's "Wattpad Presents," the endearing love story "Mr. Popular Meets Ms. Nobody" starting tonight. Popularized in Wattpad, the interactive community of readers and writers around the world, "Mr Popular meets Ms. Nobody" is written by Pinkyjheweli and has already been read by more than 11.9M readers. Mark plays Kyle, the most popular guy in campus who falls head over heels in love with an ordinary girl, Chelsea, played by Mark's fellow Artista Academy scholar, Shaira Mae dela Cruz.

"Mr. Popular Meets Ms. Nobody" also stars Lander Vera Perez, Shirley Fuentes, Carlos Morales and veteran actress Perla Bautista. Also joining this "kilig" week-long mini-series are up and coming young artists Diego Loyzaga, Pam Mendiola, Donnalyn Bartolome, Bryan Olano and Prince Justine Navarro. "Mr Popular Meets Ms Nobody" starts airing tonight and will run up to Friday at 7PM.

"I WAS SCARED," Solenn on Juday

Solenn Heussaff wants to correct the impression that she doesn't believe in marriage. "I dream of being a bride also."



Is it true she also doesn't like to have kids? "No. Siyempre, I also want to be a mom someday. But in my new movie, 'T'yanak', that's my role. Isang babaeng ayaw magkaanak. I'm the fiancée of Tom Rodriguez in the story. Tom is the brother of Judy Ann Santos and isinama niya ako sa province nila to meet his family. Juday is very hostile to me. Lahat ng sabihin ko, binabara ako. She's very mean, so antipatika to me."

So how's it working with Juday? "At first, scared ako. I know she's a very good actress. But Direk Peque Gallaga and Direk Lore Reyes had a workshop for us para mawala yung kaba ko. Pinag-face to face kami. Sabihin namin lahat ng gusto naming sabihin sa isa't isa. So I told Juday I'm nervous doing scenes with her. Siya naman, she said, she's afraid of me kasi susyalera daw ako, but it turned out I'm very professional, always on time and I even come before the appointed time pa nga. She told me, don't worry, I will help you in our scenes together. And she did. At lagi siyang may dalang pagkain sa lahat. Parang may catering. She feeds everyone."

Polo living with girlfriend

Polo Ravales plays another contravida role in "Ilustrado." "I'm Venchito Monteverde, a fictional character that represents the Spaniards who maltreated Jose Rizal and his family," he says. "Mother ko rito si Jaclyn Jose at inaapi namin ang mga Rizal."

Polo is with the TGIS batch of Dingdong Dantes and Dino Guevarra. Dingdong is getting married soon while Dino

Induction of Unepians



FIRST, Noli Aquino hosts the Unepians Induction party. SECOND, Unepians get inducted at their dinner parrrty. THIRD, Unepians outgoing president Jun Emila congratualte each officer after the induction.

already has four kids. How about him and his girlfriend of three years, Shasta Munsayac?

“We’re at the right age naman. I’m 32 and she’s 30. As of now, live in muna kami. For me, mas okey ang ganitong arrangement. Wala namang problema with both our families.”



What about rumors that he’s moving to ABS-CBN? “My manager, Manny Valera, is still negotiating. Wala na kasi akong contract with GMA. But I’m thankful isinasama pa nila ko sa shows nila, like ‘Kambal Sirena’ and now ‘Ilustrado’. Sa ABS, baka gawin ko raw yung ‘Pasion de Amor’, kung magkakaayos.”

Pilita should be a National Artist

Pilita Corrales is a living legend. We honestly believe that with her countless accomplishments, she deserves to be a National Artist. She’s very proud that the University of the Visayas in Cebu (where she comes from) gave her an honorary doctorate in Music recently. “Talagang madrama ang ceremony, complete with men in uniform to salute me at nakatoga ako,” she says. “I feel so honored.”



She’s been singing for more than 50 years but she always updates her act when she performs. “Siyempre, you have to go with the times. Like sa concert ko, ‘A Million Thanks to You’ sa Manila Hotel Fiesta Pavillion on November 13, I will be singing Miley Cyrus’ ‘Wrecking Ball’, complete with twerking. I will also do Lady Gaga in Tagalog. You can’t just keep on doing the same thing. Ako, pagpasok ko ng stage, I already know my audience. You have to know them so you can please them.”

Will she still do her signature bending backwards act? “Ah yes, hindi ako puwedeng hindi lumiliyad dahil hindi lalabas ang boses ko.”

Does she still memorize her songs or does she rely on her teleprompter? “Hoy, wala pa akong Alzheimer’s, ‘no? I memorize very easily. I don’t want to be dependent on the teleprompter.”

Miguel Tanfelix Denies Rumored Romance With Barbie Forteza

Miguel Tanfelix denied that he and Barbie Forteza are already an item. He wondered why they are being linked



when they don’t even star in any project. He only sees Barbie, who he admitted is his crush, during “Sunday All Stars.” He usually gets to see Bianca Umali because they are both members of the cast of sitcom “Ismol Family.” Aside from Barbie, Miguel also has a crush on Bea Binene. He and Barbie once worked together in “Paroa.” At one time, they even had sweet moments on Twitter because they greet each other “good morning” and “hi.” In a separate interview, Barbie said she’s inspired these days. Is Miguel the reason for this? He is not aware of what Barbie is referring to but as for him, Miguel is always inspired in his work.

