Merry Christmas to Everyone!

How to be a Millionaire

With names like Astig and Cold Ice, Shabu tipsters become rich

MANILA - They go by the codenames Astig, Asgit, Cold Ice and Bombay as far as the anti-narcotics community is

They are not dog sniffers but actually the drug tipsters who became instant millionaires courtesy of the Operation Private Eye of the Philippine Drug Enforcement Agency which offers huge prize on anybody who could help the government smash secret shabu laboratories and bigtime drug traffickers in the country.

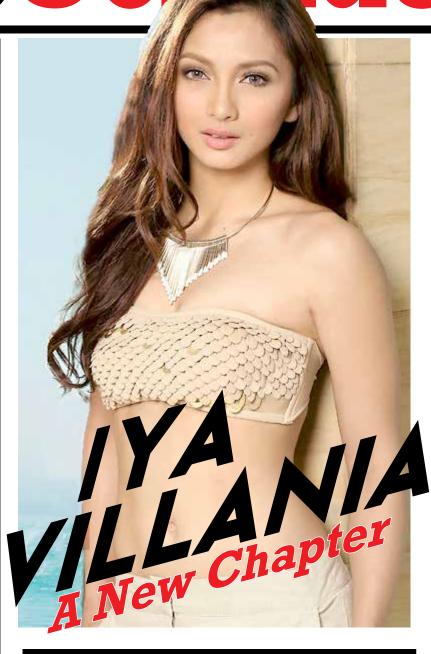
MILLIONAIRE continued on page 24

INSIDE Fatal ATTRACTION

Did Pastor kill wife to marry Filipino mistress?

Extra-marital website Banned

Teleserye
as a
College Course



In Good Company



Conservative MP Candidate Julius Tiangson, Finance Minister Joe Oliver, Senator Tobias "Jun" Enverga, Philippine Press Club Ontario President Rose Tijam, and Rosemer Enverga listen as Senator Enverga awards the certificate of recognition to Rose Tijam.

Pope to hold mass in Tacloban

No ticket needed for mass with Pope



MANILA, Philippines—The Archdiocese of Palo will give away 78,000 tickets for a Mass to be celebrated by Pope Francis at Tacloban International Airport on Jan. 17, 2015.

But people can go to the Mass even without tickets. Rev. Cris Militante, Archdiocese of Palo media coordinator for the papal visit, said that the tickets will serve as passes only for people who will be allowed in the quadrangle where the Mass will be held.

"The tickets will be some sort of identification just for the purpose of crowd control and these are free," Militante said in an interview over Church-run Radyo Veritas.

Militante said tickets would be given to representatives of the parishes and mission stations in the Archdiocese of Palo.

He said each of the parishes and mission stations were expected to send at least 1,000 representatives to the Mass.

"We have more than 78 parishes and mission stations who will fill the area. But it doesn't mean that only those who will be chosen will

POPE TO VISIT TACLOBAN continued on page 25

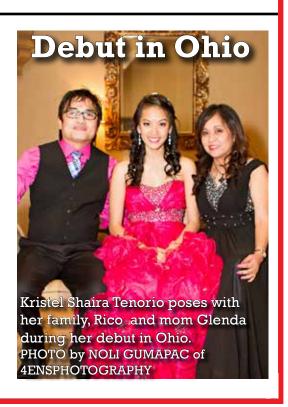


Call Centres leaving Manila for provinces

More workers in the provinces cited

BAGUIO CITY - The Philippine business process outsourcing (BPO) industry was set to challenge China as the world's biggest BPO employer, but the work force could not supply the

CALL CENTRE continued on page 22





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Mark Bautista, Rachelle Ann Go, no time for love?

LONDON - Kapuso stars Mark Bautista and Rachelle Ann Go are both carving out a career in the London theater scene starring in separate musicals. Mark is cast in





Here Lies

Love,

a rock

life of

former

musical

about the

First Lady Imelda Marcos. He plays former president Ferdinand Marcos. "Date? Paano kaya ito gawin?" He admits there are temptations, but he keeps himself disciplined. "Ito, walang distractions dapat. Feeling ko kasi parang make or break." he shares.

Rachelle, on the other hand, is in the West End revival of iconic musical Miss Saigon. She plays the role of Gigi Van Trahn.

Asked if she has a special someone at the moment. "Maraming manliligaw. Eh ano'ng magagawa ko," she says, laughing. She says starring in the play simply makes her too busy.

"Yung trabaho ko naman kasi, eight shows a week," she says, getting serious. "Enjoy lang muna."

She won as the Best Featured Actress in a Musical during the 2014 Broadway World West End Awards for her role as Gigi Van Tranh in the revival of "Miss Saigon".

Critics sowing chaos prior to 2016 elections



MANILA - The Commission on Elections (Comelec) took a swipe at its critics, accusing them of sowing confusion ahead of the 2016 presidential elections.

A former Comelec official, Melchor Magdamo, claimed that the results of the 2013 mid-term elections were electronically doctored to favor administration candidates.

Comelec Chairperson Sixto Brillantes Jr. dismissed Magdamo as a "minor" Comelec lawyer who left the poll body just before the 2010 elections.

"He [Magdamo] was already out of the Comelec by April 2010 and did not have any role in the 2013 [polls]. Yet he was making claims of knowing several things," Brillantes said at a news conference.

He accused the Automated Election System (AES) Watch as being behind the poll fraud claims of Magdamo. "This is all just part of an orchestrated move by the same group, our regular detractors, which is the AES Watch, to discredit and create confusion before the 2016 elections," Brillantes said. Brillantes identified former Comelec Commissioner Augusto Lagman, a leaders of AES Watch, as masterminding the campaign to discredit the poll agency. He said Lagman had opposed the Precinct Count Optical Scan (PCOS) system when he was a poll commissioner and even after his appointment was not renewed by President Benigno Aquino 3rd.

Magdamo claimed that the Comelec was trying to cover up widespread manipulation of results in the 2013 elections. He said the poll body never revealed a report of the Department of Science and Technology (DOST) that digital lines had compromised counting of the votes. Brillantes said Magdamo was misinformed and that it was actually the poll body that asked the DOST to make an assessment on the nature of the digital lines. "There was no attempt to cover up." Brillantes said. He said the evaluation showed that the problems in the digital lines had little effect to the vote counting.

"It would not have any effect in the results of the elections," Brillantes said.

He said the Comelec will double check the PCOS machines that will be used in 2016. "We will look at these digital lines because we will try to solve them for the 2016 elections and make sure it will not take place again," he said.

The 80,000 PCOS machines will be randomly tested to determine what caused the digital lines to appear.

Google

Pinoys get Christmas gift ideas from the Web

MANILA - Seventy-two percent of Filipinos get their Christmas gift ideas from the Internet, a Google survey showed.

Google suggested that business owners start raising awareness for their products as early as October, and to capitalize on customers' lastminute spending in December.

Called "How Filipinos Shop During The Christmas Season," the survey gathered information from 160 respondents about their spending habits in relation to the holiday season. "The holiday season is also the busiest time for shopping, hence a deeper consumer knowledge should give businesses the advantage of providing what their customers truly need and prioritize," said Ryan Morales, Google Philippines Country Marketing Manager.

Though the bulk of Filipino shoppers (36%) start researching possible Christmas gifts in November, 4% actually begin searching in July, and 19% leave it to the last moment in December. When it comes to actual shopping, most people start during the first two weeks of December (44%), though early birds (4%) start in September. Still 4% of people put it off right until the day before Christmas.

Google said that when asked what they're looking for in a gift, of respondents said that the most important factor is value for money (84%). This is followed by price (80%) and quality (78%). Given this, it may not be surprising that most people choose clothes and accessories as gifts (88%)

FAME IN CANADA

If Jian Ghomeshi wasn't fired and everything blew up in the news media, we would never have heard of him, his radio show and everything else. This is how fame works in Canada. Unless you are fired, or let go as they say, we would never know you are - or were - famous.



THIS IS A SHOW HAPPENING AT THE SAME TIME AS THE ZOOMERS SHOW FOR SENIORS AT THE SAME LOCATION - Facebook posting of Evelyn Pagkalinawan

Hmmm...this is a dilemma. Let me think. If somebody see me go to the sex show, should I use the excuse that I was actually going to the Zoomer show but just got lost? And vice versa. The choice is whether to admit you are old or horny. Or go to both and admit you are old and horny.

Apple CEO Tim Cook says he's gay

That's nice. But being the CEO of Apple, I believe people do not care whether you are transgender, Catholic, Christian, Muslim, black, white, conservative, liberal, left-handed or whatever. What people are interested in in is the next WOW product from Apple the way the iphone wowed in 2007. But the way things are going, I have the feeling the Apples's next idea of a WOW product will be Iphone 7 plus, a 6" iphone. That's it. And after that, Iphone 7 plus, a 6.5" iphone. Ironically, they will still sell.



Totally engrossed reading the cover story, 'Organized Living" article in Chatelaine magazine.

Gotham is familiar

Does anybody watch Gotham? I know it's how Batman started. However, with the setting, the city, the political and social conditions, the characters like the policemen, doesn't it remind

you of a certain city or even representative of a

Nobody has to come in

Somebody came to my house to check on the rental water heater to make sure that it is ok. They came from some Ontario company whatever. She said something to the effect that they have to check it if you are using a rental water heater. I've been here for 17 years. I guess they check it every 17 years. I did not let her in. Besides, even police need a court order to come in your house.

Healthy Tips from Dr. Jose Baking

If you eat beef from grass-fed cow, you are already eating a well-balanced diet because you are already eating your greens that is in the meat. You are also saving money by not having to buy vegetables anymore. Who needs Dr. Oz and Dr. Phil or The Doctors TV Show when you have me. You're welcome.

The Pope Might Get Worried

I forgot my cellphone the second time. This time, it's the Pope who is scheduled to call me to ask for my spiritual advice. Thank God he was able to wait wait until I got home and returned his call. Who knows what advice those cardinals might have given him. Ehe, susmaryospe, ano ba itong

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Remember -

Anthony Alonzo

Playing Real Life Characters for Reel



Besides the so-called bold and sexy films that pervaded the movie industry in the 70s and early 8os, the period also saw the emergence and proliferation of true-to-life movies. Producers then banked on the colorful and controversial lives of known notorious criminals to come up with profitable movie projects, i.e. Nardong Putik, Kapitan Eddie Set, Baby Ama, Ronquillo, Salonga, and Waway, to name a few. Popular actors Ramon Revilla and Rudy Fernandez topped the list of action stars who appeared in one movie after another, portraying infamous and villainous characters. Other stars followed, such as Ace Vergel, Jess Lapid, Jr., Rhene Imperial and Anthony Alonzo.

Alonzo was one of the busiest actors during that time and made a long list of true-to-life movies based on factual events and police records. Stardom came late for Alonzo. He was already 30 when he was given an important role in Hindi sa Iyo ang Mundo Baby Porcuna in 1978, for which he was nominated for the URIAN Best Supporting Actor award. He was nominated in the FAMAS the following year for Dakpin si Junior Bombay (1979). In 1972, he won the FAMAS Best Actor award for his role in Bambang. He also won the Best Actor awards in the 3 Metro Manila Film Festival (MMFF) for his work in: Bago Kumalat Ang Kamandag (1983), The Moises Padilla Story: The Missing Chapter (1985) and Anak Badjao (1987). He died of skin cancer on October 9, 1998.

Solenn wants to do more

Already one of the industry's more popular multi-hyphenated stars (an actress, singer, songwriter, TV host, VJ, fashion designer and painter), Solenn Heussaff still wants to do more. On top of her list is writing a Tagalog song and posting it on YouTube.

"Kahit anong kanta okay lang... feeling ko naman hindi masyadong halata ('yung accent) 'pag kumakanta ng Tagalog," she said. Solenn is still not happy with her Tagalog and continues to study the language.

"Akala ko kasi 'pag nag-stay ako dito nang matagal eh magiging fluent ako. Pero hindi pala. Pero paunti-unti natututo ako," she said.

She also said she now understands Tagalog films better. "Pero minsan may mga words akong hindi maintindihan," she said.

The French-Filipina beauty didn't mince words when asked to comment on her brother Erwan's supposed impending marriage to girlfriend Anne Curtis.

According to Solenn, his brother isn't ready yet being only 27 years old. "Para sa akin 35 pa ang age na alam mong mature na ang lalaki," she said.

Solenn stressed, however, that it doesn't mean she disapproves of Anne, whom she considers one of her closest friends. But, she'd rather that both focus on their respective careers at the moment.

Solenn, for her part, maintained that marriage is not



among her priorities.

"Ayoko ngayon. Pero siguro after ko mag 30, pwede na rin," she said. "Wedding can wait. When it happens, it happens."

Nonetheless, she said that if her boyfriend of almost four years, Argentinian businessman Nico Bolzico, suddenly pops the question, she wouldn't know what to do, surmising that she'll probably shed tears of joy.

"At 'pag nangyari 'yun, secret lang namin," she laughed.

LAUGH RESORT

A guy goes to the Psychiatrist and tells him that he thinks he is a dog. The Psychiatrist says, "Hm, very interesting. Please lay yourself on the couch so we can further explore this problem" The guy replies "I'm not allowed on the couch".

Two children were in a doctor's waiting room. The little girl was softly sobbing. 'Why are you crying?" asked the little boy.

"I'm here for a blood test, and they're going to cut my finger," said the girl.

When he heard this, the little boy started to cry.

'Why are you crying?" asked the

The boy looked at her worriedly and said, "I'm here for a urine test."

A father was very ill and his son went to visit him in the hospital. Suddenly, the father began to breathe heavily and grabbed the pen and pad by the bed. With his last ounce of strength he wrote a note, dropped it, and died.

The son was so overcome with grief that he didn't remember slipping the note into his pocket. At the funeral, he reached into the pocket of his coat and immediately felt the note. He excitedly read it thinking it might be something he could recite during the service. It said: YOU IDIOT -- GET OFF MY OXYGEN TUBE!

A well known cardiologist died, and an elaborate funeral was planned. A huge heart covered in flowers stood behind the casket during the service. Following the eulogy, the heart opened, and the casket rolled inside. The heart then closed sealing the doctor in the beautiful heart forever. At that point one of the mourners burst into laughter. When confronted, he said, "I'm sorry, I was just thinking of my own funeral...... I'm a gynecologist."

