

Poor must benefit in Economic Boom

JUNE 2014

MANILA - Vice President Jejomar Binay laid out an economic agenda that he said government must pursue to ensure that more people, particularly the poor, benefit from the country's economic gains.

"We must make sure that our economic gains are felt by the greater mass of our people and we must energize the manufacturing, agricultural and other sectors of our economy. Inclusion and diversification must be the key elements of our strategy," Binay said at the Banyan Tree Leadership Forum at the Center for Strategic and International Studies (CSIS) in Washington D.C.

A copy of his speech was send to his office n Manila.

"We must raise infrastructure spending from the current 2 percent of our GDP to a truly progressive five percent of GDP; investing in infrastructure that raise the quality of the lives of our people and also enhance the country's economic climate," he added.

Binay stressed the need for government to expand and enhance the delivery of social services, particularly in education, health, environment and social welfare. He also pushed for the promotion of entrepreneurship development to provide livelihood opportunities.

"And finally, we need a new executional paradigm that is aligned with sectoral, geographic and ground level realities. It means that we must understand the unique requirements of each economic, geographic or political sector and adjust our executional strategies accordingly," he said.

The Vice President noted that the government's agenda should include the liberalization of the economy to improve competitiveness and attract investments into manufacturing and other stagnant sectors.

According to him, the Philippines' economic growth was fuelled by the boom in the services sector, particularly in the business process outsourcing industry, as well as the remittances

POOR MUST BENEFIT continued on page 17

Kidnap gangs operate between Malaysia and Philippines

KUALA LUMPUR: Kidnap-for-ransom groups in Jolo have become increasingly sophisticated and are now working in units that operate like a small army.

Using three glasses filled with kahawa (Tausug word for coffee), an intelligence officer of the Armed Forces of the Philippines (AFP) illustrated how the kidnap-for-ransom groups have streamlined their cross-border kidnapping modus operandi.

"Imagine these glasses are cells. First cell will do intelligence gathering in Semporna, the second cell which is also based in Semporna will do the kidnapping and once they reach Philippines waters, they will pass the hostages to the third cell," said the officer at a house of a prominent individual in Jolo town on Jolo island.

Jolo island in Sulu province is where most of the hostages kidnapped in Semporna in the east coast of Sabah end up. In 2000, Malaysians took note of Jolo when 21 people were kidnapped in Sipadan island in Semporna waters on Easter Sunday.

PCCF Beauties show what they Got

Philippine Canada
Charitable Foundation
held it's preliminary
Miss Philippines Canada
pageant. Candidates
Lyka Mae Castillo and
Stephanie Huertas go
through their paces just
before the start of the
pageant at the Korean
Cultural Centre.

KIDNAP GANGS continued on page 9



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Comelec wants new automated machines



MANILA - Is it goodbye for the Precinct Count Optical Scan (PCOS)?

Commission on Elections (Comelec)
Chairman Sixto Brillantes said yesterday
they will conduct bidding for the acquisition
of new machines if Congress approves its
multi-billion budget for the upcoming
automated 2016 elections.

Last month, Comelec submitted an P18-billion budget proposal at the House Committee on Suffrage and Electoral Reforms to purchase new Optical Mark Reader (OMR).

The OMR is the machine which automatically processes the filled out preprinted ballots of voters during the election.

Brillantes said they are now considering tapping other companies aside from Smartmatic International, the service provider for the 2010 and 2013 polls, in purchasing the new OMRs.

"What is patented with Smartmatic is the PCOS. The OMR, on the other hand, is a generic system. Many companies have already expressed interest to join the bidding," Brillantes said.

Marian Rivera says no to politics

Ibang klaseng Marian Rivera ang natunghayan ng lahat nang lumabas ang



mga larawan at billboard para sa kanyang bagong endorsement.

Suot ang korona at black lingerie, nagmistulang seksing reyna ang Kapuso Primetime Queen. Bukod sa

mundo ng showbiz, plano rin bang magreyna ni Marian sa mundo ng pulitika?

Iba't ibang mga proyekto para sa mga nangangailangan ang pinangungunahan ni Marian sa kasalukyan. Lagi rin siyang tumutulong sa mga dabarkads sa Juan For All, All For Juan segment ng Eat Bulaga.

Ayon kay Marian, masaya siya kapag nakakatulong siya sa iba. Nang tanungin ng Balitanghali kung handa na siyang pumasok sa pulitika, sagot ng aktres, "Hindi naman sa nagsasalita ako ng tapos, pero wala talaga sa dugo ko. Wala akong nararamdaman. Ang importante lang sa akin ay makapagpaligaya ako ng tao."

Hindi man papasok sa mundo ng pulitika ngayon si Marian, magrereyna si Marian sa isang kakaibang larangan. Alamin kung ano ito, malapit na sa GMA.

"Nakakainis" is Maja Salvador's role

Sinabi ni Maja na hindi siya natakot tanggapin ang role sapagka't alam niya kung ano ang kaya niyang gawin bilang aktres at alam niya na may

kapupulutang aral dito ang mga manonood. Alam niya rin na magiging masama ang tingin sa kanya ng publiko bago pa man niya tanggapin



ang role

Sa eksena kung saan sinugod ni Monica (na ginaganapan ni Angel Locsin) si Nicole, ikinuwento ni Maja na maghapon niyang iniwasan si Angel para kapag nagkita sila ay ang eksena ngunit hindi raw napigilan ni Angel na lapitan siya at tanungin kung saan siya sasabunutan.

Napanood din diumano ng kanyang nobyong si Gerald Anderson ang episode kung saan nabuking na ni Monica ang relasyon sa pagitan ni Adrian at Nicole. Ayon kay Gerald "nakakainis" ang role ni Maja bilang Nicole.

Daughters want Sunshine to date again

Sunshine Cruz feels fortunate — and amused at the same time — that her daughters with estranged husband Cesar Montano are urging her to date again.

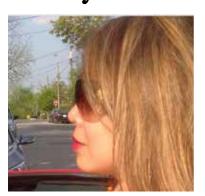
Even so, the Kapamilya actress does not see herself dating anytime soon, admitting that she is still working on the annulment of her failed marriage, among other things.

Cruz admitted that while there are prospective suitors, "hindi ko naman pinag-iintindi 'yung mga 'yun," she said.

"I need someone who will love not only me but also my three children. I need someone na may courage talaga sa papasukin niya dahil kapag nilagawan ako, aba, package deal ako. 'Yun ang isa sa mga pinagdadasal natin, na in God's time dadating iyan," she added.

Cruz revealed that she has already filed a petition to annul her 13-year marriage to Montano. "Para naman bago ako mag-40 makahanap ako ng kaligayahan ko," the 36-year-old actress said.

Am I the only guy who has the hots to ride this beauty hard?



Wow, you look so hot and sexy in red. Look at those curves, and you have the look guys can only dream off. I want to ride you hard. I will make a video of me riding you hard for hours and hours, and you making sounds like only a true red-blooded man can appreciate. I will show you off to my friends and make them salivate at the sight of you, make them drool, make them envious.

RIDE THIS BEAUTY HARD continued on page 25

Naku HA! by Jose Baking LMConfidential.com

Being Left Behind is Painful

The stress is too much. The pressure is unbearable. Their constant need for attention is emotionally draining. I cannot take care of them. I have to let them go. Who can I pass them to that will give them the same attention that I do? I thought it would never happen.

I thought we were peas in a pod. We were going to travel the same road all the way. My friend took that road before. A road that I never thought my friend would travel again.

But then, it happened. An engagement was announced by my friend. Marriage is definitely in the plan. Now, all these women are coming to me and I cannot take care of all of them. I have to let some of them go. Obviously, they are heartbroken. Who wouldn't be? Can you blame them? Oh, the horror. And now, the stress, the pressure on me, of now being the world's number one and most eligible bachelor. Why did you do it George Clooney? Why did you leave our single men's club?

How to solve a problem like Rob Ford?

Incumbent Mayor and candidate for re-election Rob Ford is seen in a new video smoking crack and "will take a break." To do what, I do not know. That video is nothing new. We already know he smokes crack. We know he hangs out with gangsters. This is what makes Rob Ford untouchable. He has no goodygoody image to uphold unlike Olivia Chow, who willingly poses with a laughable showman called Iron Sheik who then posts racist and derogatory remarks against other race and women. Chow then apologizes for posing with him.

Rob Ford is the Marion Barry of Toronto. Remember, him? He was the Washington DC Mayor who went to prison for a cocaine conviction of some kind. When he got out, he ran for Mayor again and still won handily.

There are those who say people are afraid to come to Toronto because of Rob Ford. Get real. With news about Detroit bankrupt and boarded-up houses, abandoned buildings, I would not want to visit Detroit even if Mother Theresa was running it, if she was still alive. People do not visit Toronto because they have never heard of Toronto. I'd still visit Paris, New York, or London even if someone like Rob Ford was running it.

So, he'll take a break from the election. Good luck to the remaining candidates who have to come up with something to grab people's attention until October. When Rob Ford returns, he might be a bigger news even without a new idea like the

Hmmm... how do you solve a problem like Rob Ford?

Our Solution to Rob Ford

A porn star who wants to create a national day for 'self pleasure' is standing as a candidate in the Toronto mayoral race. X-rated starlet Nikki Benz announced she wanted to stand for mayor, amid news that Rob Ford had taken a break from his election campaign

to treat his substance abuse. She has already used a cheeky video to tell would-be voters about her policies, including her idea to turn Toronto's light rail into a 'Brazzers Pleasure Rail,'

complete with vibrating seats for women and sex toys She says she would also start a National Masturbation Month, which would include a day's national holiday to celebrate 'self pleasure'.

Benz, who is backed by her porn company employers Brazzers, has not yet filed her official nomination but has vowed to do so on May 28 - National Masturbation

Damn, I missed that. She gets my vote.

Singing Contest & Janet Napoles

Philippine Justice Secretary de Lima is refusing to release the affidavit of Janet Napoles. Pork barrel mastermind Janet Napoles wrote everything down. According to de Lima, the affidavit is not yet finished. But Napoles and her husband already gave copies to senator Ping Lacson and to the chairman of Manila Times. So, what is not finished yet, the sanitized version?

This is starting to remind me of some Toronto singing contest. A singing contest took longer to compute. Almost as long as Napoles to write the affidavit, if it is really not finished yet. In fact, Andy, a non-Filipino host already asked if they can get the results before the rental for the Korean Cultural Centre goes into overtime. And just like the pork barrel case, nobody wants to release what the judges wrote with their names on it because the "promoters" have to protect the judges. Hmmm....

I have watched the CNE singing contest for 3 years now and the judges always give their notes to the parents. And none of them have been killed yet.

Balita Columnist is a Published Author

Not a lot know this but it turns out that Balita Columnist Romeo Marquez is a published author. I am impressed. Does anyone have a copy of his book? Does anyone know where it



is being sold? I'd like to read the salacious details. I wonder if it's as racy as Penthouse Forum.

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ADDITIONAL CORRESPONDENTS

Jermie San Pedro

Snooky Serna

From Child Star, to Dramatic Actress



Being the daughter of actors Von Serna and Mila Ocampo, she started acting early in life via her 1970 landmark debut Wanted: Perfect Mother, where she immediately captured the hearts of Filipino audience as a cute, sweet and smart-talking four-year old. That same year she earned her first acting nomination from FAMAS Awards as Best Child Performer for the film My Little Angel.

Trained by acclaimed director and National Artist, Lino Brocka, Snooky showed promise as dramatic actress and later proved to be a fine one. In 1972, she won her first FAMAS Award as Best Child Actress for the film 'Sana Mahalin

In her teens, she was launched as one of the original Regal Babies (promotional term coined for group of teen movie stars under contract with Filipino film production giant Regal Films) and groomed as a leading actress in various loveteam-inspired flicks with then heartthrobs Gabby Concepcion and Albert Martinez. She also starred in more daring films like Strangers in Paradise, Experience, Bata Pa Si Sabel, and Teenage Marriage.

Often pitted against then-rival Maricel Soriano, she made numerous blockbuster movies with her in the '80s like Underage, Schoolgirls, Story of Three Loves and Anak ni Waray vs. Anak ni Biday, among others. She also had her share of TV shows.

As a mature actress, she tackled roles which earned acting nominations from various award giving bodies. She was also in Kapag Napagod Ang Puso with Christopher de Leon and Inagaw Mo Ang Lahat Sa Akin (Harvest Home - official Philippine entry to the 1995 Oscars) but unfortunately was snubbed during awards night. It was with Koronang Itim, that she finally won Best Lead Actress trophy. She has starred in over (80) films from 1970 to 2004.

Riddled by both personal problems and issues with her film studio, including her bout with anorexia nervosa, Snooky was prodded to concentrate on family and motherhood in the late 90's. Upon her comeback, her works mostly concentrated on TV. More recently, she's been in various top-rating soap operas in rival stations GMA Network and ABS-CBN, notably Marina, Captain Barbell and Habang Kapiling Ka where she again was awarded a best actress trophy for TV drama performance from PMPC in 2003. Her recent films include Anak Ka Ng Tatay Mo, Captain Barbell and the still unreleased Bituin, Buwan at Araw with Nora Aunor.

Serna was married to actor/model Ricardo Cepeda for over 12 years, with their marriage ending in annulment in January 2006. They have two daughters, Sam and Sachi. Recently, she got married to Niño Mendoza (vocalist of a Filipino Alternative Rock band), from whom she is currently separated.

She is trying to become active in the entertainment business once again and very recently grabbed the limelight by making the disturbing revelation that an actor sexually assaulted her when she was in her teens.



Lea & ILDivo

Lea Salonga recently performed with Il Divo at the Sony Centre in Toronto.

PHOTO BY **RAYMOND SANTOS**



Pinay Paulina Corpuz Runs for TCDSB Ward 12 Trustee

By: Tony A. San Juan, OCT

Rekindle the fire. Renew the Catholic spirit. Reach out to the community. These are very inspiring and meaningful words of truth, wisdom and challenge. A challenge, indeed, for the only Filipina, if not the first, to run for an elective post within the education landscape of Canada's

With this solid personal distinction, Paulina Corpuz, launches her candidacy for School Trustee, representing Ward 12 of the Toronto Catholic District School Board in this coming municipal elections on October 27, 2014. Corpuz is one of at least 5 Filipino Canadians who are running for Trustee positions in Toronto's Catholic school system.



Starting out her campaign platform for Trustee, Corpuz with her preamble, laid out the following 3-point pledges:"Bring a fresh perspective in the governing body of the Toronto Catholic District School Board (TCDSB):

the voice and living experience of a mother who has children in the Catholic school system, immersed in the realities of juggling the demands of professional work, family relationships and obligations which are important perspectives in

decision and policy making.

She hopes to further: "1) Enrich the capability of the Board to govern through the rich and diverse experience I bring, having grown in a dynamic Catholic community where children and youth are inspired and actively involved in the life of the Church, Catholic school, and the community; 2) Engage the parents and community more and increase the presence of Trustees in the community; 3) Provide an example to my children and my community, the courage to stand up for what I believe and fight for my

Given her strong background and experience in Catholic lay work, non-profit service, and professional background in administration, change-directed development, online media and management characterized by her faith-filled aspirations and expectations, Paulina is an excellent candidate and hopes to help bring sound direction and purpose to the Toronto Catholic school board. In this respect, she will be in a strong position of contributing her quota to meeting and achieving desirable student success and performance in the current Catholic education climate.(TSJ).

Connect with Paulina Corpuz in Facebook: //www.facebook.com/paulinacorpuzforWard-12schooltrustee

Prime Minister Stephen Harper announces \$170 million aid for Typhoon Haiyan relief by Canada



MISSISSAUGA, Ontario - Senator Enverga joined Prime Minister Stephen Harper in announcing a total of \$170 million in aid for Typhoon Haiyan relief efforts by Canada.

The Government of Canada pledged to match every dollar contributed by individual Canadians to registered Canadian charities who responded to relief efforts in the aftermath of the typhoon. During the period of November 9, 2013 - December 23, 2013, individual Canadians contributed over \$85 million, which the Government of Canada matched dollar for dollar through its Typhoon Haiyan Relief Fund.

The Government of Canada announced that \$50 million will be earmarked for trusted Canadian and international partners to help

those affected recover from the impact of the typhoon and assist them in rebuilding

The remaining \$20.59 million from the Typhoon Haiyan Relief Fund will be allocated for longterm reconstruction and disaster risk reduction activities. The Government of Canada, along with the international community, will continue working with the Government of the Republic of the Philippines during the reconstruction, which is scheduled for completion on November 2017.

Senator Enverga took note of the generosity of the Canadian people, thanking all those who generously contributed to registered Canadian charities. Canada and the Philippines have had longstanding bilateral relations, and the recent experience with the devastating typhoon has only served to strengthen that relationship. The Government of Canada's long term development programming will continue alongside Canada's response to the typhoon relief efforts.