If he ever has to choose, he might pursue Bianca because it will be better for their loveteam. Personally, though, he’s not thinking about his love life because he’s focused on his career.

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BICOLANOS MEET

- Photo shows Joseph Francia, GMA (Kapuso) Pinoy TV International Vice President and Head of Operations, together with Veteran Print and Broadcast Journalist Joaquin (Jojo) T. Taduran, Jr. Francia was in Toronto, Ontario, Canada, some few days ago who is planning to bring to Toronto GMA (Kapuso) stars for several live show this year (2014) and next year (2015). Francia and Taduran are both Bicolanos from Camarines Sur. (Manny Papa, St. Jamestown News Service)



Caregivers



Leaders of different Caregiver Organizations, and Community Advocates met with the Liberal Party Immigration critics, John McCallum, and discussed the Liberal Party’s platform on the OFWs; the meeting was held at Filipino Centre Toronto (FCT) on Oct. 4, 2014. PHOTO BY ARIEL RAMOS

INFRA TO SLOW ECONOMY continued on page 21

Ronald Mendoza, an economist at the Asian Institute of Management said. Mendoza said growth could have been faster had it not been for the ageing airports and road networks that turn off foreign investors and tourists, and limit the movement of local trade. Manila already loses 2.4 billion pesos (\$53 million) in potential income daily due to traffic jams, according to a study by the Japan International Cooperation Agency. Among the other infrastructure problems are power shortages that lead to brownouts, clogged drainage that exacerbate frequent rainy season floods and an Internet network so slow that it sparked a parliamentary enquiry. Millions of people in slums, and even some residents of middle class districts, do not have access to running water. And Manila’s decades-old international airport, with malfunctioning air conditioning and leaking toilets, has been cited by a travel website as the worst in the world.

No quick fix

President Benigno Aquino and his team are acutely aware of the problems. “Sustaining the economy’s high-growth trajectory requires continued investment in infrastructure,” Economic Planning Secretary Arsenio Balisacan told Japanese businessmen. The government is planning to increase infrastructure spending from 2.2 percent of gross domestic product in 2012 to five percent by the end of Aquino’s term in 2016.

As part of that, the government will pursue its so-called public-private partnership program. Balisacan also said implementing a 2.6-trillion-peso (\$58 billion) “dream plan” drafted by the Japan International Cooperation Agency was a top priority. The agency’s plan calls for an expansion of rail and toll road networks to provinces north and south of Manila, spreading economic activity, as well as a subway system for the capital.

It also envisages a new Manila airport terminal. Many of the projects are slowed by regulatory delays and court cases between rival bidders, and fewer than 10 contracts have been awarded during Aquino’s first four years in office, with no projects yet completed.

Mendoza said “What’s needed is a multi-administration plan... many of them take up to three administrations to finish.” Philippine leaders are elected to single, six-year terms, raising continuity problems.

Manila residents, in the meantime, have little choice but to count the personal cost of the urban decay. Jury Domino, who owns a catering business, said ever-growing delivery times eat into his profits — with his vans held hostage for hours guzzling fuel in traffic and staff having to be paid overtime.

“It’s a big hassle, expenses rise every month and the problems pile up,” he said.

Outages slow Economy

US bank Citigroup warned that the expected power shortage next year could slow the Philippines’ economic growth.

However, if the government can address the expected power shortage, Citi expects the country’s gross domestic product to grow by 6.5 percent.

The Aquino administration, meanwhile, is looking to address the looming crisis by requesting Congress to grant the President additional powers to acquire as much as 500 megawatts of additional capacity.

Disney hires Kim Chiu + other news



MANILA -- Prized ABS-CBN star Kim Chiu has been selected to take part in a Disney project featuring its popular Princess characters, the company has confirmed.

The Walt Disney Company said: "We confirm that Kim Chiu is part of an upcoming Disney project in Southeast Asia. We will share more details on this in the coming months."

Rumors of Chiu's part in the project, a 2015 calendar featuring Disney characters, circulated online late last month when photos of the actress as Mulan from the 1998 animated film surfaced.

Speaking with ABS-CBN News, Chiu confirmed that she indeed suited up as the Disney Princess -- both in her popular pink hanfu, and her Chinese army gear which she used as disguise.

"Achievement ko siya sa buhay, childhood dream ko maging isa sa mga Disney Princess!" Chiu said. "Nung in-offer sa akin, nakakatuwa na nakakaiyak. 'Totoo ba na gagawin niyo akong Mulan?'"

Chiu added: "Sobra akong saya and overwhelmed 'yung puso ko dahil isa ako sa pinili nilang gumanap ng Mulan and excited ako maipakita ko 'to sa lahat for next year."

No further details about the calendar, including which other Disney characters will be featured, have been announced.

Chiu, 24, currently top-bills the primetime series "Ikaw Lamang" and will star alongside Xian Lim and Ai Ai delas Alas in the romantic-comedy movie "Past Tense."

Unusual Story of Infidelity in "Two Wives"

What if the mistress becomes the legal wife, and the legal wife becomes the mistress?

Find out as ABS-CBN presents a different story of infidelity via the local adaptation of hit Korean drama "Two Wives" topbilled by Kaye Abad (Yvonne), Jason Abalos (Victor), and Erich Gonzales (Janine).



"Two Wives" is a remake of a well-loved Korean series aired on Philippine television in 2012. It was one of the first series that tackled the sensitive and timely issue of infidelity.