FAKE SIGNATURES BOLSTER REVILLA

Prosecutors Fail



MANILA - The team of Special Prosecutors assigned to Sen. Ramon Bong Revilla, Jr.'s case at the Sandiganbayan suffered yet another major setback.

Atty. Desiderio Pagui, a former Senior Document Examiner at the National Bureau of Investigation (NBI) and one of the Supreme Court's recognized Handwriting and Document Forensics experts in the country, assured the Court and its Justices that the signatures purportedly belonging to Sen. Revilla are absolutely and unquestionably forgeries.

Atty. Pagui belied the Prosecution's assertions that the signatures appearing in the PDAF documents belong to Revilla, and said all these were fake.

One by one, he showed the Court how the signatures could not belong to Revilla, and how each one was copied and forged. His testimony further bolsters the admission of Benhur Luy that he faked PDAF documents and forged the signatures of lawmakers.

This deals another major blow to the prosecution, who just recently had to contend with the admission of NBI witness Joey Narciso that he had to examine Benhur Luy's Hard Disk Drive twice after he had no conclusions during the first examination.

It was only after he was given specific instructions by his superior and the team of prosecutors on how he was to conduct the examination and whose names should be in the report was he able to make findings. He also admitted that his examination of the HDD was not thorough and insufficient.

In addition, Narciso also admitted that he cannot vouch for the 100% integrity of the HDD and whether or

not it was manipulated before it came into his custody up to when it was presented in Court. It may be recalled that many of the files in Luy's HDD were found to have been last saved in 2013 when Luy was already in the custody of the NBI, the DoJ, and the Witness Protection Program. Narciso could not also explain why the files in the HDD submitted to the Senate were different from those submitted to the Sandiganbayan by the Ombudsman.

Meanwhile, none of the evidence presented by the prosecution in its Offer of Evidence and admitted by the Sandiganbayan showed Revilla's involvement in the charges against him.

This is because the PDAF documents admitted have already been shown to be forged, and the HDD shown to have questionable integrity. None in the documents from COA showed the senator's participation and liability in the PDAF

Revilla's camp refused to comment on the developments but expressed optimism that the Court will appreciate the evidence in their favor towards the granting of bail in the soonest possible time.

Kathryn cuts album

Teen actress Kathryn Bernardo has joined the growing number of actors venturing into recording, including Enchong Dee, Maja Salvador, Anne Curtis and new EDM diva ADA, or Ai Ai delas Alas.

recently launched eponymous debut album is a collection of sweet, simple pop songs, as well as revivals of Sharon Cuneta's 1978 monster hit "Mr. DJ"



and Heart Evangelista's "Love Has Come My Way." It also features original tracks like "Na Sa 'Yo Din Pala," which is said to be a response to love team partner Daniel Padilla's "Na Sa Iyo Na Ang Lahat."

With the digital album set for a Nov. 30 online release and the physical CD dropping in stores on Dec. 5, Kathryn is already bracing herself for criticisms, admitting that her voice has certain limitations.

"Personally, alam ko naman na 'yung voice ko ay very sweet lang, very steady lang, hindi talaga 'yung super birit. Basta gusto ko lang 'yung easy-listening songs. So 'yung sa album, maririnig niyo na ayoko siyang pilitin kasi alam ko na hindi ako biritera. Ayaw ko siyang gawin na super bilis kasi alam kong hindi rin ako ganon," she noted.

Aware that not everyone will appreciate her new endeavor, she instead puts her focus on what her fans like. "Basta ako, gusto kong mapasaya 'yung mga tao na gustong pakinggan 'yung songs. 'Yun lang," she said.

One of Kathryn's supporters is Daniel, of course. He is particularly impressed with "Na Sa 'Yo Din Pala."

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Philippines

Forbidden Love Banned

Ashley Madison extramarital affair website blocked



The Philippine justice secretary said Sunday she is seeking to block extramarital dating site Ashley Madison in the country -- under charges it facilitates crime.

"The website is a platform that allows illegal acts to be eventually committed. A ban may be enforced," Secretary Leila de

Lima said in an SMS statement, referring to Ashley Madison.

The Canada-based firm, which has the slogan: "Life is short. Have an affair", recently launched their website in the Philippines, where the population is largely Roman Catholic and divorce is illegal.

De Lima stressed that "adultery" also remains against the law in the Philippines, even though it has largely been unenforced and is a country where many powerful men flaunt their mistresses.

Adultery and "concubinage," are punishable by at least six months in jail under Philippine law.

She said: "The (telecommunications companies) will have to do their part to ensure that illegal content and websites that are used to drive illicit conduct are not used," she said.

De Lima did not specify if they could be compelled to block the website.

Local press reports say that at least 2,500 Filipinos have already signed up to the website since its recent launch.

Singapore and South Korea have previously banned Ashley Madison, citing that it threatened family values.

Philippines

NEWS

Senior Care OK'd

MANILA - President Benigno Aquino III signed a new law on November 5, granting health benefits to all senior citizens in the country. The law, RA 10645 amends RA 9994 or the Expanded Senior Citizens' Act of 2010, and is expected to benefit over 6 million senior citizens. The health benefits are the same enjoyed by members of PhilHealth or the government's mandated health insurance for all public and private employees. The funds for the amended law ill be sourced from National Health Insurance Fund of PhilHealth, which in turn is sourced from taxes on alcohol and tobacco.

Evacuation Sex Tent

ZAMBOANGA CITY - Mayor Maria Isabelle Climaco-Salazar is considering building "a tent or a room where couples could express their sexual needs away from their children" in evacuation centers.

Professor Alih Aiyub, secretary general of the National Ulama Council of the Philippines, said building a conjugal tent would "not be a wise decision."

"You invite the young to imagine dirty, malicious thoughts as they watch couples come in and out of the tent. The government should instead build temporary shelters," Aiyub said.

QC on 15B Income

QUEZON CITY - The Quezon City government will make P15-billion this year, officials said. City treasurer Edgar Villanueva said city has managed to collect P14,619,632,220.84.

"Only less than P400 million is needed to hit the P15-billion collection mark at the end of the year," he said in his report to Mayor Herbert Bautista.

"If the target collection of P15 billion is reached, it would be Quezon City's biggest tax haul ever posted," he said.

Apart from business taxes, QC also managed to post significant increases in other regulatory and miscellaneous fees.

Pacquiao to run in 2016

However, whether he will seek higher office is not clear yet



Courtesy call. Vice President Jejomar Binay and Makati City Mayor Junjun Binay congratulate boxing champion Manny Paquiao for his victory against challenger US Chris Algieri during his courtesy call wants Pacquiao to run under at the Makati City Hall.

MANILA - Come what may in the 2016 elections, Sarangani Rep. Manny Pacquiao said he will support the United Nationalist Alliance of Vice President Jejomar Binay, although he has not decided if he will run for a higher elective position.

"Naturally, because we're on the same

called on Binay and his son Mayor many things to do," he said. Junjun Binay at the Makati City in Macau last Sunday.

Pacquiao was referring to UNA which was originally formed as a political alliance by Binay and former President Joseph Estrada for the 2013 elections but has since been reconstituted as a political

Binay had repeatedly said he the UNA senatorial slate along with Valenzuela Rep. Sherwin Gatchalian, Leyte Rep. Ferdinand

Martin Romualdez, Buhay party-list Rep. Lito Atienza, Sen. Tito Sotto and former Sen. Miguel Zubiri. But Pacquiao said he still has not decided whether to run for a higher post in 2016. "I still haven't decided but I'm considering it. I have responsibility as a congressman, as

party," Pacquiao said when he a boxer and as a family man. We have so

"Congressman Pacquiao is still Hall upon returning from his studying it, but the clamor of our victorious bout with Chris Algieri countryman is loud," Binay said. Binay said he understood that some Pacquiao supporters want him to run for the vice presidency, but he is clearly not legally qualified. "Our hero is still underaged," Binay said. "But a lot of people also agree that Congressman Pacquiao should already become a senator." During Pacquiao's courtesy call on the Binays at the Makati City Hall, he was handed the key to the city.

"Makati is proud of Manny Pacquiao for consistently bringing glory to the Philippines," Mayor Binay said.

The Binays also raised the arms of the eight-division world champion for his successful defense of his crown against



Charo Santos-Concio wins Gold Stevie Award

ABS-CBN president and CEO Charo Santos-Concio was awarded the Gold Stevie Award in the Female Executive of the Year in Asia, Australia, or New Zealand category at the prestigious Stevie Awards for Women in Business held in New York last month.

The Stevie Awards for Women in Business are the world's top honors for female entrepreneurs, executives, employees and the organizations they run. All individuals and organizations worldwide are eligible to submit nominations—public and private, for-profit and non-profit, large and small. The 2014 awards received entries from 22 nations and ter-

"I share this recognition with my fellow Filipinos and my family at ABS-CBN, whose passion to serve Filipinos around the world and provide help to those in need makes me so grateful and proud to lead a company that puts public service at the heart of its business," Santos-Concio said.

Nicknamed the Stevies for the Greek word for "crowned," the awards were presented to winners during a dinner event attended by more than 400 people at the Marriott Marquis Hotel in New York City.

Santos-Concio was cited by the award-giving body for the achievements of ABS-CBN last year under her leadership, such as its continued reign in TV ratings, increase in company revenues, Star Cinema movies' box-office sales, ABS-CBN's high credit rating for its P10 billion bond offering, groundbreaking business ventures such as ABS-CBN mobile, theme park Kidzania Manila, and TV home shopping channel O Shopping, and public service initiatives for the victims of Bohol quake, Zamboanga siege, and typhoon Yolanda, and the success of its 60th anniversary celebration.

Stevie Award winners were selected by more than 160 executives worldwide.

Santos-Concio also received the Gold Stevie Award for the Woman of the Year category for all Asia-Pacific nations (except Australia and South Korea) at the 2014 Asia-Pacific Stevie Awards. She was also named Asian Media Woman of the Year by ContentAsia, a premier information resource that covers the entertainment media industry across Asia-Pacific region.

Philippines

Personal finance lessons from Shoemart owner Henry Sy

MANILA - There is no better model of a successful self-made billionaire than the richest man in the Philippines, mall magnate Henry Sy Sr. of the SM Group.



Sy, who is turning 90 this year, has an estimated net worth of \$12.7 billion, Forbes according Magazine.

Financial adviser Salve Duplito said that while there are many things that entrepreneurs can learn from Sy, there are four lessons that are worth noting if you're interested in creating the mindset of a billionaire:

Taking intelligent risks

Sy opened his first shoe store in 1972, the year martial law

In 1984, inflation was at 47 percent, interest rates at 45 percent, and GDP at negative 7.3 percent. The next year, Sy reacted by opening his first shopping mall

From 1997 to 2002 during the Asian financial crisis, the SM Group put up seven supermarkets, one SaveMore in 1998, and two more malls in the

"Risks do not faze Henry Sy. But take note that the major risks he took are in areas of his competence," Duplito said on ANC's "On The Money."

"In personal finance, knowledge and experience reduces risks, whether you're talking about investing financial instruments, in a new business, in a new career—learn first. And when you have learned all you can, then plunge fearlessly," she added.



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Start a business

Duplito said that entrepreneurship is a key to wealth if you're prepared to shed blood, sweat, tears, and work long hours.

Sy's major investments are focused on retail, banking and property.

The SM Group has two major banks in BDO and Chinabank as well as 48 malls in the Philippines, 5 malls in china, 21 residential projects and 7 office buildings, 4 hotels, and 3 SMX convention centers.

"A word of caution if you're a Henry Sy wannabe and want to get into entrepreneurship: if you're going into battle, don't forget your ammunition. Save money for your emergency fund, sufficient capital, and never finance it with debt," said Duplito.

Plan your estate

Sy has been successful not only in growing his business, he has also trained and taught his children well in running the operations of the business.

While he has yet to choose a successor, Sy's children are all competent and successful in their

respective fields.

Abhor waste and put a premium on savings

Duplito said another lesson that can be learned from Sy is how to save.

She cited a quoted from Sy's daughter Teresita Sy-Coson, who said, "Abhor waste and put a premium on savings because of the need to be prepared for all contingencies in business, politics, and personal life."

"It's important to enjoy life but most people seem to forget is that enjoying life does not only happen when you spend money. If you put your mind to it, there's a way to live a full life without having to spend beyond your means," Duplito added.

She also reminded parents to raise their children in such a way that if you lose your job tomorrow as well as all your assets, you and your kids will still be at the top of the world.

"Wealth does not happen by accident, Henry Sy's life proves that," she said.



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Philippines NEWS

Philippine economy cools



Typhoon Rammasun (Glenda) left 111 people dead or missing, caused a million people to flee their homes and left millions of others without power for several days across the country's economic (GDP) growth rose 6.0 percent heartland in mid-July.

MANILA - Typhoon damage and falling public spending slowed the Philippines' previously red-hot economy to its weakest pace in nearly three years with growth expanding 5.3 percent in the third quarter, officials said.

Fierce winds and destructive floods generated by typhoons led to a 2.7 percent year-on-year contraction in farm output, Economic Planning Secretary Arsenio Balisacan said.

"Given this quarter's performance.... even meeting the low end of the target growth rate for the year could pose a big challenge," he told a news conference.

Economic output had expanded by a red-hot 7.0 percent in the same quarter last year, before Super Typhoon Haiyan (Yolanda), the strongest cyclone to ever hit land and the deadliest in the Philippines' recorded history, caused huge problems.

Even then, gross domestic product in the first half of 2014, making the Philippines one of Asia's top performers.

This also gave the government optimism that it would achieve its full 2014 GDP growth target of 6.5-7.5 percent.

However, he said typhoon damage and weaker performances in other key sectors since then meant the economy only grew 5.3 percent in the past quarter and 5.8 percent through the first nine months of

the year.

Interim deputy chief statistician Romeo Recide said the third-quarter growth was the lowest since the last quarter of 2011 when it hit 3.8 percent.

Balisacan said bad weather typical during the season also had a huge impact on farm output.