Mira to go against her father and sister in "Mirabella" **JULIA BARRETTO: BEAUTY IS THE BEST REVENGE**

"Mirabella" lead star Julia Barretto encourages young TV viewers to keep a positive outlook despite all adversities and cynicism.

e_should always be positive even if other people are trying to bring us down. Because focus on the good things that are happening in our lives, our true beauty radiates within, and that is our best revenge!" said Julia who is portraying the role of Mira a n d her mysterious alter ego Bella. Meanwhile, viewers will surely be more thrilled in the next episodes of

> "Mirabella" now that Mira is starting to defend herself and her family through personality of Bella. What will Mira do now that she has the opportunity ruin the career of her own father Alfred (James Blanco) and sister Iris (Mika dela Cruz)? Will she be able to keep the truth about Bella's personality from her best friend Jeremy (Enrique Gil)? Don't miss the drama series that will change the true meaning of

beauty, "Mirabella," weeknights, after "TV Patrol" on ABS-CBN Primetime Bida. For more information about "Mirabella," visit the show's official social media accounts at Facebook.com/MirabellaOnline and Twitter. com/MirabellaOnline.

Senator Enverga joins delegation for a visit to the Republic of Korea

SEOUL, Republic of Korea - Senator Tobias Enverga, Jr. joined a delegation led by Senator Yonah Martin and Member of Parliament Barry Devolin for a visit to Korea.

The delegation was welcomed by Korea's Minister of Patriots and Veteran Affairs Sung Choon Park, who brought the delegation to the

War Memorial of Korea. At the War



Canadian soldiers who served during the Korean War.

descent, was doubly honoured when Minister Park showed him the display

honouring the Philippine soldiers who participated in the Korean War. The Philippines sent 7,500 troops as part of the Philippine **Expeditionary Forces** to Korea, for which, Minister Park said that the Korean people will always be grateful.





LAUGH RESORT

JUAN: Nay alam nyo pinatayo ako ni itay sa bus para ibigay upuan ko sa babae!

INAY: Anak magandang asal yun! JUAN: Kahit nakakandong po ako kay itay?

JUAN: Alam mo, ayaw na ayaw kong makakita ng nakatayong babae sa bus habang ako eh nakaupo! MAX: Kaya pinapaupo mo? JUAN: Hindi, natutulog ako!

INAY: Binigay na ba card nyo? PNOY: Opo nay, good news ala na po ako

INAY: Talaga? Patingin! English-65 Math-60 Science-69 Pilipino-

Sa Hospital.

Doc: Iha, mukhang pumapayat ka at hinang hina pa. Sinunod mo ba advice ko na 3 meals a day?

Girl: Diyos ko! 3 meals a day ba? Akala ko 3 males a day eh!!!

AMO: Eto yung binili kong chalk na pamatay sa ipis, isulat mo sa pader! INDAY: Yes mam! Nagsulat si Inday sa pader: ""EPES, MAMATAY KAYO! LOVE, ENDAY"

PROFESSOR: Sino sa inyo ang nakaexperience having sex with ghosts? Tinaas ni Juan ang kanyang kamay... PROFESSOR: Really? Ano ang feeling having sex with ghosts? JUAN: Ay putcha!!! akala ko GOATS!!!

Nagbalatkayo si misis para takutin ang asawang lasing...

MISTER: Shino ka?

MISIS: Ako si satanas! Kukunin na kita! MISTER: Wag mo ko takutin! Asawa ko kapatid mo!

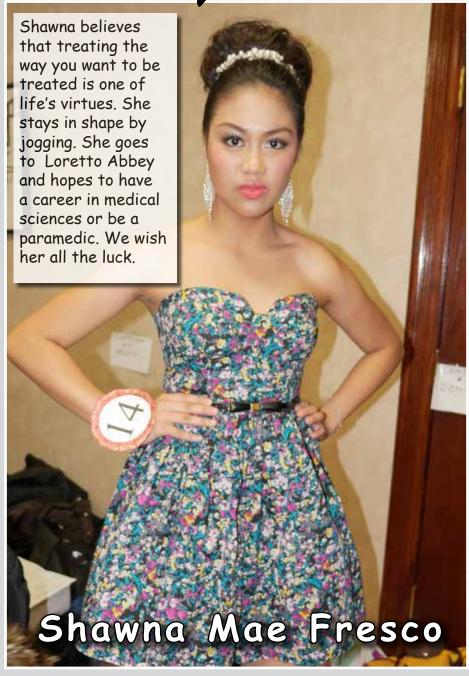
Sa Jollibee...

BUSINESSMAN: Excuse me, may wi-fi

ba kavo dito?

PNOY: Naku sir ala po! But you can try our apple-fi or mango-fi sir!

Honey Shot



Xian Lim ready to take 'Captain Barbell' role

ACTOR Xian Lim said he is ready to suit up and play a superhero once ABS-CBN chooses him as the next Captain Barbell, the fictional character created by the late novelist Mars Ravelo, on primetime television.

During press launch of his second album "XL2" on Thursday, the 24-year-old actor was asked if he is interested in the coveted role.

"Ngayon ko lang talaga narinig pero may nakikita ako na online voting. The



supporters get really excited to the point na gagawa talaga sila ng ganun. Nakikita ko din yung efforts nila and I'm sure excited na din sila makita ako ulit sa TV," he said, referring to a poll conducted by starometer.com.

Lim said he was able to watch few clips of the 1986 Viva Films-produced movie starring Edu Manzano (as Captain Barbell) and Herbert Bautista as (Enting) but failed to view the latest installment of the movie.

"Nakapanood na ako ng clips pero hindi yung kabuuan. Hindi pa masyadong colored nun," he said.

The actor said he is thankful that fans want him for role.

"Maraming salamat at sinusuportahan nila ako and why not diba? Isang dream role yan para sa kahit na sinong actor. Kung i-cast nila ako doon, ready ako," he said.

In 2013, ABS-CBN earned the exclusive rights to remake the classic creations of Ravelo. Among them is the current primetime series "Dyesebel," which stars Anne Curtis, Gerald Anderson and Sam Milby.

"Darna" and "Captain Barbell" are next to star in the new adaption of Ravelo's classic creations.



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Philippines

"Sextortion" gang Busted

+ other news



'SEXTORTION RING' – British ambassador to the Philippines Asif Ahmad (with microphone), speaks at a news conference in Camp Crame yesterday, regarding a multi-agency operation against 'sextortion' networks, following the arrest of 58 suspects.(Michael Varcas)

Manila, Philippines — The operations of a massive global Internet "sextortion" network in the Philippines is believed to have been busted with the arrest of 58 people, the local police and the Interpol announced.

Senior Superintendent Gilbert Sosa, director of the Anti-Cyber Crime Group (ACG) of the Philippine National Police (PNP), said the suspects were arrested during simultaneous raids in Bicol, Laguna, Bulacan, and Taguig City.

However, authorities emphasized that the Philippines was not the hub of the global sextortion network, only that the current investigation had focused on the Southeast Asian nation.

"This is again a proof that we are working double to contain and put a stop on the operations of cybercrime, particularly those relating to cybersex operations in the country,"

United Kingdom Ambassador to the Philippines Asif Ahmad congratulated the PNP for a job well done in arresting the

"The fact that we are here is a celebration since the Philippine government is addressing the problem," said Amad.

Operation 'Strikeback'

Dubbed Operation "Strikeback," Sosa said the campaign against the "sextortion" network started focusing on the suspects as soon as they established credible information of the extent of their operations as well as their bases in the country.

The ACG established later the existence of four groups with almost the same modus operandi: One of the groups is based in Bulacan, another one in Laguna, and another in Taguig City.

Most of the syndicate's victims are foreigners who have been lured into giving sexually explicit photos or videos about themselves online, then blackmailed for many thousands of dollars, authorities said.

PNP chief Director General Alan Purisima said that while elderly men were often targeted, children were also victims.

A Scottish police chief who also briefed reporters at the press conference said one boy in Scotland had committed suicide after being extorted. He said the boy was 17 when he killed himself.

"The scale of this extortion network is massive," said Sanjay Virmani, director of Interpol's Digital Crime Center.

"The Bicol Group is an organized group engaged in this kind of activity covering under the companies MoneyMaker Portal Web Solutions located in Naga City, Moneymagnet Portal Web Solutions located in Libmanan, Money Builder Web Marketing Solutions located at Nabua, and Mocha Bytes Web Solutions located at Legazpi City," said Sosa.

He said that it was also in Bicol where authorities arrested most of the suspects, 52 of

The suspects arrested in Laguna and Taguig City, namely: Vincent Regori Bravo, Archie alias "Gian" Tolin and Jomar Palacio alias "Park Ji Man" were responsible for financial sextortion of victims from United Kingdom.

Arrested from the Bulacan Group were Aldrin E. Villamonte, Jemuel C. Matuguina, and Emuross O. dela Cruz in Barangay Muzon, San Jose del Monte, Bulacan.

"This is really a very lucrative business. These suspects earn a lot out of this modus," said Sosa.

How they operate

The modus operandi of the network is to create an online account from Facebook and other social networking sites and online services under the name of a lady with the purpose of locating and attracting prospective client especially old male individuals abroad.

Once they created this account, they will pose as young attractive females, armed with

a storage drive with stored pornographic materials.

After getting acquainted with the victims and successful exchange of online chat conversations, they will invite and further entice their would-be victims to use video call to engage in cybersex and these will then be recorded unknown to the victim.

The recorded cybersex materials are then used to extort money ranging from US\$500-\$2,000 (P20,000 to P90,000) from the victim and will threaten them with uploading of recorded cybersex acts to their relatives and friends if they will not return the favor.

If the victim falls into the trap, the money will be transacted through Western Union-Philippines with a promise that the recorded video will be deleted.

During the police operations, 250 pieces of electronic devices used in the suspects' activities were seized.

PH, Vietnam set defense roadmap

The Philippines and Vietnam on Wednesday agreed to forge a roadmap toward a strategic defense partnership as both countries vowed to continue opposing China's aggression in the region.

Once the roadmap is approved, Vietnam will become the country's third strategic partner, next to the United States and Japan.

The policy announcement signals a more united front between the two countries in facing Chinese incursions in the Paracel Island in Vietnam and Ayungin Shoal and Mabini Reef in the Philippines, which are within their respective 200 nautical mile exclusive economic zone as provided by the United Nations Convention on the Law of the Seas.

"It is not an overstatement when I say that I look forward to increased collaboration between our respective defense agencies. Might I also add that both our nations are looking forward to jointly determining the prerequisites in forging a roadmap towards a strategic partnership," President Benigno Aquino III said after his bilateral meeting with Vietnamese Prime Minister Nguyen Tan Dung.

"We face common challenges as maritime nations and as brothers in ASEAN (Association of Southeast Asian Nations). I believe continued cooperation between the Philippines and Vietnam will enable us to better protect our maritime resources," he added.

Aquino also highlighted the need to enhance defense inter-operability in addressing security challenges.

The President said close cooperation between the Manila and Hanoi's respective Coast Guards have allowed them to "protect our marine resources and suppress illegal activities in the adjacent sea area between our two countries."

Meanwhile, top business leaders said that

PHL-VIETNAM DEFENSE continued on page 25



TFC launches "Galing ng Filipino" Dance Move Promo 20th anniversary campaign invites Filipinos to submit own video versions

REDWOOD CITY, CA, May 22, 2014 – Following the successful kick-off of its 20th year anniversary in April via a glittering gala show and the official launch of its anniversary music video performed by Gary Valenciano with son, Gab, on the Philippines's number one weekend variety show, ASAP 19, The Filipino Channel (TFC) now invites all Filipinos overseas to join in the celebration via the TFC20 Galing ng Filipino Dance Moves Promo.

In the music video for the song, "Galing ng Filipino", which pays tribute to the innate greatness of Filipinos that enables them to thrive and excel wherever they are in the world, the choreography showed Gary and Gab executing specific dance steps for the last two lines of the chorus:

"Oh oh oh, oh,oh (3x) Angking galing, ipagpatuloy mo!"

The Valenciano father-and-son tandem do their own dance interpretation of the line that encourages Filipinos to "march on with their greatness", making circular motions to represent continuing movement as they step to the rhythm and the beat of the song.

TFC challenges global Filipinos to submit their own video versions of the "Galing ng Filipino" dance move. Exciting prizes await entries that are adjudged best renditions.

"The song composed by Jonathan Manalo and Jay Santiago and arranged by Gary himself can be interpreted by Filipinos around the world in a million ways and that's the beauty of it," said ABS-CBN Global Chief Marketing Officer Jojo Ines. "While for this promo, we want the entries to keep the signature dance moves as the foundation, we want to see their overlay because interpretation is subjective and unique to each person. Interpreting music equals inspiration. How you are inspired to move to it is how you interpret it. That's what it means to you. With this promo, we want Filipinos to find themselves in this song and dance and express themselves."

The TFC20 Galing ng Filipino Dance Moves Promo started on May 21 and will end on June 22, 2014, at 11:59pm, Pacific. ABS-CBN TFC stars like Doris and Sabel (Tart Carlos and Vivieka Ravanes) of Be Careful with My Heart and Henry Omaga Diaz and Doris Bigornia of ABS-CBN News took part in promo videos showing their spin on the signature dance moves. Anyone with Filipino lineage all over the world (except in the Philippines), male or female, 18 years old and above can join.

For more information TFC20 Galing ng Filipino Dance Moves Promo, visit www.tfc20.com.

Camilineos Fiesta Dinner & Dance with Harold Guarin











Camilineos Association of Canada President Harold Guarin Of Roadsport Honda is busy taking care of guests ath Spring Fiesta dinner and dance of the organization. MORE PHOTOS AT FILIPINOGOODLIFE.COM

Scenes in the City



Action Honda's Rafael Nebres and wife Sylvia, with Mel Galeon of FV Foods pose with singer Stephanie Reese (2ND FROM LEFT), who also happens to be Mr. Nebres' niece. Ms. Reese was guest singer at the Philippine Pavilion at the Carassauga Festival.



Candidate for Toronto council Randy Bucao (2ND FROM LEFT) poses with Ontario Conservative leader Tim Hudak at the Walk with Israel

Navy changes tactic, eyes more bases amid sea row

MANILA - THE Navy will soon be repositioning its vessels in a strategic naval base in Palawan to help the troops securing the country's sovereignty amid the tensions in the West Philippine Sea, an official said.

The naval base on Oyster Bay and at the headquarters of the Naval Forces West, both on Ulugan Bay, will be in the spotlight when President Benigno Aquino III visits Palawan as the guest speaker during the Navy's 116th anniversary on Tuesday, said Marine Col. Edgard Arevalo, head of the Navy's Civil Military Operations Group.

He said Aquino will visit Oyster Bay, the headquarters of the Naval Forces West and the piers being developed in the area.

Oyster Bay and the wharves in Naval Forces West will accommodate dozens of medium and large naval ships, and both are being developed fast to hasten the response time of troops during emergencies, Arevalo said.

"When fully developed, the bases



will shorten the travel time of our vessels and minimize logistical expenditures," he said.

The ships in Puerto Princesa City are the ones being deployed in the West Philippine Sea, but those have to travel several nautical miles to reach the western side of the sea, consuming too much time and fuel.

But once Oyster Bay is finally converted into a modern naval base

it will be able to accommodate destroyers and even cruiser ships.

Arevalo said the navy would also be putting up a repair and construction yard at the naval base.

"We will be able to save around 20,000 liters of diesel to our support vessels and shorten the travel time by around 32 hours in the deployment of ships to the West Philippine Sea," Arevalo said.

The Philippine government recently proposed giving US troops access to Oyster Bay under the two countries' Enhanced Defense Cooperation Agreement.

The repositioning of vessels in Palawan will boost the morale of the troops stationed there, particularly the Marines manning the grounded BRP Sierra Madre at the Ayungin Shoal, Arevalo said.

He said the main purpose of stationing vessels on Oyster Bay is to bring the Navy headquarters in Manila closer to the troops manning the command post in Palawan.

ED D' Gardener Cell: 647-282-0944 • Tel: 647-436-3140 Email: eduardo.Limos@gmail.com 295 Atlas Ave. Toronto ON M6C 3P8 LAWN MAINTENANCE & LANDSCAPING

Kidnap gangs crossing borders

KIDNAP GANGS continued from page 1

The latest victims abducted from Semporna are Gao Huayuan, a 29-year-old tourist from Shanghai, and Marcy Dayawan, a 40-year-old Filipina resort worker. Filipino gunmen kidnapped them from Singamata Reef Resort on April 3

The kidnap-for-ransom (KFR) groups have changed their modus operandi, according to Filipino intelligence officers and security experts interviewed by The Star.