Don't miss "Two Wives", after "Ikaw Lamang" on ABS-CBN's Primetime Bida. For more updates, follow the program's official social media

accounts at www.facebook.com/2wivesabsbn, www.Instagram.com/2wivesabsbn, at www.Twitter.com/2wivesabsbn.

Direk Cathy Garcia-Molina returns to primetime TV... ENRIQUE AND LIZA TEAM UP FOR THE FIRST TIME IN "FOREVERMORE"

This generation's prince Charming, Enrique Gil, and the leading lady to watch for Liza Soberano will be introduced as the newest

Kapamilya love team via ABS-CBN's upcoming primetime romantic drama series titled, "Forevermore," to be directed by the box-office hit director Cathy Garcia-Molina.

"Forevermore" is a tale about first love that blossomed between two different people. Enrique will play the role of Alexander "Xander" Grande III, a rebellious and irresponsible unico hijo of a hotel magnate, who will cross paths and fall in love with Liza's character, Marie "Agnes" Calay, the feisty and hardworking Strawberry Jam Queen of La Trinidad, Benguet.

Xander and Agnes' relationship starts after an intoxicated Xander crash lands his parachute into a strawberry truck. To teach him a lesson, his parents made him pay for the damages he caused by making him work at the strawberry farm under the guidance of Agnes and other strawberry farmers.

"Forevermore" is produced by Star Creatives, the same group that brought viewers, the hit romantic drama series "Princess and I" and "Got To Believe."

Joining Enrique and Liza in the cast are Sophia Andres, Yves Flores, Kit Thompson, Zoren Legazpi, Lilet, Marissa Delgado, Joey Marquez, and Almira Muhlach. It is also directed by Ted Boborol.

For more updates about "Forevermore," follow the show's official social media accounts at [Facebook.com/ForevermoreTV](https://www.facebook.com/ForevermoreTV), [Twitter.com/StarCreativesTV](https://twitter.com/StarCreativesTV) and [Instagram.com/StarCreativesTV](https://www.instagram.com/StarCreativesTV).



Did Matteo offend Sarah's mom with sex statements?

MANILA – Matteo Guidicelli shrugged off rumors that he supposedly offended the mother of his girlfriend, Sarah Geronimo, when he answered some questions about his relationship with the singer-actress during a recent press conference.



In an interview with "The Buzz," Guidicelli said he does not know where the speculations are coming from, as he denied that there's any truth to such talk. "I really don't know. They asked me a question sa isang press con and I just answered it the best way I could without saying anything extra. But nobody was offended I think so okay naman lahat," he said.

When asked further by host Toni Gonzaga if he and Geronimo talk about these kinds of issues, the "Moron 5.2" actor said: "Yeah, it passed by. But everything is fine. Promise, okay kami."

In a recent press conference, the actor was asked whether it is true that Geronimo's mother has become stricter after they made their relationship public. Refusing to comment on the matter, Guidicelli just said he remains hopeful that their relationship will only get stronger through time.

"With Sarah and I, whatever her values or whatever decisions she and I make, we have to adjust to it and that's our personal decision," he said at the time.

When asked directly if it is okay for him to live without sex, Guidicelli said: "That's part of life. In the Bible, it says you can only do that after marriage. But all of us make mistakes. All of us have experiences so we'll try to be better in our future relationships and all that stuff so it's possible. If you really have the mindset, I guess."

Despite this, Guidicelli said he still wants to end up with Geronimo in the future.

"The reason why I am still here with her and always fighting for her is because I want her to be my last already. Hopefully. We'll see. We can never tell. Only the Lord knows," he said.

AQUINO AS VP IN 2016 continued from page 1

Erice, who is pushing for a constitutional amendment to lift term limits, earlier said the ruling Liberal Party was considering a Roxas-Aquino ticket in 2016 to avoid the complication of Charter change.

But if the Liberals succeed in pushing Charter change, Erice added, they might opt for another round of Aquino-Roxas in 2016.

But Belmonte made it clear he was against amending the Constitution and a second term for Aquino and challenged President Aquino to declare once and for all what his intentions are regarding the 2016 elections.

But ally, Quezon City Rep. Jorge Banal, also a Liberal, said he was opposed to a Roxas-Aquino tandem and said he believed Aquino was keen on retiring from politics as soon as his term ends in 2016.

"Even if running for Vice President is allowed under the present system, and even if most agree that having him as VP will help protect the gains achieved by his administration, I do not think that this will be enough to convince the President to put his much-awaited retirement on hold," Banal said.

Is Roxas Aquinos' Choice in 2016?

There is yet no guarantee that President Benigno Aquino 3rd will endorse Interior Secretary Manuel "Mar" Roxas as the standard bearer of the Liberal Party (LP) for the 2016 elections, a Palace official said on Thursday.

The official said Aquino maintains an "open mind" on who to support as presidential candidate, admitting that the bet "may come from anywhere." He made the statement following reports that the President had a closed door meeting with the Vice President on Tuesday night.

The Palace official, who asked not to be identified because he was not allowed to talk on such matters, said it is too early for Aquino to make a decision on who to endorse for 2016.

"There are a lot of things that may happen between now and late next year. That would be the most crucial time for the president to make a decision. Or, it may even come earlier than expected. It really depends on things to come," the source pointed out.

A political analyst also said the meeting between Aquino and Binay is "bad news" for Roxas.