Apart from agriculture, Balisacan said government consumption and public construction activities slowed as President Benigno Aquino's government adjusted to "new spending protocols", some imposed to fight corruption.

He also cited the "lingering negative impact" of Haiyan, as well as delays in the layout of the government's massive post-typhoon reconstruction program across the devastated central Philippines.

Nevertheless, Balisacan said business sentiment remained optimistic.

He said export growth was robust in the third quarter, supported by the "strengthening of the global manufacturing industry" that boosted the country's key exports of semiconductors, wiring harnesses for vehicles and garments.



Jackie denies living in with BF

Jackie Rice looked so sexy at her launch as the endorser of Robust. But isn't the product intended for men who want to enhance their virility? "Ako'ng muse nila," she says. "Ang boyfriend ko, tumagal ang relasyon namin ng six years dahil nagtetake siya ng Robust para maging masaya kami pareho. Maganda talaga itong food supplement para maging astig ang mga gustong maging tunay na barako."

Jackie says they're not living in. But after six years, do they plan to walk down the aisle in the near future? "No, hindi pa. 24 lang ako. Matagal pa bago ako magpatali. I don't see myself settling down soon and having my own baby. Gusto kong maging mother someday, pero matagal pa. But I'm hoping itong boyfriend ko na ngayon ang Mr. Right sa buhay ko. Ayoko naman ng papalit-palit."

Jackie is such a competent actress. She has proven this in her recent acclaimed movie, "Kamkam", where she played the feisty third wife of Allen Dizon who later on kills him. A contract star of GMA7 after winning in Starstruck 3, how come she doesn't have a new soap yet? Her latest was "Inamorata" that ended several months ago.

"One soap lang po talaga ako a year, e," she says. "2011, I was launched in 'Sisid'. After that, naging kontrabida na ako in 2012 in 'Kasalanan Bang Ibigin Ka' and in 2013 in 'Bukod Kang Pinagpala'. Next year na po uli siguro ako bibigyan ng bagong show."

We wish GMA would utilize Jackie more. She's not only sexy but also can act, so she should be given more assignments. We last saw her in an episode of "Wish Ko Lang" where she is shown berating an old woman. A lot of people reacted against her, thinking she is just being overly "mataray" to a fan. But it turned out it's all just a part of a social experiment that "Wish Ko Lang" was conducting and the old woman she berated was also an actress like Jackie.

Philippines

NEWS

Filipino at UN

MANILA - Filipino law professor, Ricardo Sunga III, was appointed by the United Nations Human Rights Council to the UN Working Group of Experts on People of African Descent.

Professor Sunga's appointment to the position was discussed and confirmed by UN Human Rights Council at its meeting on November 06, at the Palais des Nations in Geneva. He will represent the Asia Pacific states at the said working group of experts.

The UN Human Rights Council to the UN Working Group of Experts on People of African Descent was established by the UN Commission on Human Rights resolution number 2002/68 of April 25, 2002. This UN working group of experts was established primarily to study the problems of discrimination faced by people of African descent in diaspora and to propose measures to end such discrimination. Professor Sunga is expected to serve the working group of experts for a full term of three years.

The Philippines is one of the 47 member states of the UN Human Rights Council.

Drug Lords control Increase in Rape Prison

QUEZON CITY - Jailed drug lords have formed at least nine syndicates to lord it over 23,000 inmates at the National Bilibid Prison, openly selling illegal drugs in collusion with high-ranking prison officials, a House committee on justice investigation has found.

Iloilo Rep. Niel Tupas Jr., said.

Tupas said these rich drug lords were accorded special treatment and were housed in "kubol" with a second floor that was equipped with wi-fi and cellular phones used in their illegal trade.

Tupas urged the national government and the Justice Department to eradicate the illegal drugs trade in the NBP.

Tupas said the panel would continue its hearings until the government agencies, led by the DOJ and the Department of Budget and Management are compelled to implement the modernization law.

MANILA - House Deputy Majority Leader and Makati City Rep. Mar-Len Abigail Binay lashed out at Interior and Local Government Secretary Manuel Roxas II for failing to curb violent crimes, after the national police reported that an average of 28 women and children were raped every day from January to September this year, up from 25 cases daily in 2013. "Some observers say the Philippine National Police under Secretary Roxas has by and large been remiss in suppressing violent crimes against persons and property," Binay said. "We need a new get-tough policy on crime. And we need it yesterday."

She demanded that Roxas explain the "alarming increase" in rape cases under his watch.

Binay flayed Roxas, the civilian head of the PNP, for the lack of forceful action in fighting the growing number of brutal sexual attacks on women and children.

Paskuhan at Wychwood Barns









FIRST, Singer Maria Panaligan is joined by a young girl while singing "Let it Go," the theme song from the Disny movie "Frozen." SECOND, Josie De Leon School of Performing Arts singers Rita Tabago, Lara Denise, Myka Escano, and Bea Cerbas pose after their perfromance. THIRD, The Panaligan family with mom Gen, Nadeene, Ampee and Maria pose for a photo. FOURTH, Paskuhan organizers Ronnie dela Gana and Claire de Rivera are happy with the outcome.



4 OFW killed in Leduc crash

LEDUC - A recently widowed mother the hamlet of Kingman, near Camrose, working as a nanny to support her two teenagers was among four Filipino temporary foreign workers killed in a head-on crash with a truck on an icy Alberta highway Saturday morning.

Eva Janette Caperina, 41, was travelling with two men and a woman along Highway 21 when their Saturn Ion hit an icy patch near Leduc. The car swerved into the opposite lane and slammed into a tractor-trailer, killing all four people.

The accident comes after Caperina's husband was killed in a motorcycle crash last year. "That's the saddest part of the story, the husband just passed away, and she had two kids — a boy and a girl," said Hilda Doniego, Caperina's cousin.

restaurant in southeast Edmonton, while Caperina and the other woman were both nannies, Doniego said.

During the week, Caperina worked in

and frequently relied on her employer to drive her to and from the city. Doniego said her cousin was close friends with the other woman killed in the crash, often staying with her in Edmonton on weekends.

Doniego believes, the four were driving out to Kingman to teach Caperina the route in case she ever had to drive it, when the crash occurred. The tragedy echoes a crash in 2012, when four Filipino workers were killed when their vehicle was hit by a suspected drunk driver.

Lyla Gray, a prominent member of the community, said that history is not lost on those that knew the workers.

"Everybody's so sad," she said. "The The two men worked at a Fatburger Filipino community is so sad because it happened again."

Gray said there are efforts underway to raise money to pay for funeral arrangements.

Drama is queen

A new elective course at the Ateneo studies the most popular Filipino cultural text: the teleserye.

In Philippine television, there are three popular formats: the variety show, the news, and the teleserye. But it is the teleserve format that dominates them all. There's a teleserye in the morning, afternoon, and evening or on primetime. Culturally speaking, these local television series are already part of Filipinos' lives.

CULTURES HIGH AND LOW

Who would forget the scene where Selina tried to kill Via by bombing a whole bus in Mula Sa Puso? Or the moment in Be

Careful with My Heart when Maya and Sir Chief first met in the middle of road? Or that scene where Lally finally confronts Eric in My Husband's Lover?

Because of its extreme popularity among Filipinos, it's not surprising that the academe creates a course focusing on local soap operas. The Philippine Teleserye under the English Department of the Ateneo de Manila University is an elective course the school made available this second semester, the brainchild of profes-

> **TELESERYE COURSE** continued on page 13





ELittle Manila FILIPINO NEWS WORLDWIDE

Pinoy driver found success in Paris

PARIS - His name is already familiar with Filipino celebrities, executives and politicians who visit Paris. Some of them have even invited him to their homes during his previous visits in the Philippines.

Noel Villanueva, owner of Jubilee Transport Services, is the first Filipino who received a transport service

license in Paris, a document that means more to him that just a piece of paper. It is a token



of his struggles and triumphs as an expat in France.

When Villanueva lost his job in 2006 as a private chauffeur for a prominent family in Paris, he decided to start something for himself—something that he enjoys doing and wherein he wouldn't be counting hours till the end of a work day.

He took a class. Out of the 12 students in the class, only five passed the Attestation Capacite Proffesional de Transport. Villanueva was one of them. The license that he got from the Minestere Chargé des Transport allows Villanueva to operate even a fleet of 100 buses if he wanted to.

Villanueva believes that Filipinos should help each other out. When he finds himself overwhelmed with clients, he refers another Filipino operator for the job.

He hopes that fellow Filipino operators will someday see the wisdom of putting up an organization and working together. He laments that some unscrupulous car rental companies do not play fair, lowering their rates just to get their share of clients. French drivers, he says, are taking to the streets to protest against this unfair scheme.

NY Fashion Week

How Fil-Am quadruple amputee became part of NY Fashion Week

LOS ANGELES, California
- Stars come in different
forms and backgrounds. For
one Fil-Am nurse-turnedrunway model, a dark
and devastating illness
made here even more
determined to
shine.

L a s t

L a s t
September,
Fill-Am
Karen Crespo,
a registered nurse,
received a standing
ovation when she walked
the runway at the New
York Fashion Week
during Carrie Hammer
Show.

The American designer includes people with disability, role models, rather than runway models in her fashion shows.

It was an impossible dream come true for Crespo who lost both legs and arms three years ago.

Her performance at fashion week grabbed headlines.

Currently, she is with a talent agency that's working to bring her to Europe for other fashion shows.

But there was a time when Crespo was so depressed about the changes in her appearance that for months, she did not want to see anyone aside from family. On December 9, 2011, a formerly active and fun loving 31-year-old's medical nightmare began.

"I was at home and I thought I had the flu and all of a sudden I couldn't breathe anymore and I called my mom, she picked me up and she took me to the hospital. By the time I got to the ER, I couldn't feel my legs anymore," Crespo said.

Crespo, who was working as a nurse at that time, had a blood infection. It was the deadly bacterial meningitis.

"You get it through saliva, so if you share food and drinks with someone, you don't cover when you sneeze, you inhale it through your nose and then it spreads through your blood stream," she said.

Within 24 hours of getting flulike symptoms, she developed a blood clot in her brain and had multiple organ failure.

In the hospital, she underwent surgeries and did not wake up for 15 days. Given only 10 percent to survive, doctors had to amputate both her arms and legs.

Crespo stayed in the hospital for five months and had more than 25 surgeries.

"You know after the five months that's when I realized how different, how hard life is going to be, not to have my arms and legs and everything was not the same anymore and it's never going to be the same," she said.

Caregiver calls for interpreters

her

TOKYO - Mon Angelo Paladero, a 26-year-old Filipino licensed care worker, won a Japanese speech contest this summer stressing the need for interpreters with special knowledge of Japan's health-care system. Paladero said at the contest held in August that foreign residents often have little understanding of Japan's medical services. "Foreign residents who speak little Japanese need special medical and welfare interpreters who are familiar with Japan's medical system, not to mention

health conditions," he said.

The contest was organized by the Overseas Human Resources and Industry Development Association with participants drawn from among foreign residents engaged in health and nursing care.

Paladero, who works at a nursing home for elderly people in Hamamatsu, Shizuoka Prefecture, central Japan, came to Japan four years ago under an Economic Partnership Agreement with the Philippines.

Bianca the busydody

Heavy workload hasn't stopped actress Bianca King from making time to start two businesses: a restaurant and a yoga studio.

The yoga studio, which offers hot yoga classes, anti-gravity and Zumba, opened last month at Rockwell. The restaurant, located along Tomas Morato, commences business soon.

"Matagal kong pinagisipan kung saan pwedeng ilagay 'yung pinagipunan ko sa



showbiz," said Bianca, who took a short course at the Center for Culinary Arts (CCA).

Her venture into the food business was prompted by good friend, Xander Angeles. They

wanted a restaurant that caters to healthconscious people "kasi there is lack of those in Quezon City kaya naisipan namin."

Aside from acting and hosting, cooking has always been one of Bianca's passions and she is excited to put her talent to good use. "Nag-try akong mag-apprentice sa directing dati pero wala eh. Nasa puso ko talaga ang cooking," she said.

"Sa totoo lang, hindi ko na alam paano i-juggle 'yang mga commitments ko. Pero I'm very happy kasi maraming work... blessing 'yan," said Bianca.

She enjoys being an actress but knowing how an acting career could be fleeting, she embarked on becoming an entrepreneur as well.

"Kaya din naman ako nagsisipag kasi kailangan ko ding kumita nang malaki to pursue my other dreams," she said.

She clarified, however, that acting is her "number one priority," her "bread and butter" so she is unlikely to give it up in favor of her other endeavors.

Bianca and her non-showbiz boyfriend of a few years have no marriage plans yet.

"Bilang babae kasi, hindi mo alam kung kelan ka magpapakasal, kung kelan ka niya tatanungin. Pero kung ibibigay na ni Lord, tatanggapin ko naman," she said.

After her GMA Network contract expired last year, Bianca remains a freelancer.

"Nage-enjoy pa kasi ako na parang 'di ako nakatali sa isang network lang. Sa ngayon kung sino ang may offer at maganda ay pwede kong tanggapin," she said.

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Josie de Leon School of Performing Arts **ANNUAL SHOWCASE**

JDLSPA presented their annual student showcase where they displayed their talent in singing and dancing. Their theme for this show is Nostalgia as they sang songs from the 40's up to the present. They impersonated famous singers and groupd from different era and sang their signature songs. Everthing was going well until those pesky microphones started going mute. You could hear the performers testing their mic before backstage only to have no sound come out of their mics when they start singing. They asked the audience to turn off their cellphones as the signals were interfering with the sound system. other than that, the students showed complete mastery of their numbers from the dance to the singing. I did notice one small thing. When somebody came out as Michael Jackson as part of then Jackson 5 group, he sang a song I did not recognize. I was expecting him to sing "I'll be there." All in all, it was an enjoyable way to spend the evening. Keep up the good work to everyone.















Philippines NEWS

Aquino blames SC for slowdown

SC finds an ally in HR in refuting accusation

declaring the acts and practices under the Disbursement Acceleration Program



unconstitution aleconomy's lackluster performance the third Chief quarter, Justice Maria Lourdes Sereno said.

She defended the high court ruling on the DAP, which the Executive branch on claimed resulted in slower government spending that resulted in a lower growth of the gross domestic product.