"When you travel in a big group, there is a

possibility that the Philippine and Malaysian navies will detect you. But when you travel in a small group, you don't attract attention," he added

Learning from their mistakes, the KFR groups streamlined their operation.

"Post-Sipadan and Dos Palmas kidnappings, the KFR would send a cell group to Semporna. These operatives would either live as a local or work in a resort. That is their cover. Their actual job is to find a target and study the place and find the best time for them to kidnap."

"The spotter will contact the mastermind and inform that the victim is in her room and security is relaxed," he said.



His description of the modus operandi corresponds with what happened in Singamata Reef Resort on the night of the abduction. Armed men struck minutes after eight General Operations Force (GOF) personnel stationed in the resort had left the reef to conduct patrolling in a boat.

When a target was identified, the KFR mastermind would inform the second cell. It was a light and quick team consisting of about seven gunmen embedded in Semporna.

KIDNAP GANGS continued on page 27

Philippine Art Showcased for Asian Heritage Month



Front row left to right: Philippine Press Club of Ontario President Rose Tijam, Kalayaan Garcia De Vera, Michelle Chermaine Ramos, Consul General Junever Mahilum-West, PAG President Nelia Tonido and Marissa B. Corpuz-Gaa.

Back row left to right: Omel Masalunga, Teody Asuncion, Calixto Quiachon, Gene Lopos, Alex Gonzalez, Joyce Bondoc, Frank Tonido, Jun Afable and Maestro Romi MananQuil.

The Philippine Consulate in Toronto held an opening reception on May 2nd 2014 to launch a three-month art exhibit celebrating artwork created by the prolific Philippine Artists Groups of Canada and guest artists. The exhibit titled Sining: Art at the PhilConGen, is the brainchild of Consul General Junever Mahilum-West as part of the consulate's participation in Toronto's Asian Heritage Month and was graced by foreign dignitaries, prominent figures and leaders in the community and the local media. The show is a bridge of cultural diplomacy through the arts and runs until the end of July as the first of a planned continuous series of three-month art shows.

Exhibiting PAG artists include: Teody Asuncion, Jhun Diamante, Marissa Corpuz-Gaa, Alex Gonzalez, Gene Lopos, Maestro Romi MananQuil, Koni Marcoux, Calixto "Toots"

Quiachon, Michelle Chermaine Ramos, Mark Salinas, Frank Tonido, Nelia Tonido and Consul General Junever Mahilum-West. Guest artists include Kalayaan Garcia De Vera, John West and Ador De Vera

As ambassadors of Philippine art to Canada, it is another busy year for the PAG with upcoming special exhibits and appearances lined up for the year. They will be celebrating their 26th anniversary with their annual summer show in partnership with the Philippine Embassy as a joint celebration of the declaration of Philippine independence.

By Michelle Chermaine Ramos

Philippines

'Pork' case to last 10 years

WITH the ever-growing list of suspects in the pork barrel scam, the case may far outlive the terms of President Benigno Aquino 3rd and two



more future leaders of the country, according to lawyer Raji Mendoza.

Mendoza, the legal counsel of pork parrel scam principal witness Benhur

It would take at least a decade to hear the case as each of those implicated by Janet Lim-Napoles in the anomaly is likely to avail of all their rights and privileges under the law, assisted by excellent lawyers.

President Aquino suspects that Napoles may be trying to save herself by naming more pork suspects to prolong the case. "I think the trial will surpass President Aquino's term and even go beyond the terms of two more presidents," he added.

The lawyer was reacting to the filing of Napoles' expanded affidavit, which contains the names of 20 senators and 100 congressmen, many of whom are incumbent, who allegedly benefited from their priority development assistance fund (PDAF) or pork barrel.

Mendoza explained that with such a very long list of suspects, many may lose interest.

"Another problem lies with COA [Commission on Audit]. Much of the evidence needed will come from them and up to now, they are yet to update their reports on previous scams," the lawyer noted.

"As of the moment, we will keep our aces up our sleeve," Mendoza said, apparently hinting that they still have bombshells to drop on the pork barrel

The President said the existence of several versions of "Napolist" could be Napoles' strategy to escape prosecution and wants to prolong the case until it is "forgotten." Is 25? In the end, even with all these investigations, it is possible that no case will be filed," Aquino said. He also suspects that Napoles' sworn affidavit that was given to the Senate was intended to be used as a smokescreen, a tactic that will make the process a protracted one.

"Who knows someone may have told her that she stands to benefit from the delay of the case. As time passes, the people will hate her less]," Aquino said.

Build Nuclear Plants

Mindanao Councillors ask DOE

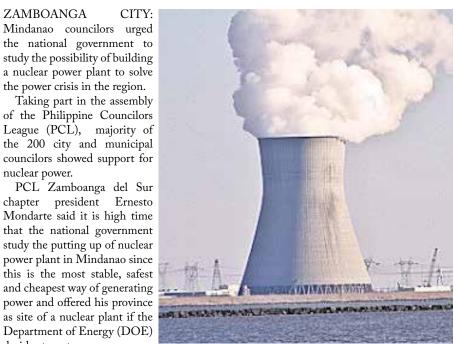
ZAMBOANGA Mindanao councilors urged the national government to study the possibility of building a nuclear power plant to solve the power crisis in the region.

Taking part in the assembly of the Philippine Councilors League (PCL), majority of the 200 city and municipal councilors showed support for nuclear power.

PCL Zamboanga del Sur chapter president Ernesto Mondarte said it is high time that the national government study the putting up of nuclear power plant in Mindanao since this is the most stable, safest and cheapest way of generating power and offered his province Department of Energy (DOE) decides to put up one.

When asked on the safety of the plant, Mondarte said "Japan is a model of having nuclear plant as source of power. Japan went through a lot of earthquakes and tsunamis but the nuclear plant has not caused any adverse effects to its population". He also noted that Vietnam is a third world country like the Philippines but it decided to put up seven nuclear power plants. "Vietnam was a very poor country but it has stable power because of its nuclear plant and this country is now rapidly progressing," said Mondarte.

Mondarte added that the city council of Pagadian already passed a resolution asking the DOE to send an expert to enlighten residents on the capability of a nuclear plant to provide power in Mindanao. Councilor Riza Melicor, PCL Zamboanga del Norte chapter secretary general, said she is supporting the move. Melicor said Zamboanga del Norte has been experiencing up to six hourse of power outage. She was surprised to learn



that her electric bill increased by 30 percent despite the browout. Melicor, a member of the Nacionalista Party, appealed to President Benigno Aquino 3rd to appoint an action officer to address the power crisis in Mindanao. In Kidapawan City, village chief Jojo Sibug said President Aquino should be decisive in addressing the power crisis in Mindanao and refrain from making promises that the government is doing something.

Rolly Pelinggon, chief executive officer of Mark Builders, one of Mindanao's biggest construction companies based in Cagayan de Oro, is also in favor of nuclear plant but adds "the government has to look first into developing Mindanao rivers as a possible source of power."

Aside from power crisis, the PCL conference will also tackle important matters about the duties and responsibilities of local

Invest in Preventive Health

ILOILO CITY: A medical expert urged the government to invest in prevention than buying expensive medical equipment to control diabetes. Dr. Francis Pasaporte of Pototan, Iloilo said there is an urgent need to prevent and control diabetes before the disease control the nation. He said schools can help in disseminating information to the students about eating the right food and conducting a healthy lifestyle. He said

only healthy vegetable dishes must be sold at school canteens intead of junk foods. Diabetes is a top killer disease with alarming complications that is common with other diseases especially cardiovascular, kidney failure and blindness that leads to increased disability, reduced life expectancy and enormous health costs worldwide.

Miguel Tanfelix's 10-year wait is over

Miguel Tanfelix plays the title role in the drama series "Niño"



Former StarStruck Kids finalist Miguel Tanfelix's 10-year wait is over. His home network, GMA 7, tapped him to play the title role in the upcoming drama series, "Niño."

"Sobrang pasasalamat ko dahil ang tagal ko din naghintay. Ang tagal ko rin nabakante, paguest-guest lang ako. Tapos ngayon na yung lead role, kaya i-grab ko na itong opportunity," Miguel

Big and small roles

The 15-year-old actor didn't mind accepting all kinds of roles - big or small - assigned to him. He appeared in "Mulawin," "Now and Forever" and "Fantastic

"Naging masaya naman siya kasi nag-Mulawin rin ako, tapos pa-guesting-guesting. Laking pasalamat ko rin na hindi ako nilipat kasi malaking blessing ito sa akin."

The "Niño" title role was reportedly first offered to Ruru Madrid, who turned it down because, as a member of Iglesia ni Cristo, he can't play a character who happens to be friends with a Sto. Niño incarnate. But Miguel doesn't mind being the second choice.

Making comparisons

He shrugs off comparisons with other Kapuso teen stars like Renz Valerio and Ruru.

"Kami naman ni Renz, parang siya yung best friend ko sa showbiz, simula nung bata pa kami, kilala ko na siya. Hindi ko na tinitingnan iyong ganoon kasi baka masira pa yung friendship namin," Miguel

The Kapuso teen star hopes Niño is the start of bigger things for him.

"Sana ito na yung simula kasi ito yung hinihintay ng lahat (ng artista), yung lead role. Handa naman ako (sa criticisms). Para sa akin, kung may criticisms man, okay po iyon para alam ko kung ano yung pagkukulang ko. Tsaka malalaman ko kung ano ba yung ginawa mong mali para maitama mo."

Miguel added, "Masaya ako dahil first lead role. Nararamdaman ko na yung pressure habang papalapit ng papalapit na yung show. Mixed emotions, excited, kinakabahan. Halo-halo yung nararamdaman ko."



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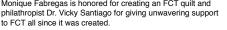
Filipino Centre Toronto

President's Gala













Filipino Centre Toronto

The President's Gala is a glamorous fundraising celebration every 2 years to raise funds towards maintaining the FCT and all it's community activities. It also gives out the Young Entrepreneurial and Professional Award to those who have achieved success in their chosen fields and elevate the profile of the Filipino in Canadian society.

MORE PHOTOS AT Filipinogoodlife.com



FCT Officers present the Young Entrepreneurial and Professional Award - FCT President Linda Javier (3RD FROM wellness centres, Emiliano and wife of No Frills, John Pasia, Derek and Andrew Tumulak.







Marian Rivera, Dabarkads na?

Tunay na kahanga-hanga ang Kapuso Primetime Queen na si Marian Rivera. Hindi lamang siya maganda at talentado, busilak din ang kanyang puso.

Napapadalas ang guesting ni Marian Rivera sa "Juan For All, All For Juan" ng Eat Bulaga. Senyales na rin kaya ito na magiging official Dabarkads na siya?

Iniulat ni Lhar Santiago para sa Balitanghali na muling nakisaya si Marian sa Juan For All, All For Juan segment ng Eat Bulaga kasama sina Jose Manalo, Wally Bayola at Paolo Ballesteros.

Binisita ni Marian ang isang pamilya na nakatira sa isang bus. Kahit na may bulutong ang padre de pamilya, hindi nag-inarte si Marian sa pagpunta sa bus na ginawang bahay. Natatawa pa niyang sinabi na wala nang epekto ito sa kanya dahil nagkaroon na siya ng bulutong dati.

Kuwento ng Kapuso Primetime Queen sa Balitanghali, pakikihalubilo sa mga pangkaraniwang tao.

"lba pala talaga ang experience na ikaw mismo ang pumupunta sa bahay at nakikita mo iyong pamilya, kung anong estado ang meron sila. Iba ang nararanasan mo at nakikita mo sa mga tao. Iba ang dulot noon sa akin."

Dagdag niya, "Ang importante lang sa akin ay makapagpaligaya ako ng tao, makita nila na may mga taong katulad natin na nagmamahal sa kanila at binibigyan talaga sila ng mga oras."

Thea Tolentino, wants tomboy role

Kung natamo na ni Thea ang tila mapanghamong role bilang isang kontrabida sa The Half Sisters, isa naman sa kanyang mga dream roles ang pagiging tomboy. "Kapag nag-succeed ako sa pagiging kontrabida, gusto kong ma-try maging tomboy kasi may kakaibang kilos sila kagaya ng mga bakla. May mga kilos sila na unang tingin palang, 'ah ganito, (tomboy) 'to.' Gaya ni Dennis Trillo [sa My Husband's Lover] 'di ba, as in naging beki talaga siya." Maski hindi pa ganoon kalawak ang kanyang nalalaman tungkol sa mga lesbians, isang challenge daw ito para kay Thea, "Kailangan mo kasi obserbahan 'yung mga kilos nila, kung paano sila gumalaw. Bawal 'yung

lalambot-lambot." Marahil ay makakakuha siya ng tips at mga payo mula kay Chynna Ortaleza sa kanyang pagganap bilang isa ding



Filipino Good Life

A Perfect Storm of Parties

Four events in one night and a highway is closed



Little Miss Philippines Canada candidates together with Ms. Rosemer Enverga and the PCCF Officers







TOP, Miss Philippines Canada candidates joined by PCCF Officers and Senator Jun Enverga. RIGHT, Camilineos President Harold Guarin of Roadsport Honda assist guests at their Camilineos Spring Fiesta dinner. ABOVE LEFT, The Pre-Pageant candidates of "Miss Philippines Canada 2014 - PCCF" in alphabethical order are: Lyka Mae Castillo. Adrienne Eduria. Stephanie Huertas, Jessica Ignacio, Theresa Louise Lagman, Jennifer Lotz, Krisgelle Maramot, Camille Manosca, Regine Taguinod, Joanna Torrano, Eldrin Velasco.

RIGHT, Meghan Lyz Garvida celebrating her success of winning Student Council President at Jean Vanier Catholic Secondary School.

BELOW, The street in front ot Bathurst and Wilson will be the site of the first-ever Taste of Manila on August 23-24.



A perfect storm, when I had to cover four events and one major highway is closed, made it difficult to cover each and every one.

There was the Miss Philippines-Canada beauty pageant by Philippine Canadian Charitable Foundation headed by the indefatigable Rosemer Enverga, wife of Canadian senator Tobias Jun Enverga.

The most prestigious pageant in Toronto, Canada, the Little Miss Philippines Canada and Miss Philippines Canada Pre-Pageants were held at the Korean Cultural Centre on Saturday, May 3, 2014. Once again, an enormous success, huge in attendance, and a very boisterous crowd cheering for their candidates. As the Over-all Pageants Committee Chairman, Rosemer Enverga, said in her welcome remarks, "this is the Pageants With a Cause, helping the needy in

the Philippines and at the same time having fun!". Truly, the charity part is the spirit behind the success of PCCF's (Philippine-Canadian Charitable Foundation) events like

On the same night, there was the Camilineos party hosted by my friend Harold Guarin of Roadsport Honda. And finally, the grandest of them all, the once-every-twoyear President's Gala by the Filipino Centre, Toronto at the Fairmont Royal York.

The finals of the pageantry will be proclaimed at the Metro Toronto Convention Centre, Hall A, at the Pinoy Fiesta and Trade Show sa Toronto on June 28, 2014 where thousands will cheer for each candidate. BE THERE!

candidates begin hovering at Filipino events, big and small, and make their pitch for your votes. Whether you like them or not, let us remember that we are in Canada, and we respect all candidates regardless of what they stand for. You may not like what they stand for right now but let us act with finesse and grace. After all, the politician you like may be the politician you will hate when he gets elected and he tables a bill that is not Filipinofriendly. And the politician you hate may

On a smaller scale, congratulations to Meghan Lyz Garvida for winning as Student Council President at Jean Vanier Catholic Secondary School.



This is the season when birds start appearing, clothes start disappearing, and picnics and festivals start appealing for your time and money.

Also on the horizon is the provincial election happening this June and municipal elections happening in October. However, all become the politician you like when he tables a bill that if Filipino-friendly.

Rossi tired of playing bad

Alessandra De

Kapuso actress Alessandra De Rossi wants a break from kontrabida roles, which she has been playing since she was 19.

"Noong 28 na ako (Alessandra is 29 years old) ganoon pa rin ang ginagawa ko. Parang dumating na ako sa point na hindi na ako nag-iiisip. Lahat na ng linya nasabi ko na, lahat ng atake nasabi ko na, mayaman, mahirap, maarte, bobita. Nakakapagod din. Parang wala ka na bang pwedeng i-offer? Nagmamakaawa na nga ako na mother roles para maiba lang," Alessandra told reporters at the press conference of GMA's newest teleserye "Ang Dalawang Mrs. Real."

She is aware that viewers identify her mostly with kontrabida roles.

"As an actor, gusto natin ng variety. Ayaw natin na kapag may nakita kang show, tinanong, 'Sino artista mo?' 'Si Alessandra.' 'Ah, siya ang kontrabida.' Wala na ba akong ibang pwedeng gawin? Kapag tinanong ako, 'Ano ang trabaho mo?' 'Kontrabida.' Magsa-sign ako sa embassy, occupation: kontrabida. Artista ako. Gusto kong umarte. Gusto kong gawin lahat."