According to Ramon Casiple, efforts to identify Binay as a nemesis of the Aquino administration appears to have no effect because the one-on-one meeting between Aquino and Binay clearly shows their strong relationship.

"Definitely, it [meeting is bad news for Mar [Roxas] and NP [Nacionalista Party] in so far as efforts to separate the two [Aquino and Binay] are concerned. Although no one knows what the two talked about, it is clear that they are cordial to each other," Casiple said.

The analyst said the two officials may have talked about sensitive matters which none of them would divulge to the public at this time.

"My guess is that the president promised not to intervene in the presidential contest and that he will not endorse yet anybody," Casiple said.

"Roxas loses," he emphasized.

The meeting, Casiple said, clearly shows that the demolition job against the vice president, particularly the

AQUINO AS VP IN 2016 continued on page 24

Winter Escapade



The Philippines launched the 2015 Winter Escapade. Support for the initiative are shown by Taste of Manila organizers (MIDDLE) Pinta-CMD Candace Malari david. (RIGHT) PHOTOS BY ARIEL RAMOS

ISIS plan to kill the Pope



POPE ASSASSINATION continued from page 1

possible routes,” the source said.

The Abu Sayyaf leader had photographs taken by his cellphone camera of the Pope’s likely routes and the US embassy in Manila, the source said.

The Abu Sayyaf who has been in the US list of terrorist organizations for several years.

Mundos was initially arrested in 2004 on murder charges and detained in Kidapawan, in Southern Mindanao.

He escaped in 2007, but was rearrested last June.

The US had offered a \$500,000 bounty for Mundos.

He is said to be Abu Sayyaf’s finance officer and has direct links with the Al-Qaeda network of Osama Bin Laden.

The police source said that even with the capture of Mundos, the extremist groups are determined to carry out the plot to kill the Pope.

The PNP had said earlier it has not

monitored any threat against Francis.

While in the Philippines, he will be guarded by members of the Filipino peacekeeping force that was deployed in the Golan Heights.

Some Catholic bishops have voiced concern for the safety of the Pope amid threats by the ISIS to kill him.

Basilan Bishop Martin Jumud said the government should not take ISIS’ threat lightly.

The Pope will arrive on January 15 and will stay for five days. While his schedule has not been disclosed, he is expected to spend time with the survivors of Typhoon Yolanda in Tacloban City, Leyte.

Jumud said photos of supposedly ISIS recruits in Mindanao in southern Philippines that have been circulating online were “extremely alarming.”

President Benigno Aquino 3rd said Iraq’s ambassador to the Vatican, Habeeb Al Sadr, warned him that the ISIS was planning to assassinate the Pope during one of his overseas trips.

Hunk Shot



Alexandre Perez Martinez - Alex for short is from Mississauga. He is very athletic and is a competitive Pakmen libero volleyball player since Elementary. He was the ECAN (Eastern Canada) Volleyball Captain to the National Unity Games in British Columbia. Alex is also a choir member in the Church. He has visited Philippines once and anxious to go back again in December. He is aspiring to be a nurse.

PHOTO BY NORLITO GUMAPAC SEE AD FOR 4ENS PHOTOVIDEO.

Alex Perez Martinez

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Kabit naman sabihin natin na remake siya meron pa rin idadagdag diyan para maging mas Pinoy, mas magiging sariling atin pa rin di ba? At siyempre pag sinabi mong Pinoy version andun yung family values, at iba pang traits ng Pinoy na i-a-add nila doon,” she added.

In the new series, Erich’s love interest is Jason Abalos. The two have already shot intimate scenes for the show. She said her current boyfriend is not bothered at all with this aspect of her job.

“Siyempre kapag may asawa ka meron namang mga lambingan scenes, ganyan. Nag-mamature tayo di ba? So alam naman niya yun na kasabay nun na yung mga projects na ginagawa ko nag-ma-mature din. Hindi naman pa-cute ka lang or mag-stay ka lang dun sa isa,” she explained.

The SM Surplus endorser said the show has already taught her some important life lessons. “Siguro kasi labat tayo umiibig tapos pinapaglaban

denies waiting for boyfriend to propose

natin and siyempre umaasa tayo so dun may mga lessons tayong matututunan dito. It’s really a family story. Hindi siya yung relationship lang, family story talaga siya. Siyempre masaya kapag gumagawa ka ng project na parang nakaka-relate ka or may kapareho sa iyo sa totoong buhay pero it’s also a challenge na gumawa ng bagay na ang layo layo sa totoo mong personality,” she said.

When it comes to her real life relationship, Erich said she is not ready to be married and that her more than three-year relationship with her non-showbiz beau is still going steady. “Siguro darating naman yun kung pareho na kaming ready di ba? Hurwag naman natin i-pressure na porke’t parang uso siya ngayon gagawin na. Merong mga tamang time and panahon for that. It doesn’t really matter how big or small yung proposal. Kung galing naman sa heart mo, kung sincere ka, then you’ll feel it then mapapa-oo ka naman siguro (laughs)” she said.

Apart from her new series, Erich said she would like to focus on other things aside from settling down right now. “

Alam din naman ni boyfriend na hindi pa ako ready ngayon. Marami pa akong gustong garwin sa buhay and he’s just there para sumuporta at maghibintay siya. Supportive talaga siya ever since,” she added.