Supreme Court Chief Justice Ma. Lourdes Sereno has found an ally in the House of Representatives with two opposition lawmakers supporting her position against Malacanang on the issue of the country's slowing economic growth.

Even House Speaker Feliciano Belmonte, Jr. agreed that there were other factors that explain for the economic slowdown, and not just the SC ruling on the DAP.

"Perhaps, (the) effects of world economy and reduced government spending," Belmonte said.

Bayan Muna party-list Rep. Carlos

MANILA - 'Malacanang should not Zarate said "it is not only unfair but even blame the Supreme Court decision criminally anomalous" for the Aquino administration to blame the Supreme Court for its unfavorable decision on the Disbursement Acceleration Program.

> "The real causes of the economy's slowdown are its lopsided economic policies and its highly anomalous and unconstitutional acts of sabotaging the congress' power of the purse," Zarate, a member of the left-leaning Makabayan Bloc, said. Zarate pointed out Aquino's "fiscal dictatorship" that is sabotaging the country's economy.

> "Now it can be told that it is unadulterated lie when the Aquino administration earlier claimed that DAP was successful in stimulating our laggard economy and it was stopped as it already served its purpose. Pure lies," Zarate said.

> Abakada party-list Rep. Jonathan de la Cruz, member of the House Independent Bloc, echoed Sereno's message to the Palace not to blame the High Court decision declaring the acts and practices under the DAP unconstitutional for the economy's lackluster performance in the third quarter.

> Sereno was one of the 13 SC justices who voted to strike down as unconstitutional salient provisions in the controversial DAP.

The SC justices ruled that the acts and practices under the DAP violated the constitutional doctrine of separation of powers as well as the provision prohibiting the inter-branch transfer of appropriations.

Budget Secretary Florencio Abad blamed the slowdown on the high court's ruling against the DAP.

But Sereno rejected the Palace's insinuation that the slower growth in the third quarter could be partly attributed to the new "spending protocols" arising from the declaration that the DAP is unconstitutional.

However, Sereno said the Supreme Court's decision on DAP had nothing to do with the GDP growth rate.

"I see it as a theory and it will remain as that," Sereno said

The Court also declared cross-border unconstitutional the transfers of savings of the Executive to augment the funds of agencies outside the department, as well as the funding of projects and programs not covered in the General Appropriations Act.

The tribunal also voided the use of unprogrammed funds despite the absence of a certification by the national treasurer that the revenue collections exceeded the revenue targets.

However, the Philippines was still among the fastest-growing economies in the region. The Philippines aims to increase its GDP by 8.5 percent when President Aquino's term ends in 2016.

Philippines

NEWS

DILG funds for housing questioned

MANILA - Senator Ferdinand Marcos Jr. questioned Tuesday the P12.9 billion lump sum fund in the budget of the Interior and Local Government Department for water supply and low-cost housing, saying the agency is not authorized by law to build houses or to supply water.

Senator Miriam Defensor Santiago also questioned why so much money was allocated to the DILG's water supply program, when the department did not have primary authority over water.

Poe not on LP yet

MANILA - The ruling Liberal Party's standard bearer for 2016 should be "a reformist,



another honest President," and could even be someone who was not a member of the party, said Rep. Mel Senen Sarmiento, the LP's

secretary-general.

But he denied reports that the LP was wooing Senator Grace Poe to be the administration's standard-bearer for 2016.

Seize fake drugs

MANILA - A group of health experts and researchers tapped by the Department of Health (DOH) to investigate the use of an unproven drug for malaria and dengue in the Philippines is recommending that the agency seize the supposed "breakthrough" drug distributed to several state-run hospitals.

The recommendation is one of the highlights of a position paper the group was expected to submit to the Office of the Health Secretary, overseen by Acting Health Secretary Janette Garin while Health Secretary Enrique Ona is on an

New Husband is a blessing Amy Perez -

Amy Perez says she feels so much more contented now that she has officially exchanged I do's with radio personality Carlo Castillo. "We've been together for 8 years, we have two sons, but 'yun na nga, we don't have the sacrament of marriage," she says. "But now, masaya ana feelina ko na finally, ako na ana legal wife niya and I can say proudly that I am Mrs. Castillo. Si Carlo talaga ang nagpursiging makuha yung annulment ko from my first marriage (to singer Brix

Ferraris) kasi sumuko na after lagi akong ma-deny. Big blessing ang second son naming si Isaiah the annulment came the day he was



born. Isa sa mga nagdarasal for the annulment ay ang lolo ni Carlo. Siya ang first apo kaya mahal na mahal siya nito. It's just sad that his Lolo passed away before our wedding in Mango Farm two weeks ago."

Amy says Carlo is a great blessing in her life. "Dahil sa kanya, na-override ko 'yung bad experiences ko from my first marriage. Siya 'yung nagsasabi lagi, ang bad memories, dapat na hindi mo na naaalala. Ibahin na natin 'yung dating memories with 'yung memories na tayo naman dalawa together."

Amy is happy to be the endorser of Strike, a multi-insect killer product from ATC Health Products. "As a mom with three sons, I make sure my kids are always safe at home from insects na may mga dalang sakit, like yung mosquito with dengue. And Strike is very effective sa insects, but less toxic sa humans. Also, mas mura siya. I'm glad gagawaan nila kami ng TV commercial na buong maganak ng ATC. It will be our first time to appear together in a TVC."

Will she allow her first son, Adi, to be formally adopted by Carlo? "Yun talaga ang susunod na aayusin ni Carlo ngayon. Step-by-step ang proseso. Matutuwa ka talaga kay Carlo kasi you can see he really treats Adi like his own son kaya naplano na niya lahat 'yan."

Does Adi consent to this? "Yes, matagal na naming napag-usapan ni Adi 'yan. Last time niya nakita si Brix was when was 5 years old, then wala na kaming nabalitaan. Wala na kaming naririnig. We tried looking for him, pero hindi namin nakita, kaya si Carlo na talaga ang kinagisnan niyang ama."

JDLSPA Scarborough Opening



12





Josie de Leon School of Performing Arts opened their Scarborough branch and here are some of the photos.

TELESERYE COURSE continued from page 9

sor and associate director of the journal Kritika Kultura Louie Jon Sanchez.

"The course is the study of the contemporary soap opera in the Philippines, which we call teleserye. We are using cultural studies and media studies frameworks. We explore the teleseryes historically. We explore the teleserye as a genre. We try to explicate the development of genres practiced, defined, and redefined in the last 30 years. So basically the course has a historical coverage, beginning in the 1986 EDSA Revolution, which ushered in the return of democratized television, up to the present," Louie explains.

Studying about pop culture is not

new in the local academe. Ateneo has a long history of studying Philippine popular culture and one of pioneers s literature scholar, professor, Soledad and essayist Reyes, who is known have studied Filipino texts like ro-Be Careful With My Heart

"My main argument is basically that

mance novels and Pinoy komiks.

the teleserye deserves to be read as literature. In our society you can still see the dichotomy between high literature and low literature. The school is the only place where there is no divide. Here, you can study teleserye with Shakespeare or Chaucer," he says.

"Another thing why we decided to open this course is because of its popularity. I also started to see this course as addressing that fundamental divide between high and low literature, high and low cultures. I think it's pretty much reflective of previous discussions regarding popular cultural texts that are set in the local language and why we think so highly of English literature. We're trying to start the discussion. We have to start talking about it in an artistic level," he adds.

The soap opera made its way to the Philippines when Americans brought television and broadcasting into the country. While Hollywood soap operas are major influences in local productions, Latin American telenovelas and even Asian series are also major contributors to what the teleserye is today.

STANDING ON THE SOAP BOX

"Admittedly, soap opera is a foreign form," says Louie. 'The very fact that we call it 'teleserye,' already signifies that we have Filipinized the soap opera. There were a lot of foreign influences but I think it is very important to

TELESERYE COURSE continued on page 17



Camilineos Christmas Dinner - Dance

Camilineos held their Christmas dinner-dance last November 15. A great time was enjoyed by everyone. The dinner dance is held annually to raise funds for project back in Camiling, Tarlac.

An update was given on the projects that were undertaken so far.

They rebuilt the Camilineos Catholic Church which burned down in 1977, restored the painting of the Crusaders of the Divine Church of Christ Bacabac chapel in Camiling. This year and beginning 2015, school supplies will be sent. The recipients live in the barrio of Papaac in Camiling. These are the native aetas. They also thanked Atin ito Door to Foor for the discount for sending the supplies to children.

The projects were confirmed by officers who went home to see that the projects were undertaken. May Camilineos Association continue to prosper. Their president is Harold Guarin of Roadsport Honda.



Singer Michael Magali performs







Camilineos President Harold Guarin (RIGHT)poses with a

















Ms. Paraluman 2014



Cristina Servito (fourth runner up), Naisy Morota (first runner up), Ms. Paraluman 2014 Rizzelyn Catequista, Angeline Failano (second runner up) and Merlita Fernando (third runner up), pose for pictures after the pageant.

The Ms. Paraluman contestants this year come from a diverse background. Everybody is busy earning a living, while caring for a family of her own, or attending to other families as a caregiver or a nanny.

Rizzelyn Catequista is a nurse. Merlita Fernando is in the business of buying and selling real estate. Naisy Morota is caregiver and a part-time entrepreneur with Nature's Pearl One. Angeline Failano is a real estate assistant. Cristina Servito is a personal support worker.

The Paraluman contest is an annual fundraising event of the FCT. The candidate who gets the highest total number of points is proclaimed the winner. The points are based on the number of votes she has received, the number of sponsors and ads she collected for the souvenir program and the tickets she sold for the Paraluman events. In

addition, she earns points during the course of competition for her talent presentation, the Philippine regional costume she showcased, the evening gown or Philippine terno she modeled on the last night of the competition, her poise and personality, as well as her answers to the questions posed by the interviewer. Most Photogenic will be chosen separately by a media panel while Miss Congeniality will be chosen by the candidates themselves. Both titles won't carry any points.

The annual competition, which is now on its third year, has always been an exciting one, and the candidates do their best to win.

The winner for Ms. Paraluman 2014, Rizzelyn Catequista was born in the Philippines but raised in Dubai before coming to Toronto as a teenager. She obtained her nursing degree from York University. Today, she is more than happy and blessed to be doing what she loves most - nursing the ones in need of surgery - as PeriOperative Registered Nurse at Toronto General Hospital. When not at work, she is actively involved with various associations in the community, namely the Filipino Nurses Association of Ontario as Ambassador, Zamboanga Hermosa as Secretary, Singles for Christ, Friends of Dasmas, Church lector and usher, Out of the Cold program and Legion of Mary. Her hobbies are traveling, baking, swimming and playing the piano. Her motto is: Live Humbly, Care Generously. No one has gone poor from giving."

The other four finalists were Naisy Morota (first runner up), Angeline Failano (second runner up), Merlita Fernando (third runner up), and Cristina Servito (fourth runner up).











ABOVE, Former Paraluman beauty is Ready Honda's Anita Diaz with her husband Angelo Busca.

LEFT, Cecile Kolmegies and daughter and judge Chrissy are a pair of beauties. BOTTOM, Former Paraluman beauties were presented to the guests.





Scarborough Toyota's MannyYanga (CENTER) enjoys the company of friends at the Philippine press Club Ontario's Christmas Induction dinner-dance.

Alden still friends with Aljur

Alden Richards has three words on reports that Aljur Abrenica is supposedly mulling a return to GMA-7: "Good for him." For the nth time, Alden reiterated he

and Aljur
remain friends.
They greet
each other
within GMA
premises
though they
don't see the
need to talk
about the issue of alleged



rivalry between them, Alden said.

Aljur filed his petition for rescission of contract with GMA-7 when the two were about to start work on the series "Cain at Abel."

The GMA Artist Center (GMAAC) talent surmises GMA-7 would welcome Aljur back if the latter decides to return. The former thinks Aljur was just "confused that time."

Alden said, "Sino (pa) ba naman ang babalikan mo kung hindi 'yung magulang (referring to GMA-7) na nagpalaki sa 'yo?"

Alden recently attended the Hanoi International Film Festival to represent the indie film "Kinabukasan" co-starring Nora Aunor and Rosanna Roces.

"Kinabukasan" was an entry under the short film category. It was Alden's first time to attend an international film event.

"I was able to meet the stars and directors from different countries at paniguradong isa ito sa highlights ng aking career bilang isang aktor. The experience inspires me to do more and be the best that I can be," Alden was quoted in a release.

The film, directed by Adolf Alix, Jr., is a story "about reconciliation, forgiveness, and accomplishing unfinished business."

Alden found working with the Superstar quite overwhelming. He said she is the epitome of perfect acting and that she works from the heart.

"Sobrang nag-enjoy talaga ako na nakatrabaho ko siya at mas lalong nadagdagan ang self-confidence ko (because of that)," he said.

Alden and singer Regine Velasquez host reality-talent search "Bet ng Bayan" and at the press conference Thursday, they were with the show's semi-finalists, namely singers Veronica Atienza and Apple Delleva; dance groups Names Going Wild and A's Crew; and magician Adrian Adriano and stunt performers Techno Jazz.

The actor said he is enjoying work on the show and that it strengthened his belief that Pinoy talents abound even outside Manila. He looks forward to the grand finals to be held within the month. Philippine Press Club Ontario inducts new members by Fe Taduran

TORONTO -The Philippine Club of Ontario (PPCO) President Tijam, Officers & Board Directors: Mila Garcia, Perada, Rodel Ramos, Ariel Ramos, Melinda Jojo Rustia, Taduran, Joe Damasco & Romy Zetazate, all on hand to were w e 1 c o m e guest during its Christmas Dinner e 1 d



November 29th, 2014 at the Qssis Banquet Hall in Toronto.

New members were also inducted during the event.

Among those present during the event were: Keynote Speaker, CBC's Marivel Taruc and Special Guests: Canada's Minister of Finance Joe Oliver, Senator Tobias Enverga and Consul General Junever Mahilum-West.

Minister Oliver gave an update on what the Canadian government has been doing which directly affects the Filipino-Canadian community. Senator Enverga spoke on his longstanding friendships with many members of the PPCO, encouraging them to continue on their path towards furthering the journalistic excellence the members' periodicals are known all throughout Ontario for. Consul General Mahilum-West delivered both her personal message and Philippine President Benigno Aquino III's to the PPCO.