After asking GMA executives to give her a break from villain roles, Alessandra was cast as Maricel Soriano's best friend in "Ang Dalawang Mrs. Real."

If she plays contrabida again, Alessandra wants her character to have a justifiable reason for being bad.

"Humingi lang ako ng back stories sa mga kontrabida. Kasi parang normal sa atin na kapag bida, white. Kapag kontrabida, black. 'Yung wala ng question kung sila ang bida, sila ang mabait. Pero kung sila ang kontrabida, binuhusan na sila ng pagmamahal, masama pa rin ang ugali

Alessandra feels her social responsibility as an actress is to persuade viewers to practise good values.

"As an entertainer, parang malaki ang responsibility namin sa viewers. Ayaw ko na ganoon ang nakikita nila. Gusto ko may napupulot sila, na may nakukuha silang aral. Lagyan naman natin ng kwento para ma-justify naman. Imbes na galit ang mafeel nila, empathy naman kasi mas maganda siyang emotion."

Alessandra adds that she wants to use her talent to inspire others.

"Parang gusto mo rin na 'yung gift na binigay sa iyo ay magagamit mo rin to inspire people. Although hindi mo naman maiiwasan kasi nga na-typecast ka. Pero pumasok siya sa isip ko, kaya kailangan

ko siyang gawan ng paraan. Kaya nga sabi ko na kung hindi babaguhin, magki-quit ako or gagawa ako ng something na may saysay."

Although Alessandra admits her non-kontrabida role doesn't challenge her as much, she is happy spreading positivity through her feel-good char-

"Kahit papaano na-kakapagpasaya ka ng tao at hindi na lang puro sama ng loob ang nararamdaman at nakikita nila."

She is not closing her doors on playing an antagonist role.

"Okay ako basta ang kailangan ko lang malaman kung saan siya manggagaling. Ayaw ko rin tanggap lang nang tanggap kasi ako rin ang mahihirapan."

Randy Bucao, FilCan runs for Toronto City Councillor -Ward 10 York Centre



Randy Bucao, candidate for councillor for Ward 10 - York Centre standing poses with his supporters and some of the featured performers at Atin ito Restaurant. A fundraising concert will be held at Prestige Restaurant on July 5 at 5pm.

entrepreneur.

By: Tony A. San Juan, OCT

Good tidings and good moves. A lone courageous and determined Pinoy community leader has recently "thrown his hat" in the Toronto political arena . This charismatic guy is IT professional Randy Bucao,

Yes. Randy "Randolf" Bucao is running for Councillor of Ward 10-York Centre in the City of Toronto in the upcoming October 27th municipal elections. He is now on the campaign trail, with his avid supporters, presenting his political platform to fellow kababayans, friends, and residents in his electoral ward.

But who really is Randy Bucao?

A native of Talisay, Cebu, Randy and his family came to Canada in 1994. With a degree

in Mechanical Engineering from the University of the East -Manila , he has worked in the IT industry for solid 20 years in Toronto

as a network specialist and small-business

Very much engaged in community service, Randy was involved at the Silayan Filipino Community Centre and the Toronto Golden Vision Lions Club. For straight 5 years, he has been the Chair of Catholic School Advisory Council (CSAC) of St. Jogues Catholic School, and was elected as Catholic Parent Involvement Committee (CPIC) representative of Ward 11 on which he was elected as Vice-Chair of the Toronto Catholic District School Board's CPIC. Randy is the first Filipino in Toronto who was elected in CPIC Ward 11 and the City-wide CPIC as its Vice-Chair.

Happily married to Zenalyn Hechanova of

General Santos City and a father of 2 schoolaged daughters, Randy is a founding member of Filipino Canadian Parents Association in Catholic Education (FCPACE), and is helping towards the appointment of a Filipino Advisory Committee at the Toronto Catholic education system.

Being a former college instructor in Manila, he is also a member of the Philippine Teachers Association-Canada (PTAC).

Ward 10 -York Centre in Toronto is located along the main corridors of Bathurst Street, traversing the intersections of Finch Avenue West, Sheppard Avenue West & Wilson Avenue and bounded by Steeles Avenue South, Highway 401 North and Dufferin Street East.

Whenever given the opportunity to serve, Randy plans to advocate and work towards transformation concerns of Ward 10 residents in land transfer tax, public transit, public safety, social services & development, public parks enhancement, sustainable environment, and the cost- efficient delivery of vital municipal services, as well.

Magka-isa Tayo...Kaya Natin! This is Randy's tagline as he would much love to be the voice for all Pinoys and other ethnic & diverse residents in Ward 10-York Centre. Historically, no candidate of Filipino heritage has come up to the plate of recent memory and run for the Toronto council except two, but in the Niagara by-the-Lake and Markham councils.

For further particulars including your immediate support, donation or volunteer work, Torontonians are requested to contact: randybuca@outlook.com or 647-994-7300 or visit www.bucao.ca

Tony A.San Juan,OCT tnysanjuan@yahoo.ca

"What surprises

him most?" the Dalai

Lama was asked. His response:

"Man
surprised me
most about
humanity.
Because he
sacrifices



his health in order to make money.

Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."



Erwan says relationship with Anne is 'fine'

Erwan Heussaff has responded to a report on showbiz blog site Fashion Pulis claiming that he and longtime girlfriend Anne Curtis are no longer together.

He wrote on Twitter: "There are more veracious sources of information out there. We are fine:)."

"Thanks for the concern, but let's remember that FP isn't BBC," he added.

The Fashion Pulis piece, which was published Wednesday, cited that the information on the alleged breakup came from a "very reliable source."

It detailed that "a scion" of an unnamed "business mogul," as causing the breakup.

His Twitter followers were quick to react on the matter. One asked, "fine na ano po? Concern lang cause i want their relationship last as far as i can see they're good couple!"

"Can breathe now. Thank God you & ate @annecurtissmith were still together and it'll be forever I believe. :))," another said.

Other follower advised, "We better get used to it. The internet had been fraudly killing people and breaking relationships for ages!"

If anything, Erwan tweeted further, "I'm not in showbiz, so my relationship is mine to keep precious and not yours to devour."

Anne, on her part, simply retweeted the posts of her boyfriend.

The two have been together for almost four years now. The Fil-French businessman related in a previous interview that he doesn't mind that his girlfriend is a popular celebrity.

"It doesn't affect me because we are not in the same industry... We don't fight much," he added. Anne has been vocal on social media that she considers Erwan her "best boyfriend ever."

Mabuhay Cup 2014 Invitational Slate Tourney at Toronto HoopDome

By: Tony A. San Juan, OCT.



Once again, the summer basketball games are soon upon us. Yes! The prestigious and most anticipated Mabuhay Cup 2014
Basketball tournament, now on its 11th year in the Filipino Canadian community, is scheduled to be held on July 25,26, & 27, 2014 at the Downsview Park's HoopDome, North York, Toronto.

The Mabuhay Cup 2014 Invitational is a 3-day weekend tournament for Filipino-Canadian youth as solid part of the Philippine Independence Day Council's (PIDC) summer events. PIDC aims to continue bringing the Filipino community together through unity in sportsmanship and friendly basketball competitions.

Sporting clubs from the Greater Toronto Area (GTA) with any of the following playing categories: Mosquito, Tykes, Peewee, Bantam, Midget, Juvenile, Girls and Open division teams are invited to participate in this weekend tourney. Below are the corresponding age limits, in terms of birth year, for each division team: Mosquito - 2006 & younger; Tykes -2004 & younger; Peewee - 2002 & younger; Bantam - 2000 & younger; Junior Girls - 1999 & younger; Midget - 1998 & younger; Juvenile Girls - 1996 & younger; Juvenile - 1996 & younger and Open - No age limit.

Interested basketball clubs are requested to indicate their group's intention to participate by attending the Tournament Organizing Committee's First Team Leader's Meeting on June 8, 2014 (Sunday), 3:00 PM at Antibes Community Centre, 140 Antibes Drive, North York, Toronto.

T.O.C. requires teams to secure their entries as a limit is imposed on the total number of participating teams as well as the maximum number of entries per division.

The PIDC Mabuhay Cup Organizing Committee is composed of: Vilma Tahsin, Manny Villamor, Vilma Villamor, Roger Tarca & Bob San Juan. For further particulars, please contact by e-mail at mabuhaycup@yahoo.ca

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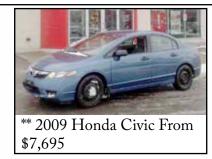
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Filipino World

Amal Alamuddin, a British high-profile human rights international lawyer says

GMA's rights Violated



Amal Alamuddin, a Lebanese-born British high-profile human rights international lawyer and presently engaged to Hollywood actor George Clooney, had aired the belief that former President Gloria Macapagal Arroyo's human rights may have been violated by the Aquino government as a result of her continued detention.

MANILA -Amal Alamuddin, a Lebaneseborn British high-profile human rights international lawyer and presently engaged to Hollywood actor George Clooney, had aired the belief that former President Gloria Macapagal Arroyo's human rights may have been violated by the Aquino government as a result of her continued detention.

The camp of former President and now Pampanga Rep. Gloria Macapagal-Arroyo has decided to keep mum on reports that her continued hospital detention has drawn the attention of Amal Alamuddin, an international human rights lawyer who gained instant world celebrity status as popular American actor George Clooney's fiancee.

Alamuddin, a Lebanese-born British lawyer, reportedly had aired her view that Arroyo's human rights may have been violated by the Aquino government as a result of her continued detention.

Lawyer Larry Gadon, one of Arroyo's legal advisers, admitted that they have not been approached by Alamuddin about the former chief executive's continued detention at a hospital suite at the Veterans Memorial Medical Center for over two years now.

On the other hand, Raul Lambino, Arroyo's legislative chief of staff, said her family is happy that a highly-respected international lawyer has taken notice on the former president's plight.

Like Gadon, Lambino said they merely received information about Alamuddin's reported comments from the newspapers.

Alamuddin shot to fame shortly after Clooney, described as Hollywood's most eligible bachelor, announced their engagement.

Now 36, Alamuddin took up law at Oxford University and New York University. She is

described as an international law expert and a human rights activist.

News reports claimed that Alamuddin has aired plans to bring Arroyo's case before the United Nations where she used to be assigned various legal and human rights work.

Arroyo's appeal for bail has been twice denied by Sandiganbayan panel that voted on a split decision to keep her under hospital detention.

Except for a recent motion to allow her to undergo a special medical procedure at the St. Luke's Medical Center, the Sandiganbayan has also junked several appeals from Arroyo's lawyer to allow her brief furlough from continued detention.

Doctors have testified before the anti-graft body that the former president's precarious health condition requires her a non-hospital environment.

The Department of Justice stopped Arroyo from leaving the country in 2011 through a directive that her lawyer's claimed to be highly unconstitutional.

A Supreme Court petition questioning the filing of non-bailable plunder case against her has yet to be acted upon despite the lapse of a long period of time.

The case was assigned to Associate Justice Marvic Leonen, one of the four Supreme Court magistrates appointed under the Aquino government.

Politics slows Yolanda recovery

Suitable shelter remains scarce six months after storm; Pnoy approves schools rehab

TACLOBAN - Survivors of Typhoon Yolanda are bearing the brunt of "too much" politics that has been hampering rehabilitation efforts in severely hit areas in Eastern Visayas, an international relief agency said.

Carin van der Hor, country director of Plan International, said he has seen effects on communities of slow decision-making by government agencies. Hor was echoing the sentiment of former senator and now Presidential Assistant for Rehabilitation and Recovery Panfilo Lacson, who had accused some Cabinet officials of derailing the rehabilitation efforts. Hor acknowledged Lacson's moves to cut red tape and speed up the process to rebuild the stricken communities.

In village number 89, along the coast from Tacloban, Nimpha and Rolando Bachao, both 65, live in a grimy tent provided by the UNHCR. "This is not a very good life. My husband has had two strokes since he got here and has

hardly received any medical attention. As the weather gets hotter, it's almost unbearable in our tents," said Nimpha Bachao, swatting away flies. Other survivors were moved to nearby bunkhouses two months ago. The mayor, Alfred Romualdez, and the Tacloban Recovery and Sustainable Development Group (TRSDG), have drawn up blueprints for a 100-hectare community to house the homeless.

Lacson said he is hamstrung by uncooperative Cabinet secretaries and local government officials who ignore his directives. "I am really frustrated. Because when I want to do something, I want it done right away. But sometimes you can't do it because it's beyond my authority. We follow international protocol and the law. And I am bound by MO [Memorandum Order] 62 that says in so many words my limits," he added.

Lacson said the MO must be revised to give him the power to implement. When asked if

the Palace is open to amending or improving the MO to suit Lacson's requirements, Coloma replied, "Well, we want to be in that biggest room [of improvement]."

According to him, he has no idea if Lacson had taken up his problem with aloof Cabinet officials with the President.

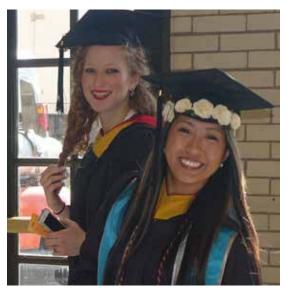
"I will ask Secretary Lacson about it," he said. Although Lacson did not name the two Cabinet officials, talks were rife that he was referring to Interior and Local Government Secretary Manuel "Mar" Roxas 2nd and Energy Secretary Jericho Petilla, who are both Liberal Party (LP) members. The LP is headed by the President.

In the meantime, President Benigno Aquino III has given the go-signal for the release of nearly P1 billion for the rehabilitation and reconstruction of 35 state universities and colleges (SUCs) damaged by super typhoon Yolanda, Pasig City Rep. Roman Romulo said.

Sarah Escape Graduates from U of Penn







Sarah escape graduates from University of Pennsylvania and her Toronto family comes to visit.

LEFT, Sarah poses with dad Glenn and Girlie. CENTER TOP, Joshua plays by himself during a stopover on the way to Pennsylvania as sister Maria Panaligan plays with her iphone.RIGHT, Sarah escape is all smiles on her graduation. CENTER BOTTOM Joshua and sister maria poses with cousin Sarah after the graduation.

ABS-CBN sweeps 24 Golden Dove awards ABS-CBN Chairman Gabby Lopez Honored with KBP Lifetime Achievement Award

ABS-CBN chairman Eugenio "Gabby"

Lopez III received the highest honor in this year's 22nd Golden Dove Awards as the Kapisanan ng mga Brodkaster ng Pilipinas recognized him with the prestigious Lifetime Achievement Award for his contributions to the broadcast industry and how he took the lead in



Vina Morales performs.

changing ABS-CBN's business strategies for the benefit of its viewers.

"Our consumers have changed. They now have the power to choose how and when they would consume our content. From being a broadcast mass media company, we are now driving our revolution to become a consumer company that engages with each customer on an individual basis. We change because that is how we can best serve the Filipino," said Lopez in his acceptance speech read by ABS-CBN Publishing CEO Ernie Lopez at the awards ceremony.

Lopez shared the honor with the men and women of ABS-CBN who have lived up to the company's mission to be in the service of the Filipino people for the past 60 years. "While the award is much appreciated, I was surprised to learn that there was an award attached to my doing what I love. What exactly do we do in ABS-CBN? We serve the Filipino. We begin and end with that," he explained. "I know that whatever the future generations do, it will be to better serve the Filipino. For as long as there is a Filipino in need, we will be there to serve him."

Apart from the top honor given to Lopez, ABS-CBN programs and personalities also bagged a total of 24 awards including the Best TV Station award for ABS-CBN.

ABS-CBN won big in the television categories that include Best TV Sports Program for "Sports Unlimited," Best TV PublicAffairs Program from "SOCO," Best TV Comedy Program for "Goin Bulilit," Best TV Newscast Program for "Umagang Kay Ganda," Best TV Variety Program for "ASAP 19," Best TV Drama Program for "Be Careful with My Heart," Best TV Public Affairs Program Host for Kim Atienza ("Matanglawin"), Best TV Actress for Drama Program for Boots Anson-Roa in her portrayal in "MMK" episode 'Kamison,' Best TV Actor for Drama Program for Joel Torre in his portrayal in "Honesto," and Best TV Station Promotional Material for "Magkasama Tayo sa Kwento ng Pasko."