Patrick Garcia, Kaye Abad, Erich Gonzales, and Jason Abalos

Currently working on the upcoming remake of the hit Korean series Two Wives, Erich Gonzales said she is excited to play a different kind of role. “Nag-te-taping na kami ngayon and malapit na natin siya mapapanuod so sana abangan nila at suportahan nila. It’s very different sa ibang mistress na story. Gustong gusto ko yung twist. Yung tunay na asawa magiging mistress tapos yung mistress magiging tunay na asawa. Tapos nung prinisent nila sa akin ito, nagustuhan ko naman yung material at excited ako garwin ito. Ibang role naman ito para sa akin. Kasi nung sinabi nila sa akin, bukod sa pag-explain nila maigi sa character ko, yung journey niya, ibang iba siya. Nagustuhan ko talaga siya,” she said.

The Two Wives actress said she trusts the ABS-CBN management in giving her more mature roles.

“Nung sinabi ni Ma’am Charo Santos na sana garwin ko, bakit naman ako tatanggi?” she said. The 24-year-old Filipina beauty said that there will be slight variations in the localized version of the Koreanovela.

How to propose to Angel Locsin - Luis Manzano

Luis Manzano admitted that he is now at the right age to settle down with girlfriend Angel Locsin. However, they both want to accomplish a lot of things first, so that may not happen in the near future.

Angel will be doing the movie version of “Darna,” as well as a movie with Luis’ mother, Star for All Seasons Vilma Santos.

He denied that he already proposed to Angel, but admitted that he is aware of rumors that he has already been married for two times.

Luis joked that he has been waiting for Angel to propose to him, but the award-winning actress has yet to pop the question.

Asked if he’s not going to propose to

Angel before the year ends, Luis said it’s too late to think about a proposal.

He, however, admitted that he has already thought of the best way to propose to Angel. But at this point, he still doesn’t know when is the right time.

Meanwhile, Luis joked that they were hesitant to do “Moron 5.2” with Matteo Guidicelli. “Moron 5,” the first installment, was very successful. However, when they learned that Matteo will replace Martin Escudero’s character, they wanted to raise their talent fees by six times. With Martin, they could have done it for free, Luis said. “Moron 5.2” stars Luis, Billy Crawford, Marvin Agustin, DJ Durano and Matteo.

But seriously, they enjoyed working with Matteo because he brought a different flavor to the movie and the group in general. Asked if they had misunderstanding because of their jokes, Luis said they have been together since the first installment of the film, so they know about each other already. After doing the movie, he realized how funny Marvin is. He instantly became his fan.

Luis knows it’s difficult to make people laugh. He said he’s merely a tease and not exactly someone who can make other people laugh. He is just lucky that some of the things he says tickle a lot of people.

Renal Nurses Dinner Dance raises money

The Filipino Renal Nurses Association of Ontario (FRNAO) 8th Dinner/Dance Campaign held at the Maple Banquet Hall on September 13,2014., chaired by Helen Lao and hosted by Oakville Trafalgar Memorial Hospital. In pictures with the Hospital Representatives handling a cheque of \$2,000.00 to Jose Querubin ,Vice President Gawad Kalinga for re-building the houses of Philippines Typhoon victims, community health and child development.

FRNAO also donated \$1,000.00 to Mabuhay Cup Basketball Tournament for the children and youth 3 days summer Basketball Tournament. FRNAO donated \$1,000.00 to Negros Occidental Primary Health Center towards 4 wheelchairs and immunization. FRNAO gave \$500.00 to one of their colleague’s who have family victims of Yolanda Typhoon.



Nurses Dance Performance
Back lf. to rt. : Theresa Venier- Scarborough General Hospital, Carmen Pestano- Toronto General Hospital, Cielo Tadeo- Oakville Trafalgar Memorial Hospital, Jennifer Sy- Homelife Culture Link, Luz Samonte- St. Joseph Health Science Centre. Middle: Aurora Elefano Founding President- St. Michael Hospital, Front: Helen Lao Chairman 8th Dinner/Dance - Oakville Trafalgar Memorial Hospital.

AQUINO AS VP IN 2016 continued from page 22

Senate Blue Ribbon subcommittee hearing on the supposed overpriced Makati City hall Building 2, is a dud.

Apart from failing to isolate the vice president, the meeting also indicate that the President is still open to Binay and that Aquino has not yet made any decision on who to endorse in 2016 which is disadvantageous on the part of Roxas.

“I think the only way for Mar [Roxas] to win is if he gets the endorsement of the President,” Casiple added.

It also shows that Aquino is not really one hundred percent behind Roxas, further strengthening the possibility that the President may endorse Binay in 2016, he added.

When asked if Roxas has an edge of getting Aquino’s endorsement, being a partymate of the President, Casiple said the political system in the country is not strong enough to oblige an outgoing president to pick a successor from among his partymates.

He explained that the notion that Aquino would pick Roxas as his successor was based on the situation in 2009 where the latter, who was poised to run for president in 2010, gave way to then Senator Aquino.

The political analyst believes that while the president allows Roxas to be visible and but that should not be interpreted as an endorsement.

Binay refused to reveal the purpose of his meeting with the president but said they “talked as friends” and that they discussed “no politics or problems.”

“Our friendship remains strong, even becoming stronger,” the vice president said.

Presidential Communications Secretary Herminio Coloma Jr. also said the relationship between Aquino and Binay remains the same. “They’ve known each other for a long time so that it is only normal that they meet away from the public spotlight,” Coloma further explained.