Entertainment numbers were provided by Gian Carlo Bobila, Rohra Ann Nacorda and Kevin Perada. LEFT, Kevin Perada entertains the guests.

ABOVE, New members get inducted by CBC's Marivic Taruc

BELOW, PPCO President Rose Tijam receives a certificate of recognition from Senator Tobias "Jun" Enverga and is joined by Conservative MP candidate Julius Tiangson, Finance Minister Joe Oliver, and Rosemer Enverga, the PPCO officers and board memebrs.



TELESERYE COURSE continued from page 13

note that we have started to call it the teleserye and we have ascribed meaning to the word. We have created stories that are set in our location. It expresses our values and aspirations. It shows Filipino character. It reflects, refracts, in some sense, current events and history. From there you will see that it has evolved to something that

teleseryes they watched in the past. They remember the characters, the plot, the turn of the story. The access online enables students to watch more programs, more than ever. The way I see it, the students are very familiar," Louie says.

Although the course was intended for Lit and Communication majors, the 35 students in the class are varied, which include students from Life Sci-



My Husband's lover

is ours."

Louie notes that it is surprising to discover that students know their teleserye, considering the fact that the choice they have is so varied and almost limitless, with so much local and international content that can be easily accessed online. Game of Thrones and The Walking Dead may be on equal footing with local shows like Forevermore or Ilustrado.

"You will be surprised. The students churn out a paper every week and they know their teleseryes, alam na alam nila. They can even recall the ence, Legal Management, Fine Arts, among others.

Ultimately, what Louie wants his students to take from the course is perspective. "I want to create a new culture of looking at our culture. In my own little way, I want to contribute to new thinking—to a more discerning perspective on our local culture, local texts. If a student's perspective changes, the possibilities are endless. As a teacher, that's what I want to give them, provide a new perspective. Make them look at things in a different way."



Entertainment

The Business, the Celebrities and the Gossip Behind the Camera

Iya Villania braces for 'huge change' in her return to GMA



Iya Villania is now an exclusive artist of GMA Network

Check two warring networks off Drew Arellano and Iya Villania's concerns.

The newlyweds are now in the same network, GMA-7, following Iya's move from ABS-CBN to the Kapuso network.

The major career move comes months after Iya wed her boyfriend of 9 years in a private ceremony last January 31.

"It is going to be a huge change but I guess change is the only permanent thing in this world and it's always nice to ruffle up the feathers kaya nakaka-excite. And of course it's always nice to make new friends kaya that is what I'm definitely looking forward to," Iya said.

This new chapter in her life is a homecoming of sorts for the 28-year-old

TV personality who began her career with GMA via defunct youth-oriented show "Click."

Lilybeth Rasonable, GMA Senior Vice President for Entertainment TV welcomed the original Kapuso and vowed to give Iya "good projects" where her talents would fit and "shine brighter."

"Siyempre masaya kami dahil dito naman siya nagsimula, sa Click. Kapag may nagbabalik, it's always exciting. It's a homecoming for her and we welcome her with open arms. We'll welcome her ng maganda sa SAS (Sunday All Stars) dahil masaya kaming lahat at itutuluytuloy natin 'yun. We're cooking up a drama for her. Although you don't see her that much in drama, but we know she's a good actress. Even on stage, I watched her and she should continue to hone that. Magaling siyang host, sa SAS. She'll be doing that and there are other projects we can give her for hosting."

Todo ang paghataw sa dance floor ng nagbabalik Kapuso na si Iya Villania sa Sunday All Stars (SAS) ngayong Linggo.

Talagang inabangan ng mga televiewers ang sexy and hot production number ng former Click star sa una niyang live performance sa bakuran ng Kapuso network matapos ang sampung taon.

Sa panayam ni Aubrey Carampel sa Filipino-Australian beauty matapos ang kanyang performance ay wala itong masabi sa mainit na pagtanggap ng buong GMA-7 na tila isa raw homecoming party.

"Yes. Sobrang warm talaga ang

welcome sa akin it really does feel like a homecoming, kasi 'yun nga 'yung tinatawag nga nila sa pagkalipat ko dito. It's like a homecoming kasi nga it's been 10 years," ani Iya.

Matagal man daw siyang nawala ay hindi raw siya naninibago sa environment dahil may mga dati siyang nakatrabaho na nandito pa rin sa Kapuso network.

"May mga iba na mga naging katrabaho ko noon na hanggang ngayon nandito pa rin. Kaya mga familiar faces, that's why I don't feel like such a stranger even though it has been 10 years," aniya.

Pangako ni Mrs. Arellano na dapat subaybayan ng mga fans niya ang Sunday All Stars every week dahil mas pinabonggang production number ang mapapanood nila mula sa kanya.

"More daring pero basta 'yung pagkatapos ng prod 'eh buhay pa ako. Okay lang and malay natin eh I'll be able to sing more you know," sabi ng balik Kapuso.

Tinanong din si Iya kung sino ba sa mga mainstay ng SAS ang gusto niyang maka-showdown?

Natatawang sinagot ito ng Kapuso host na nais daw niya makasama sa stage at makipaghatawan sa sayawan ang Asia's Romantic Balladeer na si Christian Bautista.

"Naka-pressure naman 'yan. 'Ay eto na lang madali! Gusto ko maka-showdown si Christian Bautista [laughs] kasi sigurado ako na mananalo ako doon," pahayag ni Iya.

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Where the grass is greener

MANILA – Can't blame actors for shifting gears, transferring networks when their time with their home network is over. They're merely exercising their right to level up their careers while increasing their paycheck.

A recent returnee from ABS-CBN to GMA is Iya Villania. Diether Ocampo and Nikki Gil are rumored to be making the same move.

These actors are following in the include Jake Cuenca footsteps of Claudine Barretto and Rafael
Rosell, who moved to GMA much earlier.
Between the two, Rafael is having more formerly also of GMA.

success

Meanwhile, Jolina Magdangal has moved back to ABS-CBN from GMA, where she was under contract for several years. Her return came complete with partner Marvin Agustin, with whom she's reunited in new light romantic series, Flor de Liza.

Some of the actors who successfully shifted from 7 to 2 in the recent past include Jake Cuenca, Paulo Avelino, Cristine Reyes and Angel Locsin. Another recent transferee is Maxene Magalona, formerly also of GMA.

Moving channels can often be beneficial to the careers of actors. Depending on their current situation, a change in working environment is often healthy for their careers.

Their situation is no different from those working in the corporate world where piracy is often a case of one-upmanship. Piracy also leads to promotion and greener pasture.

In this case, actors, like ordinary office workers, get a chance to better their lives with each passing move, hopefully.

Guests at Ms. Paraluman at Rembrandt









These are some of the people who enjoyed the Filipino Centre Toronto's wonderful and glamorous Ms. Paraluman 2014 pageant at Rembrandt.

Vic has no plan to marry Pauleen yet



VIC Sotto and Pauleen Luna were asked at the presscon of "My Big Bossing" if it's true that they plan to tie the knot in 2015. "Ang pinag-uusapan dito, 'My Big Bossing'," says Vic. "For that, we will have another presscon." "It's not true," says Pauleen. "Wala pa kaming pinaguusapang ganyan." But she admits doing the movie with Vic is an eye-opener for her. "Magkasama kami araw-araw sa 'Eat Bulaga' so I thought kilala ko na siya, pero hindi pala. Dahil sa pagsasama namin sa shooting, mas nakilala ko siya. Nakita kong ang bait-bait niya sa lahat sa set, kapwa artista man or crew member.'

Someone says Vic is obviously playing favorites that's why he got her to be his partner in the movie. Pauleen stresses that she's not Vic's leading lady in the film. "Walang leading lady sa episode naming 'Sirena'," she adds. "Si Ryzza Mae Dizon ang title roler dito at kontrabida ako sa kanya, si Tandang Wishy, who turns her into a mermaid. Pinapangit ako with prosthetic make up na two hours kung ilagay sa akin. Three stories ito at si Marian Rivera ang kasama niya sa 'Taktak' episode and si Nikki Gil naman sa 'Prinsesa' episode."

He's been in showbiz for four decades now and he's still very much on top doing movies, TV shows and has so many endorsements. What's his secret? "No secret. Mahal ko (ang) trabaho ko and when you love your work, it loves you back. Parang hindi ka nagtratrabaho. Hindi ka mag-e-enjoy kung ang tingin mo lang sa ginagawa mo, trabaho lang talaga. Mai-stress ka lang sa ganun. Look at 'Eat Bulaga', more than 30 years na kami but we never tire of it. Every day, there is something new and we really enjoy doing it."

Richard Yap has more time for own family

It's a bittersweet moment for the stars of the two-year old morning soap, "Be Careful with My Heart", now that it's ended. "Siyempre we'll miss it kasi ang tagal na naging bahagi ito ng buhay namin," says Jodi.

As for Richard Yap or Sir Chief, he's happy because he'll have a lighter schedule. "I'll also miss all the people we've worked with in the show for two years, but now, magiging busy na lang ako sa shooting for the Metro Manila filmfest entry na 'Praybeyt Benjamin 2'. Kasi dati, wala akong pahinga. From the taping of 'Be Careful' diretso ako sa shooting ng movie namin ni Vice Ganda. But after this movie, rest muna ako. Babawi ako sa misis ko at mga anak namin. Kasi kung minsan, hindi na kami nagkikita. Magkikita lang kami, sa breakfast kapag paalis na sila at ako, paalis na rin. Kung minsan, hindi na rin kami nagkikita at all dahil nakaalis na sila, pero tulog pa ako. Kaya ngayon, babawi naman ako sa kanila."



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Entertainment

Real World opens SL Stars eyes+ other stories







Bea Binene, Kim Rodriguez and Joanna Marie Tan play delinquent teenagers who were placed in a correction and detention home in "Strawberry Lane." To give them a chance to experience an actual home for delinquents, GMA7 took them to the Children's Legal Rights and Development Center, an NGO that helps erring young people. Bea, Kim and Joanna, along with co-stars Rita de Guzman, Jake Vargas and Kiko Estrada, got the chance to talk to actual detainees who willingly shared their stories with them.

"Malulungkot ang mga buhay nila at talagang maaapektuhan ka," says Bea. "But what is nice is that they are all willing to change for the better to have a good future. Gusto nila talaga magbagumbuhay para magkaroon ng mas magandang kinabukasan. We're happy dahil they say makatotohanan ang paglalarawan namin ng stories of kids who went a stray in 'Strawberry Lane'."

The executive director of the center, Rowena Legaspi, thanked them and GMA7 for having a drama series that helps their advocacy in helping iron out the lives of deprived children who have come into conflict with the law.

This week, the tomboyish Kim Rodriguez as Jack is chosen to be the model of Monica Elan, as chosen by Sunshine Dizon as Elaine, so she has to change and look more feminine and beautiful. This makes Rita de Guzman as Lavinia jealous of her and she tries to splashacid on Jack, but her plan backfires. As for Bea Binene as Clarissa, her gapwith Jake Vargas as Gabo widens now that Gabo has a new girl, Shelley Hipolito as April. Tanya Garcia as Myrna slowly regains her memory and sanity when she sees TJ Trinidad as Jonathan. This makes Sunshine suspect that her husband has an another woman.

Ai-Ai, Kim to deter Bad fate at Box-Office

How sad to know that most local films shown recently didn't do as well as expected at the box office. This includes "The Trial," "Dilim," "Beauty in a Bottle," "Moron5.2," "Relaks, It's Just Pag-ibig" and the entries in FDCP Horror Plus Filmfest, QCFilmfest and Cinema One Originals.

"Lahat naman, mahina," say sour source. "Hindi lang naman local films. Kahit yung Hollywood films, mahina rin. Puro palugi. It seems people are

not in the mood to watch movies. Baka busy ang mga tao saving up for their Christmas shopping or baka hinihintay na lang nila ang Metro Manila Filmfest sa Kapaskuhan."

We thought "The Trial" would be an exception, but it seems viewers prefer John Lloyd Cruz in a rom-com than playing a "kulang kulang." Let's see if the next local film that will open, "Past Tense," will suffer the same fate. We'd like to think it has more chances since it combines the forces of Ai-Ai de

it has more chances since it combines the forces of Ai-Ai de las Alas with the Kim Chiu-Xian Lim loveteam who are all hitmakers.

But really, times have changed. Movie going has ceased to be the favorite

pasttime of the masa. It gets a lot of competition from TV (both cable and free TV), pirated DVDs, downloaded movies and social media (folks prefer to text or surf the internet than watch movies in theaters). Also, the fact that only one screening is allowed per ticket deters moviegoers who are used to the old way of just going inside the theater anytime they please and just wait until they get to the part where they came in. We've seen many moviegoers trying to get tickets only to be told by the ticket-seller: "Ay, nag-start na po." And they would say: "Umuwi na lang tayo."

Edu gets death threats

Edu Manzano is wondering why Ronnie Ricketts thinks he's the reason why Ronnie was suspendedas OMB Chairman. "For the record, wala akong interest mabalik sa OMB and even if they offer it to me, ayoko," he says. "Cases, both criminal and administrative, were



filed against him and five other OMB personnel and I have nothing to do with them. Harapin

at sagutin na lang niya ang mga paratang sakanya imbes na ibunton ang sisi sa ibang tao. My conscience is clear. Yung isang tauhan nila, si Glenn Perez, may official answer about the hauling out of seized DVDs. Siya raw ang may instruction to load the DVDs sa van. Yun ang sagutin niya. But I'm really concerned sa mga inosenteng tauhan ng OMB na nadadamay sa mga kaso niya. Ang tatagal na ng iba sa kanila sa OMB, what if they'd lose their jobs? Baka mawala pa pati ang benefits nakatakda

ABS-CBN's Film Restoration: More Than Just Preserving Classic Filipino Films

"Hindi Nahahati ang Langit" joins roster of more than 60 films digitally restored to HD

When film restoration in the country is being talked about, the first



thing that will come into mind is the restoration of classic Filipino films the likes of "Himala" and "Oro Plata Mata." But for ABS-CBN Film Archives, the country's pioneer in locally restoring and remastering films, the preservation of Filipino films is not limited to old titles but also covers recent ones.