ABS-CBN Regional Network Group also raked in accolades such as the Best TV Culture and Arts Program for ABS-CBN Naga's "Pagtalubod sa Pagtubod: Mag TV Penafrancia Special," Best TV Public Affairs Program-Provincial for ABS-CBN Iloilo's Diresto - DYAF, Best TV Special Program for ABS-CBN Davao's "Agri Tayo Dito," Best TV Newscast Program - Provincial for ABS-CBN Baguio's "TV Patrol Northern Luzon," and Best TV Newscaster for ABS-CBN Bacolod's Ryan Gamboa

Meanwhile, ABS-CBN also ruled the radio categories through its AM radio station DZMM and regional stations. The Kapamilya Network bagged the Best Radio Newscast Program – Manila award for "Radyo Patrol Alas Dose," Best Radio Public Affairs Program – Manila for "Pasada Said Trenta," Best Radio Public Affairs Program – Provincial for ABS-CBN Palawan's "Bantay Bata DYAP," Best Radio Newscaster for DZMM's Julius Babao, Best Radio Public Affairs Program Host for Ted Failon in DZMM's "Failon Ngayon DZMM," and Best Radio Magazine Program Host for Ariel Ureta in DZMM's "Todo-Todo Walang Preno."

The Golden Dove Awards program is held annually by the country's broadcast media association KBP, where winners are chosen from the association's members by independent jurors representing the youth, academe, religious groups, advertising industry, and government.

Poor people must benefit in economy

POOR MUST BENEFIT continued from page 1

of overseas Filipino workers (OFWs).

"The Philippine economic miracle is the tale of two economic sectors: the booming business process outsourcing industry and the record high remittances of our Filipino overseas workers. This however underscores the soft underbelly of the Philippine economic boom," Binay said.

He also urged reforms in the Electric Power Industry Reform Act (Epira) to lower the high costs of power and address the energy shortages in the southern regions of the Philippines.

"We must modernize our agriculture to raise our farmers' productivity, one of the lowest in the region, and correct the inefficiencies of the agriculture supply chain that allow as many as eight layers of middlemen to deprive the Filipino farmer the full value of their produce," the vice

He expressed belief that the emerging regional economic integration programs will increase the Philippine economy's opportunities for expansion and diversification.

"These regional economic agreements provide rare business opportunities not only for regional companies but also for U.S. firms seeking a large integrating market and more economic resources to enhance their global competitiveness," he said.

Binay noted that with the impending Asean integration, "greater economic engagement with countries in the region becomes a major component of the US rebalancing strategy."

"And given its long history and diversity of its economic partnerships with US firms, the Philippines expects a greater share of its benefits. In particular, we want to raise the inflow of job generating US foreign direct investments or FDI's, the flow of which into the Philippines is the lowest in Asean," Binay said.

HK textbook calls Filipinos as domestic helpers

A textbook from Hong Kong which asks students to identify the race people belong to states that the correct answer for domestic helper is Filipino.



a blog administered by British activist Tom Grundy, brought the textbook to public attention. He took a photo of the page entitled "racial

harmony." The textbook states that "The cor-

"I am a domestic helper in Hong Kong" is Filipino. Other "correct" examples of race association found in the textbook include: "I am an English teacher" (British), "I have a sushi restaurant" (Japanese), "Shanghai is my hometown" (Chinese), "I study in an international school" (Indian).

Grundy said that the page is going viral amongst parenting, Filipino and teacher forums online.

The Hongwrong blogger said the Asia-Pacific Human Rights Information Center in 1999 criticized the Hong Kong textbook publishers for

"Multiculturalism is now studied at primary level in Hong Kong schools, yet an SCMP story this week revealed that ethnic minority children are being 'belittled and stereotyped' in Hong Kong schools," Grundy said in his blog.

Several individuals denounced the textbook. A certain randolfcedric01 said: "They got it all wrong!...They should have put: I am Chinese, I sell

Another one said: Your slaves today can be your boss in the future. Be kind and be equalist."

Josef Ramirez, a domestic helper in Hong Kong said: "I am the best in cleaning up their mess, wash their clothes to the cleanest possible. Clean their house to the cleanest possible. Cook the best/ most delicious dish/foods, and take good care of their babies like our own family just simply because: They Cannot Do IT without FILIPINOS."

Grundy urged readers to call the attention of the Hong Kong government's Equal Opportunities Commission at eoc@eoc.org.hk to raise the issue.

More PAL flights between PHL and Canada

Flag carrier Philippine Airlines plans to increase flights to Canada after recent air talks paved the way for increased flights between b o t h countries.

Civil Aeronautics Board execudirector Carmelo Arcilla said Thursday that the Philippine and Canadian delegations had signed a



to increase flight entitleeach side, from seven flights 14 flights a week.

The deal, which was forged following talks that ran from May 27 to 28, replaces the existing Phil-Canada Air Services Agreement, that was last amended in December 2008.

Philippine Airlines president Ramon Ang said in a text message that the carrier planned to increase flights to Canada but he did not

Carla Abellana on Falling In Love with Tom Rodriguez

Kapuso sexy actress Abellana iust asked about reactions on possibility of falling in love with the hunk actor

laughed

Tom Rodriguez. Carla Abellana

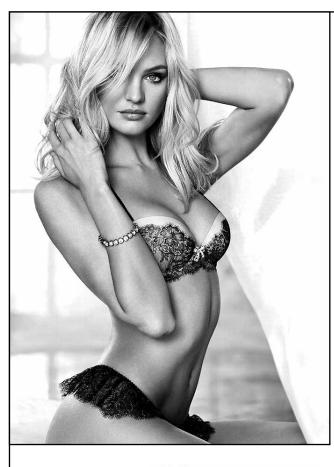
Tom Rodriguez will be working together again in GMA's newest soap opera entitled "My Destiny" after their last appearance in the controversial series "My Husband's Lover". The 27-year-old actress was asked about her condition following her break-up with actor Geoff Eigenmann. Carla Abella said that she is okay and she is happy with her life now but she admitted there are times that she remembered their past romance. "May mga times siyempre na tatamaan ka pa rin. May maa times na hindi mo mapipigilang maalala ang mga bagay-bagay, ganyan," she said.

on, Carla Abellana said that he is helping in many ways but not in forgetting her past. She also laughed when she was asked if it is possible to her of the showbiz couple started

Asked if Tom Rodriguez was the

one who was helping her to move

to fall in love with him since most their relationship through working together. "Tanungin n'yo siya! Siya na lang ang tanungin n'yo," she said.



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ENTERTAINMENT

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GMA brings Love via Nino

GMA Network brings inspiration and love via NIÑO

Anchored on its goal of providing wholesome and child-friendly programs, GMA Network brings to international television screens an original and

heartwarming story of a boy who will inspire other people to remain hopeful in the midst of life's challenges via the drama series NIÑO.

Kapuso viewers abroad may look forward to this series through GMA Network's flagship international channel, GMA Pinoy TV

The program is filled with good values and positive messages about love, faith and hope that will encourage and inspire viewers, most especially the kids, to become loving and optimistic at all

Tasked to play the role of Niño/Miguel is one of the Kapuso Network's talented teen stars Miguel Tanfelix, a 15-year old boy with mental incapacities who will become a beacon of hope and inspiration to his town mates and prove that miracles exist with the help of his "Tukayo", a Sto. Niño incarnate to be played by child star David Remo.

Completing the star-studded cast are Tom Rodriguez as Jonathan, Niño's hardworking father; Katrina Halili as Hannah, Jonathan's wife and Niño's kind-hearted mother; Lotlot De Leon as Leny and Neil Ryan Sese as David, adoptive parents of Niño; German "Kuya Germs" Moreno as Kapitan Pete, the Barangay Captain of the community; Bianca Umali as Angelica, Niño's bestfriend; and Ms Gloria Romero as Lola V, Niño's carefree grandmother.

Niño will definitely appeal to the family as it introduces the "Naynay Commandments", a set of values and good manners that will teach everyone the importance of being responsible and honest individuals and how these commandments can be applied in everyday life. These Naynay Commandments will also inspire parents to raise their children to be hopeful and loving like Niño at all times.

Under the helm of award-winning director Maryo J. delos Reyes, Niño will be a certified hit among Kapuso viewers and their families. Catch it soon on

"BE CAREFUL WITH MY HEART" PHENOMENON HITS MALAYSIA AND VIETNAM

The Philippines' number one daytime drama series "Be Careful with My Heart" is now a certified southeast Asian phenomenon in two countries as it continues to captivate viewers from Malaysia and Vietnam with its light, feel

The well-loved family series currently enjoys an average of 1.6 million viewers in Malaysia everyday via Media Prima, which is considerably high for a foreign content airing on Malaysian free TV.

Just like Filipinos, Malaysians would share their thoughts to their social media accounts to express

how much they adore the romance between nanny Maya (Jodi Sta.Maria) and her boss Sir Chief (Richard Yap). It created such a buzz online that "Be Careful with My Heart" landed in the top ten Twitter trending topics in Malaysia.

Malaysian viewers embrace the series because of its light but engaging plot. They find it unique and just full of good vibes since the story doesn't have an antagonist unlike the usual soap operas on TV. They are also delighted with the sweetness and politeness of the characters.

From Malaysia, the "Be Careful with My Heart" fever crosses over to Vietnam where it is also a widely-followed Filipino series airing every 7:00pm

According to Lam Chi Thien, the executive chairman and CEO of International Media JS Company, Vietnamese are endeared towards the show because they can relate to its characters and what they represent in society.

"Maya and Sir Chief are very down to earth and they represent the working class in the society," he said in an interview with the Philippines primetime

> BE CAREFUL continued on page 22

Alexa llacad to Reprise the Role of Maricel Soriano in 'Inday Bote' for TV series!

One of the fastest rising teen stars in showbiz Alexa llaccad is set to reprise the role of the Diamond Star Maricel Soriano

in the ABS-CBN adaptation of the film "Inday Bote" for TV series with Nash Aauas.

The 14-year-old star admitted that she felt pressured about her new project but she said that she is more excited.

"Opo siyempre, napepressure na kinakabahan, kung kaya ko bang gawin yung ginagawa niya [Maricel] doon, dahil sobrang

galing niya. Pero mas excited po ako, kaysa sa kinakabahan," she said.

Asked if what she feels when she heard that she will play the role of the lead star and since it will be her first lead starring role, Alexa llacad said that she was happy and at the same time she also felt nervous.

She said that she is glad because the management and ABS-CBN noticed them and for trusting them for very big project. "And 'ayun... masaya ako dahil napansin kami ng management and ng ABS-CBN. And they trust us enough na bigyan kami ng malaking project na ganoon," she said.

According to her, she and Nash Aguas are looking up to the love teams of John Lloyd Cruz and Bea Alonzo and Kathryn Bernardo and Daniel Padilla or dubbed as "KathNiel".

Alexa llacad launched her first acting career in ABS-CBN as child star joining the casts of the comedy show "Goin Bulilit". She bcame more famous when she appeared in the youth-oriented show "Luv U" and was paired to Nash Aguas.

Matt Padilla Proud of Brother Daniel Padilla and Wants to Make His Own Mark in Showbiz!

Actor Matt Padilla is proud of his younger brother, one of the hottest and famous young actors today Daniel Padilla and he wanted also to make a mark on the showbiz industry.

Matt Padilla said that he tried his best to make a mark in the showbiz so other people so he would not hear negative reactions from the people.

"Siguro ginagawa ko ang best ko para siyempre sumabay sa kasikatan ni Utol [Daniel] para wala tayong marinig na negative na reaction mula sa ibang tao," he admitted.

He also said that he wanted to be impress his supporters as Matt Padilla not just because he is the brother of Teen King but he is very grateful and blessed to be Daniel Padilla's brother.

He revealed that Daniel Padilla and her step mother Karla Estrada brought him a car to support his work. "Very blessed na mayroon akong brother na Daniel Padilla," he said.

Matt Padilla thanked also the fans Daniel Padilla and Kathryn Bernardo dubbed as "KathNiel" because they are

supporting him. Meanwhile, Matt Padilla talks also his upcoming TV series in

TV 5 "Jasmine" with Jasmine Curtis. it is a different show where in it will combine the fiction and reality in one show. Aside from "Jasmine", he is also lined to work in a sitcom in TV 5.

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Filipino Centre Toronto President's Gala





LEFT, The ladies of the Rigodon de Honor pose for a photo prior to performing. RIGHT, Officers of The Filipino Centre Toronto (FCT) pose after performing the Rigodon at the President's Gala at the Fairmont

GMA TV brightens weekdays with Basta Every Day Happy

Starting Monday (May 12), throw away all the negatives vibes as GMA Life TV, the Philippines' first international



channel

makes happiness contagious with its newest talk/variety program Basta Every Day Happy.

The show brings Donita Rose, Gladys Reyes, Alessandra De Rossi, and Chef Boy Logro together for the first time on television, creating a vibrant atmosphere through a mixture of their witty personalities. They will share their happy experiences in various fun segments, projects, and challenges that will certainly draw smiles and laughter from the viewers.

In its desire to make more Filipinos joyful and inspired every day, this show will encourage everyone to take an active step in making one's self happy through the simple pleasures in life, such as stumbling upon a hilarious social media post, an amazing food discovery, completing one's wish list, or a deed of paying it forward, which consequently affects someone else's happiness.

Knowing that Filipinos possess the unique characteristic of being naturally cheerful

despite adversities, Basta Every Day Happy will feature guest celebrities and even ordinary people who will share fun-filled conversations with the hosts.

Kapuso viewers locally and abroad will certainly have something to look forward to every day as each episode contains a collection of happy moments of everything under the sun, such as parenting, family, relationships, home care, beauty, fashion, technology, travel, among others.

Directed by Louie Ignacio, Basta Every Day Happy is set to change the Filipino viewers' weekday viewing habits.

Catch your daily dose of happiness in Basta Every Day Happy only on GMA

Did Alwyn Uytingco Marry his girlfriend Jennica Garcia?

Kapatid star Alwyn Uytingco denied rumors which earlier surfaced online that he is already married to actress and girlfriend Jennica Garcia.

"Wag nating unahan ang mga bagay-bagay," the 26-year-old actor told The Philippine Star.

"Ako masaya ako sa amin ni Jennica and we'll get there," he added.

The top-rated TV5 actor noted that he serious with his relationship with the daughter of veteran actress Jean Garcia. Although they are rumored for settling down, he admitted that they have talks about tying the knot.

The former member of ABS-CBN talent Star Magic stressed that the public will be the first to know when they have had their concrete plans of marriage. The 24-year-old Kapuso actress and Alwyn Uytingco have been together for four years already.





Kathryn Bernardo learning Independence

+ Sarah Geronimo is asking for Respect + other stories



Kathryn Bernardo admits she and mom 'not clingy'

When it comes to her mom Min Bernardo, Kapamilya teen actress Kathryn Bernardo has many things to be thankful for.

She proudly shared that her mother has always been very supportive of her personal life and showbiz career. Her mother, who always goes with Kathryn to her showbiz commitments, is her main confidante.

"Yung relationship namin, open kami sa isa't isa," Kathryn told the press during the press launch of her endorsement Ruffles Bags.

Kathryn likes how her mother is "always

While Min supports the things her daughter likes, she still makes sure that Kathryn stays grounded and disciplined.

"Nung nag-Paris nga kami... naglalakad kami, lakad rin siya. Bike kami, bike rin siya. Nagta-try din siya na suportahan yung mga gusto ko. Pero of course, andoon pa din yung pagiging motherly," she said.

The teen star said that her mother still treats her the same way even if she already turned 18.

However, she said, "Binibigay niya sa akin yung pagde-decide ng mga bagay. Like sa mga schedule, sa bahay, kung ano yung gusto ko sa room ko. Binibigay niya sa akin iyoj to decide. Pero sa pera, siya pa din (yung nagha-handle)."

In a taped TV interview, Min has said that she allows Kathryn to be independent.

"Hinahayaan ko na siya maging independent, magkaroon na siya ng sariling pagiisip para sa

ikabubuti ng kanyang career, kanyang buhay,"

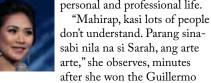
While Kathryn isn't very expressive of her feelings, she showers her mother with love through her actions and by being a good daugh-

"Hindi kasi ako clingy kay mommy. Hindi din kami yung madalas mag 'I love you.' Pero pinapakita mo na lang, without saying it," she

Sarah Geronimo asks for respect

Even Sarah Geronimo can feel the pressure of being a celebrity, especially when it comes to

> drawing the line between her personal and professional life.



Mendoza Memorial Scholarship Foundation's 45th Box Office Entertainment Awards

That's why she's asking for respect.

"Sana, may respect sa bawat isa. Kasi kahit hindi artista, everyone deserves respect sa bawat decision sa buhay." But don't get her wrong. Sarah feels blessed to be one of the few who can rake in awards - even Female Star of the Night (from the Guillermo Mendoza Foundation).

What reward will she give herself for winning four trophies in just one night (Sarah was also

proclaimed Female Concert Performer of the

An exhausted but smiling Sarah replied,

It's a reward Sarah richly deserves.

Why Meg Imperial almost quit showbiz

Sexy actress Meg Imperial recalled her humble beginnings in the world of show business and how she often accepted roles with little to no lines just to make ends meet.

The 21-year-old admitted that she used to earn as little as P300 for her roles as an extra in various television shows.