Another source said Roxas has up to the third quarter of 2015 to prove that he has at least a “fighting chance” in the next presidential polls before he could get Aquino’s anointment.

The source, who had previously worked with Roxas, said the Interior chief and his supporters should prove Roxas’ “winnability” “before October next year” so the LP can determine who should be the standard bearer in the next polls.

“If you would observe, the last survey indicated that Roxas is only second to Binay if elections were held today.”

He was referring to the third quarter 2014 Ulat ng Bayan survey on presidential wannabes which showed Binay shedding ten percentage points from June to only 31 percent in September. On the other hand, Roxas gained six percentage points to get 13 percent in the same survey.

The Makati City Hall building 2 controversy appeared to have caused a slide in Binay’s ratings as the survey was conducted at the height of the Senate investigations into the matter. Binay’s camp has since then blamed a “smear job” against him plotted by the LP and Roxas’ camp as the root cause of the scandal, including allegations that he owns a vast farm in Batangas province.

“So, by the middle of next year and until before next October, Roxas must climb to a rating that is competitive enough,” the source explained.

Binay, of the United Nationalist Alliance (UNA), remains to be the most formidable presidential candidate.



OVERHAUL

Slow judicial system

MANILA - Chief Justice Maria Lourdes Sereno is overhauling the notoriously slow judicial system to speed up the resolution of cases from years to mere days.

To achieve this, Sereno said she would hire more trial court judges, hasten legal procedures and press authorities to enforce court rulings to clear a backlog that burdens judges with as many as 4,000 cases at a time.

“We want to say that in the PH, it’s no longer justice delayed and therefore justice denied,” Sereno, 54, said.

“We want people to experience justice in real time, justice on time,” said Sereno, the country’s first female chief justice and youngest to be named to the post.

Twenty-seven courts in the capital are pilot-testing a system in which “small” cases such as drug peddling are decided in four days, she said.

Some of the reforms are as simple as hearing cases more often and printing and releasing rulings on the same day to avoid delays that result in cases dragging for years, even decades, she added.

The PH justice system has long been notorious for its slow pace in dealing with simple cases that drag for years and the accused time in jail longer than necessary crowding detention facilities.

The slow grind of justice has taken its toll on the trial of the country’s worst political massacre – the Maguindanao massacre – where 58 persons were killed mostly journalists in November, 2009.

Sereno said the case, which grabbed international attention and became a symbol of the impunity that critics say powerful figures enjoy in the PH might not be decided before President Aquino steps down in mid-2016.

“With the way things are going, I don’t think anyone can make this kind of promise,” Sereno said.

The court has yet to start the main trial of the accused – members of a powerful political clan in Maguindanao who allegedly carried out the killing to prevent a rival from contesting the post of an ally.

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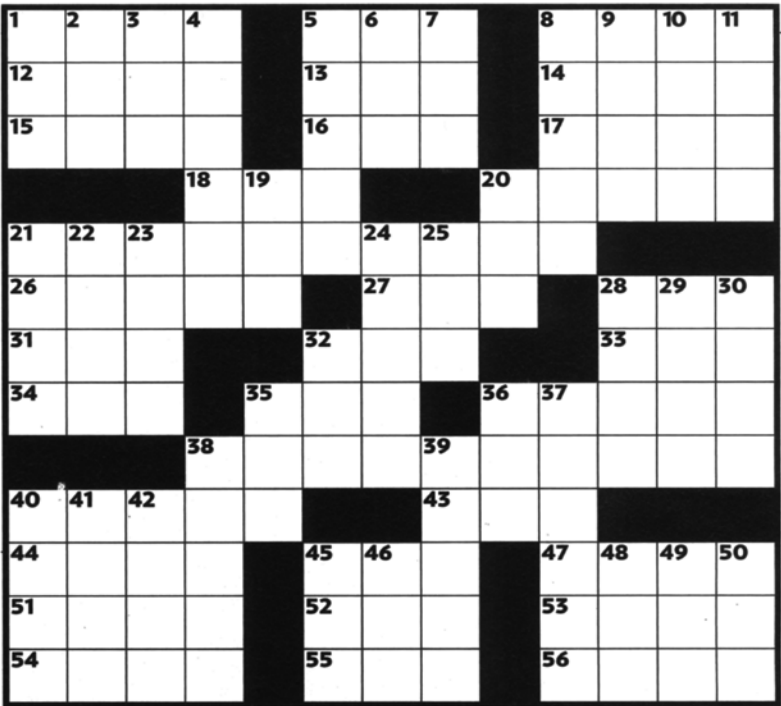
Aerial View of Luneta, 1960’s

Crossword Puzzle

Leaders



Senator Dennis Patterson, Dr. Solon Guzman, Senator Tobias Enverga and journalist Ace Alvarez pose at senator Enverga’s daughter Raocel’s 25th birthday.



ACROSS

1 Maggie Gyllenhaal’s brother

5 Billy ____ Thornton

8 Tulsa’s ____ Roberts

12 Biographer Leon ____

13 “You ____ Everything” by Dru Hill

14 London or Manhattan district

15 Actress Collette

16 X-____ *Origins: Wolverine*

17 Stick in one’s ____ (annoy)

18 Little sail

20 Ryan Reynolds’ *Definitely, ____* features 21 Across

21 *Confessions of a Shopaholic* star (2 wds.)