"Even more recent films have some defects

that were not important enough to fix during its initial commercial run in theaters or were unnoticeable in a standard definition television broadcast. However, today's more sophisticated technologies require crisper images and more picture clarity so we need to address these defects as we convert the old SD films in to High-Definition," said ABS-CBN head of Film Archives Leo Katigbak.

Since ABS-CBN Film Archives started restoring films in late 2011 in partnership with Central Digital Lab, it has already restored a total of 63 films that were produced from 1976 to 2011.

Among the recent titles restored were Star Cinema's hit movies "Miss You Like Crazy," "One More Chance," "Milan," "Tanging Yaman," "Anak," "Feng Shui," and "My Amnesia Girl."

Some of these restored films are available to the public via theatrical releases, DVDs, free-to-air television via ABS-CBN, cable television via Cinema One, and global television via TFC. Some are also available on iTunes, which is another first made possible by ABS-CBN Film Archives.

ABS-CBN is the first Philippine-based Content Company that has regularly and consistently made Filipino films available on iTunes locally and internationally.

"Our performance in iTunes isn't big business yet but its better than we thought. And it's also filled with surprises. Who could imagine that a movie like Cinema One's 'Mater Dolorosa' would be performing as well as Star Cinema's 'The Mistress.' There are certainly new opportunities at play now and on a global field."

When it comes to classic films, ABS-CBN Film Archives already restored five titles namely "Himala," "Oro Plata Mata," "Ganito Kami Noon, Paano Kayo Ngayon," "Virgin People," and its newest addition set to be screened in cinemas before the year ends, Mike De Leon's 1985 masterpiece "Hindi Nahahati Ang Langit" starring Christopher De Leon, Lorna Tolentino, Edu Manzano and Dina Bonnevie.

"Hindi Nahahati ang Langit" tells the story of Noel Delgado (De Leon) and Melody (Tolentino), step-siblings who grew up belligerent to each other. Melody appears to be trying hard to get attention while Noel remains indifferent. When their parents died, Noel becomes the legal guardian of Melody who is annoyed with Noel's strict and old fashioned ways.

The two should have parted ways when each got married but still their lives intertwine when Melody gets into the construction business as Noel's business partner, stirring jealousy and suspicion in their respective spouses.







The Panaligan family get their Canadian citizenship last November 15 at the Scarborough Immigration office.



Crown argues ex-pastor Philip Grandine drowned his pregnant wife

TORONTO - Disguised in a banana smoothie was a sedative — not enough for an overdose, but enough to make Anna Karissa Grandine drowsy and confused, the Crown told the jury in closing arguments on the final day of the first-degree murder trial.

That's when Philip Grandine carried or coaxed his 20-weeks pregnant wife, to the bathtub, Crown prosecutor Donna Kellway said.

The former pastor and retirement home nurse may have gently held her head under the water until she drowned, or let gravity pull her nonresistant body below the surface, Kellway said.

Either way her death on Oct. 17, 2011 "was no accident and no suicide."

Grandine, she said, acted with "intent to kill" the 29-year-old woman who stood in the way of him being with his mistress, nanny Eileen Florentino (PICTURE).

The defence has argued that Karissa, as she was known, took the sedatives herself, defence has argued amid a depression caused by husband's ongoing affair with a woman who was a member of his parish. Grandine had recently resigned as a pastor because of the affair.

In his closing arguments, defence attorney Amit Thakore reminded the jury of testimony heard earlier in the trial — that Grandine was devastated by her husband's affair with one of his parishioners and by his use of pornography.

The court also heard earlier, from the Crown, that a list of searches from the couple's computer included questions about lethal doses of the sedatives Adivan and Lorazepam.

The Crown alleges Philip Grandine, a former pastor, drugged and drowned his wife in their bathtub, after researching the drugs online. He was arrested and charged with first-degree murder after investigators found Lorazepam in her blood.

But Thakore told jury members they should consider the possibility that Karissa Grandine committed suicide or slipped, bumped her head and fell in the tub

He implied she looked up the drugs
— because her Facebook page had been checked 25 seconds earlier.

"There's two people in the house ... using Facebook. Mrs. Grandine is doing the searches for fatal amounts of Lorazepam," Thakore said.

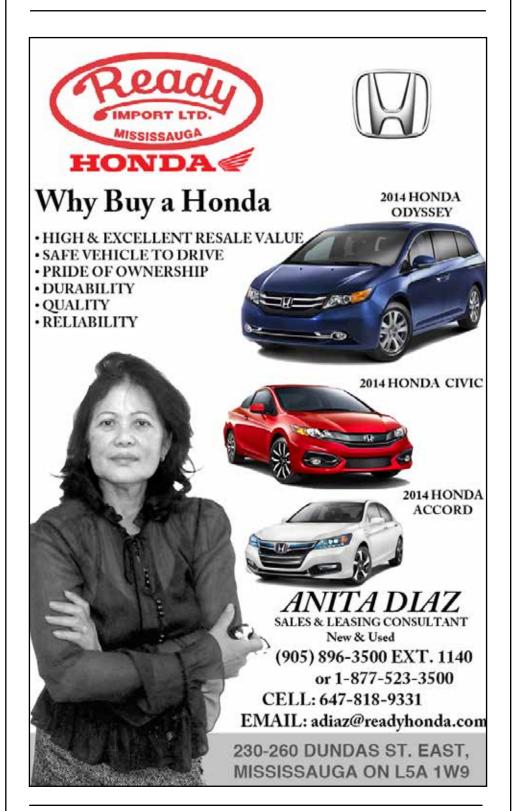
The Crown claims that, as the administrator of a nursing home, Philip Grandine had access to Lorazepam.

But his lawyer reminded the jury there were no reports of any sedatives missing.

Scenes in the City



Friends of Sena Flores (FOURTH FROM LEFT) enjoy FCT'S Ms. Paraluman 2014 pageant.



At the Ms. Paraluman 2014 Pageant



Filipino Centre Toronto President Linda Javier (SECOND FROM LEFT) pose with friends at the centre's fundraising appeant night at Rembrandt.

tanggapin when they retire."

He says he even got a deaththreat from one of Ronnie's men who even said: "Alam namin kunsaan kanakatira." Both he and Ronnie are now doing soaps with ABS-CBN.

What if they'd see each other and Ronnie confronts him? "Aba, e kung sasaktan niya ako, senior citizen na ako, magsusumbong ako sa anak kong si Luis," he jokes. He's actually turning 60 in September 2015 yet.

Is his daughter, Addie, also joining showbiz after modelling for Bench? "I told her that like her Kuya Luis,magtapos muna siya ng college and, after that, bahala na siyang mag-decide forherself."

Edu is acting again in a teleserye, "Bridges," where he plays the stepdad of Xian Lim. "Na-miss ko rinumarte," he says. "Puro hosting kasi ako lately."

He's also slated to startshooting a new movie for Star Cinema, "Halik sa Hangin," with JC de Vera, Gerald Anderson and Julia Montes.

Elmo trained hard for 'More Than Words'

Elmo Magalona is understandably excited as his new show, "More than Words," with and on and offcam sweetheart, Janine Gutierrez, starts airing tonight. They're both praying this will be as big a hit as their past soap, "Villa Quintana." "Siyempre nakaka-tense dahil this time, we're on primetime na," he says.

We notice in the trailer that he is seen shirtless in several scenes, displaying his buff physique. "I started in showbiz when I was 16, totoy na totoy pa ko noon. I'm now 20 and yes, nagbago ang body ko



due to workouts. I really trained hard for this and when our director, Andoy Ranay, asked me to remove my shirt, I agreed kasi pinaghirapan ko naman ito

with my training and strict diet without carbs and sugar."

In "More than Words," he plays the nerdy Janine's dream boy, Hiro, who figures in an accident and is washed ashore without remembering who he is. Janine as Ikay takes care of him and without any memory of his past, he builds a new life with the help of Ikay and eventually falls for her.

Supporting them are Jaclyn Jose as Precy, the eccentric mom of Ikay; Gardo Versoza as Victor, Elmo's ambitious stepdad; Yayo Aguila as Marissa, Hiro's mom; Enzo Pineda as Nate, campus heartthrob; Step-hanie Sol as Belle, the queenbee and mean girl of Southville Academy; Mikoy Morales as Chester, Elmo's stepbrother; and Rey PJ Abellana and Leni Santos as Emil and Rose, who take care of Elmo.

Derek's appeal unaffected by scandal?

Derek Ramsay is still on top of the game in the Kapatid network.

While almost all Kapatid talents made an exodus to other networks, the hunk actor remains loyal to the network. Currently, he's hosting the The Amazing Race Philippines for its Season 2 run. The reality show gives him the exposure. That Derek is still very much around.

The Kapatid actor has been bruised by the legal case filed against him by his estranged wife Mary Cristine Jolly. Kahit nabunyag na ang kanyang sikreto, mukhang hindi naman naapektuhan ang takbo ng kanyang career. Komento ng isa sa mga kasambahay ko, mas lumakas pa raw ang sex appeal nito sa mga kababaihan.

Entertainment

Stop comparing us - Marian on Heart



Marian Rivera looks luminously beautiful at the presscon of "My Big Bossing". You wouldn't think she's neck deep in being so busy preparing for her coming wedding to Dingdong Dantes. "Nakakapagod ang lahat, pero okay lang, kaya pa naman," she says. "But I've done some advanced tapings na for my show, 'Marian', para hindi ko na problemahin ngayong December ang dance numbers na ginagawa ko roon.

Tutulong pa rin ako sa promo ng 'My Big Bossing'. I will definitely attend our premiere night on December 22 and join the Parade of Stars on December 23. Bukod dito, may cameo role rin ako sa 'Kubot: Aswang Chronicles' ni Dong, so tutulong din ako sa promo noon." In "My Big Bossing", Marian plays a TV executive producer who is at odds with Vic, the host of the show she is producing. "Magkaiba kasi ang paniniwala namin about Ryzza Mae Dizon na may third eye kaya lagi kaming nagtatalo. But eventually, we end up with each other."

How is it working with Vic? "We've worked before in 'Enteng Kabisote' but I'm paired with his son, Oyo, not him.Nagkakasama rin kami sa 'Eat Bulaga' but now lang kami nagkapareha at napakasarap niyang katrabaho dahil maalaga sa mga kasama niya."

Right after the "My Big Bossing" presscon, Marian met Dingdong and they went to a special send-off party their fans are hosting for them at AFP Theatre.

"Habang papalapit ang araw ng aming kasal, mas lalong nararagdagan ang excitement ko," says Marian.

He shouldered everything. At ang sabi niya, part ng makukuha naming gifts from our sponsors, ise-share namin sa ilang charity organizations and foundations para kahit nagsisimula pa lamang ang pagsasama namin bilang official na mag-asawa, makakatulong na kami agad sa kapwa."

We're sure Marian will be the most beautiful bride on her wedding day.

As for the bride wars involving her and Heart Evangelista, she'd rather not make any comment at all. "Sa positive na lang tayo. Tigilan na 'yung pagku-kumparahan."

But as one Marian diehard says, there's really no comparison as Marian is marrying a certified "binata" who's one of the most eligible bachelors in the country and was once declared as one the sexiest men in Asia no less. Whereas Heart is marrying a separated man with two kids who will make her officially a "madrasta".

Regine leads Christmas Musical drama

Regine Velasquez topbills GMA7's Christmas special, "Himig ng Pasko". A musical drama especially for the Yuletide season, it will air for two consecutive Saturdays this December. Joining her is Kapuso homegrown artist Julie Anne San Jose. "Himig ng Pasko" also revives the team up of Regine and award-winning actor Ariel Rivera who last worked together in the Telebabad series "Forever in my Heart," whichaired on GMA7 ten years ago. Also in the cast are Kapuso

artists Rita de Guzman, Gerald Santos, and Jeric Gonzales together with award-winning performer Rachel Alejandro and theatre artist Joey Paras. Regine plays an overseas worker who returns to her hometown at Christmas time to fulfill her three wishes – that is to get closer to her daughter, to revive the family's parol-making business, and to rekindle an old flame.

With all the cast members being first rate performers, viewers should not miss the singing showdown among the artists. 'Himig ng Pasko" airs this December on GMA7.

Bianca and Miguel back on primetime

Miguel Tanfelix and Bianca Umali's teen love team quickly gained lots of fans with their exposure in the hit primetime show. "Niño".

They'll now be back in "Once Upon a Kiss" which aims to



show the sweet feeling of being awakened with a kiss. "We're very thankful to GMA7 for trusting us with another big project like this," says Miguel.

"Actually, our fans can still watch us in 'Ismol Family' but every Saturday lang 'yun. Gusto raw nila, araw-araw uli kaming

mapanood on primetime kaya heto, pinagbigyan sila ng GMA with 'Once Upon a Kiss'." Bianca,on the other hand, is very happy to be reunited with Miguel on primetime. "Happy talaga ako kasi sobrang komportable ako na si Miguel ang kasama ko. Maganda na ang rapport namin kaya walang kahirap-hirap.

At very thankful kami ni Miguel dahil hindi kami nawawalan ng opportunity na i-prove ang sarili namin sa lahat ng sumusuporta sa loveteam namin."

Though they are both confident working with one another, Miguel and Bianca confessed that they feel pressured to be working with respected TV actors in "Once Upon A Kiss." "Hindi po maaalis 'yung pressure kasi first time naming makakatrabaho 'yung mga cast members," says Bianca.

It is another original creation of the GMA Drama group under the supervision of Senior VP for Entertainment TV Lilybeth G. Rasonable; VP for Drama Redgie A. Magno; Assistant VP for Drama Cheryl Ching-Sy; Program Manager Helen Rose Sese, and Executive Producer Rebya Upalda.

Don't put the blame on Ryzza Mae

Ryzza Mae Dizon holds the record as the most popular child star of this generation.

The Little Miss Philippines 2012 grand winner continues to entertain viewers, especially with her hosting on Eat Bulaga. On top of this, her own program "The Ryzza Mae Show" consistently rates. This makes her the youngest and most successful TV host in the country.