"Siyempre, nag-start ako as passerby lang, tapos nagsikap ako hangga't nagkaroon ng roles, lines. 'Yung mga 300 [pesos] na dati mong kinikita dati, tumataas ng 1,500 [pesos]," she said.

The actress also admitted that there were several times when the she almost gave up on show business because her career was not playing out the way she wanted it to.

Imperial, who moved to ABS-CBN last year, was then given her first huge break in the television industry with a lead role for the afternoon drama, "Moon of Desire."

Asked about why she accepted such a daring role, Imperial said: "Nung naguumpisa ako, talagang conservative ako. Dahil lang sa gusto ko lang talaga 'yung trabaho, at gusto ko rin naman mag-evolve para maiba yung ginagawa, kaya tiniry ko siya."

She said, with her newfound success, they can now afford her family a new house, pay for her brother's education, and support her plans to buy her own car.

"Philippines is our second home" - Los Viajeros

On Sarap Diva, Regine Velasquez had three handsome visitors that served as a pasalubong from Inday. She jested that she went to the mountains where she met the three handsome men Diego Biancatti, Pedro Fernandez, Eduardo Lara, collectively known as Los Viajeros.

Regine cooked pork stew with beans and sausage, which is one of the more common

dishes in Brazil, Los Viajeros' home, before they landed in the Philippine's longest-running



noontime show, Eat Bulaga.

According to Pedro, "For me the Philippines is the place in Asia that is close to Brazil. The weather, the culture, everything is so close to our country. It feels like it is our second home".

Meanwhile, Diego shared how they got the job in Eat Bulaga.

"We came here first for modeling. We were traveling in Asia for a while then our scouts sent us [to the Philippines] to model," he said.

While cooking, the three told Regine about their life before Eat Bulaga. They mentioned that before coming to the Philippines, they had different jobs in Brazil.

Eduardo shared, "I worked in law for two years in Brazil and after that I decided to travel".

While Pedro added, "back in Brazil I was a personal trainer (in a gym), and I'm a fighter, skateboarder, and a video maker."

"Before, I used to play volleyball professionally. I used to travel a lot in Brazil playing for my city," Diego volunteered.

Since the handsome trio will be staying in our country, they shared what they will do to improve their craft as artists. Diego added that once they can speak Tagalog fluently, it will be easier for them to pursue acting.

Eduardo discussed that he'd love to show the beauty of the Philippines.

"We'd like to show the places here in the Philippines, it's really a beautiful country. We can show Boracay, Palawan, places like that".

Regine asked the Los Viajeros if they have a special girl in their life and they all answered, 'wala". According to Diego, they are looking for someone who can be with them all the time and support them on their career.

Learn Why Toni Gonzaga Really Misses her Sister Alex

Actress-host Toni Gonzaga opened up how she misses her sister Alex whose still inside the

Family fun, games and star-studded performances at TFC's One Kapamilya Go 2014 in Toronto

"It's one big TFC 20th anniversary party" with Gary V, Vice, Angel, Maja, Xian, Enrique, Tart & Vivieka

REDWOOD CITY, CA, May 30, 2014 – In keeping with the promise of a year-long U.S. on June 21." 20th anniversary celebration and continuing a summer event family tradition for overseas Filipinos, ABS-CBN's The Filipino Channel (TFC) is holding its biggest One Kapamilya Go in Toronto on Saturday, June 21.

The whole day family fun starts at 11:00am (EST) at the Heritage Court of Direct Energy Center, Toronto. This will be followed by a TFC Anniversary Concert at the Ricoh Coliseum (doors open at 5:00pm EST, venue entrance from Heritage Court) with superstar comedian-host Vice Ganda, hottest teleserye ands film stars, Angel Locsin and Maja Salvador, sizzling matinee idols Xian Lim and Enrique Gil, hilarious comedic duo Tart Carlos and Vivieka Ravanes, and TFC 20 Ambassador of Goodwill, Mr. Pure Energy himself, Gary Valenciano.

One Kapamilya Go in Canada started in 2010 with the Sessionistas in Toronto and Calgary. It was held anew in the same cities before bigger crowds in 2011 with John Lloyd Cruz, Jericho Rosales, Jed Madela, Angeline Quinto, Vina Morales, K Brosas and Billy Crawford. In 2012, TFC in Canada started its Summer Caravan of Events in various provinces and cities. In 2013, One Kapamilya Go brought the Toronto leg of the TFC romantic comedy, Be Careful With My Heart World Tour, with its top stars.

"This one is going to be one big TFC 20th anniversary party," said Ricky Resurreccion, ABS-CBN North America Head of Ad Sales, Events & Trade Marketing. "With fun activities like the Kapamilya Star Bingo, games, Filipino food booths and more, plus a concert extravaganza with your favorite TFC stars, One Kapamilya Go in Toronto promises to transform the venue into the happiest place for Pinoys in Canada and Northeast

"Reaching our 20th year is special for TFC and we intend to make all attendees of our anniversary events feel special as well," said Olivia De Jesus, ABS-CBN North America Managing Director. "TFC's anniversary really celebrates the overseas Filipino wherever he or she may be. Our milestone is their milestone. Hence, we will make sure they experience true Kapamilya spirit by enjoying and having a good time at our events where our vibrant Filipino culture and world-class talent are showcased."

Tickets with guaranteed seats are selling fast at \$65, \$50 and \$35. These can be purchased at Ticketmaster.ca (charges apply) or at select partner outlets. For more information, visit TFCCanadaOfficial on Facebook.

About ABS-CBN Canada

Based in Toronto, Ontario, ABS-CBN Canada ULC is a wholly-owned subsidiary of ABS-CBN International and distributes Filipino television programming services across Canada. Its flagship product is The Filipino Channel (TFC), the premier and most widely viewed Filipino premium channel in the world. TFC has been an authorized non-Canadian service since 1997, and has been distributed by Canadian cable and direct-to-home broadcasting distribution undertakings (BDUs) since 2009. TFC's programming includes news, drama, movies, comedy, variety, magazine talk shows, travel and lifestyle programs. In addition to being distributed by BDUs, TFC is also distributed via internet protocol television (IPTV) since 2007 and on the web (TFC.tv). TFC's IPTV service features Movies on Demand and Pay-Per-View, a Karaoke Channel, and two of the Philippines top radio channels, DZMM Teleradyo and DWRR 101.9. ABS-CBN Canada ULC also holds theatrical screenings for top Filipino movies and entertainment events. For more information, please visit www.abs-cbnglobal.

JUNE 2014 . M. Confidential

Pinoy Big Brother: All In house more than one month since she entered the famous yellow.

"E, kasi, kapag nandoon yun, kumakanta yun o may naglalakad ng naka-bra at panty o kung ano ang ginagawa," the 30-year-old actress-television presenter referring to her sister Alex.

Despite of having a hectic schedule due to



her various projects including her stint as the main host of Pinoy Big Brother, she still managed to put things properly.

According to our showbiz insiders, Alex Gonzaga will be staying inside the

PBB house for few months. However, the organizers of the country's highly anticipated and most talked about reality show has yet to announce how long she will be staying inside PBB as celebrity house guest.

Dubbed as "Sassy Sister ng Rizal," the 26-year-old former Kapatid star-turned-Kapamilya actress-host was the last housemate to enter the famous yellow house which introduced its 18 housemates now down to 15 last April 27, 2014.

Meanwhile, Alex Gonzaga is proud to her sister Alex for being open and true to herself despite having shortcomings and loopholes inside the house.

Kylie Padilla confirms split with Aljur Abrenica

Months after rumors started circulating that they've already broken up, Kylie Padilla confirmed that she and Kapuso actor Aljur Abrenica are no longer a couple.

Just to make it clear, hiwalay na nga po kami ni Aljur and it's been a while," she told GMA News.

According to speculations, the breakup might have been caused by Aljur's Kambal Sirena leading lady Louise delos Reyes. Louise was also in a relationship with Enzo Pineda early this year until the latter confirmed late March that they have already broken up.

Louise is very vocal about how comfortable she is with Aljur. In an interview with StarTalk last March, she disclosed how much

of a gentleman Aljur is and how giddy she gets during their sweet scenes in the soap (Read full story here).

Kylie, however, did not confirm nor deny the rumor and did not share the cause of the breakup. She, instead, said that she is still in touch with Aljur but doesn't see them getting back together.

"We still talk naman eh but...mahirap nang ibalik 'yung dati after what happened," she added.

Kylie just came back from over a monthlong vacation in Australia where she was able to spend time with her mom, Liezl Sicangco.

"Ang unang-una mong hinahanap kapag heartbroken ka, nanay mo and ang nanay ko ang unang nandun at ang unang yumakap sa 'kin," she shared.

Luis Alandy, balak ligawan si Jennylyn Mercado?

Hindi kaila sa marami na crush ni Kapuso actor Luis Alandy ang Kapuso hot momma na si Jennylyn Mercado.

"When they asked me about kung sino ang crush ko sa showbiz, siya nga (Jennylyn)" pag-amin ng aktor.

Sa kanyang pag-amin, tinanong namin kung gusto ba niyang makasama ang

kanyang crush sa isang production number sa Sunday All Stars dahil pareho naman silang kumakanta.

"Nakakatuwa makasam si Jen sa isang prod[uction]. It would be nice. Something I would wish for," nakangiti niyang sinabi.

Dahil sa kanyang nakakakilig na sagot, itinanong na namin ng diretso kay Luis kung may balak nga ba siyang ligawan si Jennylyn?

"Ngayon, 'di ko pa masasagot. If given a chance, why not. Pero as of now, I'm thinking about work. Anything personal is after work," sabi ng Innamorata actor.

Dagdag pa niya, "Enjoy lang naman, 'di mo pinaplano ang mga bagay na iyan."

Panoorin ang Kapuso actor na si Luis Alandy sa Innamorata pagkatapos ng Villa Quintana. Para sa updates, bisitahin lagi ang www.gmanetwork.com.



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Lovi Poe stars in GMA's powerhouse ensemble with **ANG DALAWANG MRS. REAL** + other stories



This June, GMA Network presents Ang Dalawang Mrs. Real, an intriguing story of a man who marries two women, loving them equally at the same time. More than just another drama on infidelity, the series aims to show the viewers the real consequences and changes in the life of the betrayer and the betrayed - that there are no victors.

The series premiered June 2 on GMA Network's flagship international channel, GMA Pinoy TV, replacing "Rhodora X."

The project brings together a powerhouse ensemble of three multi-awarded artists – Kapuso Primetime King Dingdong Dantes as Anthony Real, Kapuso Premier Drama Actress Lovi Poe as Shiela Salazar-Real, and the Diamond Star Ms. Maricel Soriano as Millet Gonzales-Real. Lovi Poe describes her character in the new Kapuso primetime series, "Ang Dalawang Mrs. Real," as her exact opposite in real life. The series, which also

stars Dingdong Dantes and Maricel Soriano.

"As Mrs. Sheila Real, I am aggressive although I come from a conservative family. Normally, ang ugali ng mga batang galing sa conservative families reflects their parents' traits but in my case as Sheila, iba ang personalidad ko. Aggressive and strong but may pagka-naive, very impulsive, madaling mahubog ang loob, hindi maingat, hindi pinag-iisipan ang mga desisyon. But very passionate'pag na-in love. She makes the first move when in love."

Lovi adds: "Ang personalidad ni Sheila malayo sa tunay kong pagkatao. I can't make the first move. And, kahit mahal ko na ang tao, it takes a long time for me to even say 'I love you.' But as Sheila, 'pag may nagustuhan ako, I pursue it with a passion, and in this case, it's Dingdong."

This is the second time Lovi is paired with Dingdong (after the horror flick "Tiktik: The Aswang Chronicles").

Her character's challenge, Lovi says, is overcoming her insecurity, particularly towards the first wife of her husband Anthony Real. "Kasi nga, siya ang nauna, at strong and stable siya. How do you fight her? I didn't know that he was already married when we met. Nag-meet kami when I suffered epilepsy."

At the time of our interview with Lovi, she and Maricel have not done any scenes together. Looking ahead, Lovi said, "Mahirap siguro makipagsabayan sa kanya, nerbiyos ako makasama siya. But for sure iba ang atake ko sa role ko at ganun din sa kanya."

Don't miss Ang Dalawang Mrs. Real only on GMA Pinoy TV.

Motherhood changes Katrina Halili

"Mas nag-mature, mas nagkaroon ng discipline sa sarili ko, mas nagkaroon talaga ako ng direction. Hindi na ako 'yung dati na uunahin ko 'yung sarili

ko. Ngayon mas focus na din ako sa trabaho ko," Katrina told reporters at the press conference of GMA's newest teleserye "Niño."

Katrina revealed that she wants to correct her mistakes

and change for the better for her daughter's sake.

She doesn't want to live in with Kris because they are

"Áfter ko manganak, doon ko na-realize 'yung mga mali ulangan itama na." she said.

ko kaya kailangan itama na," she said.

The Kapuso actress wants to set a good example to her daughter.

"Ayaw ko na 'yung anak ko kapag nagka-boyfriend, live-in sila or magka-baby sila. Gusto ko maging magandang impluwensya sa kanya," Katrina explained.

She credits Kris for being a responsible father to their one-year-old daughter.

"Kapag wala ako, siya 'yung andiyan. Matiyaga siya sa bata. Actually, mas matiyaga siya sa akin. Ang priority namin ay si Katrence."

Although she is now a mother, Katrina won't be too choosy with roles, but she prefers those she can let her daughter watch.

Katrina is happy to play a protagonist in the inspirational teleserye "Niño," topbilled by former Starstruck Kids finalist Miguel Tanfelix.

Having played many kontrabida roles, Katrina feels happy and excited to show her versatility by portraying a good mother this time.

"Natuwa naman ako kasi para may maipakita ako na bago. Masaya kasi na nabigyan ulit ako ng opportunity na makapagtrabaho ulit and show 'yung ibang side naman, mabait na at hindi na villain."

"Niño" airs every weeknight on GMA Telebabad.

Kapamilya actor Paulo Avelino deny KC Concepcion is pregnant.

Kapamilya actor Paulo Avelino has come to special friend KC Concepcion's defense amid rumors that the US-based actress is pregnant.

"I think it is not true. Hindi naman. It's not. Kumbaga nagpopost naman sya ng kung anu-ano (sa social media). She's also seeing a lot of Filipinos (too),"

Paulo admitted he and KC are special friends and that they tried to take their relationship to the next level. But the physical distance between them kept them from getting even closer.

"We are still friends. Minsan it looks easy kung malayo, pero it is really different. Iyon lang talaga, it's the distance."

Netizens surmised that KC and Paulo's relationship was nipped in the bud after the actress posted an Instagram photo of what seems to be a silhouette of the two of them together, with the words, "Our roads are gonna cross again. It doesn't really matter when."

"There's communication and we are still friends pa naman. Wala namang pain, happy heart," Paulo, who's not closing his doors on a full-blown relationship with KC, said.

Zsa Zsa Padilla still loves Dolphy

Zsa Zsa Padilla may have found a new love in renowned architect Conrad Onglao, but the late Comedy King Dolphy, her partner for many years, will always be in her heart.

"To my past love, you shall be forever in my heart. I love you endlessly. Not a day goes by that I don't remember you. I pray that you are in a happy place with Jesus," Zsa Zsa posted on Instagram.

The singer-actress also expressed her love for Conrad, whom she said "brought back the smile" in her life after Sharon Cuneta introduced them to each other.

The media first spotted Zsa Zsa and Conrad together in Gary Valenciano's concert last April.

Zsa Zsa thanked Conrad for making her love again. She also posted a photo of him, her daughters Karylle and Zia, celebrating her (ZsaZsa's) birthday.

"To my present love, I pray that this too, shall last a lifetime. Thank you for teaching me to love again! And for filling my heart with joy and putting the smile back on my face. You inspire me to do greater things! And to the one reading this, THANK YOU for being a part of my life. You are all truly a blessing," she posted.

The Knights of Rizal Scarborough Chapter to host the 153rd birthday of Dr. Jose P. Rizal

By Romeo Ayson Zetazate

The Scarborough Chapter of The Order of the Knights of Rizal headed by Chapter Commander Manny Yanga, KCR, will host the celebration of the 153rd birth anniversary of Dr. Jose P. Rizal, the Philippine National Hero in the province of Toronto.

The event is being supported by the OKOR Canada Region headed by Regional Commander, Sir George Poblete, KGCR, and his deputy, Sir Jaime Marasigan, KGOR together with the 8 other chapters throughout Canada.

Philippine Consul General Junever Mahilum West and Filipino-Canadian Senator Tobias C. Enverga are invited to grace the occasion.

The highlight of the affair will be the wreath laying before the bust of Dr. Rizal located at the Earl Bales Park in North York at about 4:00 p.m. on June 19, 2014.