26 Rulers of early Iran

27 ____ Rod features 21 Across

28 *Angels & Demons*’ Hanks

31 Diarist Anais ____

32 Renee Zellweger’s ____ *in Town*

33 21 Across voices Dr. Larue in *Horton Hears a ____!*

34 Kids’ game

35 Year ____ (Jack Black comedy)

36 Hotel magnate Helmsley

38 Star of *Wedding Crashers*, which features 21 Across (2 wds.)

40 “A Little Bit Longer” by the ____ Brothers

43 Cousin or aunt (abbr.)

44 Splice video tape

45 Scooby- ____ features 21 Across

47 Model Macpherson

51 George Clooney’s *One ____ Day*

52 *Today* journalist Curry

53 Film ____ (movies genre)

54 Surcharges

55 Alpha ____ with Justin Timberlake

56 Finance guru Orman

DOWN

1 Martial-arts films’ Li

2 *Much ____ About Nothing*

3 Boxer Norton

4 Actor Wood

5 Disney deer

6 Source of steel

7 *State of Play*’s Affleck

8 ____ the Grouch

9 Actor Cochrane of *Dazed and Confused*

10 *Moby Dick* captain

11 Rob ____ of *Brothers & Sisters*

19 No ____, ands or buts

20 Manhattan opera, for short

21 “____ She Lovely”

22 Actor LaBeouf

23 “Auld ____ Syne”

24 *Two and a Half Men*’ Charlie ____

25 ____ *Stella Got Her Groove Back*

28 Pairs

29 Speed skater Apolo ____

30 Sorrowful sound

32 Sacramento-to-Seattle direction

35 Cries of discomfort

36 Tim Roth stars in ____ *to Me*

37 Barkin and DeGeneres

38 Author Joyce Carol ____

39 Mae West classic *She Done Him ____*

40 Actor Daniels (*The Lookout* costar of 21 Across)

41 Garfield dog

42 ____ Inch Nails

45 Jack Lemmon-Ted Danson drama

46 Sean ____ Lennon

48 Olympic medal winning gymnast Mary ____ Retton

49 Fashion’s Claiborne

50 Before, to Byron or Blake

Answers on
Page 26

Teens leaving Facebook for Mobile apps

What social media do teens use? Twitter, Vine, Instagram, YouTube, the 13- to 16-year-olds answered. And Facebook, right? No. Nope. Nuh-uh. Only one girl, in a group of six, had deigned to create an account. “It’s like the mom and dad version of Instagram and Twitter,” a younger girl informed me later.



Both research and anecdote suggest that the teen flight from Facebook also has something to do with the presence of adults on the site, as well as the typically high-school plagues of oversharing and in-fighting. The recent rise of anonymous social apps — things like Whisper and Yik Yak, which is dominated by college students — would also seem to suggest a youthful wish to escape the confines and responsibilities of a fixed online identity. (Facebook is working on an anonymous, stand-alone messaging app of its own.) Facebook needn’t panic, though. Even if its namesake platform is now totally passé, the kids still love Instagram which is owned by facebook. For most of its life, Facebook merely cloned the competition. Yet starting with its acquisition of Instagram in 2012, Facebook has embarked on a unite-and-conquer strategy, seeking to expand its empire and hold on to our time by buying any service on which we socialize. Likewise, Twitter and Yahoo, with services like Vine and Tumblr, respectively, have tried to ensure that when teens ditch them, they’ll jump to one of their other offerings. It’s the fashion world’s model, adapted for tech: Social networks are seasonal, so you’d better have the next trendy offering ready to woo the especially-jumpy -- and especially-engaged -- teen audience.

COLD SHOWERS

Why They Are Good For You

There is nothing special about hot showers. Before we get into the actual benefits of cold showers, let’s establish the simple fact that hot showers are a luxury and not a necessity. Throughout most of human history, people had to bathe in whatever water was available to them. If you’ve ever swum in a lake, you can probably remember that said water often happened to be cold. The Greeks invented heating systems for public baths in the 1st century BC, but interestingly enough, many Greeks chose to continue bathing in cold water due to the health benefits.

1. Cold showers burn fat
There are two kinds of fat in your body: white fat and brown fat. White fat is the bad guy (think the Joker) and brown fat is the good guy (think Batman). White fat is the body fat we all know and struggle to get rid of. When we consume more calories than our body needs to function and we don’t burn those calories for energy, they are stored as white fat, which tends to accumulate at your waist, lower back, neck, and thighs. Brown fat is the good guy you might have never even heard of, and its function is to generate heat to keep your body warm. Here’s the good news: when brown fat is activated due to extreme cold, it burns calories to keep you warm, which could provide a helpful assist in your weight loss plan. How much of an assist? Scandinavian researchers found that exposure to cold temperatures increased the metabolic rate of brown fat by fifteen fold, which could help a person drop nine pounds in a year if sustained.

2. Cold showers boost recovery after exercise
Athletes often take ice baths after vigorous training do reduce soreness. But you can obtain a similar benefit with a quick cold shower after your training sessions.