While Ryzza is honing her hosting skills, the child star seems to get wrong coaching sometimes from her handlers. We chanced upon her jokingly calling Allan K "pangit na bayot" in Visaya. While it elicits laughter, that joke could send a wrong signal to kids, especially from the Visayas. But we should not put the blame on her.

Dahil siguro sumusunod lang naman siya.

Among other people around her, Ryzza's mother Riza should be more responsible in guiding her. Pero, sabi nga ng isang kasamahan sa panulat, baka raw she also needs guidance herself. Our friend cited her act of riding the roller-coaster in Hong Kong Disneyland while pregnant with her next child. Dahil dito, umani ng batikos ang ina ni Ryzza sa social media.

Mikey Bustos Spooktacular







FROM LEFT, Mikey Bustos performs; Candace Mallari david, Ashley Softbay and Eugene Deocareza enjoy the night; Spooktacular Producers Eugene Deocareza and Candace Mallari David pose with star Mikey Bustos.

CALL CENTRE continued from page 1

demand for skilled workers, Budget Secretary Florencio Abad said.

He said vacancies in calls centers, back office and customer-related services has been growing every year and some BPO companies have started moving out to major cities outside of Metro Manila where skilled workers were available.

"Some BPO companies are exploring 'second wave' cities such as Cagayan de Oro, Butuan and Bacolod where they could recruit personnel," Abad said.

From about 2,400 workers in 2001, the BPO industry now employs an estimated 200,000 in 120 companies. The Philippines has overtaken Malaysia and India and is set to challenge Chinas the world's biggest BPO employer.

The Philippines earned \$11 billion and employed 900,000 people in 2010. Industry experts estimate the gross revenue to \$25 billion by 2016.

Abad said some BPO companies have entered into partnerships with state universities and colleges to train students on particular skills to become call center agents.

He said the government has also considered recalling Filipinos working abroad and provide them with skills on animation, medical transcription and web design to close the gap between supply and demand.

"The government is heavily investing in upgrading technical-vocational centers in order to be able to train potential BPO workers," Abad

Mayor Mauricio Domogan said Baguio City, which was one of the "first wave" cities in the march of BPO companies to the countryside, has benefited from its being an educational center in northern Luzon.

He said from two call centers in 2010, the city now has eight BPO catering to various clients in different parts of the world.

"The operation of call centers in the different parts of the city helped increase the economic activities at night and attracted skilled workers from different parts of the country," Domogan said.

Records at the public employment and services office show the number of BPO workers have increased from 2,000 in 2010 to nearly 10,000 this year with starting salaries ranging from P20,000 to P25,000 a month.

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ACT

Aquino dares China

NAYPYITAW, Burma—President Aquino challenged China to take "concrete action" in the South China Sea to match its diplomatic overtures in the Southeast Asian region.

Speaking at the dialogue between the 10 Southeast Asian countries and China near the close of the 25th Association of Southeast Asian Nations (Asean) Summit here, Aquino said the group was "concerned about developments" in the South China Sea, referring to China's reclamation of land and occupation of islets and reefs in the West Philippine Sea, part of the sea within the Philippines' 370-kilometer exclusive economic zone.

Buoyed by support from other Asean leaders for the Philippines' arbitration case against China in the United Nations, President Aquino pressed for the conclusion of a legally binding code

of conduct between Asean and China that would prevent conflicting claims in the South China Sea from erupting into

Aquino said that as a partner of Asean, China had to "demonstrate to the rest of the world" that it can, jointly with the Southeast Asian bloc, deal with security concerns in the region "based on the rule of law."

"We in the Asean value practical cooperation and early harvest measures, including hotlines and search and rescue arrangements," Aquino said, referring to talks between Asean and China on the nonbinding Declaration of Conduct of the Parties in the South China Sea signed by both sides in 2002.

"These activities, however, can only be meaningful if there are concrete, positive developments [in] the waters of the South China Sea," Aquino said.



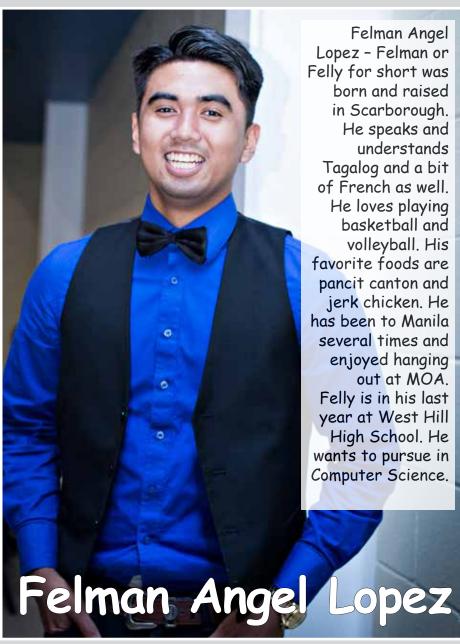
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Jose Manalogives Eugene
Domingo token
of friendship

Entertainm

Awarded actress Eugene Domingo got a "diamond" ring from "Celebrity Bluff" co-host Jose Manalo on their second anniversary episode but they maintain it's merely a friendship band.

Jose said the ring symbolizes their closeness since they've been working together for some time now.

"Kasi 'yung friendship namin ay malalim na. Alam mo 'yung masaya ka kasi may kaibigan ka," he said.

The comedian added in jest: "Hindi naman kamahalan 'yung singsing kasi may crack na ('yon). Mahal kasi 'yung buo kaya 'yung may tabas na ('yung binigay ko)."

The tandem of Jose and Eugene ("JoGe" to fans) has a large following on social media, especially among viewers of the show. Eugene is grateful for the support and admits to admiring Jose "kasi mahirap magpatawa." "It takes a witty person to do that," she pointed out. The actress joked she initially thought it would be impossible for her and Jose to establish a connection since she's used to being partnered with a certain type of leading man.

"Kasi naman noon, kung kani-kanino ako nalilink na talagang mga guwapo, 'di ba? Pero ngayon siguro, tanggap na nila na pinartner ako sa hindi masyadong guwapo," she said, laughing.

Awed by Uge

Jose admitted feeling "intimidated" around Eugene though quickly adding she inspires him to become a better actor.

"Natatakot ako gumawa ng movie with Uge... magaling eh. Kasi kapag bumira siya, kailangan ready ka," he said. The "Eat Bulaga!" mainstay shared that aside from helping him in hosting and doing comedy, Eugene makes the work easier and fun by always cracking jokes on set.

"Iba ang atake niya sa pagho-host eh, kasi alam mong nandu'n pa rin 'yung comedy," Jose lauded. Jose believes he still has a lot to learn in comedy.

"Sa comedy kasi hindi pwedeng sugod ka lang ng sugod. Dapat pakiramdaman mo din'yung mga katrabaho mo..."

On Ai Ai

Eugene agrees Ai Ai delas Alas deserves to take



Queen said in a prior interview that she's actually looking forward to taking a break. A few days back on "The Buzz," Ai Ai even revealed plans of migrating to the US in time. "She has done a lot and I think'yung responsibility niya as a mother ay nagawa niya na rin," Eugene said.

She believes, though, that Ai Ai will not leave show business. "Siguro sa ngayon magpapahinga lang siya...'di naman siya mawawala," Eugene said.

Indie projects

Eugene wants to do more independent films in the vein of "Barber's Tales (Mga Kwentong Barbero)" and "Ang Babae sa Septic Tank (The Woman In The Septic Tank)."

"Wala (pa) akong balak na gumawa ng malaking pelikula kasi mahirap makipag-kompitensiya. Marami kasi ngayong films na maganda," she said.

She prefers doing sitcoms because "ayoko ng madrama, gusto ko happy lang." She also wants to hone her hosting skills even more.

Celebrating Christmas

Eugene and Jose hope to spend more time with their respective families during the holidays. For that, they need to tape their show in advance, especially since "Celebrity Bluff" will have more seasons in 2015.

"Approved na (ang extension ng show) kasi maraming nanunuod sa amin. Mula sa mga lolo at lola hanggang sa mga apo ay nai-entertain," she said

She also credited the success of the show to Boobay and Isko Salvador, saying, "Maganda talaga 'yung combination naming apat (dahil) iba't-iba 'yung mga abilidad namin."

GMA-7's "Celebrity Bluff" airs every Saturday at 9:30 p.m.

Camille Borabo celebrates her 18th birthday

Camille Borabo celebrated her 18th birthday with a party recently hosted by her family at the Ellas Banquet Hall, Danforth, Scarborough, Ontario, Canada. Shown in photo from left to right include Lolo Erning Morales, Lola Helen Morales, Lola Vita Borabo, Alex Borabo , Rose Borabo, Joseph Borabo, Sarah Borabo, Tita Flory Morales, Tito Ed Morales. iInfront: Lola Romana Morales, David Borabo and Camille Borabo, the birthday girl. (ST. JAMESTOWN NEWS SERVICE, ROMEO AYSON ZETAZATE)



Concert with Ivy Violan

FROM LEFT, Maria panaligan sings at the concert; Ivy Violan (WITH FLOWERS) takes the stage with other perfomers and promoters Philip Beloso and Joy Sarmiento; Gen Panaligan, daughters Nadeene and maria pose with a friend.







MILLIONAIRE continued from page 1

PDEA chair, Undersecretary Arturo G. Cacdac Jr. said the identities of the informants will be kept in utmost secrecy to protect them from expected reprisals from drug syndicates.

"We are encouraging the citizenry to report illegal drug activities particularly the presence of suspected drug labs and big-time drug traffickers in their communities and earn rewards from the Agency at the same time," Cacdac said.

He also said that the Private Eye Rewards Committee composed of representatives from the academe, non-governmental organizations, law enforcement, religious and business sectors are making it sure that the monetary rewards will be released only after a careful study and delibera-

Last month, Cacdac awarded P2 million each to two informants who helped them bust a major shabu factory in San Fernando City, Pampanga last September 12. The operation resulted in the arrest of four Chinese nationals and the confiscation of more than 400 kilograms of shabu worth P2 billion.

tion of the filed claims.

Cacdac personally handed the reward money to the tipsters given the codenames 'Astig' and Asgit' during simple ceremonies at the PDEA headquarters in Quezon City. The informants wore the customary ski masks to cover their identities.

"Community vigilance is vital to the implementation of the national anti-drug campaign. Thus, we need our local folks to be our eyes and ears in their barangays and let us know of illegal drug activities," he said.

'Astig' was given the P2 million reward for providing the information that enabled the PDEA and the Philippine National Police Anti-Illegal Drugs Special Operations Task Force headed by Senior Superintendent Bartolome C. Tobias to discover a secret drug facility in Barangay Sindalan in San Fernando City where two of the four Chinese nationals were arrested and nearly 277 kilograms of shabu were recovered.

A follow-up operation in Bgy. San Jose, also in San Fernando City triggered by a tip from 'Asgit' led in the arrest of the two other Chinese and the confiscation of around 188 kilos of the so-called 'poor man's cocaine' and some 190 kilograms of Ephedrine, a main shabu ingredient.

Last September 26, Cacdac also handed over P1.850 million cash to tipsters 'Cold Ice' and 'Bombay.'

'Cold Ice' received the biggest reward worth P1,092,842.20 by providing information that led to the confiscation of 14,593.69 grams of shabu and the arrest of three pushers during an entrapment operation in the corner of Examiner Street and West Avenue, Q.C. last August 25.

'Bombay' received P757,946.83 after he supplied the information which led in the seizure of some 10 kilograms of shabu worth P50 million and the arrest of a foreign drug personality in Bgy. San Vicente, Q.C. last August 8.

Last July 31, 10 informants also received a total of 5.8 million in cash rewards from the PDEA.

Cacdac said that the Operation Private Eye is a citizen-based information collection program of the PDEA, the Dangerous Drugs Board and various non-government organizations involved in the national campaign against illegal drugs.

POPE TO VISIT TACLOBAN continued from page 1

be invited to the Mass. Anybody can go but only ticket holders will be allowed inside the area," Militante said.

The Pope will fly to Tacloban on Jan. 17, 2015, and celebrate a Mass at the airport at 10 a.m., after which he will join 30 survivors of Supertyphoon "Yolanda" (international name: Haiyan) for lunch at the Archbishop's Residence in Palo town.

Lingayen-Dagupan Archbishop Socrates Villegas, president of the Catholic Bishops' Conference of the Philippines, said Catholics must not wait for Pope Francis in order to live and share his message of mercy and compassion.

"Even now I invite our friends in the media to help us live the message of mercy and compassion even before the Pope arrives. So that when he arrives it will just be a fitting conclusion to the many offerings of mercy and compassion that we have already done," he said in a post on Papalvisit.ph

"More important than where Pope Francis will go is where you will go to bring the message of mercy and compassion," he said.

He said there were people asking where they could get tickets to get close to the Pope.

"And I answered by saying the face of Pope Francis you can see everywhere in the Philippines because where the poor are, where the needy are, where the suffering are, that is the face of Pope Francis and that is the face of Jesus Christ. [So] you don't need tickets," Villegas said.