Yanga is inviting the members of the Filipino community to attend and witness the 2014 celebration of the 153rd birth anniversary of Dr. Jose P. Rizal.

For more information, please communicate with Sir Manny Yanga at >>> mannyyanga2gmail.com <<< or call him at 416 - 858 - 0616. (St. Jamestown News Service)

BE CAREFUL continued from page 18

newscast "TV Patrol."

"Be Careful with My Heart" is only among the many Filipino dramas made available to international viewers by ABS-CBN International Distribution.

ABS-CBN International Distribution has been recognized in the global arena as a reliable foreign content provider. It has been a premier source of high quality Filipino programming in over 50 territories all over the world and has sold over 30,000 hours of content worldwide. Living up to this recognition, ABS-CBN International Distribution commits to add to its line-up of high-caliber programs and movies with cast and storylines that appeal to various cultures.

Scenes in the City







ABOVE, April Ramirez Santos celebrated her 18th birthday with her sister Kathleen, brother Noel, and parents Joel and Fely; together with her classmates and friends; and relatives from Hawaii, Detroit, Chicago, Montreal, and Vancouver. The event was held at Riviera Parque on April 5, 2014. PHOTO BY ARIEL RAMOS

PIDC PAGEANT CONTESTANTS Little Miss: Back left to right: Martina Louse Errazo, Princess Rogelyn Lapena, Maria Lavelle Isla, Citadel Joyce Haboc Front left to right: Hazel Kaye Knight, Samantha Gavin, Rogie Jovenal, Kay Leigh-Angela Cerezo

Left to right Myla Dimagiba, Khrystyne Alfonso, Alyana Agoncillo, Nikki de Ocampo, Bettina Carlos, Allyssa Guanzon, Chloe Dumasal, Raina-Razzel Resplandor

Filipino Centre Toronto

Victoria Cup 2014







Filipino Centre Toronto

The Victoria Cup Basketball tournament was held last May 17-18 at Centennial College.

The Cup, named after Filipino community philantrophist Dr. Victoria Santiago and also because it is held during Victoria weekend was a success. The 2 days of tournament was attended by RAPTORS, politicians, community leaders, parents, relatives and Filipino Centre Toronto volunteers.

ALL PHOTOS ARE TAKEN BY ARIEL RAMOS MORE PHOTOS AT Filipinogoodlife.com













Tom Rodriguez on Carla Abellana:

"You can't control what you feel"

Dahil single na muli ang Kapuso actress na si Carla Abellana, hindi maiwasan ng mga fans nila ni Tom Rodriguez na i-push sa totoong buhay ang kanilang tambalan. Ano kaya ang masasabi ni Tom rito?

Ayon kay Tom, friends lang sila umano ng kanyang leading lady na si Carla. "We're friends, but part of being friends is getting to know each other. With any kind of friendship nag-start naman doon".

Dagdag niya, "ayoko pangunahan ang sarili ko sa ganoon. Right now, I'm enjoying what's there. Kung friends kami, we're friends, just enjoying that. We're both going through things. Siguro we're just enjoying that".

Kuwento ni Tom, open siya sa possibility na maging sila ni Carla.

Ngunit hindi niya ito pipilitin. Ibinahagi rin ni Tom na wala naman siyang rule na hindi siya dapat ma-in love sa kanyang leading lady. "Wala naman akong rule na ganoon. As much as possible, no.

Pero just like I said, you can't control what you feel. So di pa rin natin masasabi kung ano ang mangyayari.

Hintayin na lang natin. Tignan natin," saad ng aktor.

Saad ni Tom, mas lumalalim na raw ang friendship nila ni Carla. Aniya, "ramdam ko 'yung pag-evolve rin ng friendship namin mula My Husband's Lover. 'Yung working relationship namin at least we're stronger rin. Lahat kami, 'yung buong cast noong nag-tour kami sa US, na ganoon rin. Noong kami naman ni Carla noong nag-start kami sa 'So It's You'. Bale another layer to the friendship. So I'm enjoying it, I had a lot of fun".

Alam umano ni Tom na maraming umaasa na magkatuluyan sila ni Carla. Nirerespeto niya umano ito dahil may kanya kanyang interpretasyon ang bawat tao. Inulit ni Tom na may posibilidad naman na mangyari ito.

Maraming nagtatanong kung paano sinuportahan ni Tom si Carla noong magkahiwalay sila ng kanyang exboyfriend na si Geoff Eigenmann.
Kuwento ni Tom, "di naman kami nakikialam to each other's personal lives. Basta 'yung sinabi ko na lang na maging role ko, is to make it as pleasant as possible for her. If she's going through something in life, ayoko ng makadagdag o makisawsaw pa doon. I just make her experience sa set really, really pleasant".

Entertainment

Bianca Umali's star rises in Nino

Ulilang lubos ang tween star na si Bianca Umali.

Noong 2005, pumanaw ang kanyang ina dahil sa cancer at ang kanyang ama naman ay sumakabilang-buhay noong 2010 dahil sa heart attack.

Ang kanyang lola ang gumagabay ngayon kay Bianca. "Lola po sa dad's side," banggit ng 14-year-old na si

Bianca. Paano siya lumaki sa

pag-aaruga ng lola? "Well, iba po yung lumalaki ka sa... iba po yung turing nung lola sa parents, e.

"Medyo po mas naka-spoil kapag sa lola ka lumaki.

"Pero yung lola ko po kasi kinucontrol naman po niya yung... kumbaga, hindi lahat ng gusto ko ibinibigay niya sa akin.

"Tinuturuan din niya ako, like kung paano mag-handle ng money as early as now, ganun. "Para paglaki ko, kaya ko na," sabi ni Rianca

Sina Bianca at Miguel ang magbibida sa upcoming teleserye ng GMA na "Niño".

Nag-iisang anak si Bianca ng kanyang ama at ina, pero may mga kapatid daw siya.

Saad niya, "Pero meron po akong siblings on both sides.

"May half-brothers and half-sisters po ako on both sides, sa first husband and wife po nila.

> "Ang mom ko po may first husband, ang dad ko po may first wife."

Pero kahit sila ni Miguel ang loveteam sa show, hindi pa raw handa si Bianca sa kissing scenes. Kahit raw sa pagpapaligaw ay hindi pa siya puwede.

"Focus po ako sa studies and work," giit niya.

lives and 'yun

naman po 'yun

as long as wala

aapakan na tao,

walang dapat

itago," Sarah

said.

tayong in-

Sa mas established na tween actresses, sino ang gusto niyang sundan ang yapak?

Sagot ni Bianca, "Siguro, for me po, kahit saan naman po, it depends naman po kung saan ako dadalhin ng career ko or kung ano yung plano sa akin ng GMA also.

"Siguro hindi naman po ako pipili. Kung saan lang po ako malagay then I'll give my best na lang and do it."

May mga humihikayat raw kay Bianca na sumali sa beauty pageants.

Ngunit aniya, "Well, I'm not that sure pa

Kapag ganap na siyang dalaga, nais ni Bianca na sundan ang mga yapak ni Marian Rivera

Kuwento niya, "Naka-work ko na siya before sa Darna, isa po ako sa mga batang nasa ampunan.

"Gusto ko po si Ate Marian kasi po napaka-inspirational po nung kung paano po siya mag-work, kung paano po siya, kumbaga, sa acting

"Nakikita ko po siya on the set na very concentrated siya kung paano siya mag-sensitize, kung paano siya mag-concentrate on the scene, ganun.

"So siyempre ngayon, yung GMA naman po, binibigyan kami ng workshops, so siguro now I'm in the process of learning."

True-blue Kapuso si Bianca; simula noong mag-artista siya ay nasa GMA siya.

Ngayong summer ay sa Coron, Palawan siya magbabakasyon kasama ang kanyang mga pinsan



Judy Ann Santos defends Sarah G

With Judy Ann Santos's recent appeal to the public and the press to respect Sarah Geronimo and Matteo Guidecielli's privacy, the Pop Star Princess is nothing but grateful to her ate Juday. "Napaka-blessed ko at napakaswerte to have her as a friend di ba? So malaking malaking pasalamat ko sa kanya at mahal na mahal ko si ate Judy."

Sarah remarked that Judy Ann truly serves as an inspiration to her, especially in this current chapter of her life. "Siyempre ang ate ko talagang napakataas ng respeto ko sa kanya at malaki ang inspirasyon na ibinibigay niya sa akin as an actress, as a celebrity and a public figure, kung paano siya naging ihemplo sa aming mga young adults," she said.

Amid the many comments on the recent photo that surfaced online that showed her with Matteo together with Judy Ann and husband Ryan Agoncillo, Sarah stressed that she is just trying to live a normal life and there should not be an iccur.

"Ayon nga siyempre iba-iba naman ang opinyon ng mga tao on how they would take it di ba? Merong iba na parang hindi ko alam... pero they are just being... We're living our normal



When asked about her ate Judy's advice to her on love, Sarah shared, "[Sabi niya] balansehen ang mga bagay-bagay, importane unang-una ang Diyos, ang pamilya, mga kaibigan at 'yung special someone di ba? Parang kailangan mo balansehen 'yung mga bagay."

Judy Ann came into Sarah's defense recently amid the ongoing rumors between Sarah's blossoming romance with Matteo. "Kung someday ano man ang mangyari sa kanilang dalawa, eh di let them be. They deserve it at huwag masyadong i-pressure kasi kapag may pressure mas lalong walang nagiging magandang bunga. Kung paano 'yung respeto ng mga tao sa amin nila Ryan before, hintayin natin. Matatanda na naman sila. I'm sure time will come sila mismo sasabihin nila ang dapat sabihin," Judy Ann said.

Kathryn Bernardo to finish college

Despite having a successful career

in show business, Kathryn Bernardo said that she still wants to finish her studies. "Siyempre

para 'yun



'yong ano mo, 'yung second option mo. Alam mo naman hindi forever ang showbiz at para mas confident ka sa sarali mo."

Kathryn relayed that though she is currently not attending school because of her busy schedule, she will go back to her studies as soon as possible. "Ngayon hindi po ako nagaral ngayon, nag-stop po ako, pero babalik po ako ASAP

The teen actress relayed that she wants to pursue a degree in marketing. "Marketing kasi doon ako na-expose siguro sa mga tao para malapit sa work ko."



Departing OFW's told to get polio shots

Coming on the heels of the global alert raised by the World Health Organization on polio, the Department of Health (DOH) and the Philippine Overseas Employment Administration (POEA) have asked those going to countries with polio cases to protectively undergo vaccination first.

Dr. Lyndon Lee Suy, DOH Program Manager for Emerging and Re-Emerging Infectious Diseases, said this will help ensure that they are protected against the debilitating disease, which WHO was recently observed to be spreading.

"The Philippines has been polio-free since the 1990s but there still countries that have not eliminated cases. Recently, WHO came up with an advisory because of the observed increase in transmission," Dr. Lee Suy said.

WHO data showed that from three polio-endemic countries – Nigeria, Afghanistan and Pakistan – and 10 more countries were reporting cases, including Equatorial Guinea, Ethopia, Cameroon, Israel, Somalia and Syrian Arab Republic, which epidemiologists say could undermine global efforts to eliminate the disease by 2018. "Based on a WHO advisory, people going to countries with cases of polio should make sure they are vaccinated against the diease, the same way that those coming from these countries should also be vaccinated," he said.

For his part, POEA Administrator Hans Leo Cacdac said he is urging overseas Filipino workers bound for polio-infected nations to heed the DOH advisory.

Cacdac said POEA will come up with a corresponding advisory in accord with the DOH guidelines. DOH officials are set to meet representatives from POEA, Department of Foreign Affairs, Overseas Workers Welfare Administration, Bureau of Immigration and Bureau of Quarantine to assess the situation.

According to Lee Suy, authorities will also discuss the vaccination programs under the DOH's Expanded Program on Immunization (EPI), including polio, pneumonia, rotavirus and measles-mumpsrubella, among others.

"The vaccines under our EPI are admninistered for free, so we are urging mothers to bring their children to health centers for vaccination. Samantalahin nyo na ang libreng bakuna para maprotektahan ang inyong mga anak," he said.

Scenes in the City







FIRST, Mr. Paeng Nebres (President of Bicol Association of Canada) received an award of appreciation from GAWAD KALINGA CANADA for the help he provided during the Yolanda Typhoon Fund Raising campaign. This was held on April 19, 2014 at the Japanese Canadian Cultural Centre. SECOND, Edith Vallena and Dory Avenido jointly celebrated their birthdays with their church-prayer-group on April 12, 2014 in North York. THIRD, Dory Avenido celebrated her 2014 birthday at Peter and Paul Banquet Hall on April 11, 2014 with her ballroom dancing friends. PHOTOS BY ARIEL RAMOS

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PHL-VIETNAM DEFENSE continued from page 6

that despite the ongoing dispute in the South China Sea, China remained as the largest trading partner of the 10-member Asean.

Asean had imported more from China that it exported to its member-states. But while Asean is dependent on China's 1.4 billion population for consumers of its exports, China also relies on Southeast Asia for investment. Foreign direct investment from China to Asean was \$5.74 billion in 2013, compared with the \$8.35 billion Asean economies invested in China.

RIDE THIS BEAUTY HARD continued from page 6

In fact, I'll make them watch me ride vou in the great outdoors. We'll make beautiful music together baby. With that video, the world will



see how you love it when I ride you by the sound you make. Even singer Jenifer Camacho poses with you. By the way, you look great too Jenifer Camacho. Uh...please watch your shoes Jen, you might scratch that hot Ferrari with the immaculate "Ferrari Red" paint. Enzo will roll in his grave, Mama Mia. Or give Danny a heart

Spotlight |



Araneta Coliseum, Quezon City 1960's

Crossword Puzzle



Raymond Mangante (eldest son of Rolly and Nieves Mangante) jointly celebrated his birthday with Glenna Orata on April 21, 2014 at Glenna's place in North York. PHOTO BY ARIEL RAMOS

15 40 57 56 60

ACROSS

- 1 "You dirty ___!"
- 4 One of the Spice Girls
- 8 To ____, with Love
- 11 Mineral
- 12 Regis's cohost Kelly
- 13 Dog in The Thin Man
- 14 Akeelah and the ____
- 15 With 17 Across, star of The Uninvited
- 17 See 15 Across
- 19 Pixar's Finding.
- 20 Language course for some immigrants (abbr.)
- _, Still (movie starring 15 Across)
- 26 Gymnastics star Retton (2 wds.)
- **30** Singer Brickell
- 31 Donald Trump has a big one
- 32 The Whole Nine.
- **35** Actress Mendes
- 36 Slithery fishes
- 38 Lou Grant star (2 wds.)

- 40 Giggly sound
- 43 Musician Brian.
- 44 Hellboy II: The Golden _
- 46 Fred ___ (Christmas movie costarring 15 Across)
- 50 First Lady portrayed by 15 Across in W.
- (2 wds.) 54 Three, in Trieste
- 55 Job at hand
- 56 "... Fifteen miles on the ___ Canal" 57 Emma Thompson
- made-for-TV movie 58 Daniel ___ Kim of Lost
- **59** "Puttin' on the ____
- 60 ___Kosh B'Gosh

DOWN

- 1 Race to Witch Mountain
- star AnnaSophia 2 Length x width
- 3 Not Another ___ Movie
- 4 Jaime of My Name Is Earl

- 5 Lorenzo's _
- 6 Take a turn on Wheel of Fortune
- 7 Maid in an old sitcom
- 8 San Francisco to Hollywood direction (abbr.)
- 9 The Addams Family cousin
- 10 "Hooray for our team!"
- 13 A Price ___ Rubies
- 16 "I love" in Latin __ Largo
- (Bogart-Bacall movie)
- 21 Hawaii's Mauna ____ 23 Barbara of
- I Dream of Jeannie 24 Soap opera One Life
- 25 The 40-___-Old Virgin (movie featuring
- 15 Across) 26 ___ Dave (Eddie Murphy movie
- costarring 15 Across) 27 The African Queen screenwriter James

- 28 ___ Models (movie starring 15 Across)
- 29 Mary _ Where Eagles Dare
- 33 Presidential initials after HST
- 34 Penélope Cruz's
- real last name 37 James Woods TV
- show 39 Spain's Costa del ____
- 41 The Big Band _
- 42 "Love is like a dying_
- (Willie Nelson lyric)
- 45 Cosmonaut Gagarin 47 "A-one and _ (Lawrence Welk's
- intro) 48 Exodus author Leon

- 49 Rogen who costarred with 15 Across in Zack and Miri Make a Porno
- 50 Inc., in Britain 51 Car owners' org.
- (abbr.) 52 "What's the ____?"
- (Black Sabbath song)
- 53 Be a couch potato; opposite of stand

Answers on Page 26

Confidentials

FEATURETTES People & Parties LIFE HEALTH ARTS

'Jasmine' is one of a Kind series

For the first time ever, advertising agency Ace Saatchi & Saatchi, commercial and film company Unitel



Entertainment and broadcasting network TV5 have teamed up for a series that will keep viewers hooked and

wanting more.