3. Cold showers increase mood and alertness
Who doesn’t feel a bit groggy when they take that first step out of bed? This is something everyone struggles with, but if you’d like to put some pep in your step first thing in the a.m., take a cold shower before you go to work. When cold water pours over your body, your breathing deepens in response to the shock of the cold (this is your body trying to keep you warm by increasing overall oxygen intake). Your heart rate will also increase, resulting in a rush of blood through your body that will help you get energized for the day.
4. Cold showers strengthen immunity and circulation
Remember how I mentioned that cold showers speed up your metabolic rate, which helps you

lose fat? The increase of this activates your immune system, which releases virus-fighting white blood cells that will help you get sick less frequently. Cold showers also increase overall blood circulation, which can help you avoid hypertension and hardening of arteries.

5. Cold showers give attractive hair and skin
If you’d like to reduce appearance of acne, showers could do the job. Hot water dries your skin, while water tightens your pores, preventing them from getting clogged. You can also use cold showers for shinier, more attractive hair that your partner can’t resist playing with. Cold water will close your cuticle, making it less likely dirt can accumulate in your scalp. For further reading that will help you improve your skin appearance, check out these four skin care hacks for people who think they’ve tried everything.

Put it in Practice
If you have read any of the James Bond books, you surely have noticed his unique take on showers. Bond, tough guy extraordinaire, started with hot water, but turned the temperature down to freezing cold for the very end of his bathing routine. This character quirk is theorized to be a nod to Bond’s Scottish ancestry, since a “hot-to-cold” shower is often referred to as a “Scottish Shower.”
If you’d like to take advantage of the surprising benefits of cold showers, I’d suggest starting off by emulating Bond’s bathing routine. You could also take an alternating shower by simply switching your water temperature from hot to cold every 10-20 seconds. When you’re feeling brave and have the mental toughness you need to survive the shivering, try a full blast cold shower on for size.



Ellen Adarna is Ginebra 2015 Calendar Girl

Ellen Adarna is now Ginebra San Miguel’s 2015 Calendar Girl. There are three different sexy layouts that can be collected by those buying the said brand. Ellen described how she prepared for the shoot: she had to go on a diet and avoid fatty food, as well as workout in the gym almost every day. She admitted feeling pressured to replace Marian Rivera as Ginebra’s calendar girl. She had nothing enhanced on her body, except for her breasts. She earlier admitted they were fake. Ellen said she’s happy and overwhelmed to be chosen as the calendar girl next year. She’s flattered to be a part of Ginebra’s 180th year. Asked about her talent fee, Ellen said she’s very happy with it as well. After the calendar shoot, many projects are now being offered to her. She is not choosy with her roles or her characters. She might even do nude if the story calls for it. She doesn’t see what’s wrong with going nude, especially if it’s part of her craft and it will make her a better actor. She’s also very open to accepting contrabida roles. Meanwhile, Ellen admitted she had an issue with her parents before when she decided to stay in Manila. But they have a better relationship now because they know she’s doing something with her life. They already accepted what she’s doing for a living because at least, she’s being productive and she’s earning her keep. Ellen said her dad values one’s ability to earn for himself/herself. Ellen also addressed those bashing her English. She explained that she has a thick Bisaya accent and Cebuanos are more comfortable to speak in English because their Tagalog accent is really bad. She already explained this in an earlier interview, but she was drunk back then.

Candid SPOOF

(Pop-ups are not supposed to be taken seriously - EDITOR)



Pors Canlas struggles to open the tape roll again during the motorcade for candidate Manny Yanga.

Fast-track weight loss no less effective than slow

PARIS: Weight-loss guidelines have long counseled dieters that kilos shed too quickly are likelier to creep back than those lost at a slower pace. But an Australian study says this is wrong.
Over the long term, fast track and slow-track dieters are equally likely to regain most of the weight they lost.
“While weight loss is hard, weight loss maintenance is even harder,” said Nick Finer, an endocrinologist from University College London Hospitals.

Crossword Answers

JAKE	BOB	ORAL
EDEL	ARE	SOHO
TONI	MEN	CRAW
	JIB	MAYBE
ISLA	FISHER	
SHAH	HOT	TOM
NIN	NEW	WHO
TAG	ONE	LEONA
	OWEN	WILSON
JONAS	REL	
EDIT	DOO	ELLE
FINE	ANN	NOIR
FEE	DOG	SUZE



Joey Baking's (www.Filipinogoodlife.com)
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Rocel's Birthday

Rocel Enverga celebrates her birthday in Grand Style



Sr. Solon Guzman poses with the Enverga family and company.



LEFT, Dr. Solon Guzman was asked by senator Tobias Enverga if he is interested in running as MP or MPP.



Fe Taturan, Mario Alpuerto, Scarborough Toyota's Manny Yanga and Jojo Taturan enjoy the night away.



Alain Canizares, Dr. Solon Guzman, Rebecca Rafael, Sheila Canizares and Katrina Rafael pose in between the dancing and entertainment numbers.



LEFT, Senators Asha Seth (Ontario), Dennis Patterson (Nunavut), Victor Oh (Ontario-Mississauga) and Tobias Enverga (Ontario) enjoy the party.



RIGHT, Ace Alvarez and wife Gie psoc with senator Asha Seth.



Val Yujuico interviews Ace Alvarez, Joey Abrenilla, Manny Yanga and Manny Ching.



Sena Flores, Gi Alvarez, Rosemer Enverga, Ace Alvarez and Fe Taturan show what glamour is.



These three lovely ladies add seem to be enjoying the night away.



The young ones take a selfie away.

Flor Martinez's Anniversary



Flor Martinez celebrated her anniversary with her husband Ariel. It was also Flor's birthday. Flor is shown holding the baby on the photo on the right.



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