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Dewey Boulevard (Now Roxas Blvd.), 1950's

Crossword Puzzle

Honor



One of the first three Filipino nurses who arrived in Toronto in 1959, Estela Kuhonta Bischof, was honored with a plaque and a bouquet at the Ms. Paraluman 2014 pageant. The event sponsored by the Filipino Centre Toronto (FCT) was held Saturday, November 22, at Rembrandt Banquet Hall in Scarborough, Toronto. FCT Presider Linda javier and Mercy Maliglig poses with Estela

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ACROSS

- 1 "Do You ___ Fries with That" (15 Across song)
- 5 Comedian David
- 9 The Golden Girls state (abbr.)
- 12 Actor Morales
- 13 Chace Crawford's Gossip Girl role
- free . . .' 15 Grammy award-

"___ the land of the

- winning Country singer (2 wds.)
- 17 One, in France
- 18 Dumbo's "wings"
- 19 Actress Bello who costarred with 15 Across in Flicka
- 21 "My Next ___ Years" (15 Across song)
- 24 Actor Hunter
- 25 A Man Called_
- 26 "Tiny_ (15 Across cover of an Elton John song)

- 29 "Delicious!"
- 30 "Live Like. Were Dying" (15 Across song)
- 31 Jay-Z's style of music
- 33 Jurassic Park menace
- 36 Singer Mary J. ____ 38 Oohs and _
- **39** Capote actress
- Catherine **40** A ___ in the Sun
- (15 Across album)
- 43 Actor Dillon
- 44 ___ Sam (Sean Penn movie; 2 wds.)
- 45 Country singer married to 15 Across (2 wds.)
- 50 "Find Out Who Your Friends _ (featuring 15 Across)
- ___ Want (15 Across album; 2 wds.)
- 52 Singer India.
- 53 The ___ (De Niro-Snipes movie)
- 54 "Don't ___ the Girl" (15 Across song)
- 55 Praise

DOWN

- 1 Dangerous When _(Esther Williams movie)
- (Dennis Rodman autobiography; 2 wds.)
- 3 Apocalypse Now setting, for short
- 4 Olympic officials 5 "___ All the Time" (15 Across song)
- 6 Phyllis's TV husband 7 One ___ time (singly; 2 wds.)
- 8 Redford's The Sting costar
- 9 ___ Christmases (movie featuring 15 Across)
- 10 German actress/ director Riefenstahl
- 11 Length times width
- 16 Actress Blanchett
- 20 Lost network
- 21 ___ Neighbor's Wife
- 22 One ___ Photo

- 23 ___ la Douce
- 24 Greek T
- 26 Palme ____ (Cannes award)
- 27 Moran of Happy Days
- 28 ___ Against the Machine
- 30 Shouts from Rocky
- 32 Apiece
- 34 ___--Man
- (arcade game) 35 "... until ___ lady
- sings" (2 wds.) 36 Actress Mary ___ Hurt
- 37 ___ Weapon (Mel Gibson-Danny
- Glover action pic) 39 Couric or Holmes
- 40 French singer Edith
- 41 ___ Croft: Tomb Raider

- 42 Sherman Hemsley series
- 43 Sean Penn's 2008 Oscar-winning role
- 46 Neighbor of Tenn.
- 47 Johnny Cash's "The Ballad of _ Hayes"
- 48 Actress Lucy
- 49 I ____ 3 Lives

Answers on Page 26



Ken Alfonso's dream leading lady is Julie Anne San lose

Nakatuon ngayon si Ken Alfonso, hindi lang sa kanyang acting career, pati na rin sa kanyang pagkanta.

Sa kanyang acting career naman, matapos ang Dading, kasama ngayon si Ken sa upcoming soap opera ng GMA na "Kailan Ba Tama Ang Mali?"

Samantala, tinanong naman si Ken kung sino ang nais niyang maging leading lady kapag binigyan na siya ng TV project ng Kapuso Network.

Lahad niya, "Ako po, gusto ko po talagang makasama sa project si Miss Julie Anne San Jose! Parang magiging maganda po yung tandem since meron po kaming parang, may certain kami na passion na kumbaga, in a way—yung singing namin."

"So kumbaga, mas masarap sigurong makatrabaho si Julie Anne since parehas kami ng passion, parehas kami ng hilig talaga, acting and singing."

Hindi pa raw nakakatrabaho ni Ken si Julie Anne. Aniya, "Na-meet ko na po siya sa SAS (Sunday All Stars) pero hindi pa po kami na-introduce talaga

Handa ba siyang palitan si Elmo Magalona bilang ka-loveteam ni Julie Anne? Bago si Janine Gutierrez ay si Julie Anne ang ka-tandem ni Elmo.

"Patay ako sa mga fans ng JuliElmo niyan," ang tumatawang bulalas ni Ken.

Baka naman si Ken ang "pumuno" sa kawalan ng ka-loveteam ni Julie Anne

"Kung bibigyan po ako ng chance ng GMA 'tsaka po ng Mercator, okay naman po ako. Siyempre matutuwa po ako since iyon nga po rin talaga ang gusto ko-na makapareha siya sa kung anumang project," muli niyang asam.

At kung sakaling matuloy nga ito ay baka tanggapin din siya ng mga fans ni Julie Anne kapareho ng pagtanggap nila kay Elmo bilang kapareha ng kanilang

"I think that's one good point din po, na parang since na-establish na nga po at lumalaki na nga po yung kay Elmo Magalona pati kay Janine Gutierrez sa fans," dagdag pa niya.

Women prefer FLAB to abs:

Sex therapist Tracey Cox explains why women DON'T want chiselled perfection in their bed

Three in four British women would choose a man with love handles over one sporting a six-pack.

That's 23 million of us who find muscular men a turn off; 96% predict a date with an abs-obsessed bloke to be positively dreary.

A recent study revealed that when it comes to body types, women prefer their man to have a little more to love

Let's be clear here: these results don't mean women won't be eyeing off Zac's 'V' line: the muscular line running from the hip bone to the groin.

But when it comes to real life, we don't want chiselled perfection in our bed.

The question is: why on earth not? Why don't women want some hot, buff, perfect-bodied man lying beside us?

The sad answer is this: we're worried we won't shape up.

Seventy-four percent of women in the survey said they'd feel self-conscious taking their clothes off in front of a perfectly toned man.

Tracey says we avoid relationships with fitter men because we don't believe we can live up to their standards

We feel far more comfortable with flab because it's less threatening.

Women are already under extreme pressure to look a certain way and be a certain weight.

Is it any wonder women figure usually quite rightly - that a man who is less critical of his own appearance and less looks-obsessed will be less critical of

Mr Non-Perfect is a relief to any woman who steps on the scales, every day of her life, and finds her mood is affected, every day of her life, by what they say.

Especially when it comes to sex.

I'd love to meet a female whose sex life isn't affected by a 'fat day'.

I've yet to meet one man who has let feeling fat stop them having sex.

Tracey says that when it comes to sex,

women are far more concerned about weight than men

Michael Alvear, the author of 'Not tonight dear, I feel fat', says fifty percent of women admit they've put off sex - even when they're in the mood because they felt too fat.

'Women put conditions on sex because of weight. You won't

do it without cover-up clothing. You only have sex with the lights out. You'll only do positions that prevent your partner from looking at or touching certain parts of your body,' he says.

Pretty soon your desire for any sex, conditional or not, goes away.'

We don't just think our partners won't desire us unless we are thin.

We don't feel desirable unless we are

There are many (many) things men can learn from women, but this is one area where women can learn from men.

When men look in the mirror, they look at the parts of themselves that they

I showed four male friends the publicity stills of the ab-tastic Zac Efron and they all shrugged and said, 'He looks good. But he's paid to look like that. That's his job.'

They made no comparison to themselves. There was no subconscious sucking in of their beer belly. No wistful glance at their not-so-bulging biceps.

When women look in the mirror, they hone in on the bits they don't like.

Show us a picture of Cameron Diaz in a bikini and we think 'Why don't I look like that? I better not eat anything else for the rest of the day and hit the gym

It's a continuing double standard that's not working for anyone - men or women.

We should all be more Seth-like: learn to love our bellies and accept that wobbly bits are all part of being mere mortals.

Or just look at leonardo di Caprio in the photo. Even he has let go.



'I'm really looking forward to test my limits'

- Mikoy Morales

Unang nakasama ng Protégé Season 2 finalist na si Mikoy Morales sina lanine Gutierrez at Elmo Magalona sa Afternoon Prime drama na Villa Quintana. Pagkatapos ng ilang buwan ay muli silang magkakatrabaho sa primetime series na More Than Words.

Dahil sa friendship na kanyang nabuo with the real-life sweethearts and his other co-stars ay naging mas madali ang lahat para kay Mikoy.

"It's very light kasi hindi ganoon kadami ang sequences na tine-tape namin in one day, tapos sobrang maayos si Direk Andoy. At the same time, I've been with Janine and Elmo in Villa Ouintana. Si Enzo kilala ko na siya before, we've talked before. Si Stephanie, we have been under the same management for some years now. Si Coleen naman, I've worked with her once for Love Hotline," kuwento niya sa GMANetwork.com.

"Idagdag mo pa sina Tito Gardo (Versoza) at Tita Yayo (Aguila), sobrang bait nila. Sila pa ang kakausap sa 'yo. I'm really looking forward to working more with them."

May acting techniques daw na natutunan si Mikoy na gusto niyang ipamalas through his role Chester, ang half-brother ni Hiro, played by Elmo.

"I'm really excited to apply 'yung mga natutunan ko recently, kasi hindi naman sa lahat ng roles ko for television naaaapply ko ang mga natututunan ko. For this role, I'm really, really excited to do the things that I haven't done before on set."

Karamihan daw kasi ng mga natutunan niya ay sa workshop niya lang nagagawa at hindi sa eksenang pinapalabas sa TV. May gusto rin daw makamit ang young actor sa pagbibigay buhay niya kay Chester.

"I'm really looking forward to test my limits. Ganoon na ka-kumpiyansa ang feeling ko ngayon. Wala ng kapakapa, ready na ako mag-test talaga. With this role, hopefully makita ang deeper side ni Mikoy as an actor."

Candid SPOOF (Pop-ups are not supposed to be taken seriously - EDITOR)



Philippine Star shows that it's behind Maria Sharapova all the way - by Lucie Dy Tioco

Gabby Valenciano impresses Beyonce

Gabriel Valenciano's viral and internationally acclaimed super-selfie videos, which he conceptualizes, shoots, performs, and edits himself, is the inspiration behind Beyonce Knowles' latest music video titled "7/11" - a new song that is part of her Beyonce Platinum Edition box-set.

Gab posted a brief statement along with the YouTube link of the official music video of "7/11" in his Facebook account last November 22. "Hi everyone, this has been a very surreal season for me, and today is quite special. This video, which apparently was inspired by my videos, is now out. I was told that she [Beyonce] herself watched my videos and asked to bring me onboard [in] the creative process.

Crossword Answers





Joey Baking's (www.Filipinogoodlife.com)

Filipino Good Life

Filipino Centre Toronto

Honours FilCan Outstanding Students 2014 By: Tony A. San Juan, OCT

For over a decade now, the Filipino Centre Toronto (FCT) has been recognizing and honouring outstanding student graduates from Catholic and public elementary & secondary schools in the Greater Toronto Area. The project, known as "Outstanding Student Awards" (OSA), which started in November 2004, was created to identify, select and honour top-performing academic students of Filipino heritage every school year.

This year, 2014, FCT awarded two elementary and 3 high school FilCan graduates at a fitting ceremony held on November 23, 2014 (Sunday) at the Centre's Rizal Hall in Toronto. The keynote speaker was Garry Tanuan, Ward 8 Trustee of the Toronto Catholic School District Board (TCDSB). Tanuan's message was read by Tony A. San Juan, a Toronto educator. The newly-reelected Trustee urged the awardees "to continue and accept the challenge to excel" in all their endeavours and "to contribute something back to the community".

Mary Ann San Juan, OSA chair, introduced the five honourees citing their individual academic achievements and personal accomplishments in their respective schools.

The student honourees, posited with a question, convincingly shared their thoughts and plans how they can assist in the Centre's ongoing community projects and initiatives.

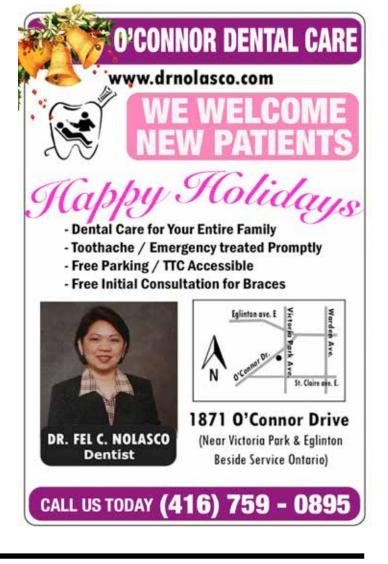
Candidates to the yearly awards are required to submit applications meeting the following selection criteria: 1) Academic Performance with a minimum of 85 % or equivalent, general average marks in the last 2 school years (50%); 2) Community Involvement and Co-curricular Activities (25%); and 3) Panel Interview Weighted Results (25%).

FCT President Rosalinda Cerrudo-Javier, after a brief backgrounder and words of encouragement, proudly announced and congratulated the winners. Those who received "Plaques of Recognition" and cash gifts were: Daniel Marco Morales of All Saints Catholic High School, who was chosen as "Outstanding High School Graduate", with Runners-up John Frederick Cabanela of East York Collegiate Institute and Frances Marie Iway of Loreto Abbey Catholic Secondary School. The 2 elementary school graduates, Krista Elisha Chavez of St. Raymond Catholic School and Casidy Nicole Ravago of St. Martin Catholic School were adjudged tied in First Place in the grade school finishers.

From 2004 to 2013, the original members of the Outstanding Student Awards Committee, were: Aida D'Orazio(chair) Rosalinda Cerrudo-Javier(co-chair), Jody Huang, Tony A. San Juan, Luchie Sevilla and Herman Viloria. Currently, the OSA committee is composed of: Mary Ann San Juan (chair), Wendy Arena, Jody Huang, Rosalinda Javier, Aida D'Orazio, Tony A. San Juan and Efren de Villa

Amongst the award presenters were Atty. Ramon Andal, Divina Paguirigan and Segundito & Precy Tumulak. As usual, FCT officers and directors were present to lend a hand, namely: Wendy & Paul Arena, Ed & Evelyn Birondo, Frank Cruzet, Baby de Villa, Lino Javier, Mercy Maliglig and Luna Vince. FCT Board Member Tess Lumanlan served as the program emcee. The ceremony ended with the honourees together with parents, relatives, friends and other guests formally posed for posterity and recuerdo (T.San Juan)









TOP, Atty. Ramon Andal gives the awards. ABOVE, The honoreesDaniel Marco Morales, Krista Elisha Chavez, Cassidy Nicole ravago, Frances Marie Iway and John Frederick Cabanela pose for apicture. ABOVE RIGHT, Mr. Tony San Juan reads a speech on behalf of Trustee gary Tanuan.











FROM LEFT, FCT Vice-Chair Efren de Villa gives the invocation, Trustee Marlene Mogado gives an inspirational speech, FCT Director Mary Ann San Juan introduces the honorees, and FCT Director Tess Lumanalan emcees the proceedings.

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