"Jasmine" is touted as a first-of-itskind romantic-drama TV series, with a bit of suspense thrown in. The TV series-within-a-TV series revolves around TV5's most promising actress Jasmine Curtis-Smith (playing a fictional version of herself) paired with hunk actor, Alexis Vergara (Vin Abrenica).

Playing lead in the network's (fictional) flagship series "Ur Loved," Jasmine finds adversity in her coactresses, which exposes her to the bitter realities of fame. As if things can't get any worse, she has a stalker named Maskara who causes a series of unfortunate events to befall her.

Ace Saatchi & Saatchi, known for its award-winning advertising campaigns, is in-charge of the program's creative content, while Unitel Entertainment, a respected name in the field of commercial and film production, is the program's line producer.

"Jasmine" is also the first-ever TV series in the country that goes across digital platforms, boasting of a second-screen feature that allows audience to enjoy content both from their television and mobile screens. The feature lets viewers follow "Jasmine" on-air and online, get access to relevant and exclusive content, and engage with fellow fans.

The series is the first in TV5's list of programs that can be enjoyed via multi-screen media consumption.

Too Much Exercise May Be Bad for Your Health



Runners in the Hamburg Marathon in Germany earlier last month

Two studies in the British journal Heart add new evidence to the case that extreme amounts of exercise may be detrimental to health.

One study followed 1,038 patients with heart disease for 10 years and found that those who vigorously exercised daily were more than twice as likely to die of a heart attack or stroke than those who exercised only two to four days a week, while those who exercised rarely or never had the worst

That finding is startling because current medical recommendations call for heart-disease patients (like everyone else) to exercise five to seven days a week. Those recommendations aren't likely to change on the basis of a single study, especially one drawn from potentially unreliable patient reports of how much they exercise.

The second study adds to already substantial evidence that endurance exercise increases the risk of atrial fibrillation, a generally non-life-threatening cardiac arrhythmia that greatly

increases the risk of stroke. This finding parallels that of a previous study that found a 74% increase in the risk of atrial fibrillation in men younger than 50 who exercised vigorously five to seven days a week.

The two studies will intensify debate within sports medicine about the health implications of endurance athletics such as serial marathon running. By all accounts, exercise at low to moderate levels confers dramatic protection from disease of nearly every kind, and many studies suggest that greater amounts deliver greater benefits.

But in some recent population studies, the substantial longevity benefit associated with moderate exercise disappeared at extreme levels, while other studies have shown higher levels of coronary calcium in serial marathoners.

Accompanying the two studies in Heart is an editorial called "Exercise and the heart: unmasking Mr. Hyde." It argues that the medical community must continue promoting exercise to a too-sedentary public, but suggests that maybe the time has come to acknowledge that more isn't always better.



Maricel can't relate to her character

MARICEL Soriano says she can't believe the character of Millet that she plays in "Ang Dalawang Mrs. Real" that starts airing on Monday after "Kambal Sirena." "Sabi ko, may tao bang ganito, kasi sobrang bait niya, unconditional ang love niya, iniwan niya ang career niya para pagsilbihan ang asawang si Dingdong Dantes, martir siya kahit niloloko na siya nito," she says. "Kaya challenge sa'kin to portray the role kasi alam nyo naman ako, in real life, hindi puwede sa'kin ang ganyan. Isa pa, more than ten years ang age gap namin, e hindi pa ko na-in love sa mas bata sa'kin.'

Is it a big change for her to move from ABS to GMA7? "We should always be ready for change. Maganda rin ang change. Pagbibigyan mo kung ano man ang pwedeng mangyari sa life mo. So when my new manager, Shirley Kwan, told me may offer ang GMA, nanlaki ang mata ko. Talaga ba? Oo raw. Hindi ako makapaniwala, pero sabi sa akin, 'maniwala ka na, Mary, 'eto nakasulat pa nga rito o, may GMA na nakalagay, maniwala ka na.' Masaya, di ba?"

Dingdong said he was intimidated when he first saw her.

"Hindi ko naman nahalatang intimidated siya sa akin. Wala kaming tensiyon sa set. Nagtatanong siya sa director. Tapos may mga 'on the side' kami na, 'ah, pwede ko bang gawin 'yan?' mga ganu'n. Laugh kami nang laugh. Although si Lovi, hindi ko pa nakakaeksena. Pero masaya kami lahat

Pandid SPOOF (Pop-ups are not supposed to be taken seriously - EDITOR)



FV Foods Mel Galeon chats Premier Kathleen Wynne at the President's Gala of the Filipino Centre Toronto held at

Fairmont Royal York hotel.

Crossword Answers



KIDNAP GANGS continued from page 9

"Before, they needed about 30 armed men to execute a kidnapping. Now they can kidnap with seven gunmen," he said.

The crew of the second cell would know Semporna waters like the back of their hand, said the AFP intelligence officer.

After entering Philippine waters, the intelligence officer said, the second cell would hand over the hostages to the third cell.

"This is so that they can avoid heat [pressure from security forces]," he explained.

Octavio Dinampo, the CEO of Assist Jolo, a non-government organization (NGO), agreed with the intelligence officer's description of the KFR's modus operandi.

Since he was kidnapped with Filipino news anchor Ces Drilon and others on Jolo island on June 8, 2008, Dinampo, a 57-year-old Suluk, has been investigating the business of kidnapping in Sulu province, nearby Tawi Tawi islands and Sabah.

Dinampo, who teaches political science in Mindanao State University on Jolo island, said the cross-border kidnappings between Sulu and Semporna were masterminded by smugglers.

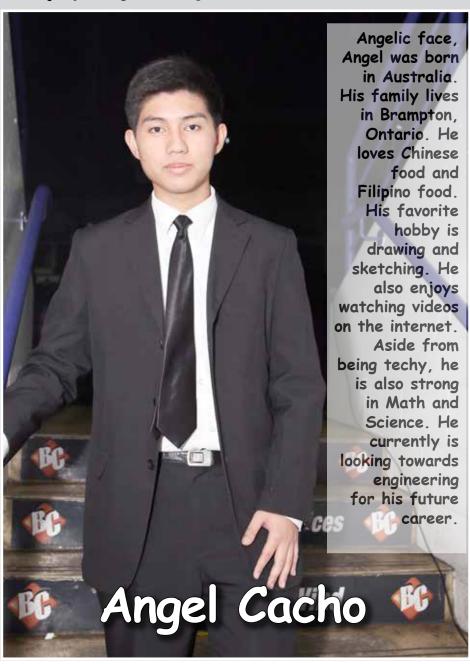
He added that the actual kidnapping was not done by the Abu Sayyaf but smugglers based on small islands in Sulu province such as Pandami, Pata, and Siasi, which are near Jolo island.

"You need to be an expert on islands and the sea to do cross-border kidnapping over the Sulu seas," Dinampo said.

Cross-border kidnapping is an expensive operation, he added.

"The kidnapping crew is presumed dead before he goes for the kidnapping. And the mastermind will set aside money in the event a crew member is killed so that his family can move on. Just say you have seven crew members and you have set aside P100,000 for each of them, that means you need to set aside P700,000," Dinampo said.

Hunk Shot



The mastermind also needs to buy sophisticated weapons and equipment for his cells embedded in Semporna and on Tawi Tawi islands.

"He needs to pay for the house his spotters have to stay in Semporna. The spotters need to be equipped with satellite phones, which they use to communicate in split seconds with the mastermind in coded words," Dnampo said.

What's new for the KFR group, according to Dinampo, is they have placed their men in the Abu Sayyaf, Moro National Liberation Front and other armed groups on Jolo island.

"They need a trusted 'branch manager' in these armed groups as they will usually deposit the hostages with the Abu Sayyaf or other armed groups on Jolo island," he said.

The moment the KFR group abducts hostages from Sabah, Dinampo added, the mastermind would contact his "branch manager."

"For example, the mastermind will tell his 'branch manager' that he had spent about P1.5 million and he wanted to make a P5 million profit, so he would sell a hostage for P6.5 million to the Abu Sayyaf and it would be up to them to jack up the ransom," he said.

The KFR mastermind outsources the holding of the hostage to Abu Sayyaf or armed groups on Jolo island because he does not have the "muscle" to keep them.

"Abu Sayyaf is a larger armed group. They have enough men and firepower to hold on to the hostages when pursued by the security forces," Dinampo said.

"Once the KFR hands over the hostage to the Abu Sayyaf [or other armed groups] in Jolo, they are out of the heat generated by the kidnapping."

When asked if another cross-border kidnapping would happen in Semporna, the AFP intelligence officer picked up a glass and said, "they are already there" and placed it next to a paper he had marked "Sabah."

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Filipino Centre Toronto Victoria Cup 2014





The Victoria Cup Basketball tournament was held last May 17-18 at Centennial College. The Cup, named after Filipino community philantrophist Dr. Victoria Santiago and also because it is held during Victoria weekend was a success. The 2 days of tournament was attended by RAPTORS, politicians, community leaders, parents, relatives and Filipino Centre Toronto volunteers.





























































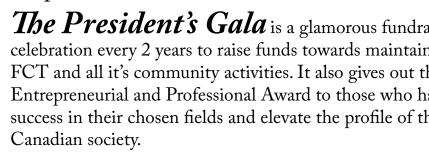








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Camilineos Fiesta Dinner and Dance May 3, 2014

Camilineos Association of Canada held their spring Fiesta Dinner and Dance last May 3 at Holy Rosary Parish hall on St. Clair Ave. W. Their president, Harold Guarin of Roadsport Honda welcomed everyone to the spring dance. it may have been raining that day but that did not stop the attendees from enjoying the night away.

President Harold Guarin is the one in green barong.













































Filipino World

MAKING IT

The Filipino Hollywood Mafia



Yesm there is an adobo and sticky rice-loving group known in Hollywood. Known as the Filipino Hollywood Mafia, they have made Filipino talent shine in Tinsel town.

The Filipino presence is fast becoming the norm.

The ever-growing list now includes Filipino-Mexican Jessica Sanchez who finished 1st runner-up in the American Idol competition, Matthew Libatique, Black Swan cinematographer and Dean Devlin, screenwriter and producer of Independence Day and Godzilla.

"It brings us much joy to see Filipino talent given global recognition; truly Pinoy pride!" says freelance make-up artist Paula "Au" Mauricio who now shuttles between Los Angeles and Manila. "A lot of the globally known designers, producers, actors, singers are friends of ours, and we are privileged to know their humble beginnings. It is just heartwarming to see their works flourish."

Mauricio, together with her husband freelance fashion photographer Maurice, are members of the Filipino Hollywood Mafia (FHM), group composed of Pinoys working in the television, film and the fashion industry—basically those who work the entertainment scene.

"It is a group that promotes awareness of the Filipino talent in the Hollywood scene," says Au. "For FHM specifically, since it has a Facebook Group, it allows members to share their recent works, accomplishments, gigs, movies, job opportunities, among others. It really keeps us connected." Mau adds that it was their friends, Emmy award-winning producer Michael Carandang (whom Illustrado featured in 2011), actor and producer Giselle Tongi-Walters and news reporter and writer Yong Chavez who recommended them to be part of the group. "Having the opportunity to shoot both in Los Angeles and in Manila is awesome!" she says. "Maurice and I have both had a lot of enjoyable work."

Pinoy Bayanihan at Work

In October 2009, Mau was able to hold an exhibit of his work at LA Fashion Week, dubbed as the "Passion Revealed Show". The exhibit was also featured in Balitang America. His work can has also been featured in various advertisement campaigns and magazines. One of Mau's more notable campaigns was one for French cosmetic giant, Sephora.

Au, meanwhile, has done makeup for America's Next Top Model (ANTM) Cycle 18 British Invasion winner Sophie Sumner. She has also headed the hair and make-up creative team of a fashion show featuring Furne One in LA Fashion week. It was no small task considering that she had to manage 30 make-up artists, 10 hairstylists, 60 models and 20 dancers. of talented and creative Filipinos in the industry. I love that I no longer hear 'Where's the Philippines or what are Filipinos?' from foreigners."

Because of such achievements in the industry, FHM loves to give back to the community and share our talents with the whole world. "The more that we individually become successful in our chosen field and we collaborate with other Pinoys, the higher the chances of increasing Pinoy Pride globally!" says Au. "If we have an opportunity and an option to choose the people we work with, why not find Filipino talent? For example, America's Next Top Model All Stars Allison Harvard recently modeled and endorsed BenchTM in the Philippines. Through the recommendation and trust of Michael Carandang, we were fortunate to work and spend a lot of time with her while she was in the Philippines. We also did an advertisement campaign for G Fine Body Art in Los Angeles with Allison as the model. With all of Allison's international followers and fans, we are proud to be getting compliments all over the world because of the work we've done with her."

And what about all those stories that we hear about race?

"I guess we just have to live with racial indifference—I don't want to use discrimination as it feels negative—as we see it on the news not only in the US, but also all over the world," says Mau. "But with a lot of talents emerging from different parts of the world, it just makes you wonder if there is such [a thing as] an inferior race. With FHM, we are reminded that we are Filipinos in American entertainment making a difference in our own fields, with the support of our fellow Filipinos in the industry."

"In my opinion, it's not so much race as the issue," adds Au. "If you were born and raised in California, I think you have the same opportunity as everyone else.

Hollywood, and the movies that have entertained us for generations, has been called America's greatest export to the world. And with the FHM growing in number and in recognition, is Pinoy talent on its way to becoming one of the Philippines' greatest exports to Hollywood?

THE STATE OF THE S

8 Things Pinoys must stop saying

There's a real, urgent need to stop this dam of madness from overflowing.

8. "Parang tumaba ka...?"

If only we could reply "parang pumangit ka" each time someone tells us this. It's one of those things that most people, especially relatives and other older people, are fond of using as a conversation starter.

Don't. Do not insult people by pointing out something they probably already know and might already feel bad about.

7. "Bakit wala pa kayong anak?"

The problem with this statement is that it is incredibly presumptuous, intrusive, and it can be a source of emotional distress.

First of all, it assumes that the couple wants to have kids and that they want to have kids right this moment, which might not be what they want. (The usual follow up of "dapat magka-anak na kayo kaagad" only makes the conversation more aggravating.) Second, they might be one of those couples having trouble conceiving, in which case you may have just managed to make them feel awkward and/or sad.

6. "Wala ka pa bang boyfriend?"

Ah, the relatives' favorite question. An effrontery hiding behind good intentions, more often aimed at the ladies rather than the men.

5. "Smile!"

While studies show that even forcing a smile decreases one's stress and makes one happier, that is no excuse for you to demand that people smile. We have every right to frown if we want to. Although for some of us who have what's called the "bitchy resting face" it's not about feeling bad and showing it, that's just the way our faces look and we can't really change it.

4. "Meron ka siguro, ano?"

Men, take heed. If there's anything that can really piss off a woman, it's this. By making this comment especially during a "lively discussion" (okay, an argument), 1) you're implying that her reason for being upset or for disagreeing is not valid and could only be caused by some hormonal changes, and 2) because it is a personal attack that has nothing to do with the argument, this will only make the lady rage further.

3. "Traffic eh," as an excuse

Whether it's a cab driver using it as an excuse to ask for an additional fifty pesos or a person using it as an excuse for chronic tardiness, this is not a good reason if you live in Metro Manila. Everyone knows that traffic is horrendous and that it's only getting worse by the day, so it's your responsibility to account for longer travel times, however unfair that sounds or actually is.

2. "Ang yaman mo naman," often said in a joking, self-deprecating manner

What in the world is that supposed to mean, anyway? Rich snobs are terrible, but non-rich people have a tendency to slide into inverse snobbery as well. Maybe we're insecure and/or envious but that's no reason to make a person feel bad, out of place, or uncomfortable about his or her better financial status. You're not fooling anyone by delivering this in a jokey manner. It's an awful, mean thing to say, and if you catch yourself doing this, you should stop.

1. "Stuffs" as a noun

I cannot understand how, with many people raging over this non-word, this is still a thing. It's easy to understand: the noun 'stuff' is a collective noun (i.e. it's already plural). There is no need to add an 's' at the end of it.

I can only wish that the people who say 'stuffs' now are just using it to piss other people off.

had to manage 30 make-up artists, 10 hairstylists, 60 models and 20 dancers.

"Showing our bayanihan spirit is very inspiring," she says. "It helps promote awareness that there are a lot

Gawad Kalinga Appreciation PHOTO BY ARIEL RAMOS



GAWAD KALINGA CANADA gave Appreciation Certificates to their donors and sponsors for the help they provided during the Yolanda Typhoon Fund Raising campaign. This was held on April 19, 2014 at the Japanese Canadian Cultural Centre.